

PROGRAMS & EVENTS

Spring 2026



RESIDENT REGISTRATION:

Monday, March 2 | 7:30am online | 8:30am in person

NON-RESIDENT REGISTRATION:

Friday, March 6 | 8:30am online & in person

Park Ridge Trusts Team Fallico



We're proud to call Park Ridge home with our **new local office** and a **website** built just for this community. Whether you're planning a move or just have questions, you'll always get honest advice, deep neighborhood knowledge, and a team that puts Park Ridge first.



Scan here to see exclusive Park Ridge listings, information, and more!

TeamFallico.com | 847.226.0834

TeamFallico@bairdwarner.com

3 SOUTH PROSPECT AVE STE 250, PARK RIDGE
7280 W DEVON AVE, CHICAGO



CRAIG FALLICO



NICK FALLICO

Important Registration Information

Registration

Online registration is encouraged. It is simple to register in real-time with just a click!

If you are unable to register online and need in-person assistance:

Call (847) 692-5127 or email recreation@prparks.org. Walk-in registration is available at Maine Park Leisure Center, Centennial Fitness Center, Centennial Activity Center, and Oakton Sports Complex.

In order to register online, visit prparks.org and click on the REGISTER ONLINE button in the quick links to enter the online registration site. Enter your username and password to log in. If you have registered for programs with the Park District in the past, you most likely already have an account. If needed, click the FORGOT PASSWORD button to reset your password. If the system cannot find your account, one needs to be created.

To create a new account, complete the [Family Information Form](#) and email it to recreation@prparks.org. Residents must also email photos of proof of residency. We ask that you secure your account or license numbers by redacting/crossing out completely prior to emailing.

Acceptable forms of proof of residency include:

- Current driver's license
- Current utility bill (within the past 30 days)

After customer service creates your account, you will receive an email from parkridge@rectrac.com that contains a link which will direct you to our registration site to create a password for access to online registration. Please be aware that this link expires 24 hours after the email is sent.

Click to watch short tutorials:

Creating a Household Account

How to Register Online



**Resident Registration Begins
Monday, March 2**

7:30am online at prparks.org
8:30am in person

**Non-Resident Registration Begins
Friday, March 6**

8:30am online & in person



Your Residency Verification is Valid for Two Years!

To check if you have a valid Residency Verification pass, log in to your online account, and select "My Membership Card" from the menu. If your membership is current, it will be listed beneath the barcode along with the date range your pass is valid. If you do not see a pass listed with the description of "Residency Verification", your residency needs to be renewed.

To renew your residency verification pass or to verify a change in address, a current driver's license or a utility bill is required.

Options for renewing your residency verification pass:

1. Visit one of our registration offices during open hours (this is the preferred method to renew).
2. Email a photo of a current driver's license or utility bill to recreation@prparks.org. If you choose to email, we ask that you secure your account or license numbers by redacting/crossing out completely prior to emailing.

A current and valid residency verification pass will ensure the ability to register starting at resident registration dates and to continue receiving resident rates.

If you do not have an online username and password, please contact recreation@prparks.org for assistance.





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REGISTRATION BEGINS

Resident: Monday, March 2

7:30am online at prparks.org | 8:30am in person

Non-Resident: Friday, March 6

8:30am online & in person

Facilities & Program Locations

Program Locations

- BAC** – Brickton Art Center
- CAC** – Centennial Activity Center
- CAQ** – Centennial Aquatic Center
- CFC** – Centennial Fitness Center
- CFC/p** – Centennial Fitness Center Pool
- CFC/fs** – Centennial Fitness Center Fitness Studio
- CFC/g** – Centennial Fitness Center Gym
- HP** – Hinkley Pool
- MPLC** – Maine Park Leisure Center
- MP/ds** – Maine Park Dance Studio
- MP/g** – Maine Park Leisure Center Gym
- PROS** – Prospect Park
- PROS/cb** – Paula Hassell O'Connor Community Building
- SP** – South Park
- SP/ml** – South Park Main Level
- SP/ma** – South Park Martial Arts Studio
- SP/gs** – South Park Gymnastics Studio
- WNC** – Wildwood Nature Center
- WPC** – Wildwood Program Center

Park Locations

- CP** – Centennial Park
- HINK** – Hinkley Park
- HODG** – Hodges Park
- MP** – Maine Park
- NIRP** – Ni-Ridge Park
- NWP** – Northwest Park
- NEP** – Northeast Park
- SWP** – Southwest Park
- WP** – Woodland Park

Centennial Activity Center (CAC)

100 S. Western Avenue, Park Ridge 847-692-3597

The Centennial Activity Center is home to the S.T.A.R. Membership, where active adults 55+ can partake in classes, games, luncheons, events, and trips. The Center also features spacious multi-purpose rooms, a kitchen, and stage available to rent. **See pages 31-41.**



Centennial Fitness Center (CFC)

1515 W. Touhy Avenue, Park Ridge 847-692-5129

The Centennial Fitness Center features fitness machines, a full gymnasium and elevated indoor walking track, a lap and leisure pool, racquetball courts, and more. Become a member and enjoy the many amenities. **See pages 25-30.**



Maine Park Leisure Center (MPLC)

2701 W. Sibley Street, Park Ridge 847-692-5127

Maine Park Leisure Center is the hub of the Park Ridge Park District. The classrooms of this renovated school building are alive with children, teen, and adult programs ranging from dance to cooking, sports to our preschool programs. It is also home to the Park District's registration offices.



Prospect Park (PROS)

733 N. Prospect Avenue, Park Ridge 847-692-5127

Prospect Park is the Park District's newest park and facility location. It is home to the Park District's administrative offices, Prospect Park Splash Pad, playground, performing arts area, athletic field, jogging track, and the Paula Hassell O'Connor Community Building, which is available for private rental. **See page 52.**



Oakton Sports Complex (OSC)

2800 W. Oakton Street, Park Ridge 847-692-3359

At the new Oakton Sports Complex, visitors can enjoy ice sports on the main or studio rinks, play a variety of athletics on the indoor turf field, and host gatherings in the multipurpose rooms. On the grounds of Oakton Park, enjoy a new walking path and outdoor gathering space. *The Driving Range and Dog Park are still under construction. Please visit prparks.org for project updates.* **See page 18-24.**



South Park Recreation Center (SP)

833 W. Talcott Road, Park Ridge 847-692-3556

With ample outdoor space, conveniently located South Park Recreation Center is the perfect place to host any type of event—personal or corporate. The main level features a large meeting room with a full kitchen. The lower floor is home to gymnastics and martial arts studios.



Wildwood (WPC/WNC)

529/531 Forestview Avenue, Park Ridge 847-692-3570

Wildwood Nature Center (WNC), located at 531 Forestview, houses our nature staff, live animals, and Nature Nook environmental playroom. This facility offers drop-in hours for nature discovery! Across the pathway is the Wildwood Program Center (WPC), located at 529 Forestview, which hosts our scheduled nature classes, birthday parties, scout programs, school groups, and camps. Outside these unique facilities, spend some time enjoying the Maine Park Ponds, Prairie, and Woodland. **See page 45-47.**



Staff Directory

Administrative Staff

Executive Director	John Shea, Jr., CPRP	jshea@prparks.org	847-692-3442
Superintendent of Business & Finance	Karen Larson	klarson@prparks.org	847-692-3406
Superintendent of Buildings & Grounds	Terry Wolf, CPSI, CPO	twolf@prparks.org	847-692-3516
Superintendent of Recreation	April Armer, CPRP	aarmer@prparks.org	847-692-3319
Marketing & Public Relations Director	Margaret Holler, CPRE	mholler@prparks.org	847-692-3346
Human Resources Director	Alison Reicher, SHRM-SCP	areicher@prparks.org	847-692-3405
Executive Administrative Assistant	Mary Beth Golden	mgolden@prparks.org	847-692-3482

Support Staff

Accounting Manager	Lucy Loizzo	lloizzo@prparks.org	847-692-6916
Information Technology Director	Eileen O'Leary	eoleary@prparks.org	847-692-2464
Project Manager	Jennifer Meunier, PLA, CPSI	jmeunier@prparks.org	847-292-1258
Parks Maintenance Manager	Patrick Barker	pbarker@prparks.org	847-692-3359
Facilities Maintenance Manager	Ron Jacobson	rjacobson@prparks.org	847-745-8155
Risk & Safety Manager	Jennifer Meyers, CPRP, SPHR	jmeyers@prparks.org	847-292-8902

Park District Board of Commissioners

The public is invited to attend Park Ridge Park District Board Meetings, which are held on the first and third Thursday of each month at 7:00pm at Prospect Park, Wohlrs Hall, 733 N. Prospect Ave.

Members of the Board of Commissioners are elected by the public and responsible for setting policy for Park Ridge Park District. Current board members are listed to the right.

The Park Board meeting calendar, agendas, packets, minutes, and video recordings can be found at prparks.org or click the button below:

[View Board Meeting Information](#)



Joan Bende
jbende@prparks.org



Rob Bowe
rbowe@prparks.org



Cindy Grau
cgrau@prparks.org



Melissa Hulting
mhulting@prparks.org



Jennifer LaDuke
jladuke@prparks.org



Laurie Mallin
lmallin@prparks.org



Brian Matza
bmatza@prparks.org

OUR MISSION

Park Ridge Park District's mission is to enhance Park Ridge's quality of life by providing park and recreation opportunities for all residents while being environmentally and fiscally responsible.

Staff Directory

Throughout the brochure we have listed initials at the top of each description that refer to the staff member supervising that program. Feel free to contact us with any questions or concerns you may have.



Youth Programs Coordinator
Robin Battaglia (RB)
847-292-8901
rbattaglia@prparks.org



Aquatics Supervisor
Jenna Jezek (JJ),
CPRP, CPO
847-292-8921
jjezek@prparks.org



Special Events, Parties & Youth Supervisor
Meghan O'Neill (MO)
847-292-8906
moneill@prparks.org



Centennial Activity Center Manager
Sarah Chuipek (SC)
847-692-3035
schuipek@prparks.org



Membership Services Supervisor
Brian Johnson (BJ)
847-692-5139
bjohnson@prparks.org



Preschool & Early Childhood Supervisor
Brooke Plofsky (BP)
847-685-4400
bplofsky@prparks.org



Wildwood Manager
Jenny Clauson (JC)
847-232-8747
jclauson@prparks.org



Skating Director
Chris Knierim (CK)
847-292-8911
cknierim@prparks.org



Nature Center Coordinator
Kristen Rozalewicz (KR)
224-585-4864
krzalewicz@prparks.org



Supervisor of Athletics
Jim DiHu (JD)
847-692-3316
jdiHu@prparks.org



Nature Program Coordinator II - Nature Preschool
Molly Kowalski (MK)
224-585-4861
mkowalski@prparks.org



Nature Program Coordinator II
Cara Ruffo (CR)
847-232-8746
cruffo@prparks.org



Nature Program Coordinator I
Jenna Drolen (JD)
847-232-8741
jdrolen@prparks.org



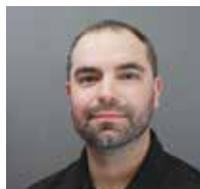
Customer Service Manager
Debbie Majchszak (DM)
847-692-3247
dmajchszak@prparks.org



Centennial Fitness Center Manager
Justin Schuring (JS), CPRP
847-692-5136
jschuring@prparks.org



Oakton Facilities Manager
Brent Dolan (BD), CAM
847-692-8595
bdolan@prparks.org



Oakton Facility Supervisor
Jordan Mann (JEM),
CAM, CAO, CAP, CSD
224-585-4860
jmann@prparks.org



Teens & Cultural Arts Supervisor
Mathew Skorupski (MS)
847-692-3367
mskorupski@prparks.org



Seniors & Adults Supervisor
Eileen Gabriel-Galán (EG)
847-692-3007
egalan@prparks.org



Nature Program Coordinator I - Nature Preschool
Maggie Martin (MM)
224-585-4862
mmartin@prparks.org



Fitness Supervisor
Laurie Streff (LS)
847-692-5149
lstreff@prparks.org



Recreation Program Manager
Julie Greve (JG), CPRP
847-692-6911
jgreve@prparks.org



Athletic Supervisor
Megan McKay (MAM)
847-232-8741
mmckay@prparks.org



Aquatics Manager
Ethan Williams (EW),
CPRP, CPO
847-692-8599
ewilliams@prparks.org



WE'RE HIRING!

Love visiting the Park District? Work with us and have FUN!

Opportunities include, but not limited to, the areas of:

- Buildings & Grounds
- Fitness
- Oakton Sports Complex
- Outdoor Aquatics
- Recreation Programming
- Summer Camps

Camp Walk-In Interview Event

March 18 | 5:30pm - 7:00pm

Maine Park Leisure Center

Must complete application prior.

*CLICK HERE to view ALL current job openings and **APPLY TODAY!***



where
WORK
MEETS
play

Employee Benefits
valued at up to \$6,000!

Fitness Center Membership
Indoor & Outdoor Pool Usage

Oakton Sports Complex
Public Skate

Centennial Activity Center
S.T.A.R. Membership
(For Age 55+)

Recreational Classes

Need help applying?
Call 847-692-6917



SCIENCE NIGHT

Families CR

Turn your family into scientists and explore fun science concepts with us! Make cool discoveries through experiments, projects, and play. April's theme is Wind and Weather. Please register only one member of your family. **WPC**

Activity	Day	Date	Time	Fee
2160503-01	F	Apr 3	4:00pm-5:00pm	\$24 per family
2160503-02	F	Apr 3	6:00pm-7:00pm	\$24 per family



POND DIPPERS

Families CR

Have fun as a family discovering what lurks beneath the surface of the pond! Dip and scoop with nets to catch lots of critters and maybe a few tadpoles! Learn all about life in the pond, and dress for a mess. Fee is per family; please only register one member of your family. **WPC**

Activity	Day	Date	Time	Fee
2160505-01	W	May 13	6:00pm-7:00pm	\$24 per family

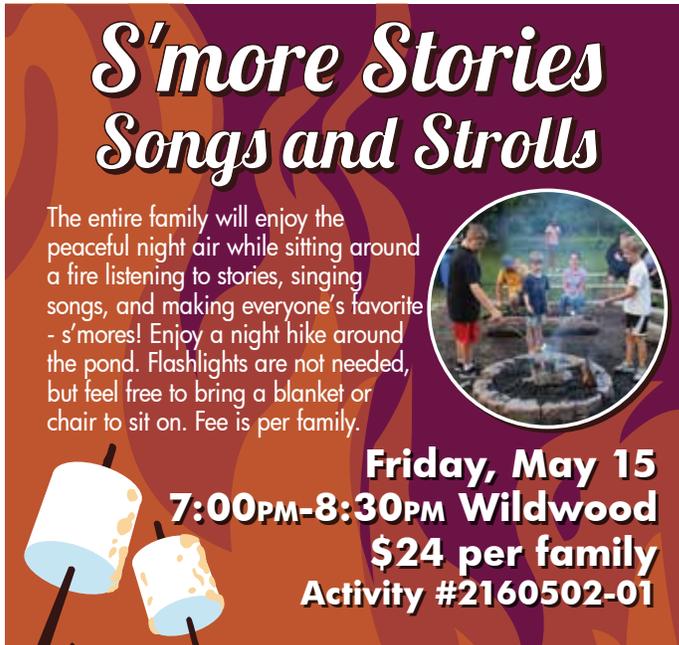


ZOMBIE TAG AT WILDWOOD

Families CR

Ready for Wildwood's twist on the classic tag? A popular Nature Camp and Discovery Crew game, Zombie Tag is a prairie wide invasion to escape and evade getting tagged by the group of Zombie players. Zombies are marked with an X, and getting tagged by a zombie player will result in one stripe across your own shirt (with tape) or face (with washable paint). A second stripe makes you a full fledged "Zombie" and you join the rest of the mob. **WPC**

Activity	Day	Date	Time	R/NR
2160509-01	M	May 18	5:45pm-7:00pm	\$5 per family



S'more Stories Songs and Strolls

The entire family will enjoy the peaceful night air while sitting around a fire listening to stories, singing songs, and making everyone's favorite - s'mores! Enjoy a night hike around the pond. Flashlights are not needed, but feel free to bring a blanket or chair to sit on. Fee is per family.

Friday, May 15
7:00PM-8:30PM Wildwood
\$24 per family
Activity #2160502-01



BACKYARD CAMPOUT

May 29-30 • 5:00PM - 10:00AM

Ages 2 & Up Camp out with your family in the Park District's backyard, outside at the Wildwood Nature Center. Enjoy a campfire dinner and s'mores on Friday night and breakfast on Saturday morning. After dinner, say hello to the Wildwood critters, borrow a fishing pole and visit the pond, and enjoy a family friendly movie before turning in for the night. Participants are required to bring their own tents and bedding. Fee is per person. Please let us know if you have any dietary concerns/allergies. **WPC**

Ages 2-10: #2160504-01 • \$22/\$26 **Ages 11 & Up: #2160504-02 • \$27/\$31**





Bloom & Grow!

Community Gardens at Hinkley Park Reserve your space! SC

Whether you are an avid gardener or just beginning to explore your interest in gardening, garden plots are available to you this spring. Each garden plot is 4x16'. The community gardens are available daily from dawn-dusk, May 1-October 31. The cost of the plots is \$40 per season.

Due to the limited availability of spaces and interest in plots, registration is a lottery system open only to Park Ridge residents, age 18 & older. Payment is not required until lottery entries are selected. Lottery takes place on Wednesday, April 1.

Lottery Register: Standard Plot #2270001-01
ADA Accessible Garden Plot #2270001-02



Help Clean Up Your Community!

Earth Day Work Day

All Ages

JC

Join us for Earth Day Work Day, the perfect opportunity for service hours or simply giving back to the community in the spirit of Earth Day. We are cleaning up the Maine Park woodland, pond, and prairie. Children must be accompanied by an adult. Due to group size limitations, each person attending the work day must register. Feel free to bring work gloves from home. **WNC**



Activity	Day	Date	Time	Fee
2150010-01	W	Apr 22	4:30pm-5:30pm	Free

Des Plaines River Clean Up

All Ages

JC

Scout troops, community groups, school groups, church groups, and individuals - help clean up our environment! We will meet at the front of the Maine Park Leisure Center at the flagpole at 4:30pm and walk together down Sibley to the Des Plaines River, where we'll pick up the unwanted litter. Garbage bags and rubber gloves are provided. Due to group size limitations, everyone attending must register. Children must be accompanied by an adult. **MPLC**

Activity	Day	Date	Time	Fee
2150011-01	Tu	May 12	4:30pm-6:00pm	Free

Summer Craft & Vendor Fair

Saturday, June 6
9:00am-3:00pm at Centennial Park

Do you sell fashion items, accessories, jewelry, skin care, cosmetics, home goods, art, or sweet treats? Sign up as a vendor for our Summer Craft & Vendor Fair!

This is an outdoor event rain or shine. Vendor spaces include an 8ft table and two chairs. For specific guidelines and an application, please email schuipek@prparks.org.

Vendor Fee: \$75
Register with Activity #2230904-01
Registration deadline: May 18



Gnome Family

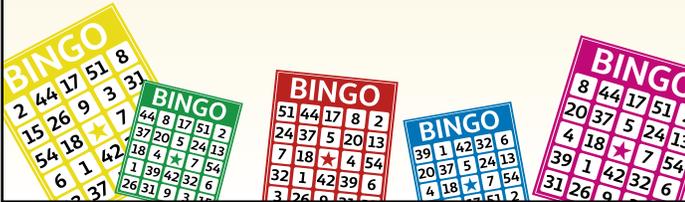


Ages 2 & Up with Adult

MO

Step into a world of spring whimsy at Gnome Sweet Gnome Bingo Night! Bring the whole family for an evening of bingo fun with a magical gnome twist. Enjoy themed decor, giggles galore, and chances to win prizes while creating memories together. Costumes welcome! **MPLC**

Activity	Day	Date	Time	R/NR
2151113-01	F	Apr 10	6:00pm-7:30pm	\$8 per person



Bunnies and Bubbles!

A Springtime Family Sing-Along Event
with Kitty-Orca Music & Piano

Hop on over for a spring musical party for the whole family! Celebrate the season with instruments, scarves, and plenty of bunny fun. Little one (and their grown-ups!) are invited to dance and sing along to favorite springtime songs, pop bubbles, and enjoy a playful, musical experience. Kids ages birth to 3rd grade will love this interactive sing-along concert.

Saturday, April 11

9:30 - 10:30 AM OR 11:00 AM - 12:00 PM

Maine Park Leisure Center, 2701 W. Sibley St.

\$20 per family

Register at www.prparks.org with
Activity # 2130300



Contact the preschool office at 847-685-4400
with any questions

PRESCHOOL



Royal Tea & Fashion Show

Ages 3 & Up with Adult

MO

It's a Royal Tea Party and all the princesses and princes are invited! Dress in your best for our royal fashion show. A special guest will be on hand to walk down the fashion runway with you to strike that special pose! Enjoy finger sandwiches, fruit, tea, and a royal dessert. Bring an adult for a fun afternoon! Pre-registration is required. Sign up early, as this event fills quickly. **CAC**

Saturday, May 9 • 11:00am-1:00pm

2151111-01 • \$25/\$43 per person



K-POP IDOL

DANCE PARTY & SING-ALONG

Ages 7-14

MO

Enter a high-energy world where K-pop power meets epic imagination. At the K-Pop Idol Dance Party & Sing-Along, kids train like idols, learn fierce choreography from the Ascension Dance Team, and light up the floor. Form teams, conquer dance challenges, glam up, make a craft, and unleash your inner star. From power poses to sing-along showstoppers, everyone is part of the action. Wear black, neon, or your fiercest K-pop look...and get ready to take the stage! **PROS/cb**

Activity	Day	Date	Time	R/NR
2151112-01	F	May 15	6:00pm-8:00pm	\$46/\$73





Saturday, April 18
11:00am-3:00pm
Maine Park
2701 W. Sibley St.

In case of inclement weather, the event will be indoors at Maine Park Leisure Center.

Schedule of Events

11:00am-3:00pm Games, Recycled Crafts, Raffles and Prizes, Eco-Friendly Products/Services, Smokey Bear, Tree Rope Climb, Anderson Book Fair, Food & Drinks for Sale

11:00am-1:00pm The Northern Illinois Raptor Rehab & Education Meet and Greet
Outdoors (will relocate to Maine Park Gym in case of inclement weather)

1:00pm-3:00pm Scales and Tales Animal Meet and Greet
In the Maine Park Leisure Center Gym

2:30pm Reading of Dr. Suess' *The Lorax* and special appearance by The Lorax



Bring gently used items to recycle!

- Us Again collection bin: clothes and shoes
- Old towels, sheets, blankets, and pillow cases (for wildlife rehabs)
- Goodwill: Pots, pans, and dishes
- Park Ridge Public Library: gently used books, games, movies, CDs
- Harbour House Women's Shelter: young women's business casual clothes, holiday and birthday decorations
- Share Our Spare: Baby essentials, clothing for babies - ages 6/7
- WINGS Program, Inc.: women's, men's, and children's clothing, scarves, shoes, handbags, pantry items, new toiletry & cleaning items
- Small electronics: calculators, cameras, cell phones, floppy/CD drives, game consoles, laptops, network cards, phones, power supplies, routers, tablets, wire & cables
- Anderson Humane Society/Wildlife Rehab: storage containers (Rubbermaid bins with lids)
- Lost Woods Animal Sanctuary: old newspapers, vinegar, chew toys for small animals, animal food/hay/litter (Oxbow pellet food only)



PARK RIDGE FRIENDS OF THE PARKS

13th Annual

Pedals for the Parks

BIKE & TRIKE RESALE



Saturday, April 25



Donors Early Sale: 9:00am-10:00am

Public Sale: 10:00am-12:30pm



Centennial Aquatic Center
100 S. Western Ave., Park Ridge

Buy used bikes and trikes at great prices while supporting the Park Ridge Friends of the Parks and promoting reuse and cycling in our community.



Cash accepted; Credit Card preferred



Checks, Venmo, Zelle, and Apple Pay are NOT Accepted



Sale may move to Sunday, April 26 in severe weather

Donation Drop-Off

Saturday, April 11 | 9:00am - Noon



Centennial Aquatic Center

- Rain or Shine -

Donors Receive:



- ✓ 20% off purchase of another bike at our sale
- ✓ Tax-deductible donation receipt
- ✓ Early shopping 9:00-10:00am at the sale



Donate a bike. Shop for a bike. Support your parks.

Questions? info@prfriendsoftheparks.org



Weather Updates: 847-847-5055 | prparks.statusfy.com

Thank you to our event sponsors:





Park District Facilities

Spring 2026

Outdoor Aquatic Facilities
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Oakton Sports Complex
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**Centennial Fitness Center
& Group Fitness**
Page 25-30

**Centennial Activity Center
& Active Adult Programs
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Outdoor Aquatic Facilities

CENTENNIAL AQUATIC CENTER • HINKLEY POOL • PROSPECT PARK SPLASH PAD • SOUTH PARK WADING POOL



Centennial Aquatic Center, South Park Wading Pool & Prospect Park Splash Pad open on [Saturday, May 23](#).

Hinkley Pool opens on [Saturday, June 6](#).

2026 Pool Passes Go On Sale April 1

	Resident Early Bird April 1-May 31	Resident June 1	Non-Resident April 1
Individual	\$110	\$128	\$195
Family of 2	\$166	\$194	\$289
Family of 3	\$222	\$259	\$386
Family of 4	\$249	\$289	\$435
Family of 5	\$273	\$312	\$473
Family of 6	\$293	\$333	\$503
Family of 7	\$315	\$359	\$545
Family of 8	\$337	\$380	\$568
Family of 9	\$359	\$403	\$598
Nanny Pass	\$110	\$128	N/A
Senior Pass (65+)	\$99	\$109	\$153
Senior Couple	\$148	\$166	\$232

Purchase your pool pass in April and receive two complimentary guest passes for daily admission to our outdoor aquatic facilities!

One set of passes per household; will be added to the household account.

- Early Bird fees available until May 31. Regular pricing begins June 1.
- Anyone entering the facility must have a Pool Pass or pay daily admission, starting at 12 months of age. Children turning 1 by May 23 must purchase a pass.
- Daily fee age breakdown: 11m & under=Free | Child=Ages 1-17 | Adult=Ages 18 & up | Senior=Age 65 & up
- All pass holders must have a valid picture in our system. If you do not have a picture, please visit Maine Park, Centennial Fitness Center, or Centennial Activity Center to have your picture taken.
- Full refunds will be granted for season pool passes issued before May 31. Starting June 1, prorated refunds will only be issued for medical reasons.
- Nanny Pass: Must be employed by a family holding a 2026 Pool Pass. Apply with the family employer and provide documentation of employment. Nannies may not be counted as an additional family member. One Nanny Pass per family.
- Persons younger than 9 years of age must be accompanied by a responsible person 16 years of age or older.

2026 Daily Fees

Centennial Aquatic Center

Open Swim.....	\$11 R / \$16 NR
Senior, Age 65 & Older.....	\$7 R / \$12 NR
Twilight Swim (6:00pm-close)	\$7 R / \$12 NR
Lap Swim.....	\$6 R / \$11 NR

Hinkley Pool

Open Swim.....	\$8 R / \$11 NR
Senior, Age 65 & Older.....	\$5 R / \$8 NR

Prospect Park Splash Pad \$5 R / \$8 NR

South Park Wading Pool \$5 R / \$8 NR



Use your Phone to Pull Up Your Pool Pass!

If you are unable to find your physical pool pass ID card, you can log into your online registration household account on your phone to pull up your membership barcode for the admission desk to scan.

[CLICK HERE FOR DIRECTIONS](#)

Contact the Staff: We're Here to Help!

Aquatics Manager
Ethan Willimas (EW)
847-692-8599
ewilliams@prparks.org

Aquatics Supervisor
Jenna Jezek (JJ)
847-292-8921
jjezek@prparks.org

Riptides Swim Team

Ages 6-18

JJ

The Riptides Swim Team is a competitive team that is part of the Northern Illinois Swim Conference. We practice on weekday mornings and compete against other local park districts on Wednesday nights. Our goal is to provide a competitive team experience at a recreational level. Emphasis is on learning competitive skills, enjoyment of the sport, and a lifelong participation in swimming. All Riptides participants must be able to complete a length of the pool unassisted.

Due to the size of our team, practices are canceled in case of inclement weather.

Registration includes 2 customized latex swim caps. Registrations received after May 20 will not receive a custom swim cap. Team logo caps may be distributed based on availability. The caps will arrive by the first swim meet, but may not be available prior to June 17.

PRE-REGISTRATION

Pre-registration is for past participants of Riptides competitive and non-competitive teams.

Resident: Monday, April 27 at 8:30am online or in-person

Non-Resident: Friday, May 1 at 8:30am online or in-person

GENERAL REGISTRATION

Resident: Monday, May 4 at 7:30am online or 8:30am in person

Non-Resident: Friday, May 8 at 8:30am online or in person

2026 Riptides will have two teams, both in B division of the Northern Illinois Swim Conference. Practices will be held at Maine South High School pool and Centennial Aquatic Center on a rotating basis. Team placements will be determined based on time trials for new participants and previous recorded times for past participants. Detailed practice, meet schedules, and team divisions will be sent to participants in mid-May, once all registrations have been received. Full information will also be listed in our summer guide, which will be available on Monday, April 28. Please contact jjzek@prparks.org with any questions.

Activity	Day	Date	Time	R/NR
4210207-01	M-Th	Jun 8-Jul 23	8:00am-10:00am	\$350/\$486
4210207-02	M-Th	Jun 8-Jul 23	9:00am-10:00am	\$205/\$288
4210207-03	M-Th	Jun 8-Jul 23	8:00am-9:00am	\$205/\$288



2026 IMPORTANT DATES

Practices: June 8-July 23

Monday-Thursday, 8:00am-10:00am
(1-hour and 2-hour practices available)

Inter Squad Meet:

July 1

Meets with Neighboring Districts:

June 17, June 24, July 8, July 15

Conference Divisional Championship:

July 22 at Centennial Aquatic Center

NISC permits each team to enter 2 individual or 1 relay in each event for the conference meet, so not all swimmers may be able to attend.

End of Season Party:

July 24 at Centennial Aquatic Center



Start training early as a Junior Lifeguard!

Junior Lifeguard Class Ages 10-14

EW

This program teaches students rescue techniques, pool procedures, CPR, and first aid. The skills learned will stick with students and help them down the line in not just lifeguarding, but real-life scenarios. We strive to develop leadership skills in our junior lifeguards, which is why they receive hands-on experience shadowing a real lifeguard. It is our hope that students transition into lifeguards when they turn 16 years old and practice these skills even more. At the end of the program, junior lifeguards get to participate in the Illinois Park and Recreation Association Lifeguard games. **HP**

Activity	Day	Date	Time	R/NR
2210113-01	M/W/F	Jun 15-Jul 10	9:00am-10:30am	\$110



Aquatic Facilities

Private Pool Rentals

Registration opens for residents on April 1 at Noon and for non-residents on April 3 at Noon, online at prparks.org ONLY.

Please contact Jenna Jezek at jjezek@prparks.org or 847-292-8921 with any questions.

Click here for
Pool Party FAQs

Centennial Aquatic Center

Dates available beginning May 26

Private rentals of the Leisure Pool are available 7 days a week from 8:00pm-10:00pm. The Wading Pool is available to add on to evening rentals. Private Leisure Pool or Wading Pool Rentals are also available on weekend mornings.

Evening Rentals:

Daily, 8:00pm-10:00pm

Leisure Pool: \$495 R / \$642 NR

Add Wading Pool: \$105 R / \$130 NR

Morning Rentals:

Sat & Sun, 9:00am-10:30am

Leisure Pool: \$375 R / \$488 NR

Wading Pool: \$248 R / \$339 NR



CENTENNIAL AQUATIC CENTER BIRTHDAY PARTIES

Dates available beginning June 5

Parties are available 7 days a week; reserved between 12:30pm-7:00pm. The party package includes food choice and patio area for 1 1/2 hours.

15 guests, includes birthday child: \$330 R / \$413 NR

Additional 5 guests: \$60 R / \$85 NR

Please complete a [Rental Application](#) to reserve your party.



Hinkley Pool

Dates available beginning June 5

Private rentals at Hinkley Pool are available 5 days a week from 7:30pm-9:30pm (Wednesdays and Thursdays are not available).

\$410 R / \$511 NR

Rent Hinkley
Pool on a
Monday or
Tuesday and
save 10%!



South Park Wading Pool & Prospect Park Splash Pad

Dates available beginning May 26

Private rentals are available 6 days a week from 5:30pm-7:00pm.

South Park Wading Pool

\$152 R / \$198 NR

Mondays are not available.

Prospect Park Splash Pad

\$248 R / \$339 NR

Tuesdays are not available.



Private Splash Pad and South Park Wading Pool Rentals may add on a private room rental or you may also rent the park pavilions. Please call Maine Park, see pages 43-44 for room and pavilion rental details, or fill out the [Facility Rental Application](#).

Oakton Sports Complex

2800 W. OAKTON STREET • 847-692-3359



SKATE. SCORE. SOAR!

FROM THE RINK TO THE FIELD— WE'VE GOT YOU COVERED!

Oakton Sports Complex is now open! Stop by this season to check out this amazing facility featuring a completely renovated main rink, new studio rink, training room, indoor athletic field, concessions area, and multipurpose rooms.



Check out what we're offering this season at Oakton!

- Public Skating** Page 19
- Adult Broomball League** Page 19
- Adult Ice Bocce Drop-In** Page 19
- Figure Skating Lessons** Page 20-22
For all levels; led by our champion team of coaches!
- Learn-to-Play Hockey** Page 23
- Birthday Parties** Page 51
Make your next party the best one yet!
- Facility Rentals** Page 52
- Youth Athletics** Page 77-83
From football to soccer, we have something for everyone.

CONCESSIONS:

The concession stand at the Oakton Sports Complex, operated by The Harp and Fiddle, offers a variety of hot and cold items for your dining enjoyment. Spring/Summer Concession hours will vary based on facility programming. Updated weekly hours will be posted in the concession area.



OFFICE HOURS:

Monday-Friday 9:00am-9:00pm
 Saturday & Sunday 9:00am-4:00pm
Office hours subject to change based on programming schedule

HOLIDAY HOURS:

April 5 Closed
 May 25 Closed

INDOOR WALKING TRACK: **FREE!**

Monday-Friday 6:00am-4:00pm
 Wednesday 9:00am-4:00pm
 Saturday & Sunday 6:00am-8:00am
Walking track hours subject to change. Schedule will be updated periodically [on this page](#).

INDOOR TURF OPEN PLAY:

Available April - December Practice your skills during our open play times on the indoor athletic field! Open to all ages unless otherwise noted on the schedule.

Drop-In Fee: \$10 per person

[View Schedule](#)

Drop-ins under the age of 18 need a waiver signed by their parents on file.

[Download Participant Waiver](#)

Contact the Staff: We're Here to Help!

Oakton Facilities Manager
 Brent Dolan (BD)
 847-692-8595
bdolan@prparks.org

Oakton Facility Supervisor
 Jordan Mann (JEM)
 224-585-4860
jmann@prparks.org

Skating Director
 Chris Knierim (CK)
 847-292-8911
cknierim@prparks.org

Supervisor of Athletics
 Jim Dihu (JD)
 847-692-3316
jdihu@prparks.org

Registrar
 Maggie Reibel
 847-692-4098
mreibel@prparks.org

Oakton Sports Complex

PUBLIC SKATING SCHEDULE

Spring Season: March 23 - June 7, 2026

Monday-Friday 11:00am-Noon (Main Rink)
 Monday 7:10pm-8:10pm (Studio Rink)
 Tuesday 7:50pm-8:50pm (Studio Rink)
 Wednesday 7:10pm-8:10pm (Studio Rink)
 Thursday 7:50pm-8:50pm (Studio Rink)
 Friday 6:10pm-7:10pm (Main Rink)
 Saturday 1:00pm-2:00pm (Main Rink)
 Sunday 1:00pm-2:00pm (Main Rink)
 No Public Skate: March 16-22, April 5, May 25

DAILY ADMISSION & SKATE RENTAL FEES

Public Skate (All Ages) \$7
 Skate Rental (All Ages) \$4

2026 PUBLIC SKATING PASSES

2026 skating passes are valid through December 31, 2026.
 Resident \$95 first pass, \$60 each additional pass
 Non-Resident . . . \$125 first pass, \$90 each additional pass

ICE ARENA SPECIAL EVENTS

St. Patrick's Day Skate

Sunday, March 15 • 1:00pm-2:00pm

Celebrate St. Patrick's Day out on the ice!
 Wear green and receive a discounted \$3 admission to public skate.



Spend Spring Break with Us!

Enjoy your time off of school during Spring Break at Oakton Sports Complex. Watch for the schedule of activities at prparks.org, coming soon!

- Public Skating Sessions
- Turf Open Play
- Stick & Puck Sessions

Host your next event with us!

Birthday Party Options are available on the ice! See page 51 for party packages.

Ice Bocce & Broomball Rentals are available on the studio rink.

Email Maggie at mreibel@prparks.org for more information.

Adults - Get in on the fun at Oakton Ice Arena!

Spring Adult Broomball League

Ages 18 & Up

JEM

Get your friends together and enjoy some indoor broomball this season! Broomball is played in gym shoes on the Studio Rink, and is great for players of all skill levels. This league runs on Wednesday evenings with 8:30pm or 9:30pm game slots each week. Protective equipment is NOT provided, all players must have a hockey helmet, gloves, and shin guards. We provide brooms and balls! **OAK**

Activity	Day	Date	Time	R/NR
2262000-00	W	Apr 1-May 20	8:30pm-10:30pm	\$160

Ice Bocce Drop-In

Mondays, March 23 - May 18
8:30pm-10:00pm on the Studio Rink
\$10 per person • Ages 18 & Up



Learn to Skate

Snowplow Sam 1

Ages 3-6

**NEW SKATERS
START HERE!**

CK

Perfect for first-time skaters! Skaters are taught to balance on skates, the proper methods of falling and getting up, marching, gliding, and dipping. Equipment: biking helmet, gloves or mittens, and warm clothing. Free skate rental is available. *No Main Rink classes on Apr 18.* **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250101-00	M	Mar 30-May 18	10:00am-10:30am	\$140/\$155	Studio
2250101-01	M	Mar 30-May 18	12:10pm-12:40pm	\$140/\$155	Studio
2250101-09	M	Mar 30-May 18	6:00pm-6:30pm	\$140/\$155	Studio
2250101-02	Tu	Mar 31-May 19	4:50pm-5:20pm	\$140/\$155	Studio
2250101-03	W	Apr 1-May 20	10:00am-10:30am	\$140/\$155	Studio
2250101-04	W	Apr 1-May 20	12:10pm-12:40pm	\$140/\$155	Studio
2250101-10	W	Apr 1-May 20	6:00pm-6:30pm	\$140/\$155	Studio
2250101-05	Th	Apr 2-May 21	4:50pm-5:20pm	\$140/\$155	Studio
2250101-06	Th	Apr 2-May 21	5:25pm-5:55pm	\$140/\$155	Studio
2250101-07	Sa	Apr 4-May 23	9:15am-9:45am	\$140/\$155	Studio
2250101-08	Sa	Apr 4-May 23	10:05am-10:35am	\$125/\$140	Main

Snowplow Sam 2

Ages 4-6

CK

Second level of classes that builds on skills from Snowplow Sam 1. Skaters learn backward walking, forward swizzles, backward wiggles, beginning snowplow stop, and two-foot hop in place. Prerequisite: Passed Snowplow Sam 1 and/or approval from Director of Skating. Equipment: biking helmet, gloves or mittens, and warm clothing. Free skate rental is available. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250102-00	M	Mar 30-May 18	10:00am-10:30am	\$140/\$155	Studio
2250102-01	M	Mar 30-May 18	12:10pm-12:40pm	\$140/\$155	Studio
2250102-02	Tu	Mar 31-May 19	5:10pm-5:40pm	\$140/\$155	Main
2250102-03	W	Apr 1-May 20	10:00am-10:30am	\$140/\$155	Studio
2250102-04	W	Apr 1-May 20	12:10pm-12:40pm	\$140/\$155	Studio
2250102-05	Th	Apr 2-May 21	6:00pm-6:30pm	\$140/\$155	Studio
2250102-06	Sa	Apr 4-May 23	9:15am-9:45am	\$140/\$155	Studio

Snowplow Sam 3

Ages 4-6

CK

Third level of classes that builds on skills from Snowplow Sam 2. Skaters learn forward skating, backward swizzles, forward one-foot glide, moving snowplow stop, and curves. Prerequisite: Passed Snowplow Sam 2 and/or approval from Director of Skating. Equipment: biking helmet, gloves or mittens, and warm clothing. Free skate rental is available. *No class Apr 18.* **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250103-03	Tu	Mar 31-May 19	4:50pm-5:20pm	\$140/\$155	Studio
2250103-04	Sa	Apr 4-May 23	9:15am-9:45am	\$125/\$140	Main



Snowplow Sam 4

Ages 4-6

CK

Fourth level of classes that builds on skills from Snowplow Sam 3. Skaters learn backward two-foot glide, two-foot turn in place, rocking horse, backward swizzles (4-6 in a row), and two foot hop. Prerequisite: Passed Snowplow Sam 3 and/or approval from Director of Skating. Equipment: biking helmet, gloves or mittens, and warm clothing. Free skate rental is available. *No class Apr 18.* **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250104-02	Tu	Mar 31-May 19	5:25pm-5:55pm	\$140/\$155	Studio
2250104-03	Sa	Apr 4-May 23	9:15am-9:45am	\$125/\$140	Main

Skate with Your Little One!

Parent & Me **NEW!**

Ages 2-6 with Adult

CK

Get on the ice with your little one and explore skating together! This class is for children ages 2-6 and their parent/guardian. No skating experience is required! All participants should wear helmets, gloves, and long pants. Skate rental is available at no additional charge. **OAK**

Activity	Day	Date	Time	R/NR
2250100-00	M	Mar 30-May 18	10:30am-11:00am	\$150/\$165
2250100-01	M	Mar 30-May 18	12:40pm-1:10pm	\$150/\$165
2250100-02	W	Apr 1-May 20	10:30am-11:00am	\$150/\$165
2250100-03	W	Apr 1-May 20	12:40pm-1:10pm	\$150/\$165



Learn to Skate

Basic 1

Ages 7-18

**NEW SKATERS
START HERE!**

CK

In this instructional class for the beginning skater ages 7 and up, participants learn how to sit and stand up, march across the ice, two-foot glide, dip, forward swizzles, backward wiggles, and beginning snowplow stop. Equipment: biking helmet, gloves or mittens, and warm clothing. Skate rental is available at no additional charge. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250201-03	M	Mar 30-May 18	6:30pm-7:00pm	\$140/\$155	Studio
2250201-00	Tu	Mar 31-May 19	5:25pm-5:55pm	\$140/\$155	Studio
2250201-04	W	Apr 1-May 20	6:30pm-7:00pm	\$140/\$155	Studio
2250201-01	Th	Apr 2-May 21	5:10pm-5:40pm	\$140/\$155	Main
2250201-02	Sa	Apr 4-May 23	10:00am-10:45am	\$160/\$175	Studio

Basic 2

Ages 7-18

CK

Skaters learn scooter pushes, forward one-foot glides, backward two-foot glides, rocking horse, backward swizzles, two-foot turn, and moving snowplow stop. Prerequisite: Passed Basic 1 and/or approval from Director of Skating. Equipment: biking helmet, gloves or mittens, and warm clothing. Skate rental is available at no additional charge. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250202-00	Tu	Mar 31-May 19	6:00pm-6:30pm	\$140/\$155	Studio
2250202-01	Sa	Apr 4-May 23	10:00am-10:45am	\$160/\$175	Studio

Basic 3

Ages 5-18

CK

Skaters learn beginning forward stroking, forward half swizzle pumps, moving two-foot turn, beginning backward one-foot glide, backward snowplow stop, and forward slalom. Prerequisite: Passed Snowplow Sam 3/4 or Basic 2. Equipment: figure skates, gloves or mittens, and skating attire. No class Apr 18. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250300-00	Tu	Mar 31-May 19	6:00pm-6:30pm	\$140/\$155	Studio
2250300-01	Sa	Apr 4-May 23	10:40am-11:10am	\$125/\$140	Main

Basic 4

Ages 5-18

CK

Skaters learn forward outside and inside edges, forward crossovers, backward half swizzle pump, backward one-foot glide, and beginning two-foot spin. Prerequisite: Passed Basic 3 and/or approval from Director of Skating. Equipment: figure skates, gloves or mittens, and skating attire. No class Apr 18. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250301-00	Th	Apr 2-May 21	5:25pm-5:55pm	\$140/\$155	Studio
2250301-01	Sa	Apr 4-May 23	10:40am-11:10am	\$125/\$140	Main

Basic 5

Ages 6-18

CK

Skaters learn backward outside and inside edges, backwards crossovers, forward outside three turns, advanced two-foot spin, and hockey stop. Prerequisite: Passed Basic 4 and/or approval from Director of Skating. Equipment: figure skates with skate guards, gloves or mittens, and skating attire. No class Apr 18. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250302-00	Th	Apr 2-May 21	5:25pm-5:55pm	\$140/\$155	Studio
2250302-01	Sa	Apr 4-May 23	10:05am-10:35am	\$125/\$140	Main

Basic 6

Ages 6-18

CK

Skaters learn forward inside three turn, forward to backward two foot turn on a circle, backward stroking, beginning one-foot spin, T-stop, bunny hop, and forward spiral. Prerequisite: Passed Basic 5 and/or approval from Director of Skating. Equipment: figure skates with skate guards, gloves or mittens, and skating attire. No class Apr 18. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250303-00	Th	Apr 2-May 21	6:00pm-6:30pm	\$140/\$155	Studio
2250303-01	Sa	Apr 4-May 23	10:05am-10:35am	\$125/\$140	Main

Pre-Free Skate

Ages 8-18

CK

Skaters learn forward inside mohawk, backward crossovers to backward outside edge, backward outside edge to forward outside edge, one-foot upright spin, mazurka, and waltz jump. Prerequisite: Passing Basic 6 or Director of Skating Approval. Required equipment: figure skates, comfortable skating attire, and gloves. No class Apr 18. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250401-00	Th	Apr 2-May 21	6:00pm-6:30pm	\$140/\$155	Studio
2250401-01	Sa	Apr 4-May 23	10:05am-10:35am	\$125/\$140	Main

Free Skate 1

Ages 8-18

CK

Skaters learn forward power stroking, basic forward outside and inside consecutive edges, backward outside three turn, upright spin, half flip and toe loop. Prerequisite: Passed Pre-Free Skate and/or approval from Director of Skating. Equipment: gloves or mittens and skating attire. No class Apr 18. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250402-00	Tu	Mar 31-May 19	5:10pm-5:55pm	\$160/\$175	Main
2250402-01	Sa	Apr 4-May 23	9:35am-10:05am	\$125/\$140	Main

Free Skate 2

Ages 8-18

CK

Skaters learn alternating forward outside and inside spirals, basic backward outside and inside consecutive edges, backward inside three turns, beginning back spin, half Lutz, and salchow. Prerequisite: Passing Free Skate 1 or Director of Skating Approval. Skaters need their own skates and apparel for this level. No class Apr 18. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250403-00	Tu	Mar 31-May 19	5:10pm-5:55pm	\$160/\$175	Main
2250403-01	Sa	Apr 4-May 23	9:35am-10:05am	\$125/\$140	Main

Learn to Skate

Free Skate 3

Ages 8-18

CK

Skaters learn alternating backward crossovers to outside edges, alternating mohawk sequence, waltz threes, advanced back spin, loop jump, and waltz jump/toe loop combination. Prerequisite: Passing Free Skate 2 or Director of Skating Approval. Skaters need their own skates and apparel for this level. *No class Apr 18.* **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250404-00	Th	Apr 2-May 21	5:10pm-5:55pm	\$160/\$175	Main
2250404-01	Sa	Apr 4-May 23	9:00am-9:30am	\$125/\$140	Main

Free Skate 4 & Up

Ages 8-18

CK

Skaters learn forward power three turns, sit spin, flip jumps, five-step mohawk sequence, camel spin, Lutz jump, forward power pulls, camel-sit spin combination, and beginning axel. Prerequisite: Passed Free Skate 3 and/or approval from Director of Skating. Equipment: figure skates, gloves or mittens, and skating attire. *No class Apr 18.* **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250405-00	Th	Apr 2-May 21	5:10pm-5:55pm	\$160/\$175	Main
2250405-01	Sa	Apr 4-May 23	9:00am-9:30am	\$125/\$140	Main

On The Edge Power Class **NEW!**

Ages 6-18

CK

This class is for skaters in Free Skate 1 and above to supplement their regular LTS classes. Skaters work on power, speed, and general skating skills. *No class Apr 18.* **OAK**

Activity	Day	Date	Time	R/NR	Loc
2251410-00	Sa	Apr 4-May 23	8:40am-9:00am	\$70/\$85	Main

Early Edge Program **NEW!**

Ages 6-12

CK

Early Edge is not your average learn-to-skate class. Designed specifically for young athletes ready to move beyond recreational skating, this twice-weekly program accelerates progress and develops the technical foundation essential for future competitive success. This program is tailored for skaters to master the basics and move into the world of competitive figure skating. Through an innovative curriculum crafted by Olympians and coaches known for guiding skaters from grassroots beginnings to national-level competitions, your child will benefit from intensive, focused training both on and off the ice. Every session builds the power, precision, and artistry needed for higher-level competition. Prerequisite: Passed Basic 2 and/or Skating Director Approval. Equipment: Skaters should have their own figure skates and appropriate skating attire. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2251800-00	Tu/Th	Mar 31-May 21	4:10pm-5:55pm	\$515	Main

Adult Intro **NEW!**

Ages 18 & Up

CK

Always wanted to try ice skating? This is the perfect class for you! Instructors cater to adult learning styles in a small-group format. No skating experience is required! Skaters learn falling and recovery, forward marching, two-foot glide, forward swizzles, rocking horse, dip, and forward snowplow stop. All participants should wear helmets, gloves, and long pants. Skate rental available at no additional charge. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2250500-01	M	Mar 30-May 18	10:30am-11:00am	\$120/\$135	Studio
2250500-02	M	Mar 30-May 18	12:40pm-1:10pm	\$120/\$135	Studio
2250500-03	Tu	Mar 31-May 19	5:25pm-5:55pm	\$120/\$135	Studio
2250500-04	W	Apr 1-May 20	10:30am-11:00am	\$120/\$135	Studio
2250500-05	W	Apr 1-May 20	12:40pm-1:10pm	\$120/\$135	Studio
2250500-06	Th	Apr 2-May 21	6:00pm-6:30pm	\$120/\$135	Studio

Meet Our Early Edge Skating Staff



Chris Knierim

2018 Olympic Bronze Medalist
3-time US National Champion
5-time World Team Member
2-time Four Continents Medalist
2015 World Team Trophy Champion
13-time Grand Prix Series Competitor



Timothy LeDuc

2022 Olympic Team Member
4-time World Team Member
2-time US National Champion
World Team Trophy Champion
Four Continents Silver Medalist
Challenge Series Champion



David Santee

2-time Olympian
7-time US World Team Member
1981 World Silver Medalist
US Figure Skating Hall of Fame
ISI Hall of Fame
Chicago FSC Hall of Fame
Maine South High School Wall of Honor
Retired Director of Skating Oakton Ice Arena



Sean Marshinski

5-time National Development Team Coach
Recipient of PSA's Presidents Awards of Excellence (2022)
Specializes in:
Jump technique
Skating skills
Athlete centered instruction

Learn to Play Hockey

Pre-Hockey

Ages 3-8

JEM

Entry level of instruction for first time players. Participants learn to march, how to fall properly, and how to glide on two feet. Prerequisite: Completion/passing of Snowplow 1 and Snowplow 2 or Snowplow 1 and Basic 1. Required Equipment: helmet, gloves (does not need to be hockey-specific helmet). Skate rental available at no additional fee. No class Apr 18. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2260000-00	M	Mar 30-May 18	10:00am-10:30am	\$140/\$155	Studio
2260000-01	M	Mar 30-May 18	12:10pm-12:40pm	\$140/\$155	Studio
2260000-02	W	Apr 1-May 20	12:10pm-12:40pm	\$140/\$155	Studio
2260000-03	F	Apr 3-May 22	5:10pm-5:55pm	\$160/\$175	Main
2260000-04	Sa	Apr 4-May 23	10:40am-11:10am	\$125/\$140	Main

Hockey 1

Ages 4-12

JEM

Participants perfect the forward stride, as well as the fundamentals of the hockey stop. Other elements include backwards skating and turns. Prerequisite: Passing Pre-Hockey or Hockey Supervisor's approval. Required Equipment: hockey helmet, gloves. Skate rental is available at no additional charge. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2260001-00	M	Mar 30-May 18	10:00am-10:30am	\$140/\$155	Studio
2260001-01	M	Mar 30-May 18	12:10pm-12:40pm	\$140/\$155	Studio
2260001-02	W	Apr 1-May 20	10:00am-10:30am	\$140/\$155	Studio
2260001-03	F	Apr 3-May 22	5:10pm-5:55pm	\$160/\$175	Main
2260001-04	Sa	Apr 4-May 23	10:45am-11:30am	\$160/\$175	Studio

Hockey Advanced

Ages 4-12

JEM

This is a comprehensive skills class designed to teach the fundamentals of the game. Players work on skating, passing, puck handling, shooting, and game concepts. Prerequisite: Passing Hockey 1 or Hockey Supervisor's approval. Required Equipment: full hockey gear. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2260002-00	F	Apr 3-May 22	5:10pm-5:55pm	\$200/\$215	Main
2260002-01	Sa	Apr 4-May 23	10:45am-11:30am	\$200/\$215	Studio

Little Steamers Scrimmage

Ages 3-12

JEM

Little Steamers is the perfect opportunity for our newest players to score some goals! Designed for players in Pre-Hockey and Hockey 1, this 30-minute scrimmage is all about fun! No skills, no drills, just a weekly hockey game. Prerequisite: PH or H1 level skating skills. Required Equipment: hockey helmet with cage, hockey gloves, shin guards, hockey stick. Skate rental available at no additional charge. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2260013-00	M	Mar 30-May 18	10:30am-11:00am	\$80	Studio
2260013-01	M	Mar 30-May 18	12:40pm-1:10pm	\$80	Studio
2260013-02	W	Apr 1-May 20	10:30am-11:00am	\$80	Studio



Express Prospects Skills & Scrimmage

Ages 4-12

JEM

This class is for the motivated hockey player looking for extra ice time! Geared towards players around the Hockey Advanced level, this extra hour per week spends more time on game situations and scrimmages. Prerequisite: Hockey Advanced level skating skills. Required Equipment: full hockey gear. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2260026-00	Sa	Apr 4-May 23	11:40am-12:40pm	\$210/\$225	Studio

Adult Intro to Hockey

NEW!

Ages 18 & Up

JEM

Always wanted to try hockey? Ready to lace 'em up on the pond with your kids this winter? This class is perfect for adults who are interested in learning the fundamentals of the game in a safe, fun, and professional setting. No hockey experience required! Required Equipment: Hockey helmet, shin guards, gloves, and stick. Full equipment recommended. Skate rental available. **OAK**

Activity	Day	Date	Time	R/NR	Loc
2260030-00	W	Apr 1-May 20	12:10pm-12:55pm	\$160/\$175	Studio

Want more hockey practice time?
Join us for Stick & Puck open sessions!
[Click here for details!](#)

NOTE: There will be an adjusted schedule on April 17 and May 1 for Friday classes taking place on the main rink. Staff will reach out to participants with details at a later date.



TRAVEL PROGRAM

Since 1985

Join us for Learn to Play Hockey Classes!

For information on programming, please contact
Jordan Mann at md@northernexpresshockey.org.

Northern Express Hockey Club has been a respected and successful travel hockey program in Park Ridge, Illinois since 1985.

Express Hockey prides itself on offering top level coaching and maximum ice time for reasonable rates. In addition to hockey skills, the Express places a high emphasis on respect and appreciation for the game of hockey.

For more information, contact:

Brent Dolan | prepresshd@yahoo.com
northernexpresshockey.org



Summer Speed Skating Programs At Oakton Sports Complex

Tuesday Evening Sessions (June 9 – July 28)

7:00 PM – 8:20 PM

For Beginners & All Ages

Saturday Morning Sessions (June 13 – August 15)

7:00 AM – 8:30 AM

For Intermediate and Advanced



Visit our website for more details

ParkRidgeSpeedskating.org

SPEED SKATING



Centennial Fitness Center

1515 W. TOUHY AVENUE • 847-692-5129



COMMUNITY. FITNESS. FUN.

BECOME A MEMBER TODAY!

Our membership options are the right fit for the entire family. Choose an annual membership and keep committed to your well-being. Short-term memberships are available for those looking for flexibility. There is no initiation fee!

**NO
INITIATION
FEE!**

Centennial Fitness Center Membership Includes:

- Top-of-the-Line Cardio & Strength Equipment
- Indoor Walking/Running Track
- Double Gymnasium
- Indoor Lap & Leisure Pools
- Hot Tub & Sauna
- Member pricing on Personal Training and Group Fitness Classes
- Stretching Area
- Racquetball Court
- Basketball, Pickleball & Badminton scheduled open play times
- Mini Lockers to store your keys, wallet, phone
- Locker Rooms and Showers available



HOURS

Monday-Thursday 5:30am-9:00pm
 Friday 5:30am-8:00pm
 Saturdays & Sundays 7:00am-5:00pm

HOLIDAY HOURS

April 5 Closed
 May 25 Closed

NON-MEMBER DAILY DROP-IN

Youth & Adult \$10 R / \$15 NR

The daily fee provides individuals ages 13 & older with unlimited daily use of the Fitness Center, track, racquetball courts, open gym, and the indoor pool. Individuals 12 & under have unlimited access to open gym and the indoor pool. Teens ages 13-15 require a parent waiver on file prior to accessing the fitness center. Youth ages 11-12 are permitted to use the fitness center and track if they are within arm's length of parent. Each guest must pay the daily fee to be allowed in any area of the facility except the lobby. Parents/legal guardians observing participants in pre-registered programs are not required to pay the daily fee.

NOTE: Drop-ins under the age of 18 need a waiver signed by their parents on file.

[Download the Youth Drop-In Waiver](#)

Contact the Staff: We're Here to Help!

Centennial Fitness Center Manager
 Justin Schuring (JS)
 847-692-5136
jschuring@prparks.org

Member Services Supervisor
 Brian Johnson (BJ)
 847-692-5139
bjohnson@prparks.org

Fitness Supervisor
 Laurie Streff (LS)
 847-692-5149
lstreff@prparks.org

Aquatics Manager
 Ethan Willimas (EW)
 847-692-8599
ewilliams@prparks.org

Aquatics Supervisor
 Jenna Jezek (JJ)
 847-292-8921
jjezek@prparks.org

Centennial Fitness Center

MEMBERSHIP OPTIONS

ANNUAL MEMBERSHIPS	Monthly	Paid in Full
All Access (CFC Membership + Unlimited Group Fitness)	\$88	N/A
Individual/Corporate (Age 13-64)	\$47	\$540
Daylight Savings (M-F, 9am-3pm)	\$29	\$326
Senior (Ages 65 & over)	\$38	\$440
Youth - Pool & Gym (Ages 9-12)	\$31	\$351
Add-On: Age 12 & under*	\$23	\$264
Add-On: Age 13 & over*	\$30	\$338
Private Locker*	\$16	\$192

*Must have a Base Membership (Individual/Daylight/Senior/Youth) to Add-On.

Family Definition: Parent(s), civil union partners, and unmarried children age 25 and under residing at the same address. Patrons age 11-12 are welcome to use the second floor within an arm's length of a parent/legal guardian.

Fees are per month paid for an annual term through EFT. Additional information can be found at prparks.org. **Please bring a voided check to set up your monthly EFT.** If you prefer to deduct your membership dues from a credit card, each member on your membership plan will incur an additional \$1 per month fee per member.

SHORT TERM MEMBERSHIPS	Fee
Individual 6-Month	\$330
Individual 3-Month	\$185
Individual 1-Month	\$82
Individual 1-Week	\$47
Student 3-Month	\$160
Student 1-Month	\$67

Short Term Memberships must be paid in full and are consecutive.

ADDITIONAL FITNESS OPTIONS

Unlimited Group Fitness Pass

Fee: \$75 per month

The more classes you attend, the more you save! Plus, you'll never have to worry about how many classes you have left on your Fitness Class Pass. This is also a great way to try a new class. You'll never get bored with your fitness routine! Please see the front desk staff to assist you with your purchase. Centennial Fitness Center Membership is not required.

Private Locker Rental

Fee: \$16 per month (\$192 per year)

Store your items in our Adult Only Locker Room instead of having to tote your gym items daily. Enjoy luxurious amenities in a quiet and comfortable environment that is equipped with cable T.V. You must be a current fitness center member to purchase a private locker rental.



TEEN FITNESS ORIENTATION

All teens ages 13-15 need to take our Teen Fitness Orientation in order to be allowed upstairs on the fitness floor. This orientation goes over safety and etiquette on the fitness floor.

[Register for Teen Fitness Orientation](#)

Centennial Fitness Center Meet-Up Groups

With your Fitness Center Membership, you are welcome to join these meet-up groups. Non-members, purchase a day pass for \$5 R/\$6 NR and join the group!

For details, call Justin Schuring at 847-692-5136.

Badminton	Tuesday & Thursday	9:00am-10:30am
	Friday	9:30am-11:00am
Pickleball (Fall-Spring)	Sunday	7:00am-10:00am
	Monday-Thursday	10:30am-12:30pm
	Friday	11:00am-1:00pm



Personal Training

Our Personal Trainers are here to develop a workout just for you!

Looking for some professional and experienced guidance to help you with your personal health and fitness goals? Get started with a personal trainer! Contact Laurie Streff at lstreff@prparks.org today to set up your first appointment with a trainer. We offer 30, 45, and 60-minute sessions, as well as partner training, to work with your goal, schedule, and budget.

Meet Our Personal Trainers



Tom Bard: Tom is an ISSA (International Sports Sciences Association) certified personal trainer, ISSA certified youth coach, and an ISSA certified nutritionist. Tom has been training for five years, and can use many variations of workouts and mediums to fit specific needs of clients. Tom utilizes all fitness center resources available for clients, including the indoor pool and outdoors. Whatever goal you set for yourself, Tom can help you achieve it. **Available: upon request.**



Nahi Lichtenstein: Nahi is a certified personal trainer and nutrition coach with NASM. He has experience coaching one-on-one and group training in both commercial gym settings and private at-home sessions. Nahi has worked with clients of all ages and backgrounds and has helped them achieve their goals - whether that is strength or nutrition. He is well versed in all aspects of fitness and enjoys sharing that knowledge with others. **Available: Mon-Fri 6:00am-Noon or 4:00pm-7:00pm; Sat Noon-4:00pm**



Sue Gleeson: Susan is a NASM (National Academy of Sports and Medicine) Certified Personal Trainer. She is certified as an Integrative Movement Specialist—a program designed to help her meet the client's specific needs. She has been a trainer for 20 years and has worked with children on swim teams as well as seniors. Her passion is trying to figure out how her interaction with a client can improve their well-being—whether it is weight loss, improving sports performance, or working through imbalance issues. **Available: upon request**



Roberta Smaha: Liberal Arts Degree. 20+ Years Personal Training experience. ACE Certified Personal Trainer. Specializes in Senior Strength Training, Weight Loss, Pre/Post Natal, Senior Fitness. **Available: daily Mon-Fri; weekends upon request**



Janet Glown: Bachelor's Degree in Nutrition. NASM Certified Personal Trainer. Former competitive body builder. Specializes in Weight Loss, Strength Training, Body Building, TRX, Circuits, Boxing. **Available: Mon-Fri; weekends upon request**



Djordje (George) Trifunovic: Djordje is an ACE certified Personal Trainer. He has a background in Athletic Training/Sports Medicine, working with active people of all ages. He got into weight lifting in high school and never looked back. Health & Fitness went from a hobby to a passion and then a career where he can help people achieve their goals. **Available: late afternoon, evening, weekend**



Teri Habetler: BS in Athletic Training, Sports Medicine and Psychology. Certified Personal Trainer, Kids in Active Movement, and several group fitness formats. Specializes in youth programming. **Available: upon request.**



Group Fitness

[Click here to view our current class schedule. Schedule is subject to change based on participation.](#)

Group Fitness

To participate in group fitness classes, you will need to do two things:

1. PURCHASE A CLASS PASS

Class passes are available for a single class, or you can purchase a pass with 10 classes included. The Unlimited Group Fitness Pass is a great value if you'd like to attend several classes a month! When you check-in at the class, your pass will be deducted for your participation in class.

Fees for Class Passes are as follows:

CLASS PASS FEES	Single Class	10-Pass	20-Pass
Individual (Age 13-64)	\$14	\$116	\$211
Individual, Member Discount	\$12	\$85	\$160
Senior (Age 65 & over)	\$13	\$101	\$188
Senior, Member Discount	\$10	\$79	\$148

UNLIMITED GROUP FITNESS PASS

\$75/month

With the Unlimited Group Fitness Pass, you'll never have to worry about how many classes you have left on your Fitness Class Pass. Centennial Fitness Center Membership is not required. CFC On Demand video library is included with Unlimited Group Fitness membership.

You can purchase a class pass at the front desk of the Centennial Fitness Center before your class, or you can purchase it ahead of time with our online registration system.

[CLICK HERE TO PURCHASE ONLINE](#)

2. RESERVE YOUR SPOT IN GROUP EX PRO

An advance reservation is required for each single class you would like to attend. You can reserve your spot using the Group Ex Pro schedule below. Scroll down to the class you would like to take, and click on the Sign Up link (or you can click on the square with the pencil icon next to the class title). The first time you use this system, you will need to create a login with your name, email, and a password. Then it will walk you through reserving your spot. [Click here to learn more about using Group Ex Pro.](#) You may see a message requiring you to enable cookies. [Click here to learn how to enable cookies.](#)

[VIEW THE SCHEDULE & RESERVE YOUR SPOT IN CLASS](#)

Fitness Class Cancellation Policy: We require 2 hours notice to cancel your participation in a fitness class. If you do not provide 2 hours, one class will be deducted from your class pass package.



What should you bring to class?

- Bring your own sweat towel
- A water bottle to be sure you stay hydrated
- A mat or towel if you have one

We Kindly Request:

Don't workout if you're sick. If you are experiencing cold or flu symptoms, have a fever, or have been exposed to someone with COVID-19: Stay home and protect other participants and staff.

Help us keep our equipment safe for others. Please wipe down your equipment after use.



STRENGTH

Barre Above® blends the latest exercise science with the principles of the Lotte Berk method (the genesis of the Barre movement) delivering a fusion of ballet, pilates, yoga and strength training in each workout.

Power Pump Using moderately weighted barbells, dumbbells and weighted bars with lots of reps, this class gives you a total body resistance training workout.

Strictly Strength & Sunrise Strength A full body, strength workout using body bars, barbells, dumbbells to build muscular strength and endurance. Core conditioning added to the mix for a complete workout. No muscles neglected!

TRX Developed by a Navy Seal! A full-body, small-group workout using your body and a strap to improve strength, flexibility, and mobility. All levels welcome.

TOTAL BODY CONDITIONING

Fit Start gives you a comprehensive workout to get your heart beat going and your muscles stronger. It is low impact fitness for all levels, with easy to follow step moves and cardio strength intervals.

Functional Fitness Experience this dynamic combination of fun cardio activity, effective strength training moves, and engaging balance exercises to prepare for life's functional fitness challenges.

Intervals A challenging, ever-changing workout using the principles of interval training to get stronger, increase endurance, build your body's aerobic and anaerobic capacity, and improve core strength and balance.

Step Interval A high-energy, low-impact workout combining simple, fun step choreography with weight intervals designed to keep you moving. Boost your cardio, strengthen your lower body and core, and improve balance, agility, and bone mineral density.

Tabata Fit Intervals of cardio, strength training, core conditioning in this high intensity class.

Total Body Trifecta Challenge yourself with upper body, lower body, and core exercises repeated in sets of 3 for an effective circuit. Rev it up with total body cardio for a heart rate burst at the end of each Trifecta.

Turf Tuff Bootcamp Turf Tuff combines high-intensity interval training (HIIT) and strength exercises to maximize your results! The combination of the turf and the fitness floor in the Oakton Training room offers softer surfaces, reducing the risk of injury and joint stress. Boost your accountability and maximize your results with community support among participants and highly skilled training from your coaches.

CYCLING

Power Ride Using the Coach by Color system, riders are guided through a variety of intensities uniquely fit to each individual.

Rhythm Ride For those who love to connect to a beat...this ride is all about feeling the energy of the music!

Rhythm & Weights This full body, fully energized workout incorporates free weights while riding to the rhythm of the music.

Spin & Pump Get an upper body strength workout along with heart-pumping cardio! This class alternates riding segments with upper body resistance training.

[Click here to view our current class schedule.](#)
Schedule is subject to change based on participation.

AQUA

Aqua Fit Cardio and strength workout in the pool using resistance bands, water barbells, noodles, and more. No swimming skills required.

Aqua Zumba® High energy Latin music and movement in the pool for all fitness levels. Low impact; requires no swimming or dancing skills.

YOGA

Gentle Yoga Great for beginners, seniors, and those with limitations or prior injury. Ability to stand up and down and move independently is needed. Class is a well rounded, alignment-based practice with mindful transitions and modifications for personalizing the poses.

Rise and Flow Yoga Enjoy this all-levels yoga class that gets you moving as you start your day. This early morning practice incorporates gentle flow, breath work, and stretching to create a well-rounded practice.

Restorative Yoga is an all-level class that works deeply into the muscles, connective tissues, and joints to lengthen and release tension. Class consists of floor poses (seated, supine and prone) held for 3-5 minutes with props.

Slow Flow Vinyasa Yoga is a slower pace class, mindfully moving, and breathing while holding poses longer. You explore your edge, yet still feel a relaxed and renewed experience. This class is geared towards all practitioners looking to build muscle strength.

CORE & MOBILITY

Pelvic and Core This class strengthens your pelvic floor (improving bladder control) and strengthens the glutes with movements from Yoga/Pilates and using the Pelvicore ball.

Pilates Barre Fusion This mash-up of two fitness formats delivers core awareness and strength in effective and efficient ways. Discover how mixing controlled Pilates and Barre movements with speed and tempo changes alters intensity variables and builds core strength to enhance spinal stabilization and total body agility. This class is suitable for all fitness levels.

CARDIO

Strength & Cardio is the perfect class to get it all. This class rotates through strength sequences with short cardio drills included to burn calories and hit every muscle group.

Zumba® takes the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

WERQ Dance Fitness is a cardio dance workout based on trending pop and hip hop music. Join our judgment-free dance space built on good vibes, a great sweat, and a supportive community.

Specialty Group Fitness

» SPECIALTY CLASSES ARE NOT INCLUDED ON THE FITNESS CLASS PASS «

Mindful Movement

Ages 18 & Up

LS

Join Stephanie Kaczynski, certified Mindfulness Based Stress Reduction teacher, for a mindful movement class where you're encouraged to explore your body's natural rhythm and flow. Through gentle guidance and an open, friendly atmosphere, you'll be empowered to move in a way that feels authentic and enjoyable. Focus on cultivating curiosity, creativity, and a deep connection to your own body's wisdom. Discover how mindful, intuitive motion can enrich your everyday life. Let's move with intention, joy, and a sense of wonder! **CFC**

Activity	Day	Date	Time	M/NM
2225118-01	M	Apr 6-May 18	1:00pm-2:00pm	\$90/\$105

Sunday Sound Bath Yoga Series

Ages 18 & Up

LS

During a sound bath, resonant sounds activate the parasympathetic nervous system which is responsible for regulating heart rate, breathing, and relaxation. As the rhythmic sounds made with bowls, gongs, and chimes wash over your body, they trigger the release of feel-good chemicals, dampen pain signals, and bring about a sense of relaxation and well-being. The goal is to relax the body and mind by letting the sounds wash over you, promoting a meditative state without intellectualizing or moving through poses during the experience. **CFC**

Activity	Day	Date	Time	M/NM
2225131-01	Su	Apr 19	3:00pm-4:00pm	\$14/\$16
2225131-02	Su	May 17	3:00pm-4:00pm	\$14/\$16

Tai Chi for Health

Ages 18 & Up

LS

The gentle flowing movements of Tai Chi safely strengthen the body and provide mental relaxation. It is a low impact approach to fitness that can help ease the pain and stiffness of arthritis, and improve diabetes and other chronic conditions. Increase flexibility, muscle strength, heart and lung activity, posture, and improve balance to prevent falls. Practice at your own pace and have fun! No class May 21. **CFC**

Activity	Day	Date	Time	M/NM
2225102-01	Th	Apr 9-Jun 4	12:45pm-1:30pm	\$99/\$115

LaBlast Line Dancing

Ages 14- & Up

LS

Easy-to-learn dances including disco, foxtrot, samba, paso doble, and more get you moving to all four walls in no time at all. All dances are partner-free and can be done anywhere, making LaBlast® Line Dance the next social dance revolution. Put a smile on your face and join the fun! **CFC/fs**

Activity	Day	Date	Time	M/NM
2225103-01	Th	Apr 9-May 28	7:00pm-8:00pm	\$99/\$115



YOGA

Age 21 & Up

Uncorked

Friday, May 15 | 6:00pm-8:30pm
Centennial Activity Center, 100 S. Western Avenue

6:00pm-7:00pm All Levels Yoga
7:00pm-8:30pm Wine Tasting and Apps
provided by Patina Wine Bar

\$40 CFC Members / \$45 Non-Members
#2225125-01 | Registration Deadline: May 13




Centennial Activity Center

100 S. WESTERN AVENUE • 847-692-3597



Enjoy the activities and amenities at the Centennial Activity Center by becoming a member! S.T.A.R. membership begins at age 55. Enjoy the center's programs and amenities including:

- Active Adult programs, events and trips at discounted rate
- Drop-in social center
- A variety of free clubs for many interests and hobbies
- Monthly newsletter
- Free Lending Library
- Members' art displays
- Games & table tennis
- Free Medical Lending Closet
- Full service kitchen, meeting rooms, stage, and sound system

S.T.A.R. Members can begin registering for all Active Adult programming on March 2.
Non-Member registration begins on March 6.

OFFICE HOURS

Monday-Thursday 8:30am-5:00pm
Friday 8:30am-4:30pm

HOLIDAY HOURS

May 25 Closed

S.T.A.R. MEMBERSHIP FEES

Join any time! Membership runs one year from date of purchase.

	Resident	Non-Resident
Single	\$52	\$74
Couple	\$80	\$108
Over 90 Single	\$26	\$37
Over 90 Couple	\$40	\$54

Couple memberships must be two people living at the same address.

Non-members may join us and pay a \$3 drop-in fee to participate in free member programs. One great experience, and you'll want to be a member, too!

Contact the Staff: We're Here to Help!

Centennial Activity Center Manager
Sarah Chuipek (SC)
847-692-3035
schuipek@prparks.org

Recreation Supervisor, Seniors & Adults
Eilleen Gabriel-Galán
847-692-3007
egalan@prparks.org



Weekly Drop-In Fun!

Open to members. Non-members pay \$3 daily admission.

Day	Time	Class	Fee
M	9:00am-Noon	Mah Jongg	Free
	1:00pm-4:00pm	Table Tennis	Free
	1:30pm-2:30pm	Uketones	Free
	Anytime	Cards & Games	Free
Tu	12:30pm-4:15pm	Bunco (1st & 3rd Tues of the month)	\$1
	1:00pm-4:00pm	Table Tennis	Free
	1:00pm-4:00pm	Older Adults Benefits Specialist (3rd Tues of the month)	Free
	Anytime	Cards & Games	Free
W	9:00am-Noon	Mah Jongg	Free
	1:00pm-4:00pm	Table Tennis	Free
	1:00pm-4:15pm	Gamers	Free
	Anytime	Cards & Games	Free
Th	1:00pm-3:00pm	Book Worms (1st Thurs of the month)	Free
	1:00pm-4:00pm	Table Tennis	Free
	1:00pm-4:00pm	Sit & Stitch	Free
	Anytime	Cards & Games	Free
F	9:00am-12:45pm	Duplicate Bridge	Free
	12:45pm-4:30pm	Gamers	Free
	1:00pm-4:00pm	Table Tennis	Free

S.T.A.R. Clubs & Services

LENDING CLOSET

We have a variety of medical equipment for use. We are currently in need of walkers, wheelchairs, rollators, and shower benches. Please call 847-692-3597 to check on availability or schedule a drop-off time.

LENDING LIBRARY

Our Lending Library is available Monday-Friday, 8:30am-4:30pm. We are currently looking for large print books, mystery books, and puzzles.

UKETONES Mondays, 1:30pm-2:30pm

Join the group with your ukulele and practice songs. Led by S.T.A.R member, Peggy Mistak.

STREET SMART SENIORS Park Ridge Police Department 3rd Tuesday of the month, bimonthly, 9:00am

The Police are back bringing you bi-monthly topics to keep you aware of things going on in our community and the greater Chicago area. Coffee and light refreshments are provided. Registration is required.

Activity	Day	Date	Time
2230811-01	Tu	Apr 21	9:00am

OLDER ADULT BENEFITS SPECIALIST

3rd Tuesday of the month, 1:00pm-4:00pm

North Shore Senior Center Older Adult Benefits Specialist is available for Medicare assistance, supportive services, and entitlement application assistance. Please contact the registration office for further contact information outside normal office hours.

BOOKWORMS 1st Thursday of the month, 1:00pm-3:00pm

Love to read? Join us for a discussion pertaining to a variety of books. Led by S.T.A.R. member, Mary Loise. *No April meeting.*

SIT & STITCH Thursdays, 1:00pm-4:00pm

Gwen Jaeger leads this group of quilters, cross stitchers, hand stitchers, embroiders, and sewers of all kind – even applique quilting! Bring your project or other stitching along for an afternoon of inspiration and camaraderie. Gwen is on hand to help with any questions you might have.

TECH HELP with Dominik 1st Friday of the month, 3:30pm-4:15pm

Do you have questions about your computer or phone? Bring your device for free, personalized support. Free, but registration required. To make an appointment, call 847-692-3597.

TABLE TENNIS Monday-Friday, 1:00pm-4:00pm

Friendly competition - all levels welcome!

Do you have an interest in volunteering, or suggestions for new clubs, programs or trips? Email egalan@prparks.org to share your ideas.



Healthy, Well-thy & Wise Active Adult Expo



Ages 55 & Up

SC

Get Healthy, Well-thy, and Wise this year at the Park District's Active Adult Expo. Enjoy demonstrations, raffles, screenings, educational discussions, service exhibits, and much more. Admission is free with a donation of a canned good benefiting one of our local food pantries.

Thursday, April 9 • 9:00am-Noon
Centennial Activity Center

All are Welcome!



National Senior Health & Fitness Day is May 27!

In celebration of National Senior Health & Fitness Day on May 27, we encourage those 55 & older to be as active as possible throughout the month of May. Check out the program offerings at the Centennial Activity Center & Centennial Fitness Center to see how you can keep active and improve your health!

SUMMER KICK-OFF PARTY

at the Centennial Aquatic Center

Dive into summer with our Members-Only Summer Kick-Off Party! Celebrate the start of the sunny season with great music by Erik Donner and delicious food, and connect with fellow members. Whether you want to relax in the shade, get up and dance, dip your toes in the water or jump into the pool (bring your swimsuit), it's a great chance to celebrate the start of summer together. Lunch includes burgers, broccoli slaw, pasta salad, potato chips and dessert. Please note, you must be a S.T.A.R. member in order to attend. **Reg deadline: May 20.**

Wednesday, June 3
11:30am-1:30pm
Fee: \$18
Activity: 2230112-01

LUNCHEONS

Good Eats & Happy Feet

Join us for an afternoon of friendship, good food, and easy, fun line dancing. Dress comfortably and wear your dancing shoes. No partner needed. Lunch is BBQ Pulled Pork, baked cheddar macaroni and cheese, wedged garlic parmesan potatoes, and creamy coleslaw.

Registration deadline: April 1. CAC

Activity	Day	Date	Time	M/NM
2230104-01	M	Apr 13	12:30pm-2:15pm	\$28/\$30
2230104-02	M	Apr 13	1:15pm-2:15pm	\$9/\$11 (Dancing Only)

Just Lunch

Looking to enjoy good company and a delicious meal? Look no further! Lunch is provided by a local restaurant. After Just Lunch stay for a new movie. Check with the front desk for lunch and movie selection. **CAC**

Activity	Day	Date	Time	M/NM
2230304-01	M	Apr 6	Noon-1:00pm	\$17/\$18
2230304-02	M	May 4	Noon-1:00pm	\$17/\$18
2230304-03	M	Jun 1	Noon-1:00pm	\$17/\$18

Spring Into Salads

Treat your taste buds to a celebration of salads! Sample an assortment of salads, showcasing a mix of flavors, textures, and seasonal ingredients. Whether you love creamy, crunchy, fruity, or fresh, there's a taste for everyone to enjoy. **Registration deadline: April 3. CAC**

Activity	Day	Date	Time	M/NM
2230110-01	F	Apr 17	12:30pm-1:30pm	\$18/\$20

History of the Hot Dog & Tasting

Explore the history, cultural significance and popularity of hot dogs across America, including regional ingredients and variations behind the love for this street food. Aleca will share a personal German family hot dog recipe, and you'll partake in our hot dog station to dress up and elevate your taste buds with condiments on your own hot dog. Instructor: Aleca Breneman. **Registration deadline: April 15. CAC**

Activity	Day	Date	Time	M/NM
2230530-01	F	Apr 24	Noon-1:00pm	\$12/\$16

Those Were the Days Radio Players Show

Step back in time with a live radio-show performance that brings the golden age of broadcasting to life. Watch actors perform vintage scripts while Foley artists create sound effects right before your eyes—an authentic, entertaining tribute to classic radio. Lunch includes meatloaf, green beans, mashed potatoes, and gravy. **Registration deadline: April 20. CAC**

Activity	Day	Date	Time	M/NM
2230103-01	W	Apr 29	12:30pm-2:15pm	\$25/\$30



Spring Into Bingo

Spring is in the air! Join us for April Bingo and enjoy a fresh season of fun, laughter, and bingo excitement. **CAC**

Activity	Day	Date	Time	M/NM
2230305-01	W	Apr 15	12:30pm-2:30pm	\$14/\$16

Good Times Bingo

Say goodbye to winter and welcome spring with an afternoon of classic bingo, good company, and plenty of fun. Gather with friends and enjoy a lively, social way to celebrate the season. **CAC**

Activity	Day	Date	Time	M/NM
2230305-02	W	May 20	12:30pm-2:30pm	\$14/\$16

Sizzlin' Summer Bingo

Get ready to turn up the heat! Our Sizzlin' Summer Bingo is packed with sunshine, smiles, and chances to win cool prizes. Grab your cards and let the summer fun begin! **CAC**

Activity	Day	Date	Time	M/NM
2230305-03	W	Jun 17	12:30pm-2:30pm	\$14/\$16

UkeFest 2026

UkeFest is a joyful celebration of the ukulele and the music that brings generations together! Whether you're 8 or 88 (and everything in between), the ukulele proves that anyone can play—and everyone can enjoy. Join us for an uplifting concert featuring the Washington Elementary 5th Grade Ukulele Chorus Ensemble alongside the talented S.T.A.R. Uketones. From timeless classics to crowd-pleasing favorites, the music will span decades and styles, creating a fun, feel-good experience for all. Tap your toes, sing along, and share in the vibrant spirit of UkeFest—it's guaranteed to leave you smiling! This is a free program, but we ask that you please register in advance by April 27. To register or for more information call 847-692-3597.

Day	Date	Time	Fee
F	May 1	2:30pm-3:00pm	Free

Remembering Route 66

Route 66 is celebrating its 100th anniversary! The name evokes images of gas stations, mom-and-pop motels, quirky attractions, and adventure on the open road. In this nostalgia-packed lecture, historian Leslie Goddard, Ph.D., explores the history of Route 66, the iconic road that linked Chicago to Los Angeles from 1926 until its closing in the mid-1980s. Learn why Route 66 remains so indelibly associated with the lore of the American road trip. What was Route 66 like at its pinnacle - and what is it today? Lunch is buttermilk fried chicken, mashed potatoes and gravy, baked cheddar macaroni and cheese, glazed baby carrots, and cornbread. Presenter: Leslie Goddard. **Registration deadline: April 22. CAC**

Activity	Day	Date	Time	M/NM
2230105-01	W	May 6	12:30pm-2:15pm	\$34/\$40
2230105-02	W	May 6	1:15pm-2:15pm	\$14/\$18 (Show Only)

EDUCATIONAL SEMINARS

Health Benefits of Red Light Therapy

Certain wavelengths of light within the red and infrared bands can be beneficial to living tissue. Learn how red light therapy can reduce pain and enhance circulation. Do we all need red light therapy, if so, when and how often. Instructor: Mary Bielski, RN, MSN, EdD. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230309-01	W	Apr 8	1:30pm-3:30pm	\$10/\$12

Online Scams

As more people use the internet for everyday tasks, the risk of online scams continues to grow. Scammers use many tactics to steal personal and financial information, leading to identity theft and fraud. In this session, the Office of the Attorney General helps you learn how to recognize common online scams, protect your information, and know what steps to take if you are targeted. Leave with practical tips to stay safe and confident online. Presenter: Agnes Lizak, Community Outreach Liaison, Office of the Illinois Attorney General. Program is free but registration is required. **CAC**

Activity	Day	Date	Time	Fee
2230317-01	Th	Apr 16	10:00am-11:00am	Free

The 3 Types of Collagen

Collagen is vital to many bodily functions. What are the best natural sources of collagen? Are there reliable products on the market? Of the 3 types, which should I consume, and how much? Instructor: Mary Bielski, RN, MSN, EdD. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230310-01	Tu	Apr 14	1:30pm-3:30pm	\$10/\$12

Reading Labels and Interpreting Them

What do I know about what I am putting in my mouth? Examine printed and hidden information on common food labels. How can I use the information provided to build a better me? Examine the primary areas on food labels to enhance your health. Instructor: Mary Bielski, RN, MSN, EdD. This is a contracted class. **CAC**

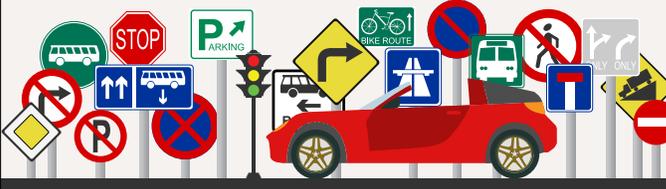
Activity	Day	Date	Time	M/NM
2230308-01	Tu	Apr 21	1:30pm-3:30pm	\$10/\$12

Impact of AI on Healthcare

What is AI (Artificial Intelligence)? How does it impact me and my health? Should I use it to make health care decisions? What are the advantages and disadvantages of AI? Instructor: Mary Bielski, RN, MSN, EdD. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230311-01	Tu	Apr 28	1:30pm-2:30pm	\$10/\$12

DRIVING COURSES



AARP Drivers Safety

This two-day, eight-hour course for drivers age 55+ reviews how aging can affect driving and offers practical strategies to stay safe behind the wheel. Participants are eligible for a multi-year car insurance discount upon completion. Fee is payable to AARP by check on the first day (no credit cards). Registration and attendance on both days required. Instructor: Phil Breneman. **CAC**

Activity	Day	Date	Time
2230202-02	Th & F	Apr 23 & 24	8:30am-12:30pm

Fee: \$20 AARP Member, \$25 AARP Non-Member

Sugar vs. Artificial Sweeteners

Sugar appears in almost everything we eat and drink. How many types of sugar are there? Are they helpful or hurtful? Are artificial sweeteners better than sugar? How much do I need in my diet and why? Instructor: Mary Bielski, RN, MSN, EdD. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230324-01	Tu	May 5	1:30pm-3:30pm	\$10/\$12

Weighted Vests NEW!

Vests provide weight against the muscles and bones. Can this enhance our exercise routines and benefit bones, muscles and weight? Learn the pros and cons to make a decision. Instructor: Mary Bielski, RN, MSN, EdD. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230325-01	Tu	May 19	1:30pm-3:30pm	\$10/\$12

The Sun NEW!

How does the sun benefit us on a daily basis? How much exposure do we need on a daily basis? Is the sun more helpful or hurtful to seniors? Instructor: Mary Bielski, RN, MSN, EdD. **CAC**

Activity	Day	Date	Time	M/NM
2230326-01	W	Jun 3	1:30pm-3:30pm	\$10/\$12

The Six County Senior Games is coming up in July 2026 and will be celebrating its 43rd year with 25 different sporting events for adults 50 years and better! Events include individual sports such as track and field, pickleball, swimming, golf, bowling, tennis, table tennis, bocce, basketball free throw, archery, and more. Team sports include volleyball and softball. These events are held throughout the Chicago area.



Entry forms available after May 1. Visit the Senior Games Facebook page at IPRA Six County Senior Games or the Illinois Park & Recreation Association's website at www.ilipra.org.

SPECIAL INTEREST CLASSES

S.T.A.R. Art Workshop

Calling out your inner Picasso! Our talented instructor can bring out the best in you artistically! All ability levels are welcome. Instruction is in acrylics. Instructor: Rae Penzin. No class on May 25. **CAC**

Activity	Day	Date	Time	M/NM
2230501-01	M	Apr 6-Apr 27	10:00am-Noon	\$48/\$56
2230501-02	M	May 4-June 1	10:00am-Noon	\$48/\$56

Flower Arranging with Garvin Gardens

(Ages 18 & Up)

Welcome the beauty of springtime with a hands-on Easter floral arrangement class, guided by Peggy Garvin, owner of Garvin Gardens. Create a stunning centerpiece featuring the season's most beloved flowers, and learn techniques for processing flowers, mixing colors, and arranging a lush, balanced design to bring the joy of Easter to your home. All fresh flowers, materials, container, and instruction are included. **Registration deadline: March 20. SP**

Activity	Day	Date	Time	Fee
2230528-01	F	Apr 3	1:00pm-2:00pm	\$45

Everlasting Origami Flowers **NEW!**

Create stunning paper flowers in our Origami Flower class! Learn easy folding techniques and take home your own handmade blooms. No prior experience needed—just come and enjoy the creative process. All supplies are provided. Instructor: Rae Penzin. **CAC**

Activity	Day	Date	Time	M/NM
2230511-01	Th	Apr 30	10:00am-Noon	\$15/\$20

CLASSIC & NEW MOVIES

New Movies

Enjoy the latest movie releases along with freshly popped popcorn! Check the S.T.A.R. Newsletter for the movie of the month. Sign up for Just Lunch and come to the movie for FREE. **CAC**

Activity	Day	Date	Time	M/NM
2230401-01	M	Apr 6	1:00pm-3:30pm	\$4/\$5
2230401-02	M	May 4	1:00pm-3:30pm	\$4/\$5
2230401-03	M	Jun 1	1:00pm-3:30pm	\$4/\$5

S.T.A.R. GAMES

Poker Tournament

Play poker and win some prizes! Snacks are provided. **CAC**

Activity	Day	Date	Time	M/NM
2230514-01	Th	Apr 16	1:00pm-4:00pm	\$10/\$12
2230514-02	Th	May 21	1:00pm-4:00pm	\$10/\$12

Wine Series

(Ages 21 & Up)

Join the Centennial Activity Center as we welcome Patina Wine Bar to explore wines perfect for Spring. Enjoy side-by-side tastings with curated food pairings at each session. Attend one event or join us for all of them. Registration deadline: 1-week prior to event date. This is a contracted class. **CAC**



Spring Awakening

Wines to wake up your palate after winter paired with spring-time bites.

Activity	Day	Date	Time	Fee
2230536-01	F	Apr 17	6:00pm-7:30pm	\$40
2230536-02	W	Apr 22	12:30pm-2:00pm	\$40

Sips Around the Mediterranean

Vacation energy without leaving town. Coastal wines with perfectly paired bites.

Activity	Day	Date	Time	Fee
2230536-03	F	May 8	6:00pm-7:30pm	\$40
2230536-04	W	May 27	12:30pm-2:00pm	\$40



Beginning Mah Jongg

Discover the exciting game of Mah Jongg and learn in a fun, relaxed setting. This class introduces you to the tiles, basic moves, how to choose a hand, the progression of play, and strategies. Gameplay taught is based on the American Standard Way. All supplies are included for game play. Instructor: Joyce De Winter. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230522-01	Th	Apr 16-May 21	1:00pm-3:00pm	\$50/\$60

Intermediate Mah Jongg

This class is designed for players who already understand the basic rules of play, have had some experience playing the game, and emphasizes strategies and techniques designed to sharpen your skills, improve your game and to play more defensively. Game play taught will be based on the American Standard Way. All supplies are included for game play. Instructor: Joyce De Winter. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230524-01	W	Apr 8-May 20	1:00pm-3:00pm	\$70/\$84

S.T.A.R. Beginner Tap

In this beginning tap class, you learn the fundamental tap movements, vocabulary, and basic rhythms and steps, progressing towards combinations and fun dances. New dances start this summer! Current participants may register now to continue, and new participants are encouraged to join when summer registration opens so they can learn the new choreography from the start. Instructor: Jeannine Pilolla. **CAC**

Activity	Day	Date	Time	M/NM
2230609-01	Tu	Apr 7-Apr 28	11:15am-12:15pm	\$32/\$40
2230609-02	Tu	May 5-Jun 2	11:15am-12:15pm	\$40/\$50

S.T.A.R. Tap Classes

Shuffle, hop, toe, flap, and ball-change! Learn how to be the next Gregory Hines or Ann Miller. Brush up on what you already know and add on to your repertoire. New dances start this summer! Current participants may register now to continue, and new participants are encouraged to join when summer registration opens so they can learn the new choreography from the start. Instructor: Jeannine Pilolla. **CAC**

Activity	Day	Date	Time	M/NM
2230605-01	Tu	Apr 7-Apr 28	12:30pm-1:30pm	\$32/\$40
2230605-02	Tu	Apr 7-Apr 28	1:45pm-2:45pm	\$32/\$40
2230605-03	Tu	May 5-Jun 2	12:30pm-1:30pm	\$40/\$50
2230605-04	Tu	May 5-Jun 2	1:45pm-2:45pm	\$40/\$50

Reader's Theatre

It's a casting call! This group brings storytelling and radio theatre to life! It is a theatre of imagination where you do not have to memorize scripts, but, rather, get into the full meaning of different plays, and even put on a short play. Your instructor is a degreed working director/actor/and educator in theatre. Broadway, here we come! Instructor: Allison Sword. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230507-01	Th	Apr 16-Jun 4	1:30pm-2:30pm	\$104/\$120

Intermediate Sewing (Ages 18 & Up)

Gwen Jaeger takes you a step further with your sewing skills and hones in on specific projects. Please note, this is a post class to Beginner Sewing or for already experienced sewers. A sewing machine is required for the class. This is a contracted class. **CAC**

Activity	Day	Date	Time	Fee
2230527-01	M	Apr 6-Apr 27	6:30pm-8:30pm	\$40
2230527-02	M	May 4-June 1	6:30pm-8:30pm	\$50

Flower Abstract Dutch Pour

Discover the relaxing art of fluid painting in our Flower Abstract Dutch Pour class! Explore how to blend and gently guide colorful paints to create beautiful, flowing floral designs—each one uniquely your own. No experience is needed; Instructor Robin Moss provides easy, step-by-step guidance in a friendly, supportive setting. All supplies are included. Please wear old clothing or bring an apron, as this creative project can get a little messy. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230534-01	M	Apr 13	9:30am-12:30pm	\$20/\$24

Wind Chimes (Ages 18 & Up)

Enjoy a calm, creative afternoon designing and assembling your own wind chime. Select your favorite colors and materials to craft a charming, musical piece for your home or garden. Perfect for beginners—no experience needed, and all supplies are provided. Instructor: Robin Moss. This is a contracted class. **CAC**

Activity	Day	Date	Time	Fee
2230537-01	M	Apr 20	10:30am-Noon	\$18

Registration deadline is one week before programs begin unless otherwise noted.

Spring Mod Podge Planter

Brighten your home with a custom spring planter! In this fun and easy craft workshop, you'll use Mod Podge to transform a simple pot into a cheerful, one-of-a-kind creation. No experience is needed—just bring your creativity! Please wear comfortable old clothing or bring an apron, as this project can get a little messy. Instructor: Robin Moss. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230538-01	M	Apr 27	10:30am-Noon	\$18/\$22

Wave Abstract Acrylic Art

Explore the fun of abstract acrylics! In this beginner-friendly class, you'll learn the simple swipe technique to create beautiful, wave-inspired artwork. No experience is needed—just a willingness to try something new and creative. All supplies are provided. Dress for a mess. Instructor: Robin Moss. This is a contracted class. **CAC**

Activity	Day	Date	Time	M/NM
2230539-01	F	May 15	1:00pm-2:30pm	\$24/\$28

Zentangle & Your Mental Health (Ages 18 & Up)

Celebrate Mental Health Month with Zentangle! Enjoy a fun and relaxing way to boost creativity and wellbeing while learning new tangles each week. Easy to learn and open to all levels. Participants will receive a Zentangle journal to use in class and keep. Attend one session or all sessions for the price of one. Led by Certified Zentangle Instructor Robin Moss. This is a contracted class. **CAC**

Activity	Day	Date	Time	Fee
2230532-01	M	May 4, 11, 18	10:30am-11:30am	\$18

Memory Wire Bracelets (Ages 18 & Up)

Design unique, custom bracelets in this hands-on class! Using memory wire, beads, and charms, you'll make eye-catching bracelets that keep their shape and showcase your personal style. All supplies are provided. Instructor: Robin Moss. This is a contracted class. **CAC**

Activity	Day	Date	Time	Fee
2230569-01	M	Jun 1	10:30am-Noon	\$20

Beginning Ceramic Workshop

Whether you're a complete beginner or looking to build on existing skills, our beginning hand building classes are the perfect place to start. Join us and unleash your inner artist! Learn a variety of techniques to create your own handmade pottery.

Here are some of the items you'll learn to make:

- Pinch and coil pots
- Coiled pots and textured bowls

Throughout the course, you'll also be introduced to basic glazing techniques.

Activity	Day	Date	Time	Fee
2230312-01	F	Apr 10-May 22	9:30am-11:30am	\$70

FITNESS CLASSES

New to S.T.A.R. Fitness programs or want to try something new? Try the first class for FREE! Contact the registration office to check availability.

Yoga for Aging Well

This mat yoga class focuses on building strength, agility, balance, and flexibility. This is a more active class for seniors that includes floor, seated, and standing postures. Participants must be able to get up and down from the floor on their own. Instructor: Jodi Fedoruk. No class May 25. **CAC**

Activity	Day	Date	Time	M/NM
2230601-01	M	Apr 6-Apr 27	10:00am-10:45am	\$40/\$48
2230601-02	M	May 4-Jun 1	10:00am-10:45am	\$40/\$48

Mindful Chair Yoga

Combine mindfulness practices with yoga movements and breath work that will help you find strength, flexibility and balance. Class is primarily on a chair without a mat. All experience levels are welcome. Instructor: Maryann Beckman-Berman. **CAC**

Activity	Day	Date	Time	M/NM
2230602-02	Th	Apr 16-May 7	10:15am-11:00am	\$40/\$48
2230602-04	Th	May 14-Jun 4	10:15am-11:00am	\$40/\$48

Fit & Strong **NEW!**

This exercise and behavior change program is designed for active adults living with chronic pain. It helps participants safely manage arthritis, reduce joint pain and stiffness, increase flexibility, and maintain an active lifestyle. Each session includes 45 minutes of exercise followed by 15 minutes of health education. Register for one day or both! Please note: This program is offered through a Supporting Healthy Agency Through Parks and Recreation grant. Instructor: Michele Crump.

Activity	Day	Date	Time	M/NM
2230603-01	Tu	Apr 7-Jun 30	10:30am-11:30am	\$72/\$84
2230603-02	Th	Apr 16-Jul 2	11:15am-12:15pm	\$72/\$84

FUNctional Fitness

Join us Wednesday and Friday mornings for a combo of cardio and resistance training. The perfect way to start the day! Please wear comfortable gym shoes. Instructor: Maria Nickolson (Wed), Meghan Cashman (Fri). **CAC**

Activity	Day	Date	Time	M/NM
2230610-01	W	Apr 8-Apr 29	9:00am-10:00am	\$32/\$40
2230610-02	F	Apr 10-May 1	9:00am-10:00am	\$32/\$40
2230610-03	W	May 6-Jun 3	9:00am-10:00am	\$40/\$50
2230610-04	F	May 8-Jun 5	9:00am-10:00am	\$40/\$50

Registration deadline is one week before programs begin unless otherwise noted.

Chair Pilates

This seated exercise class utilizes gentle stretches to improve core, posture, bone density, and balance. Use of light resistance bands and balls may be included for added optional intensity. Instructor: Michele Crump. **CAC**

Activity	Day	Date	Time	M/NM
2230618-01	Th	Apr 16-Apr 30	12:30pm-1:15pm	\$32/\$40
2230618-02	Th	May 7-Jun 4	12:30pm-1:15pm	\$40/\$50

Seated Pelvic Core Fusion - Cardio

This exercise class utilizes the Pelvicore Pro, weights, and bands to improve total body function. Core training and balance reaction is emphasized! This class is mainly chair based, but also includes exercises standing and with chair support, depending on modifications needed for participants. Instructor: Tina Christie. **CAC**

Activity	Day	Date	Time	M/NM
2230611-01	Tu	Apr 7-Apr 28	9:10am-10:00am	\$32/\$40
2230611-02	Tu	May 5-Jun 2	9:10am-10:00am	\$40/\$50

Seated Pelvic Core Fusion – Flexibility

This functional movement class strengthens and lengthens your muscles to improve total body function, utilizing the Pelvicore Pro and therabands for mobility, stability, and flexibility. Class is chair based, but may include standing with chair support, depending on modifications needed for participants. Instructor: Michele Crump. **CAC**

Activity	Day	Date	Time	M/NM
2230614-01	W	Apr 8-Apr 29	10:30am-11:30am	\$32/\$40
2230614-02	W	May 6-Jun 3	10:30am-11:30am	\$40/\$50

Sculpt & Stretch

This 45-minute class combines the use of free weights to strengthen, resistance bands to lengthen, and stretching to increase flexibility. Warm-up consists of light stretching and low cardio to prep the muscles and joints. Next, 30 minutes of resistance training using resistance bands and dumbbells to strengthen and further sculpt the muscles, followed by gentle stretching for a complete cool-down. Instructor: Michele Crump. *No class May 25.* **CAC**

Activity	Day	Date	Time	M/NM
2230617-01	M	Apr 6-Apr 27	11:00am-11:45am	\$32/\$40
2230617-02	M	May 4-Jun 1	11:00am-11:45am	\$32/\$40

Boxing for Balance

This class combines boxing drills with exercises that strengthen the core, improve posture, and focus on weight shifting and footwork to enhance balance, agility, coordination, and reduce fall risk. Instructor: Pamela Bruno. *No class on May 25.* **CAC**

Activity	Day	Date	Time	M/NM
2230612-01	M	Apr 6-Apr 27	9:00am-9:45am	\$32/\$40
2230612-02	M	May 4-Jun 1	9:00am-9:45am	\$32/\$40



Aerobics: Move to Improve

Move, groove, and feel energized with this low impact aerobics class that keeps your heart healthy and your body strong without high impact or complicated choreography. Easy-to-follow cardio combinations improve endurance, coordination, balance, and overall well-being. Instructor: Maria Nickolson. **CAC**

Activity	Day	Date	Time	M/NM
2230615-01	Th	Apr 16-May 7	9:00am-9:45am	\$32/\$40
2230615-02	Th	May 14-Jun 4	9:00am-9:45am	\$32/\$40

Line Dancing

Line dancing blends easy-to-learn steps with upbeat music from a variety of genres – country, pop, and oldies favorites. Step, slide, and smile your way into the weekend! Friday Line Dancing combines light cardio, rhythm, and brain-boosting movement in a fun, social setting. No partner or prior experience required. Just bring your enthusiasm and let the music move you! Instructor: Maria Nickolson. *No class on April 24.* **CAC**

Activity	Day	Date	Time	M/NM
2230619-01	F	Apr 10-May 8	11:00am-12:00pm	\$36/\$44
2230619-02	F	May 15-Jun 5	11:00am-12:00pm	\$36/\$44

Sound Bath

Sound Bath is a deeply relaxing experience that combines meditative practices with healing sound vibrations from the use of crystal and Tibetan singing bowls, gongs, chimes or other acoustic instruments. It promotes relaxation, reduces stress, and facilitates deeper connection with oneself. Practice can be done seated or lying down. Please bring your own mat. Please note that once the class begins, we're unable to allow entry after the first five minutes in order to preserve the experience for everyone. Instructor: Kloe Zhang Latting. **CAC**

Activity	Day	Date	Time	M/NM
2230604-02	F	May 15	1:00pm-1:45pm	\$9/\$11



LET'S EAT! DINING OUT TRIPS

Ages 55 & Up

Try out restaurants near and far, and leave the driving to us! Each month we visit a different restaurant, and you get to choose what you order. Your cost simply includes the price of transportation; meal cost is on your own. If you wish to meet at the restaurant, please let the front desk know. **Registration deadline: one week prior.**

April: Q-BBQ

LaGrange, IL

Q-BBQ is an authentic yet chic barbecue restaurant serving bold, from-scratch dishes made with locally sourced meats, house-made rubs, and slow-smoked for up to 16 hours—delivering irresistible flavor with true Southern spirit.

Activity	Day	Date	Time	M/NM
2230902-01	Th	Apr 2	11:00am-3:00pm	\$7/\$8

May: Tina G's

Mundelein, IL

Casual, family-run restaurant serving Italian comfort food with “outside the box” dishes that are more upscale than the burgers and pizzas typically served.

Activity	Day	Date	Time	M/NM
2230902-02	Th	May 7	11:00am-3:00pm	\$7/\$8

June: Redstone American Grill

Oakbrook, IL

A modern American restaurant featuring a scratch-made menu, flavorful dishes, and a welcoming atmosphere. Guests can also choose from handcrafted cocktails and a fine selection of wines.

Activity	Day	Date	Time	M/NM
2230902-03	Th	Jun 4	4:00pm-8:00pm	\$7/\$8

DAY TRIPS All trips depart from CAC

Mystery Meals

Mystery meals takes you on a progressive journey for a day of eating. Start with a mid-morning appetizer, then head to a surprise restaurant for a unique lunch experience. Something sweet ends the adventure. Restaurant locations are revealed on the day of the trip. Food and transportation are included in the fee. **Registration deadline: March 25.**

Activity	Day	Date	Time	Fee
2230901-01	W	Apr 8	10:00am-4:30pm	\$69/\$79

Waterleaf – A Culinary Experience

Glen Ellyn, IL

Located in the College of DuPage Culinary & Hospitality Center, Waterleaf offers a unique dining experience created by talented culinary students. Enjoy a multi-course meal featuring fresh, regional, and seasonal ingredients at one of the western suburbs’ most sought-after restaurants. Fee includes transportation and lunch. **Registration deadline: April 6.**

Activity	Day	Date	Time	Fee
2230903-01	Tu	Apr 21	10:15am-2:30pm	\$32/\$42

Flavors of Spain:

Paella, Salad & Sweet Endings

Lisle, IL

Take your taste buds on a trip to Spain! Enjoy a lively cooking demo featuring classic chicken paella, a fresh Spanish-style salad, and a sweet treat to finish. Watch, learn, and savor the flavors of Spanish cuisine. Fee includes demo, lunch, beverages, and transportation. **Registration deadline: April 29.**

Activity	Day	Date	Time	Fee
2230905-01	W	May 13	11:00am-3:15pm	\$85/\$95

Klehm Arboretum & Botanic Garden

Rockford, IL

Experience a one-of-a-kind destination in northern Illinois, rooted in the legacy of two families of nurserymen, where nature comes alive at Klehm Arboretum & Botanic Garden. Enjoy a guided 0.8-mile walking tour with a docent along the paved East Loop, featuring many benches and scenic spots to rest and take in the surroundings. If time permits, participants may explore additional areas of the Arboretum on their own. Afterward, we’ll travel to Stockholm Inn for lunch, featuring classic Swedish fare and a charming gift shop. Fee includes Klehm admission, docent, and transportation. Lunch is on your own. **Registration deadline: May 13.**

Activity	Day	Date	Time	Fee
2230906-01	Th	May 28	9:45am-3:30pm	\$24/\$34



South Pacific

Paramount Theatre, Aurora, IL

Rogers & Hammerstein's *South Pacific* is a 10-time Tony Award-winning classic, honored for both Best Book and Best Score. Set in a tropical paradise of ocean breezes and breathtaking sunsets against the backdrop of World War II, this beloved musical celebrates hope, love, and the power of embracing cultural differences. Enjoy unforgettable songs including "Some Enchanted Evening," "I'm Gonna Wash That Man Right Outa My Hair," and "Bali Ha'i." Lunch is at a local restaurant. Fee includes lunch, ticket and transportation. **Registration deadline: May 18.**

Activity	Day	Date	Time	Fee
2230907-01	W	Jun 10	10:30am-5:30pm	\$89/\$99

Chicago Cubs vs Milwaukee Brewers

Milwaukee, WI

The Brewers-Cubs rivalry has been ranked among the best and most competitive in baseball. Take a ride out to the Brewers stadium to see who can take home the title of division's best. The indoor stadium is the perfect place to enjoy a close game! Price includes ticket, \$24 concession and merchandise voucher, and motor coach transportation. Registration deadline: June 1.

Activity	Day	Date	Time	Fee
2230908-01	Su	Jun 28	10:30am-6:30pm	\$120/\$140

Day Trip Walking Guide:



Extended Travel Opportunities with Collette Tours

Please contact Sarah Chuipek at schuipek@prparks.org or 847-692-3035 for more information on extended travel.

Discover Spotlight on New York City Holiday

[CLICK TO LEARN MORE](#)

November 29 - December 3, 2026 (5 Days, 5 Meals)

Get around like a local – on your feet! The lights and energy of the "Big Apple" captivate as you walk NYC's bustling streets to dinner and Broadway shows. Pay tribute to the lives lost during a visit to the 9/11 Memorial and the 9/11 Museum.

Single Traveler: \$3,899 / Double: \$2,999 / Triple: \$2,949



Explore Northern Italy

[CLICK TO LEARN MORE](#)

September 9-17, 2027

(9 Days, 10 Meals)

Discover the lively center of hilltop Asolo, awarded the title of Italy's Most Beautiful Village. Experience local life in Bassano, the hometown of Italy's renowned schnapps called grappa. Marvel at the skill of the glassblowing artists in Venice, who still work the glass using century-old techniques.

Single Traveler: \$4,599 / Double: \$3,999 / Triple: \$3,949



NOTE: These trips are Activity Level 3 - Active

You don't want to miss a thing, so walking and standing for longer periods of time (2-3 hours) isn't a big deal. A moderately paced two-and-a-half-hour walking tour, covering several miles, hills, and uneven surfaces, is no problem for you. Walking four miles over the course of a day is very doable, as is climbing into and out of various modes of transportation (tuk-tuk, cable car, zodiac, etc.). You can climb three flights of stairs easily and handle altitudes between 6,000 and 9,000 feet. Expect some longer days balanced with free time to recharge or set out on your own adventure. This level is not a fit for travelers who require mobility assistance devices.



**BRICKTON CLASSES ARE HELD AT THE
CENTENNIAL ACTIVITY CENTER
100 S. WESTERN AVENUE • 847-692-3597**

YOUTH PROGRAMS

The Kids & I

Ages 2-5 with adult

SC

Adults and pint-sized artists come together to create masterpieces! We use a variety of art mediums and techniques such as clay, watercolors, collage, and pastels, with the focus on the colorful process of art. It's a great way for caregivers to bond with children creatively! In order to provide the best quality time with your child, we ask that you refrain from bringing other children to class. **CAC**

Activity	Day	Date	Time	R/NR
2090111-01	M	Apr 6-May 18	9:00am-9:50am	\$141/\$145
2090111-02	Th	Apr 2-May 21	9:00am-9:50am	\$161/\$165
2090111-03	Sa	Apr 4-May 23	9:30am-10:20am	\$161/\$165

Creative Kids

Ages 3-5

SC

Join a Brickton classic! Tots come to have some fun learning the basics of creating art. We paint, draw, glue, cut paper, and form clay. These small artists are learning and progressing while having a colorfully good time! **CAC**

Activity	Day	Date	Time	R/NR
2090113-01	M	Apr 6-May 18	10:00am-10:50am	\$141/\$145
2090113-02	Th	Apr 9-May 21	10:00am-10:50am	\$141/\$145

Art Academy

Ages 3-5

SC

Join us for a curriculum designed class especially for preschoolers. We introduce color, shape, alphabet, and numbers with all kinds of art materials. Our program helps children prepare for preschool and kindergarten through creative exploration of stories, art, and play. A mixed media class using watercolors, oil pastels, tempera paint, collage, and clay. New projects every week! Please bring a peanut free snack and water bottle. Note: Students must be completely toilet trained to participate. **CAC**

Activity	Day	Date	Time	R/NR
2090115-01	M-F	May 11-May 15	9:30am-11:30am	\$161/\$165
2090115-02	M-F	May 18-May 22	9:30am-11:30am	\$161/\$165
2090115-03	MWF	May 11-May 15	9:30am-11:30am	\$101/\$105
2090115-04	MWF	May 18-May 22	9:30am-11:30am	\$101/\$105
2090115-05	Tu/Th	May 12-May 14	9:30am-11:30am	\$71/\$75
2090115-06	Tu/Th	May 19-May 21	9:30am-11:30am	\$71/\$75

See & Draw

Ages 5-8

SC

Finally, a class to introduce the fundamentals of drawing to younger children and help them grow in their understanding, ability, and confidence. We use visuals to strengthen our artistic hand-eye coordination as we explore the fundamentals of drawing. Each week we pick an object, animal, or scene and learn how to draw it. **CAC**

Activity	Day	Date	Time	R/NR
2090117-01	W	Apr 8-May 20	4:00pm-4:50pm	\$141/\$145

Adventures In Art

Ages 5-8

SC

This class is a staple in our curriculum for a reason! Here is a wonderful opportunity for this age group to get their hands in a little bit of everything. Learn a bit about every art medium, such as drawing, clay, watercolor, and sculpture. We use ink, graphite, pastel, paints, and clay as we really get our creativity pumping! Projects change every session. **CAC**

Activity	Day	Date	Time	R/NR
2090119-01	Tu	Apr 7-May 19	4:00pm-4:50pm	\$141/\$145
2090119-02	Sa	Apr 4-May 23	10:30am-11:20am	\$161/\$165

**Contact the Staff:
We're Here to Help!**

Brickton Art Center Director
Alyssa Harris
847-823-6611
bricktondirector@gmail.com

Kids' Clay

Ages 5-8

SC

Calling all clay-crazy kids! We use hand building techniques as we create pinch pots, animals, tiles, masks, unusual objects, and vessels in this fun class! Safe glazes are used to add color to your work. Each week offers a new project. There is no such thing as too much clay! **CAC**

Activity	Day	Date	Time	R/NR
2090120-01	M	Apr 6-May 18	4:00pm-4:50pm	\$141/\$145

Nature's Palette

Ages 5-12

SC

Young artists explore the beauty of the natural world through paint, clay, drawing, and more. Each week, we dive into different elements of nature—like vibrant sunsets, towering trees, and curious animals—to inspire unique and colorful works of art. Whether creating landscape paintings or sculpting natural forms, students discover how to capture the essence of nature while developing their artistic skills. Join us for a fun, hands-on journey where creativity meets the great outdoors! **CAC**

Activity	Age	Day	Date	Time	R/NR
2090140-01	5-7	Th	Apr 9-May 21	4:00pm-4:50pm	\$141/\$145
2090140-02	8-12	Th	Apr 9-May 21	5:00pm-6:00pm	\$141/\$145

Drawing For Older Children

Ages 8-12

SC

The instructor uses exercises and projects to encourage practice of the fundamentals of drawing to older children and help them grow in their understanding, ability, and confidence. We use visuals to strengthen our artistic hand-eye coordination as we explore still life and portrait drawing. **CAC**

Activity	Day	Date	Time	R/NR
2090122-01	W	Apr 8-May 20	5:00pm-6:00pm	\$141/\$145

Cool Clay

Ages 8-12

SC

This fun class is designed to be challenging and fun for older children. We do a variety of projects which use the basic techniques of ceramics and grow from there. Students are led in a series of projects and work with glazes as well. **CAC**

Activity	Day	Date	Time	R/NR
2090123-01	M	Apr 6-May 18	5:00pm-6:00pm	\$141/\$145

Trendsetters: Mixed Media Art Lab

Ages 8-12

SC

From viral art styles to the latest creative crazes, this class is where young artists turn today's trends into original masterpieces! Students explore a variety of materials—paint, collage, markers, clay, and digital elements—to design pieces inspired by what's hot in art and pop culture. Every week brings a new theme and a fresh way to express their unique style. **CAC**

Activity	Day	Date	Time	R/NR
2090142-01	Tu	Apr 7-May 19	5:00pm-6:00pm	\$141/\$145



Tween Pottery & Wheel Throwing

Ages 10-14

SC

This class introduces students to throwing on the potter's wheel. Students get plenty of practice time on the wheel and even have time to hand build. Pieces are fired and glazed. **CAC**

Activity	Day	Date	Time	R/NR
2090126-01	W	Apr 8-May 20	6:30pm-8:00pm	\$196/\$200

Drawing Academy

Ages 10-14

SC

This class is ideal for students who would like to learn or build upon their fundamentals of drawing skills but are in need of the right environment to motivate themselves. During this 8-week studio session, students are guided as they build their partnership between mind and materials. They become acquainted with line, value, proportion, and composition to create successful drawings. Black and white drawing materials such as pencil, charcoal, and paint are primarily used. Students are introduced to color drawing materials in our upcoming drawing sessions. Weekly exercises include still-life set up and portraiture using photos to explore art. Basic drawing materials are provided for the first couple classes; additional materials may need to be purchased by the student. A material list may be provided on the first day of class. **CAC**

Activity	Day	Date	Time	R/NR
2090124-01	Th	Apr 9-May 21	6:30pm-8:00pm	\$196/\$200

Painting Techniques

Ages 10-14

SC

This class is ideal for those students who would like to learn or build upon their fundamentals of painting skills, but are in need of the right environment to motivate themselves. During this studio session, students are guided as they build their partnership between mind and materials. Students become acquainted with line, value, proportion, and composition to create successful paintings. Basic drawing materials are provided for the first couple classes, additional materials may need to be purchased by the student. A material list may be provided on the first day of class. **CAC**

Activity	Day	Date	Time	R/NR
2090125-01	Tu	Apr 7-May 19	6:30pm-8:00pm	\$196/\$200

Beginning Animation Workshop

Ages 10-14

SC

This course provides an introduction to the basics of animation. Learners use traditional animation practices to create artwork and apply the elements and principles of art and design, as well as the principles of animation. Students experiment, take inspiration with watching examples, and create artworks demonstrating the elements of art: Animation Basics, Principles of Animation, Character Design, Backgrounds, Movement, Script, and Storyboards. Last session of class is a showcase of projects for friends and family. **CAC**

Activity	Day	Date	Time	R/NR
2090139-01	Th	Apr 9-May 21	4:30pm-6:00pm	\$196/\$200

Advanced Beginner Animation Workshop

Ages 10-14

SC

Building off of what they learned in our Beginning Animation workshop, students learn more advanced techniques to use in their own creations. *Prerequisite is to have taken Beginning Animation course at least twice. There is a showcase of projects for friends and family. **CAC**

Activity	Day	Date	Time	R/NR
2090141-01	Th	Apr 9-May 21	6:30pm-8:00pm	\$196/\$200

ADULT FINE ART CLASSES

Creative Ceramics

Ages 15 & Up

SC

Whether you are an old pro or have never touched clay, there is a place for you in this wonderful class! Learn and refine clay hand building skills using coil and slab, pinch, and drape construction techniques to create relief and three-dimensional ceramic forms. Learn the basics of forming pottery on the wheel. Color glazes are used for embellishment. Use your own creative ideas to design functional and decorative art works! **CAC**

Activity	Day	Date	Time	R/NR
2090127-01	M	Apr 6-May 18	7:00pm-9:00pm	\$211/\$215

Beginning Ceramic Workshop

Ages 55 & Up

SC

Whether you're a complete beginner or looking to build on existing skills, our beginning hand building classes are the perfect place to start. Join us and unleash your inner artist! Learn a variety of techniques to create your own handmade pottery.

Here are some of the items you'll learn to make:

- Pinch and coil pots
- Coiled pots and textured bowls

Throughout the course, you'll also be introduced to basic glazing techniques.

Activity	Day	Date	Time	Fee
2230312-01	F	Apr 10-May 22	9:30am-11:30am	\$70



Brickton Birthday Parties

We put the ART in pARTy! Let Brickton Art Center do all the work of providing ARTSY entertainment for your birthday party or private event! Staff will help you settle in, instruct the children while they paint and create, and even assist with clean-up when finished. Recommended for children ages 5 and up. We recommend booking parties 4 to 6 weeks in advance to ensure your preferred time is available.

Party Options:

- 2 Hour Party - includes 75 minutes of instruction by an experienced artist and 45 minutes for refreshments \$250 for up to 16 kids; \$300 for 17-20 kids
- 1.5 Hour Party - includes 60 minutes of instruction by an experienced artist and 30 minutes for refreshments \$225 for up to 16 kids; \$250 for 17-20 kids

Party Availability:

- Saturday: 1:00pm-3:00pm or 4:00pm-6:00pm (mornings based on availability)
- Sunday: 10:30am-12:30pm, 1:00pm-3:00pm or 4:00pm-6:00pm

*We can schedule your event on weekdays, based on availability.

Email bricktondirector@gmail.com for more information.



PARK RIDGE'S HIDDEN GEM

Inside Wildwood Nature Center

531 Forestview Avenue

Animal Room Exhibit

Our animal exhibit room is home to over 35 animals! Stop in at the Wildwood Nature Center during our visiting hours to visit our turtles, frogs, snakes, salamanders, and well as rabbits, guinea pigs, and bearded dragons.

Nature Nook

Learn and play in our Nature Nook, a free, interactive, educational area complete with books, puzzles, puppets, games, and activities. Each month explores a different nature topic!

Wildwood Staff

Wildwood's staff offices are inside the Nature Center. Also inside is a restroom, bottle filler, and first aid. Feel free to ask questions of our talented, knowledgeable naturalist staff about any plants or animals that you see.



Admission to the Nature Center is FREE!

The hiking trails, prairie, and ponds are open daily from dawn until dusk. Please note, public restrooms are not available when the Nature Center is closed. Restrooms are available across the street at the Maine Park Leisure Center.

NATURE CENTER VISITING HOURS

Tuesday-Thursday 10:00am-6:00pm
Saturday 10:00am-4:00pm

NOTE: For the safety of others and the animals, strollers are not allowed inside the Nature Center building.

Contact the Staff: We're Here to Help!

Wildwood Manager
Jenny Clauson (JC)
847-232-8746
jclauson@prparks.org

Nature Program Coordinator II
Cara Ruffo (CR)
847-232-8746
cruffo@prparks.org

Nature Program Coordinator II -
Nature Preschool
Molly Kowalski (MK)
224-585-4861
mkowalski@prparks.org

Nature Program Coordinator I -
Nature Preschool
Maggie Martin (MM)
224-585-4862
mmartin@prparks.org

Nature Program Coordinator I -
Jenna Drolen
847-692-3570
jdrolen@prparks.org

Nature Center Coordinator
Kristen Rozalewicz
847-692-3570
krozalewicz@prparks.org

Outside and Around Wildwood

From dawn to dusk, venture around Wildwood on paved paths that encircle the pond, a crushed gravel path that wanders through the prairie, and a woodchipped walk traversing the woodland. Wildwood is nestled on 5 acres where you can discover the diversity of native trees, flowers, and plants. Catch a glimpse of animals including variety of reptiles, amphibians, insects, and numerous songbirds and waterfowl. Learn about the plants and animals through the interpretive signage and living field guide garden.

Wildwood Prairie

Wildwood has one and a half acres of restored native prairie. Our tallgrass prairie blooms throughout the summer with a wide variety of native plants.

Since the prairie began in 2001, we have documented 88 different native prairie plants, a flock of migrating Monarch butterflies, Ruby-throated hummingbirds, American Toads, a Meadow Vole, and a decrease in the overpopulated Canadian Goose.

Wildwood Woodland Walk

This quaint woodland walk is home to an impressive variety of native woodland wildflowers and plants. The woodland was enhanced in 2006 with a woodchip path and wooden signs and expanded in 2009. Visit during February through June, and discover Mayapples, Snow Drops, five different species of Trillium, Jack in the Pulpit, Wild Ginger, Bluebells, Solomon Seal, and more.

Walking Paths

Walking paths surround the Wildwood Nature Center, Woodland Walk, Wildwood Prairie, and Maine Park Ponds. The paths also lead to a wooden fishing deck overlooking one of the ponds, two rock landing areas, and the Sam Biardo Prairie Observation Deck.



Explore Wildwood's grounds, trails, and ponds!

Fishing and Pond Dipping (Available March to October)

Check out fishing poles and pond dipping nets in the Nature Center to explore the Wildwood ponds. Fishers need to bring their own bait and have a valid fishing license if over 16, and everything in the pond is catch and release. Help keep the pond safe for people, plants, and wildlife, and be sure to clean up any garbage and fishing line.

Other Features in the Park

- Informational Signage & Interactive Exhibits
- Picnic Pavilion
- Fishing Ponds
- Campfire Circle (*paid reservation required; call Wildwood to schedule your campfire event*)
- Rain Garden
- Labyrinth
- Human Sundial
- Sam Biardo Prairie Observation Deck
- Fishing Deck and Rock Landing Areas

Inside the Wildwood Program Center

529 Forestview Avenue

Our program center is home to three classroom spaces for our nature programming, family classes, scout programs, school group field trips, nature camps, and birthday parties.

For more information on these offerings, please see the pages below:

Nature Programming - Page 47

Scout Programs - Page 92

Birthday Parties - Page 48



Wildwood Nature Center

Early Childhood (with Adult)

DESCRIPTION	DAY	DATE	TIME	ACTIVITY	R/NR
Wild Ones (Ages 1-2 w/Adult) See page 56	M	Apr 6-May 4	9:00am-10:00am	2160101-01	\$65/\$99
	M	Apr 6-May 4	10:30am-11:30am	2160101-02	\$65/\$99
	M	Apr 6-May 4	4:00pm-5:00pm	2160101-03	\$65/\$99
	Tu	Apr 7-May 5	9:30am-10:30am	2160101-05	\$65/\$99
Swamp Snoopers (Ages 2-3 w/Adult) See page 57	Th	Apr 9-May 7	9:30am-10:30am	2160103-01	\$65/\$99
	Th	Apr 9-May 7	4:30pm-5:30pm	2160103-02	\$65/\$99
	F	Apr 10-May 8	9:00am-10:00am	2160103-03	\$65/\$99
	F	Apr 10-May 8	10:30am-11:30am	2160103-04	\$65/\$99

Early Childhood (without Adult)

DESCRIPTION	DAY	DATE	TIME	ACTIVITY	R/NR
Nature Friends (Ages 3-6) See page 60	F	Apr 10-May 1	9:00am-11:30am	2160201-03	\$99/\$125
	F	Apr 10-May 1	12:30pm-3:00pm	2160201-04	\$99/\$125
Science Kids (Ages 3-6) See page 60	M	Mar 30-May 4	9:00am-11:30am	2160202-01	\$149/\$185
	M	Mar 30-May 4	12:30pm-3:00pm	2160202-02	\$149/\$185
Wild Child (Ages 3-6) See page 58	W	Apr 1-May 6	12:30pm-3:00pm	2160206-01	\$149/\$185
Nature's Two-Riffic (Ages 2-3) See page 58	W	Apr 1-May 6	9:30am-11:00am	2160212-01	\$113/\$154
	F	Apr 10-May 8	9:30am-11:00am	2160212-02	\$95/\$130
Mayflies (Ages 3-6) See page 60	MWF	May 11-May 15	9:00am-11:30am	1160361-01	\$79/\$107
	MWF	May 11-May 15	12:30pm-3:00pm	1160361-02	\$79/\$107
	T/Th	May 12-May 14	9:00am-11:30am	1160361-05	\$53/\$73
	T/Th	May 12-May 14	12:30pm-3:00pm	1160361-06	\$53/\$73
	MWF	May 18-May 22	9:00am-11:30am	1160361-03	\$79/\$107
	MWF	May 18-May 22	12:30pm-3:00pm	1160361-04	\$79/\$107
	T/Th	May 19-May 21	9:00am-11:30am	1160361-07	\$53/\$73
	T/Th	May 19-May 21	12:30pm-3:00pm	1160361-08	\$53/\$73
Mayflies Lunch Bunch (Ages 3-6) See page 60	MWF	May 11-May 15	11:30am-12:30pm	1160362-01	\$31/\$46
	T/Th	May 12-May 14	11:30am-12:30pm	1160362-03	\$21/\$32
	MWF	May 18-May 22	11:30am-12:30pm	1160362-02	\$31/\$46
	T/Th	May 19-May 21	11:30am-12:30pm	1160362-04	\$21/\$32

Youth Programs

DESCRIPTION	DAY	DATE	TIME	ACTIVITY	R/NR
Adventure Club (Ages 6-12) See page 68	W	Apr 1-May 6	3:30pm-5:00pm	2160418-05	\$86
UpCycled Art (Ages 6-12)	Th	Apr 9-April 23	4:00pm-5:30pm	2160430-01	\$44/\$61
Rangers in Training (Ages 10-14)	M	Apr 6-May 11	4:00pm-5:00pm	2160407-01	\$78/\$120
	F	Apr 10-May 15	4:00pm-5:00pm	2160407-02	\$78/\$120

Family Events

DESCRIPTION	DAY	DATE	TIME	ACTIVITY	R/NR
Science Night: Wind & Weather See page 9	F	Apr 3	4:00pm-5:00pm	2160503-01	\$24 per family
	F	Apr 3	6:00pm-7:00pm	2160503-02	\$24 per family
Earth Day Work Day See page 10	W	Apr 22	4:30pm-5:30pm	2150010-01	Free
Des Plaines River Clean Up See page 10	Tu	May 12	4:30pm-6:00pm	2150011-01	Free
Pond Dippers See page 10	W	May 13	6:00pm-7:00pm	2160505-01	\$24 per family
S'more Stories, Songs, and Strolls	F	May 15	7:00pm-8:30pm	2160502-01	\$24 per family
Zombie Tag	M	May 18	5:45pm-7:00pm	2160509-01	\$5 per family
Backyard Campout (Ages 2-10)	F-Sa	May 29-30	5:00pm-10:00am	2160504-01	\$22/\$26
Backyard Campout (Ages 11 & Up)	F-Sa	May 29-30	5:00pm-10:00am	2160504-02	\$27/\$31

Wildwood Birthday Parties

HOST A BIRTHDAY PARTY AT WILDWOOD!

Our fun nature and animal-inspired parties are a unique way to celebrate your next event. Choose from any of the “Wild” themes below!

Party Fee: \$290 Resident / \$330 Non-Resident

Tiny Tots Animal Adventure Party Ages 3-4

Free play with animal themed activities, create a craft, enjoy an animal story, and go on an outdoor hike. Our adventure continues as we visit the animal room to pet and feed our animal friends. Dress for an adventure.

Max: 18 children / 40 total people

Diggin' Dino Party Ages 4-9

Dig into our Dinosaur Party as you excavate bones and explode volcanoes. The party also features an outdoor nature hike and a trip to the animal room to see distant dinosaur cousins and more.

Max: 18 children / 40 total people

Animal Party Ages 5-10

Have a wild and fun time at the Animal Party as you and your guests meet two or three of our animal friends during an indoor animal show. The party also features time for any food, cake, or drinks you bring, an outdoor nature hike, and a trip to the animal room to visit all of the rest of our animal friends.

Max: 25 children / 40 total people

Weird, Wacky Science Party Ages 5-12

Create, concoct, and explode! Children enjoy three weird, wacky science experiments such as making sidewalk paint, magic goop, slime, soda explosions, and more. The party also features an outdoor nature hike and a visit to the animal room. Please dress for a mess.

Max: 18 children / 40 total people

Incredible Insect Party

Ages 5-12

Meet Wildwood's cool and creepy crawlers at the Incredible Insects Party. We'll arm you and your guests with magnifying glasses and bug catchers as you search the pond and prairie for insects. Enjoy a visit from Wildwood's insects and learn all about our 6 legged friends as you play a fun game. The party also features an outdoor nature hike and a visit to the animal room. Dress for an adventure.

Max: 25 children / 40 total people

Outdoor Gamer Party Ages 5-12

Children enjoy playing field games like Zombie Tag, a game of Clue, or Scavenger Hunts for our younger friends, and hiking around the prairie, pond, and woodland. End your celebration around the Campfire Circle (or Pavilion fireplace) roasting food such as hot dogs and s'mores. Party includes program leaders, firewood, and cooking sticks. Patrons are responsible to provide food to roast around the campfire.

Max: 25 children / 40 total people

Availability: March through November

About Your Wildwood Party Package

- Parties are two hours long and typically held Saturdays and occasionally Sundays from 11:00am-1:00pm or 2:00pm-4:00pm, and during available times Monday-Friday. If these times do not match your schedule, please contact us and special arrangements can be made.
- You are responsible for refreshments, decorations, and paper products. (No alcoholic beverages are allowed in any Park Ridge Park District open spaces, parking lots, or parks at any time.)
- Parties should be scheduled at minimum, one month in advance. Full payment is required at time of reservation.
- Parties are held at the Wildwood Program Center in the Prairie and Maple rooms, with trips to see the animals at the Wildwood Nature Center and an outdoor hike.
- Parties are geared toward engaging and educating the children attending, large amounts of adults in attendance can detract from the intended experience. If you are interested in a large family party, consider a Park District room rental with the Traveling Party Option.
- Wildwood Pavilion (if available) can be added on to your Wildwood Birthday Party package for an additional fee (\$57/\$114 for 2 hours). Pavilion capacity 50 (however this outdoor space is not lightning safe).

For more information or to book a party, contact Jenna Drolen at jdrolen@prparks.org.

Campfire Birthday Party Ages 7-12

Children enjoy playing games, hiking around the prairie, pond and woodland, and roasting food around the campfire such as hotdogs and s'mores. Party includes program leaders, firewood, and cooking sticks. Patrons are responsible for providing food to roast around the campfire.

Max: 20 children / 40 total people

Fishing Birthday Party Ages 7-12

Have a “reel” good time at your Fishing Birthday Party. You and your guests will learn the parts of a pole, practice casting a line, and try your hand at catching the big one. Fisher-friends cast, reel, and catch fish for approximately one hour. Fishing poles, equipment, bait, and party leaders to remove the fish from the hook are all included. The party also features an outdoor nature hike and small group trips to the animal room.

Max: 10 children / 20 total people

Availability: April through October

TRAVELING PARTY OPTION:

Traveling Animal Show

Love the animals? They can come to your Park District party! Wildwood's animals can travel to your Park Ridge Park District indoor room rental for a 1-hour animal show that includes an animal presentation, animal interaction, and learning from animal artifacts. Animal friends vary based on feeding schedule and other factors.

\$170 Resident / \$195 Non-Resident

Maine Park Birthday Parties

BIRTHDAY PARTIES AT MAINE PARK

All parties are 1½ hours (except The Stage School parties, which are 2 hours) and include:

- Private room
- Tables and chairs
- 30-minute set-up time prior to your party
- Party attendant

Parties are available:

- Saturdays between 11:00am-5:00pm
- Sundays between 1:00pm-5:00pm

Please note that certain dates and times may not be available for parties.

For more information and to book a party, please complete a [Facility/Park Rental Application](#) or contact Meghan O'Neill at moneill@prparks.org.



BIRTHDAY PARTY THEMES:

Magic Party

Amaze and wow all your friends with a very interactive 45-minute performance with comedy, mystery, and magic.

Children Guest Maximum: 20 / Guest Total Maximum: 30

Party Fee: \$475 Resident / \$550 Non-Resident

Character Visit

Imagine a visit from your favorite princess, prince, or superhero! Visit lasts one hour and is filled with meet and greets, games, storytelling, singing, and more.

Children Guest Maximum: 15 / Guest Total Maximum: 30

Party Fee: \$375 Resident / \$450 Non-Resident

Dance Party

Your guests have their own professional dance instructor for 45 minutes to lead them in dance games and, of course, special party dances that are age appropriate! (i.e. Limbo, Freeze Dance, Chicken Dance, Macarena, and more).

Children Guest Maximum: 15 / Guest Total Maximum: 20

Party Fee: \$375 Resident / \$450 Non-Resident

Glitzy Parties by Glitzy Girlz

Choose one of our many parties and glam out! Co-ed options available for all parties. Email moneill@prparks.org for more details.

- Rock Diva Dance Party
- Glitzy Glam
- Pretty Princess/Prince
- Unicorn Fantasy Glam
- Super Sassy Spa Retreat
- Princess and Pirates Hidden Treasure

Children Guest Maximum: 20

Party Fee: \$450 for 10 children; \$25 per additional child



Birthday Parties

BIRTHDAY PARTIES AT CENTENNIAL FITNESS CENTER

Athletic Party Ages 5-13

Your 1 ½ hour private party includes 1 hour activity and 30 minutes in our party room, set up, take down, and clean up, and coaches for athletic themes. Themes for Athletic Parties: basketball, dodgeball, kickball, soccer, flag football, floor hockey, Nerf battle. Additional options include: capture the flag, whiffle ball, relay races. Within the hour activity time, up to three sports can be played.

\$360 R/\$469 NR

Capacity 14 guests, call or email for pricing over 14 guests

Indoor Pool Rentals All Ages

Private Pool Party: Rent the Centennial Fitness Center pool for a private pool party, available on Saturdays and Sundays after 5:00pm only. Please note, only the leisure pool is available on Sundays due to programming. Saturday private pool rentals include the entire pool deck: the lap pool, leisure pool, baby pool and slide, hot tub (Ages 16+), and the outdoor patio. It also includes staff, lifeguards, and a manager.

Whole Pool: \$181 R/\$258 NR per hour

Capacity 162

Leisure Pool: \$144 R/\$187 NR per hour

Capacity 90

Public Pool Party: A public pool party occurs during open swim hours, approximately Noon-5:00pm on Saturdays and Sundays, and includes shared use of the leisure pool. The capacity for a public pool party is 25 swimmers.

\$129 R/\$147 NR per hour

For more information or to book an athletic or pool party, please call 847-692-5167 or email rentals@prparks.org.



Add the Party Room to Your Pool Rental!

\$68 R/\$102 NR per hour



BIRTHDAY PARTIES AT BRICKTON ART CENTER

We put the ART in pARTy! Let Brickton Art Center do all the work of providing ARTSY entertainment for your birthday party or private event! Staff will help you settle in, instruct the children while they paint and create, and even assist with clean-up when finished. Recommended for children ages 5 and up. We recommend booking parties 4 to 6 weeks in advance to ensure your preferred time is available.

Party Options:

- 2 Hour Party - includes 75 minutes of instruction by an experienced artist and 45 minutes for refreshments
\$250 for up to 16 kids; \$300 for 17-20 kids
- 1.5 Hour Party - includes 60 minutes of instruction by an experienced artist and 30 minutes for refreshments
\$225 for up to 16 kids; \$250 for 17-20 kids

Party Availability:

- Saturday: 1:00pm-3:00pm or 4:00pm-6:00pm
- Sunday: 10:30am-12:30pm, 1:00pm-3:00pm or 4:00pm-6:00pm

*Please inquire if additional weekend or weekday times are available.

Email bricktondirector@gmail.com for more information.

Oakton Sports Complex Birthday Parties

NOTE: ATHLETIC & INFLATABLE PARTIES ON THE INDOOR ATHLETIC FIELD ARE ONLY AVAILABLE APRIL - DECEMBER.
For more information or to book a party at Oakton Sports Complex, please call 847-692-3359 or email osc@prparks.org.

ATHLETIC PARTIES AT THE OAKTON INDOOR ATHLETIC FIELD

Sports Themed Party Ages 3 & Up

If your child loves sports, this is the perfect birthday party! Hot Shots Sports coaches lead guests in sports such as basketball, soccer, flag football, dodgeball, camp games, and more! Birthday host may select up to three sports to be played within the one-hour party. Coaches bring all equipment and lead all activities for the party. Parents are welcome to join in the fun or sit back and relax!

Mini Ninja Warrior Party Ages 3-7

Leap, hop, skip, run your way through obstacles and put your Ninja skills to the test. This fun movement-based party challenges guests to maneuver over and under objects. Different obstacles may include balance beams, steppingstones, hopscotch rings, hula hoops, balance buckets, scooters, tunnels and more! Coaches build the obstacle course and facilitate challenges and games while maneuvering the obstacles.

Nerf Battle Party Ages 7 & Up

The ultimate party theme for any Nerf gun loving kid! Coaches facilitate different styles of play to ensure everyone is involved and having fun! Game variants offer different levels of play to fit the skill level and interest of the birthday guests. All guns, ammo, and eye protection are provided.

Athletic Party Pricing Options

Your 2-hour party includes:

- Use of 30yd x 30yd indoor athletic field for one hour of the sports party of your choice
- 30 minutes before the end of the sports activity can be used for the set-up of the party room. 30 minutes of cleanup is also included.
- Dedicated party host who will handle all event-day needs
- Option to add outdoor patio space (subject to availability)
- Catering package options available from our concessionaire (not required)

Party Availability: Party availability fluctuates based on facility schedule. Please inquire directly with our front desk for current availability. *Turf parties are available April - December only.*

2-Hour Party	
1 Coach (up to 15 kids)	\$475 R / \$575 NR
2 Coaches (16-25 kids)	\$575 R / \$675 NR
3 Coaches (26-35 kids)	\$675 R / \$775 NR

Add-On a Bounce House!

Add a Bounce House for an additional fee (field space availability applies). Staff will direct you to the preferred vendor.

SKATING PARTIES AT THE OAKTON ICE ARENA

Ice Skating Party Package All Ages

Host an ice skating party at the new Oakton Sports Complex! Parties include time on the ice and space in our multipurpose room for your guests to enjoy refreshments.

Your 2-hour party includes:

- Exclusive use of the studio rink and multipurpose room for the duration of your 2-hour party
- 30 minutes before and after party time for set-up and clean-up
- Skate rental
- Dedicated party host who will handle all event-day needs
- Skate Aids available for new skaters
- Option to add a skating instructor for \$50
- Option to add outdoor patio space (subject to availability)
- Catering package options available from our concessionaire (not required)

Party Availability: Parties are typically held on Saturdays and Sundays from 1:00pm-3:00pm and 3:30pm-5:30pm. Additional times may be available upon request, depending on facility schedule.

Fee: \$345 R / \$395 NR

Up to 25 skaters and 60 total guests (\$5 each additional skater)

INFLATABLE PARTIES AT THE OAKTON SPORTS COMPLEX

Ages 2-5

Our inflatable play area parties offer safe, active fun for children ages 2-5. This is an engaging activity built for physical coordination and fun! Renters must obtain their own inflatable at a separate cost; staff will direct you to the preferred vendor.

Your 2-hour party includes:

- Use of 30yd x 30yd indoor athletic field and multipurpose room for the duration of your 2-hour party
- 30 minutes before and after party time for set-up and clean-up
- Dedicated party host who will handle all event-day needs
- Option to add outdoor patio space (subject to availability)
- Catering package available from our concessionaire (not required)

Party Availability: Party availability fluctuates based on facility schedule. Please inquire directly with our front desk for current availability. *Inflatable parties are available April - December only.*

Fee: \$325 R / \$425 NR





HOST YOUR NEXT GATHERING AT THE PARK DISTRICT!

The Park District offers rental rooms suitable for a meeting, birthday party, family reunion, baby or bridal showers, a company basketball game, or any group function. Please note that additional liquor permit, event insurance, and fee is required for providing or serving alcohol.

Our facility staff is here to assist you with personalized service in order to find what will work best for you. Fees vary based on the facility, room size, and individual group needs.



Facility Rental Rates All rates are per hour.

SMALL FACILITIES (Classroom size)	Capacity	R/NR
Centennial Activity Center (Activity Rooms 2 & 4)	15	\$34/\$51
Centennial Fitness Center (Multi-Purpose Room)	50	\$68/\$102
Maine Park	40	\$34/\$51
Oakton Sports Complex (Olympic Room)	60	\$55/\$82
Oakton Sports Complex (Multipurpose Rooms A, B)	60	\$55/\$82
Prospect Park (Paula Hassell O'Connor Community Building – Rooms A,B)	40	\$55/\$82

LARGE FACILITIES	Capacity	R/NR
Centennial Activity Center (Multipurpose Room)	140	\$99/\$149
Oakton Sports Complex (Multipurpose Full Room)	120	\$99/\$149
Prospect Park (Paula Hassell O'Connor Community Building – Full Room)	120	\$99/\$149
South Park (Main Room)	130	\$99/\$149

INDOOR POOL	Capacity	R/NR
Centennial Indoor Pool	162	\$181/\$258

GYMNASIUM	Capacity	R/NR
Centennial Fitness Center (Full Gym, 2 full courts)	300	\$175/\$258
Centennial Fitness Center (1/2 Gym, 1 full court)	150	\$88/\$132
Maine Park	75	\$56/\$84

For more information or to schedule a tour:

Centennial Activity Center: 847-692-3597
 Centennial Fitness Center: 847-692-5167
 Maine Park, South Park, Prospect Park: 847-692-5127
 Oakton Sports Complex: 847-692-3359

Click here to learn more about our facility rentals, or call one of our friendly party specialists to book your private event today!



CELEBRATE IN THE GREAT OUTDOORS!

PICNIC & PAVILION RENTALS

Picnic areas and pavilions are available for rent throughout the Park District. Some rentals may require a permit. Fees are based on location and residency. Call the Maine Park front desk at 847-692-5127 for details.

PICNIC LOCATION

	Resident (25+ group)	Non-Resident (any size group)
Prospect Park (50 guest max)	\$19/5 hr.	\$120/5 hr.
Northwest Park (200 guest max)	\$19/5 hr.	\$120/5 hr.

Stationary charcoal grills are available.

PAVILION LOCATION

	Resident	Non-Resident
Centennial Park Pavilion (50 guest max)	\$62/4 hr.	\$124/4 hr.
Hinkley Park Pavilion (50 guest max)	\$62/4 hr.	\$124/4 hr.
Maine Park Pavilion (50 guest max)	\$62/4 hr.	\$124/4 hr.
Prospect Park Pavilion (30 guest max)	\$62/4 hr.	\$124/4 hr.
South Park Pavilion (30 guest max)	\$62/4 hr.	\$124/4 hr.
Wildwood Nature Center Pavilion (65 guest max)	\$80/4 hr.	\$160/4 hr.
Woodland Park Pavilion (50 guest max)	\$62/4 hr.	\$124/4 hr.

PAVILION ADD-ONS

Wildwood Pavilion Wood-Burning Fireplace Purchase firewood to use in the wood-burning fireplace for an additional fee of \$29.

Woodland Park Sports Equipment For an additional fee you can rent a sports equipment kit that includes a ping pong set, bags set, and pickleball set.

About Your Outdoor Rental

- Pavilion Rental time options: 11:00am-3:00pm or 4:00pm-8:00pm
- Picnic Rental time options: 9:00am-2:00pm or 3:00pm-8:00pm
- Portable gas grills are allowed at Hinkley, Maine, Prospect, Wildwood, and Woodland Park Pavilions. Stationary charcoal grills are provided at Centennial Park, Northwest Park, and Prospect Park picnic areas.

PROSPECT PARK PERFORMING ARTS AREA

Complete a Special Event Application to rent this outdoor space.

\$100 R/\$200 NR (for a 4 hr time block)

Contact Debbie Majchszak at 847-692-3247 for more information or submit a [Special Event Permit Application](#).



Professional Photos

Permits are required to take professional photos on Park District property. The cost of this permit is \$100 per year.

To begin the permit process, call 847-692-5127 or fill out a [Facility/Park Rental Application](#).



Click here to learn more about our park rentals, or call 847-692-5127 book your outdoor rental today!



Ride a Swan Around Lake Opeka!

Boating on the lake is not just fun, it's great exercise, too. Our Paddle Boats, Swan Boats and Kayaks are perfect for taking a relaxing cruise with a friend or the whole family. Close to home, boating makes a unique addition to a lovely afternoon at Lake Park. See the crew in the Clubhouse. They'll set you on the right course.

Lake Park Golf Course is a sporty 18-hole, par-3 with beautiful greens and strategically placed bunkers, set around the lake that doubles as a hazard. It's fun and playable for all ages, with an excellent course design that will challenge even experienced golfers as they sharpen their chip shots and fine-tune their putting. Appreciation Days provide special \$13 rounds, and you can save even more with an affordable Lake Park Golf Annual Membership. Enjoy lunch and your favorite beverage on the patio overlooking Lake Opeka.

Foot Golf continues to be extremely popular with all ages. You can play a full 18-holes at Lake Park any time, any day. Bring your own soccer balls or rent ours and enjoy an exciting game that's fun for the whole family!

**FREE
HALF HOUR
BOATING**

Monday–Friday

With purchase of a
half-hour rental.

Not valid with any other
offer or specials.

Valid in 2026.

SHOW IT ON YOUR PHONE.



Golf • Paddle Boats • Kayaks • Fishing • Sailing

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**SAVE \$3
ON A ROUND
GOLF OR FOOT GOLF**

Any day, any time,
with this coupon.

Not valid with any
other offer or specials.

Valid in 2026.

SHOW IT ON YOUR PHONE.

Through a reciprocal agreement with the Des Plaines Park District, all Park Ridge Park District residents qualify for resident rates at the Lake Park Golf Course and Marina. Just show your ID.



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Spring 2026

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Dance Classes

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Kitty-Orca Music & Piano

New Saturday Options!

Ages 6 months-4 years with Adult

BP

Sing, dance and make music together! In Kitty-Orca music classes, children and caregivers joyfully sing along to guitar and ukulele, mixing beloved classics with fresh new songs. Kids explore music through rhythm sticks, shakers, scarves, jingles, triangles and more. These classes are so much more than entertainment! Through playful, hands-on music making, children naturally build essential early childhood skills like rhythm, pitch, listening, turn taking, language development, ensemble skills, and both fine and gross motor coordination. All of this lays a joyful foundation for a lifetime love of music and learning! Every class is packed with surprises kids adore, including puppets, parachute play, and of course, bubbles! Visit the [Kitty-Orca website](#) to find out more about how early childhood music helps children grow.



Each child present over 6 months must be registered. Bringing siblings? We recommend registering all siblings for the older class. Make-ups offered for missed classes! No class Apr 11, 18, May 25. **MPLC**

Kitty Music Ages 6-16 months

Activity	Day	Date	Time	R/NR
2130137-05	M	Mar 30-May 18	11:15am-Noon	\$147/\$224
2130137-06	W	Apr 1-May 27	9:15am-10:00am	\$165/\$251
2130137-07	Th	Apr 2-May 28	11:15am-Noon	\$165/\$251
2130137-08	Sa	Apr 4-May 30	11:15am-Noon	\$147/\$224

Tots & Tunes Ages 12-30 months

Activity	Day	Date	Time	R/NR
2130147-05	M	Mar 30-May 18	10:15am-11:00am	\$147/\$224
2130147-06	W	Apr 1-May 27	10:15am-11:00am	\$165/\$251
2130147-07	Th	Apr 2-May 28	9:15am-10:00am	\$165/\$251
2130147-08	Sa	Apr 4-May 30	10:15am-11:00am	\$147/\$224

Orca Songs Ages 30-48 months

Activity	Day	Date	Time	R/NR
2130157-05	M	Mar 30-May 18	9:15am-10:00am	\$147/\$224
2130157-06	W	Apr 1-May 27	11:15am-Noon	\$165/\$251
2130157-07	Th	Apr 2-May 28	10:15am-11:00am	\$165/\$251
2130157-08	Sa	Apr 4-May 30	9:15am-10:00am	\$147/\$224

Drop-In

Ages 16-26 months with Adult

BP

Play in the gym! This pay-as-you-go class has a bounce house, ride on toys, push toys, and balls. Parents are responsible for their children. No class Apr 3. **MPLC**

Day	Date	Time	R/NR
F	Apr 10-May 15	9:15am-10:45am	\$5/\$8

Drop-In Punch Card: Save time and money on your Daily Drop-In! Purchase a punch card and receive 7 classes for the price of 6!

Activity	Fee
2130100-01	\$30

Toddler Time

Ages 12-24 months with Adult

BP

Music, friends, and fun! Have a blast while climbing through tunnels, playing with bean bags, balls, parachutes, and so much more! Meet new friends and join us for this chill morning playgroup with your toddler. Class ends with a short circle time full of songs and stories. **MPLC**

Activity	Day	Date	Time	R/NR
2130107-01	M	Mar 30-May 11	9:15am-10:15am	\$81/\$125

Wild Ones

Ages 1-2 years with Adult

JC

Spark the natural curiosity in your "Wild One" as we take in the beauty of the natural world. Discover water, frogs, worms, and other spring surprises with a visit to the animal room, stories, songs, themed activities, and nature walks. Dress for a mess. **WPC**

Activity	Day	Date	Time	R/NR
2160101-01	M	Apr 6-May 4	9:00am-10:00am	\$65/\$99
2160101-02	M	Apr 6-May 4	10:30am-11:30am	\$65/\$99
2160101-03	M	Apr 6-May 4	4:00pm-5:00pm	\$65/\$99
2160101-05	Tu	Apr 7-May 5	9:30am-10:30am	\$65/\$99

Mini Gym

Ages 16-24 months with Adult

BP

Come for an energetic morning in the gym! This interactive program includes circle time, free play, rhythm instruments, and bubbles! Your child learns and grows through songs and visual stimulation. All children attending class must be registered. **MPLC**

Activity	Day	Date	Time	R/NR
2130109-02	W	Apr 1-May 13	9:00am-10:00am	\$97/\$148
2130109-03	W	Apr 1-May 13	10:15am-11:15am	\$97/\$148

Jr. Gym

Ages 24-36 months with Adult

BP

Children play, do crafts, sing songs, and participate in our circle time. All children attending class must be registered. **MPLC**

Activity	Day	Date	Time	R/NR
2130123-01	Th	Apr 2-May 14	9:00am-10:00am	\$97/\$148

Swamp Snoopers

Ages 2-3 with Adult

JC

Snoop around Wildwood in search of swampy creatures. Visit our animal friends, learn about the creature of the day, make a craft, read a story featuring our swamp critter, enjoy hands on activities, and explore on a nature walk each week. *No class Apr 18.* **WPC**

Activity	Day	Date	Time	R/NR
2160103-01	Th	Apr 9-May 7	9:30am-10:30am	\$65/\$99
2160103-02	Th	Apr 9-May 7	4:30pm-5:30pm	\$65/\$99
2160103-03	F	Apr 10-May 8	9:00am-10:00am	\$65/\$99
2160103-04	F	Apr 10-May 8	10:30am-11:30am	\$65/\$99

Growing Up!

Ages 2-3 with Adult

BP

Growing up can be hard to do. Watch your child flourish into a pre-schooler while you join them for this transitional class that helps both grown-ups and toddlers ease the anxieties of independence. Our teacher provides a nurturing environment filled with play-based learning and social development. Be part of the next step and watch your child grow and develop some independent skills. Children learn how to follow teacher instruction and a class structure by playing with friends, doing crafts, and participating in a circle time, all with their grown up right alongside them. By the end of the session, your child will be participating with their friends independently and be on their way to preschool! **MPLC**

Activity	Day	Date	Time	R/NR
2130112-01	Tu	Mar 31-May 12	9:30am-10:30am	\$81/\$125

Wee Chefs

Ages 2-3 with Adult

BP

Slice, dice, and chop in this fun interactive class! We provide easy, age-appropriate instruction in basic cooking combined with skill development in measuring, mixing, pouring, nutrition, safety, and following directions. Enjoy a new delicious creation each week. All children attending class must be registered. Please, only one adult in attendance per child. **MPLC**

Activity	Day	Date	Time	R/NR
2130114-04	Th	Apr 2-May 14	9:30am-10:30am	\$150/\$234
2130114-05	Th	Apr 2-May 14	11:15am-12:15pm	\$150/\$234

Kiddie Kreations with Brickton Art Studio

Ages 2-3 with Adult

BP

Draw it, paint it, stick it, and sculpt it. Brickton Art Center provides excellent projects and directions to teach children to discover colors, textures, and other skills in this hands-on art class. Children work on sharing and listening skills as they create beautiful art projects with their special adult, while making friends and trying new things. Fee includes all art supplies used during the class. **MPLC**

Activity	Day	Date	Time	R/NR
2130113-01	Tu	Mar 31-May 12	10:00am-10:45am	\$158/\$241

Baby Rock

Ages 3-12 months with Adult

BP

Wiggle and giggle with Baby Rock! A unique combination of sensory experiences with stimulating music and exercises to help strengthen and stretch your baby. Activities include singalongs, exposure to simple instruments, sensory props, bean bag massages, motion exercises, bubbles, and more! Please bring a blanket or mat and get ready for a rockin' good time with your tiniest dancer! For more information, visit www.rockitkids.com. **MPLC**

Activity	Day	Date	Time	R/NR
2130129-01	F	Apr 10-May 29	12:45pm-1:15pm	\$95/\$146

Tot Rock & Kid Rock

Maracas and clackers and tambourines, too; it's musical fun just for you! Our active, music-based, creative play programs include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills, and more! Structured activities are age-appropriate by class and include use of engaging rhythm instruments, movement props, and sensory materials. Sing, dance, play, learn, and imagine! For more information, visit www.rockitkids.com. **MPLC**

Tot Rock Ages 12-30 months with Adult

BP

Activity	Day	Date	Time	R/NR
2130102-01	F	Apr 10-May 29	9:30am-10:10am	\$106/\$162

Kid Rock I Ages 2-3 with Adult

BP

Activity	Day	Date	Time	R/NR
2130103-01	F	Apr 10-May 29	10:15am-10:55am	\$106/\$162

Baby Sign Language & Early Language

Early communication is so important for you and your little one! Learn what to expect and how to elicit baby's first gestures, signs, and words and start communicating with your little one today. This class is taught by Olivia Hallagan, a pediatric speech-language pathologist who specializes in early language development. Join us in this fun and engaging new class while learning the strategies for language development through play, music, books, and movement. Visit our website at parkridgespeechtherapy.com to find out more about speech and language. **MPLC**

Toddler Talk Ages 12-24 months with Adult

BP

Learn how to help your little one move from gestures and sounds to spoken words and phrases. Engage in language-rich play, music and literacy activities, and practice language enhancing strategies.

Activity	Day	Date	Time	R/NR
2130127-01	F	Apr 10-May 15	9:30am-10:15am	\$111/\$169

Toddler Tales Ages 2-4 with Adult **NEW!**

BP

Join us for a fun and interactive toddler book club with Olivia Hallagan from Park Ridge Speech Therapy! This class focuses on early literacy skills through playful storytelling, songs and activities that support language development. Foster your child's love of books while building the foundation for strong communication and reading skills - perfect for curious minds and growing voices!

Activity	Day	Date	Time	R/NR
2130027-01	F	Apr 10-May 15	10:30am-11:15am	\$111/\$169



Twos on the Move **Two Hour Class!**

Ages 2-3 without Adult

BP

Each week we explore a new fun-filled theme while developing socialization. We also work on our large and fine motor skills with lots of support from our teachers. This program involves both individual play and group interaction and helps your child overcome separation anxiety, learn to play with friends, and start on their road to preschool! Children do not need to be potty trained, but we will call you to change them if they soil their diaper. **No class Apr 3. MPLC**

Activity	Day	Date	Time	R/NR
2130201-01	M	Mar 30-May 11	9:15am-11:15am	\$126/\$192
2130201-02	Tu	Mar 31-May 12	9:15am-11:15am	\$126/\$192
2130201-03	W	Apr 1-May 13	9:15am-11:15am	\$126/\$192
2130201-04	Th	Apr 2-May 14	9:15am-11:15am	\$126/\$192
2130201-05	F	Apr 10-May 15	9:15am-11:15am	\$108/\$166

Toddler Tree School - Fall 2026

Ages 2-3 without Adult (as of Sep 1, 2026)

CR

Does your toddler miss the cutoff for Nature Preschool or Nature Play School? Toddler Tree School is an introductory class for two and three year olds. Tots explore nature, learn, and grow through themed hikes, outdoor exploration, sensory activities, dramatic play, songs, stories, art, and visits to the animal room. Much of this program takes place in our outside classroom space and hiking throughout Wildwood's grounds, with additional exploration inside our classroom in the Wildwood Program Center. Children do not need to be potty trained; staff will reach out if they need to be changed. **No class Nov 24, 26. WPC**

Activity	Day	Date	Time	R/NR
5160215-01	Tu/Th	Sep 8-Dec 17	9:15am-11:15am	\$710/\$870

Nature's Two-riffic

Ages 2-3 without Adult

CR

Find out just how terrific nature is as you prepare for preschool! Discover animals, nature, and seasonal topics through songs, art, activities and games, stories, and short walks at Wildwood. Enjoy the weekly theme with different activities each day. Programming takes place both outside at the Wildwood Nature Center grounds in the outdoor gathering space and hiking, and our indoor classroom. **WPC**

Activity	Day	Date	Time	R/NR
2160212-01	W	Apr 1-May 6	9:30am-11:00am	\$113/\$154
2160212-02	F	Apr 10-May 8	9:30am-11:00am	\$95/\$130

Stepping Stones **Two Hour Class!**

Ages 3-4 without Adult

BP

Did your child miss the cut off for preschool? Then sign up for Stepping Stones! This program provides hands-on activities through art, music, manipulative techniques, and dramatic play to enhance your child's independence through learning in a preschool setting. Children do not need to be potty trained, but we will call you to change them if they soil themselves. **No class May 8. MPLC**

Activity	Day	Date	Time	R/NR
2130202-01	M	Mar 30-May 11	9:15am-11:15am	\$126/\$192
2130202-02	F	Apr 10-May 15	9:15am-11:15am	\$90/\$139

Space Station

Ages 3-4 without Adult

BP

Blast off to outer space in this new science class! Each week we explore different planets and, of course, astronauts and space shuttles. Your child will be over the moon learning, crafting, reading, and pretending to be an astronaut! Get ready for take-off! Children do not need to be potty trained, but we will call you to change them if they soil themselves. **MPLC**

Activity	Day	Date	Time	R/NR
2130227-01	W	Apr 1-May 13	9:00am-10:00am	\$81/\$125

Rising Stars Theater with The Stage School

Ages 3-4 without Adult

BP

Spark your little one's creativity in this intro to musical theatre class. Students explore their imaginations with equal class time devoted to dancing, singing, and acting. Children develop poise, confidence, coordination, as well as motor and language skills through imaginative and creative play. **MPLC**

Activity	Day	Date	Time	R/NR
2130130-11	M	Mar 30-May 11	10:30am-11:15am	\$92/\$142

Don't miss our wide variety of youth athletic programs!

See pages 77-84

Soccer Club

Ages 3-4 without Adult

BP

Kick, dribble and score! Introduce your athlete to the joy of soccer in a fun and supportive environment with Hot Shots Sports. Work on basic gross motor skills while participating in teamwork exercises, drills, and following directions. **MPLC**

Activity	Day	Date	Time	R/NR
2130146-01	Tu	Mar 31-May 12	10:30am-11:15am	\$109/\$169
2130146-11	Tu	Mar 31-May 12	12:45pm-1:30pm	\$109/\$169

All Star Sports

Ages 3-4 without Adult

BP

Does your child need to burn off some energy? This class is great for little ones who love to run! Play structured games and learn to work together as a team while acquiring the fundamentals of some popular sports. Ready, set, go! **MPLC**

Activity	Day	Date	Time	R/NR
2130136-01	M	Mar 30-May 11	10:30am-11:15am	\$112/171
2130136-11	M	Mar 30-May 11	12:45pm-1:30pm	\$112/171
2130136-02	W	Apr 1-May 13	10:30am-11:15am	\$112/171
2130136-12	W	Apr 1-May 13	12:45pm-1:30pm	\$112/171

Rock Wall Climbing

Ages 3-4 without Adult

BP

Walls are meant for climbing! Test your strength and adventure in this new class! Hot Shots instructors supervise the children as they climb up and across the rock wall in our gym. All kids must wear gym shoes and bring a bike helmet. No class Apr 3. **MPLC**

Activity	Day	Date	Time	R/NR
2130134-12	F	Apr 10-May 15	12:45pm-1:30pm	\$94/\$146



Little Chefs

Ages 4-6 without Adult

BP

From tacos to cupcakes we are stirring up a recipe for fun! Each week your child helps create a new and original recipe. Here is a chance for your little chef to learn new cooking skills and encourage self-expression, while exploring new foods. Fee includes food supplies needed for recipes, an apron, a cookbook, and tastings! **MPLC**

Activity	Day	Date	Time	R/NR
2130213-01	Th	Apr 2-May 14	1:00pm-2:30pm	\$206/\$297

Reading Rookies

Ages 3-4 without Adult

BP

Give your child the keys to reading success. This enrichment class uses fun themes, multi-sensory instruction, games, crafts, and stories to teach children how to build their letter and sound knowledge. Each weekly lesson focuses on 2-3 letters. The lessons will ignite your child's reading interest, while improving your child's ability to hear, identify and manipulate individual sounds. By the end of the session, your child will have the building blocks to become a successful reader. Reading Rookies is built around multi-sensory lessons, regardless of your child's learning style, your child will thrive, have fun and learn! Learn more at www.readingrookies.com. **MPLC**

Activity	Day	Date	Time	R/NR
2130132-12	W	Apr 1-May 13	10:15am-11:15am	\$148/\$297
2130132-02	W	Apr 1-May 13	12:45pm-1:45pm	\$148/\$297
2130132-11	Th	Apr 2-May 14	10:15am-11:15am	\$148/\$297
2130132-01	Th	Apr 2-May 14	12:45pm-1:45pm	\$148/\$297

Get Out & Explore Nature at Wildwood!

Nature Friends

Ages 3-6 without Adult

CR

Experience the wonders of animals, plants, and the outdoors with fun games, crafts, experiments, and activities. We're all about hands-on learning and discovery, and we venture outside every day. Different topics are covered each season. **WPC**

Activity	Day	Date	Time	R/NR
2160201-03	F	Apr 10-May 1	9:00am-11:30am	\$99/\$125
2160201-04	F	Apr 10-May 1	12:30pm-3:00pm	\$99/\$125

Science Kids

Ages 3-6 without Adult

CR

Experience the wonders of animals, plants, and the outdoors with fun games, crafts, experiments, and activities. We're all about hands-on learning and discovery, and we venture outside every day. Different topics each season. **WPC**

Activity	Day	Date	Time	R/NR
2160202-01	M	Mar 30-May 4	9:00am-11:30am	\$149/\$185
2160202-02	M	Mar 30-May 4	12:30pm-3:00pm	\$149/\$185

Wild Child

Ages 3-6 without Adult

CR

Preschool explorers get ready for outdoor adventure! Wild Child's kid crew creates their own adventures around Wildwood's pond, prairie, and woodland paths, and extends the exploration inside the classroom. **WPC**

Activity	Day	Date	Time	R/NR
2160206-01	W	Apr 1-May 6	12:30pm-3:00pm	\$149/\$185

Mayflies: Wildwood Mini Camp

Ages 3-6

MM

Adventure awaits between the end of school and the start of camp! Join Wildwood Nature Preschool's staff as we explore ponds, prairies, animals, and the amazing natural world at Wildwood. Children must be completely potty trained. No diapers, pull ups, or training pants. To extend your day, please sign up for Mayflies: Lunch Bunch. **MP**

Activity	Day	Date	Time	R/NR
1160361-01	M/W/F	May 11-May 15	9:00am-11:30am	\$79/\$107
1160361-02	M/W/F	May 11-May 15	12:30pm-3:00pm	\$79/\$107
1160361-03	M/W/F	May 18-May 22	9:00am-11:30am	\$79/\$107
1160361-04	M/W/F	May 18-May 22	12:30pm-3:00pm	\$79/\$107
1160361-05	Tu/Th	May 12-May 14	9:00am-11:30am	\$53/\$73
1160361-06	Tu/Th	May 12-May 14	12:30pm-3:00pm	\$53/\$73
1160361-07	Tu/Th	May 19-May 21	9:00am-11:30am	\$53/\$73
1160361-08	Tu/Th	May 19-May 21	12:30pm-3:00pm	\$53/\$73

Mayflies: Lunch Bunch

Ages 3-6

MM

Extend your preschoolers day with Mayflies Lunch Bunch! Bring your peanut/tree nut free lunch then enjoy free play indoors and outdoors after your meal. Children are escorted to and from lunch and Mayflies or MayDay programs by staff. **MP**

Activity	Day	Date	Time	R/NR
1160362-01	M/W/F	May 11-May 15	11:30am-12:30pm	\$31/\$46
1160362-02	M/W/F	May 18-May 22	11:30am-12:30pm	\$31/\$46
1160362-03	Tu/Th	May 12-May 14	11:30am-12:30pm	\$21/\$32
1160362-04	Tu/Th	May 19-May 21	11:30am-12:30pm	\$21/\$32





2701 W. SIBLEY STREET • 847-685-4400

Start your child on the road to a lifelong love of learning.

SUPERVISOR: Brooke Plofsky
ASSISTANT SUPERVISOR: Michele Fata



Our Preschool offers structured, play-based programming for 2, 3, & 4-year-olds.

Our play-based Preschool Program emphasizes socialization and self-expression through an array of creative and fun preschool appropriate activities. Students have fun learning vital social and emotional skills through art, music, manipulatives, and many other hands on activities. Socialization is the main focus for our 2 & 3-year-old program. Our 4-year-old program prepares your little one for kindergarten by introducing academic concepts along with socialization.

Our staff to student ratio is 1:9 in our 3 & 4 year old classrooms (18 students maximum per room) and 1:8 in our 2 year old classroom (16 students maximum per room).

2026-2027 School Year

2 Days/Week \$1,678

3 Days/Week \$2,333

5 Days/Week \$4,010

Fees are subject to change.

Interested families may email Brooke Plofsky, Preschool Director, at bplofsky@prparks.org to receive registration information for Preschool.

Take a Tour

Parents interested in registering your child for our preschool can call Brooke for a tour at 847-685-4400.

We'd be happy to show you around!

Registration Info

Fall 2026 Online Registration

Open Registration: Monday, March 9, 2026 at Noon

General Information

- Some classes may be full due to advanced registration for children currently enrolled in our Preschool Program.
- Birth certificates, current medical report, and up to date immunization records are required for all students before the first day of school.
- Children must be age appropriate by September 1, 2026.
- All children must be completely toilet trained to participate. No pull-ups or diapers.
- A \$100 non-refundable deposit is required at the time of registration.
- Payment plans are available.
- School starts Tuesday, September 8, 2026.



2026 Preschool Programs

2-Year-Old Program

Step right in without Mom or Dad. Develop social skills and grow as an individual in this playful setting. There is something for everyone in this preschool class. Cook in the pretend kitchen, roll the cars and trains, build a tower, and make new friends. Nurturing teachers help your child with craft projects, outdoor adventures on the tot playground, and circle time fun. Little ones practice following simple directions and separation from parents/caregivers. All children must be completely toilet trained.

Activity	Days	Date	Time	Fee
5140101-01	M/W/F AM	Sep 9-May 12	9:00am-11:30am	\$2,333
5140101-02	Tu/Th AM	Sep 8-May 13	9:00am-11:30am	\$1,678

3-Year-Old Program

There's so much to do in so little time! Get an introduction to numbers, letters, shapes, and color recognition. Teachers facilitate everything through fun and games in this play-based classroom. Emphasis is placed on a wide range of child development stages including social-emotional, language, and cognitive, as well as fine and gross motor skills. All children must be completely toilet trained.

Activity	Days	Date	Time	Fee
5140102-03	M/W/F AM	Sep 9-May 12	9:00am-11:30am	\$2,333
5140104-03	M/W/F PM	Sep 9-May 12	12:30pm-3:00pm	\$2,333
5140102-04	Tu/Th AM	Sep 8-May 13	9:00am-11:30am	\$1,678
5140104-04	Tu/Th PM	Sep 8-May 13	12:30pm-3:00pm	\$1,678
5140102-01	M-F AM	Sep 8-May 13	9:00am-11:30am	\$4,010
5140104-05	M-F PM	Sep 8-May 13	12:30pm-3:00pm	\$4,010



4-Year-Old Program

Practice your ABC's and 123's! This class is all about kindergarten readiness, problem solving, and making new friends. Our warm-hearted teachers provide a colorful and stimulating learning environment ready for creative imaginations and discovery. Throughout the year, we continue to work on many important skills including: self-help, social, emotional, gross and fine motor, along with academic skills expected for kindergarten. A Preschool Graduation Ceremony takes place on May 14. Time is TBD.

Activity	Days	Date	Time	Fee
5140103-01	M/W/F AM	Sep 9-May 12	9:00am-11:30am	\$2,333
5140105-01	M/W/F PM	Sep 9-May 12	12:30pm-3:00pm	\$2,333
5140103-09	M-F AM	Sep 8-May 13	9:00am-11:30am	\$4,010
5140105-10	M-F PM	Sep 8-May 13	12:30pm-3:00pm	\$4,010

Extend Your Child's Preschool Day!
2026-27 Full Day Options - Page 64

STEAM School for 4-Year-Olds

Get ready to explore the unknown in this new specialty preschool class incorporating science, technology, engineering, art, and math. Learn to predict, observe, mix, measure, analyze, collect data, estimate, investigate, and most importantly, use your creativity and critical thinking skills. Use science tools like beakers, magnifying glasses, pipettes, microscopes, and more. The power of science is endless! Children must be 4 years old by September 1, 2026.

Activity	Days	Date	Time	Fee
5140106-01	Tu/Th AM	Sep 8-May 13	9:00am-11:30am	\$1,678
5140106-02	Tu/Th PM	Sep 8-May 13	12:30pm-3:00pm	\$1,678



NATURE PRESCHOOL

PARK RIDGE PARK DISTRICT

PRESCHOOL: 2701 W. Sibley St.
PLAYSCHOOL: 529 Forestview Ave.

SUPERVISOR: Molly Kowalski • mkowalski@prparks.org • 224-585-4861
ASSISTANT SUPERVISOR: Maggie Martin • mmartin@prparks.org • 224-585-4862

NATURE PRESCHOOL 2026-2027 SCHOOL YEAR

Ages 3-4 as of September 1, 2026 MK/MM

Wildwood's nature focused program for 3-4 year-olds infuses traditional readiness learning and preschool activities with an emphasis on the natural world and daily outdoor discovery. The curriculum incorporates the Illinois Early Learning and Development Standards. In addition to their ABC's and 123's, children hike the trails around the pond, prairie, and woodland, draw in their journals, turn over logs to look for insects and worms, and get to know the animals at Wildwood all while developing lifelong learning skills. All children must be completely toilet trained to participate. **MPLC**

Activity	Day	Date	Time	R/NR
5160320-01	M/W/F AM	Sep 9-May 12	9:00am-11:30am	\$2,280/\$2,855
5160320-02	M/W/F PM	Sep 9-May 12	12:30pm-3:00pm	\$2,280/\$2,855
5160330-01	Tu/Th AM	Sep 8-May 13	9:00am-11:30am	\$1,626/\$2,036
5160330-02	Tu/Th PM	Sep 8-May 13	12:30pm-3:00pm	\$1,626/\$2,036
5160352-01	M-F AM	Sep 8-May 13	9:00am-11:30am	\$3,880/\$4,852

*Monthly payments are based on the program fee, less the \$100 deposit, with monthly billing cycle of 8 payments (Aug 15-April 15). A non-refundable \$100 deposit is required for registration.

NATURE PLAYSCHOOL FALL 2026 (16 weeks)

Ages 3-4 as of September 1, 2026 MK

Hike the trails around the pond, prairie, and woodland, draw in their journals, turn over logs to look for insects and worms, and get to know the animals at Wildwood all while developing lifelong learning skills. Nature PlaySchool is the sister program to Nature Preschool with one day options. This program follows the same themes, daily schedule, and also rotates curriculum. All children must be completely toilet trained to participate.

Activity	Day	Date	Time	R/NR
5160310-01	Tu AM	Sep 8-Dec 15	9:00am-11:30am	\$367/\$464
5160310-02	W AM	Sep 9-Dec 16	9:00am-11:30am	\$367/\$464
5160310-03	Th AM	Sep 10-Dec 17	9:00am-11:30am	\$367/\$464

*Playschool is charged by semester billed in 4 payments from August to November. A non-refundable \$50 deposit is required for registration.

Nature Preschool & PlaySchool fees are subject to change.



Nature Preschool & PlaySchool Philosophy

Wildwood's nature-based Preschool and PlaySchool provides children with special opportunities to learn about themselves and the world around them. By connecting young children with the natural world, we hope to inspire a love of nature, foster environmental awareness, and nurture a caring attitude that will follow them throughout their lives.

We offer experiences that are typically found in a child centered early childhood program with opportunities to:

- Make discoveries and learn through play.
- Make choices and follow their interests.
- Use their senses.
- Work on fine and gross motor skills.
- Express themselves creatively and use language in its many forms.
- Make friends and foster their social emotional development.
- Work on critical thinking and problem-solving skills.
- Explore natural science themes and topics.

Nature-based activities happen both indoors and outdoors, in whole groups, small groups, and individually. Children have daily experiences with plants, animals, and the natural world by hiking, exploring, observing, and experimenting.

Fall 2026 Online Registration:

Open Registration: Monday, March 9, 2026 at Noon

General Information

- Some classes may be full due to advance registration for children currently enrolled in Nature Preschool.
- A \$100 non-refundable deposit for Preschool and a \$50 deposit for PlaySchool is required at the time of registration. Balance is due by August 16, 2026.
- Children must be age appropriate by September 1, 2026.
- All Children must be completely toilet trained to participate. No pull-ups or diapers.
- Start date is Tuesday, September 8, 2026.





2026-27 School Year Full Day Preschool Options

Did you know that the Park Ridge Park District offers TWO amazing preschool programs for your child? Looking to have your child attend school from 9:00am- 3:00pm? We have wonderful options to help build your child's day.

Both programs are housed within the Maine Park campus. Our staff will take your child from class to class ensuring smooth transitions throughout the day. You can choose only traditional play-based programs or only nature-based programs, or do a combination of both.

Full day options are only for students enrolled in 3 and 4-year-old classes in Preschool and all Nature Preschool and Playschool students. Registration for all classes is open now.

3 & 4-Year-Old Full-Day Preschool - Create Your Own Schedule!

Customize your child's schedule to create a full preschool day from 9:00am-3:00pm. You can choose to follow only traditional play-based programs or only nature-based programs, or do a combination of both.

9:00am-11:30am <i>Choose one program from either column below:</i>	
Traditional Preschool Programs: AM Traditional Preschool (Tu/Th, MWF, M-F) STEAM School (4-Year-Olds Only) (Tu/Th)	Nature-Based Preschool Programs: AM Nature Preschool (Tu/Th, MWF, M-F) AM Nature Playschool (Tu, W or Th) Nature Friends (M) Science Kids (F)
11:30am-12:30pm <i>Choose one program from either column below:</i>	
Traditional Preschool Programs: Enrichment Classes <i>Please contact the preschool office for class options.</i> Lunch & Play (Tu, Th)	Nature-Based Preschool Programs: Lunch Bunch (M, Tu, W, Th, F)
12:30pm-3:00pm <i>Choose one program from either column below:</i>	
Traditional Preschool Programs: PM Traditional Preschool (Tu/Th, MWF, M-F) STEAM School (4-Year Olds Only) (Tu/Th)	Nature-Based Preschool Programs: PM Nature Preschool (Tu/Th, MWF) Nature Friends (M) Wild Child (W) Science Kids (F)

Preschool Extended Day Options - Fall 2026

The following options are available to extend your child's preschool day in Fall 2026. These programs are available to both Nature Preschool and Traditional Preschool students.

Science Kids

Ages 3-6

CR

See the world through science goggles! Each session features a different scientific topic, and each week dives deeper into that topic through fun experiments, observations, games, crafts, and outdoor hikes. *No class Nov 27.* **WPC**

Activity	Day	Date	Time	R/NR
5160202-01	F	Sep 11-Dec 18	9:00am-11:30am	\$355/\$437
5160202-02	F	Sep 11-Dec 18	12:30pm-3:00pm	\$355/\$437

Wild Child

Ages 3-6

CR

Preschool explorers get ready for outdoor adventure! Wild Child's kid crew creates their own adventures around Wildwood's pond, prairie, and woodland paths, and extends the exploration inside the classroom. *No class Nov 25.* **WPC**

Activity	Day	Date	Time	R/NR
5160206-01	W	Sep 9-Dec 16	12:30pm-3:00pm	\$355/\$437

Nature Friends

Ages 3-6

CR

Experience the wonders of animals, plants, and the outdoors with fun games, crafts, experiments, and activities. We are all about hands-on learning and discovery and venture outside for nature hikes. *No class Oct 12, Nov 23.* **WPC**

Activity	Day	Date	Time	R/NR
5160201-01	M	Sep 14-Dec 14	9:00am-11:30am	\$305/\$376
5160201-11	M	Sep 14-Dec 14	12:30pm-3:00pm	\$305/\$376



Fall 2026 Open Registration

Registration for the Preschool Extended Day Options listed on this page begins on **Monday, March 9, 2026 at Noon (online or in-person)**



Lunch Bunch

Ages 3-4 as of September 1, 2026

MK

Extend your Preschool or PlaySchool day at Lunch Bunch. Bring your lunch then enjoy free play indoors and outdoors after your meal. Children are escorted to and from lunch and the Nature Preschool, Nature PlaySchool, Maine Park Preschool, and Wildwood Early Childhood programs by staff. *No class on days that Preschool or Playschool are not in session.* **MPLC**

Activity	Day	Date	Time	R/NR
5160340-01	M	Sep 14-Dec 14	11:30am-12:30pm	\$125/\$172
5160340-02	Tu	Sep 8-Dec 15	11:30am-12:30pm	\$145/\$200
5160340-03	W	Sep 9-Dec 16	11:30am-12:30pm	\$145/\$200
5160340-04	Th	Sep 10-Dec 17	11:30am-12:30pm	\$145/\$200
5160340-05	F	Sep 11-Dec 18	11:30am-12:30pm	\$145/\$200

Lunch and Play

Ages 3-4 as of September 1, 2026

BP

Munch and crunch your lunch in the Ridge Room with us. After you finish eating, relax and play in our room until it's time to go to your next class. Teachers escort children to their afternoon program. This class is for children in our 3 and 4-year-old preschool classrooms. *No class Nov 24, 26.* **MPLC**

Activity	Day	Date	Time	R/NR
5140343-12	Tu	Sep 8-Dec 15	11:30am-12:30pm	\$155/\$236
5140343-14	Th	Sep 10-Dec 17	11:30am-12:30pm	\$155/\$236

THEATER CLASSES



Creative Drama

Ages 5-8

MS

Give your child's imagination a boost! Students learn the fundamentals of acting through engaging games, imaginative play, and storytelling. Your child develops core skills such as speaking clearly in front of an audience, vocal projection, using their imagination on stage, concentration, and teamwork. Students perform a showcase of their work on the last day of class. **CAC**

Activity	Day	Date	Time	Fee
2180101-01	M	Mar 30-May 18	4:00pm-5:00pm	\$161

Musical Theatre Dance

Ages 5-8

MS

Students work on a variety of dance styles used in musical theatre, including modern, jazz, hip hop, ballet, and folk! We learn choreography from a variety of classic and contemporary Broadway musicals and present a showcase of our work on the last day of the session. **CAC**

Activity	Day	Date	Time	R/NR
2180104-01	W	Apr 1-May 20	4:00pm-5:00pm	\$161

Musical Theatre Singing

Ages 5-14

MS

Students work with a professional voice instructor to fine tune their singing skills. We work on a variety of musical theatre vocal styles, from classic to contemporary. Improve pitch, rhythm, and vocal range through group exercises. There is a showcase on the last day of the session. **CAC**

Activity	Age	Day	Date	Time	R/NR
2180103-01	5-8	Tu	Mar 31-May 19	4:00pm-5:00pm	\$161
2180103-02	9-14	Tu	Mar 31-May 19	5:15pm-6:15pm	\$161



Sketch Comedy and Improvisation

Ages 9-14

MS

Learn the art of Sketch Comedy and Improv! Work with a professional teaching artist to develop and rehearse a combination of classic and original sketch comedy pieces. Students dive into the art of improv through games, scene work, and improvisational exercises. Fun and hilarity certainly ensue! There is a showcase on the last day of the session. **CAC**

Activity	Day	Date	Time	R/NR
2180102-01	M	Mar 30-May 18	5:15pm-6:15pm	\$161

Broadway Workshop

Ages 9-14

MS

Broadway Workshop is the perfect class for both beginners looking to gain a solid introduction into the world of musical theater performance, and advanced students ready to refine their skills. Beginners gain foundational knowledge in acting, singing, and dancing, building confidence while exploring scenes and songs from popular musicals. Experienced students have the opportunity to work on more challenging material, refining their technique and pushing their abilities to the next level. Regardless of experience, all students benefit from a supportive environment and a final showcase where they can demonstrate their growth and passion for musical theater. **CAC**

Activity	Day	Date	Time	Fee
2180105-01	W	Apr 1-May 20	5:15pm-6:15pm	\$161

Youth Programs

YOUTH ENRICHMENT CLASSES

Glitzy Girlz Mother's Day: Making Memories for Mom Night

Ages 3-11 with Adult MO

Join Glitzy Girlz (www.glitzygirlz.com) on a date for some special memories for Mom. Whether its a adult coming with a child to make gifts for Mother's Day or a mom spending a evening with that special child(ren) in the month of May, it's a moms celebration! Each couple makes three surprises: a ceramic, wooden, and beaded item with Mom accents and charms. A special gift wrapping/bags station conceals any surprises to take home and save for Mother's Day. This class is always a cherished time each May! Fee is per COUPLE. **MPLC**

Activity	Day	Date	Time	R/NR
2110803-01	Th	May 7	6:00pm-7:00pm	\$35/\$49 couple
2110803-02	Th	May 7	6:00pm-7:00pm	\$31/\$44 additional child

Cooking with Sticky Fingers

Ages 5-10 MO

Your kids can have a blast every week discovering how easy and fun it is to cook and gobble up tasty, healthy, American classics and globally-inspired Sticky Fingers Cooking recipes! Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes and master culinary skills that kids can put to use in their family kitchens while nourishing their bodies and minds. We provide all of the tools, ingredients, and instruction needed to cook up a fun, delicious, and incredibly healthy after-school snack each week. This program can accommodate food allergies. **MPLC**

Activity	Day	Date	Time	R/NR
2110830-01	W	Mar 18-May 13	4:00pm-5:00pm	\$301/\$355

TECHNOLOGY CLASSES

Computer Explorers: Video Game Lab

Ages 7-12 MO

This class focuses on teaching the FUNdamentals of engineering as students use LEGO simple and motorized machine kits. Each session builds upon the students' skill level as they learn about levers, wheels/axles, and gears. Projects could include building: drawbridges, cars, amusement park rides, cranes, catapults, and much more! Join the fun while you explore engineering concepts that you can use at home for your own projects. **MPLC**

Activity	Day	Date	Time	R/NR
2110404-05	Th	Apr 30-May 21	5:45pm-7:00pm	\$90/\$130

NATURE CLASSES

Adventure Club

Ages 6-11 CR

Calling together the Adventure Club - join Wildwood's naturalists for weekly outdoor excursions. Explore the prairie looking for creatures big and small, grab a net to find bugs in the long grass or in the water, hike the Des Plaines River Trail, and discover nature through experiments, projects, and exploration. Class takes place mainly outdoors, and ventures inside in inclement weather. Please pack a water bottle and dress to be comfortable outdoors. **WPC**

Activity	Day	Date	Time	Fee
2160418-05	W	Apr 1-May 6	3:30pm-5:00pm	\$86

UpCycled Art

Ages 6-11 CR

Recycle and re-purpose everyday items like tank tops, bottle tops, kitchen tiles, and pop tops, and turn them into one-of-a-kind works of art! **WPC**

Activity	Day	Date	Time	R/NR
2160430-01	Th	Apr 9-Apr 23	4:00pm-5:30pm	\$44/\$61

Rangers in Training

Ages 10-14 JC

Interested in being a ranger at Wildwood? Get a hands-on taste of what it's like to be a Wildwood ranger. Learn how to clean, feed, and care for the animals during this fun training session. **WNC**

Activity	Day	Date	Time	R/NR
2160407-01	M	Apr 6-May 11	4:00pm-5:00pm	\$78/\$120
2160407-02	F	Apr 10-May 15	4:00pm-5:00pm	\$78/\$120



Teen Programs



CLASSES & TRIPS

Spring Break Skateboard Camp

Ages 7-12

MS

This camp is for beginner and intermediate skaters. Beginners learn how to start, stop, turn, basic ramp riding, and tricks; intermediate skaters learn skills based on ability. Skaters must bring a drink and wear a helmet. Knee, elbow, and wrist guards encouraged. No board? No problem! We can lend you one for class. Email sk8lessonschicago@gmail.com if you would like to use one. **HP/sp**

Activity	Day	Date	Time	R/NR
1110119-01	M-F	Mar 23-Mar 27	9:30am-Noon	\$300

Skateboard Lessons

Ages 5-13

MS

This class is for beginner and intermediate skaters. Beginners learn how to start, stop, turn, basic ramp riding, and tricks; intermediate skaters learn skills based on ability. Skaters must bring a drink and wear a helmet. Knee, elbow, and wrist guards encouraged. No board? No problem! We can lend you one for class. Email sk8lessonschicago@gmail.com if you would like to use one. **HP/sp**

Activity	Age	Day	Date	Time	R/NR
1110120-01	5-7	Sa	Apr 4-Apr 25	12:30pm-1:30pm	\$143
1110120-03	5-7	Sa	May 2-May 23	12:30pm-1:30pm	\$143
1110120-02	8-13	Sa	Apr 4-Apr 25	1:30pm-3:00pm	\$215
1110120-04	8-13	Sa	May 2-May 23	1:30pm-3:00pm	\$215

Safe@Home Training

Ages 10-12

MS

Our 90-minute Safe@Home class, sponsored by Safe Sitter®, is sure to get your teen on the right track to be prepared for the responsibility of staying home alone. Through games and activities this program provides information and skills practice related to important safety training including how to practice safe habits, navigate common household emergencies, and how to prevent and address illness and injury. Program includes a manual. Cancellations are no longer permitted 1 week prior to class. **MPLC**

Activity	Day	Date	Time	Fee
2110118-01	Tu	Mar 31	4:30pm-6:00pm	\$69
2110118-02	Tu	Apr 14	4:30pm-6:00pm	\$69

Babysitting Class

Ages 10-15

MS

Sponsored by Safe Sitter®, this comprehensive class gets your teen on the right track to become a babysitter. Participants learn how to care for a choking infant or child, basic first aid, personal safety, injury prevention, child care, how to prevent problem behavior, behavior management, ethics, and babysitting as a business. Program includes the cost of a Certified Safe Sitter Instructor, a manual, and completion card. Attendance to BOTH days is required. Participants should bring lunch and something to drink. Optional: bring your own baby-sized doll. Cancellations are no longer permitted 1 week prior to class. **MPLC**

Activity	Day	Date	Time	Fee
2110115-01	F	Apr 3-Apr 10	4:00pm-7:00pm	\$199

Mini Golf & Go-Karting Teen Trip

Ages 11-15

MS

Get ready for an action-packed adventure at Enchanted Castle in Lombard! Tee off on a vibrant, epic indoor mini golf course filled with fun twists and challenges, then shift into high gear on a high-adrenaline indoor go-kart racetrack. This trip is the perfect mix of friendly competition, nonstop excitement, and unforgettable memories with friends. Please be sure to bring some cash, as participants may wish to purchase food from the concession stand or enjoy the arcade games available. **Departs from MPLC**

Activity	Day	Date	Time	R/NR
2110214-01	Sa	May 16	10:00am-1:00pm	\$35

Teen night on the ice

Ages 11-14

MS

We're taking over Oakton Ice Arena for an exclusive teen-only skate night. No skates? No worries, we've got you covered with rentals included. The rink is all yours, so come chill, vibe to music, and make memories on the ice. The concession stands is available for snacks and drinks, so remember to bring cash with you. If you have any questions regarding the teen night on the ice, please email Mat Skorupski at matskorupski@prparks.org **OAK**

Activity	Day	Date	Time	R/NR
2110212-01	F	Apr 10	5:00pm-7:00pm	\$16

middle school night at the pool

Ages 11-14

MS

Middle Schoolers, grab your swimsuit, towel, and friends and head over to the Centennial Fitness Center for a private pool party! Pre-registration is required and no at-the-door registration will be accepted. **CFC/p**

Activity	Day	Date	Time	R/NR
2110314-02	F	Apr 24	7:00pm-8:30pm	\$8

Adult Programs

Intermediate Sewing

Ages 18 & Up

EG

Gwen Jaeger takes you a step further with your sewing skills and hones in on specific projects. Please note, this is a post class to Beginner Sewing or for already experienced sewers. A sewing machine is required for the class. This is a contracted class. **CAC**

Activity	Day	Date	Time	Fee
2230527-01	M	Apr 6-Apr 27	6:30pm-8:30pm	\$40
2230527-02	M	May 4-June 1	6:30pm-8:30pm	\$50

Flower Arranging with Garvin Gardens

Ages 18 & Up

EG

Welcome the beauty of springtime with a hands-on Easter floral arrangement class, guided by Peggy Garvin, owner of Garvin Gardens. Create a stunning centerpiece featuring the season's most beloved flowers, and learn techniques for processing flowers, mixing colors, and arranging a lush, balanced design to bring the joy of Easter to your home. All fresh flowers, materials, container, and instruction are included. **Registration deadline: March 20. SP**

Activity	Day	Date	Time	Fee
2230528-01	F	Apr 3	1:00pm-2:00pm	\$45

Wind Chimes

Ages 18 & Up

EG

Enjoy a calm, creative afternoon designing and assembling your own wind chime. Select your favorite colors and materials to craft a charming, musical piece for your home or garden. Perfect for beginners—no experience needed, and all supplies are provided. Instructor: Robin Moss. This is a contracted class. **CAC**

Activity	Day	Date	Time	Fee
2230537-01	M	Apr 20	10:30am-Noon	\$18

Zentangle & Your Mental Health

Ages 18 & Up

EG

Celebrate Mental Health Month with Zentangle! Enjoy a fun and relaxing way to boost creativity and wellbeing while learning new tangles each week. Easy to learn and open to all levels. Participants will receive a Zentangle journal to use in class and keep. Attend one session or all sessions for the price of one. Led by Certified Zentangle Instructor Robin Moss. This is a contracted class. **CAC**

Activity	Day	Date	Time	Fee
2230532-01	M	May 4, 11, 18	10:30am-11:30am	\$18

Memory Wire Bracelets

Ages 18 & Up

EG

Design unique, custom bracelets in this hands-on class! Using memory wire, beads, and charms, you'll make eye-catching bracelets that keep their shape and showcase your personal style. All supplies are provided. Instructor: Robin Moss. This is a contracted class. **CAC**

Activity	Day	Date	Time	Fee
2230569-01	M	Jun 1	10:30am-Noon	\$20



Wine Series

Ages 21 & Up

EG

Join us with Patina Wine Bar to explore wines perfect for spring. Enjoy side-by-side tastings with curated food pairings at each session. Attend one event or join us for all of them. Registration deadline: 1-week prior to event date. This is a contracted class. **CAC**

Spring Awakening

Wines to wake up your palate after winter paired with springtime bites.

Activity	Day	Date	Time	Fee
2230536-01	F	Apr 17	6:00pm-7:30pm	\$40
2230536-02	W	Apr 22	12:30pm-2:00pm	\$40

Sips Around the Mediterranean

Vacation energy without leaving town. Coastal wines with perfectly paired bites.

Activity	Day	Date	Time	Fee
2230536-03	F	May 8	6:00pm-7:30pm	\$40
2230536-04	W	May 27	12:30pm-2:00pm	\$40

Check out our group fitness classes!

See pages 28-30

There's lots more for Active Adults!

See pages 31-41

Canine Programs

Puppy Kindergarten

Ages 12 & Up

SC

Teach your puppy how to socialize with others as well as adjust to a puppy collar, lead, and walk. Puppies learn words and positions of sit, down, stand, and come when called. Basic house control and commands are stressed.

First class is held Wednesday, April 1 at South Park Recreation Center at 7:30pm.

Please do not bring puppies to first meeting. Shot history and proof of negative fecal test within 6 months are required at the first meeting.

Note: Puppies are dogs 8 weeks to 5½ months. Instructor: Gloria Urquhart. **CAC**

Activity	Day	Date	Time	R/NR
2240101-01	W	Apr 1-May 27	7:00pm-7:55pm	\$117/\$126



Dog Obedience

Ages 12 & Up

SC

Learn to enjoy your pet through correct discipline and handling. Dogs learn basic commands and positions of sit, down, stand, come, and heel on a leash. Bad tempered dogs are not accepted.

First meeting of all classes is held on Wednesday, April 1 at South Park Recreation Center at 7:30pm.

Please do not bring dogs to the first meeting. Rabies, shot history, and proof of negative fecal exam within 6 months are required at first meeting. Beginners are dogs that have not had class instruction. Novice dogs are those that have had at least one beginner class at the Park Ridge Park District. **Note:** Dogs must be at least 6 months old.

Instructor: Gloria Urquhart

Location: Centennial Activity Center, 100 S. Western Ave.

Activity	Level	Day	Date	Time	R/NR
2240102-01	Beg	W	Apr 1-Jun 3	8:00pm-8:55pm	\$140/\$150

Instructor: Sheryl Phelps

Location: South Park, 833 Talcott Rd.

Activity	Level	Day	Date	Time	R/NR
2240102-03	Beg	W	Apr 1-Jun 3	7:00pm-7:55pm	\$140/\$150
2240103-01	Nov 1	W	Apr 1-Jun 3	8:00pm-8:55pm	\$140/\$150
2240103-02	Nov 2	W	Apr 1-Jun 3	9:00pm-9:55pm	\$140/\$150



PLEASE NOTE: The dog obedience classes are a series of classes designed to learn commands and obedience training. Dogs must attend and pass at least one of our Beginner Obedience class before proceeding to Novice. We do not specialize in aggression rehabilitation. If you have an aggressive dog, please contact Sarah Chuipek, 847-692-3035 prior to registration.

Indoor Swim Lessons

Park Ridge Park District is an independent authorized provider of Starfish Swimming!

The Starfish Swimming curriculum is designed for students ages 6-months to adult. Benchmarks are established at each stage in the program that combine both swimming and safety skills. Students participate in experiential learning activities that allow them to explore the water in a creative and comfortable environment. Correct swimming techniques are taught from the very beginning, providing an easy transition to swim team.



For more information, please refer to the [Parent's Guide for Starfish Swimming Curriculum](#).

General Lesson Information

- Please read the new class descriptions and sign your child up for the level that most closely matches their ability.
- New students are tested on the first day to ensure they are in a class that best suits their ability level.
- During swim lessons, a pool manager is present to answer any questions. Any other questions regarding swim lessons should be directed to Jenna Jezek at 847-292-8921 or jjezek@prparks.org.
- Due to high enrollment and limited pool space, make-up lessons are not provided.
- We request that participants bring their own towel and goggles.

StarBabies™ & StarTots™

Ages 6 months-3 with Adult

JJ

The purpose of this course is to develop in very young children a high comfort level in the water while at the same time training the adults who accompany them in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence-building, fun, and loving experience. One adult must be in the water with each child. Swim diapers are required. *No class May 10.* **CFC/p**

Activity	Day	Date	Time	R/NR
2210103-01	Tu/Th	Mar 31-Apr 23	5:55pm-6:25pm	\$90/\$143
2210103-02	Tu/Th	Apr 28-May 21	5:55pm-6:25pm	\$90/\$143
2210103-03	Sa	Apr 11-May 16	10:30am-11:00am	\$68/\$108
2210103-04	Sa	Apr 11-May 16	11:10am-11:40am	\$68/\$108
2210103-05	Su	Apr 12-May 17	10:50am-11:20am	\$57/\$91

Starfish Swim School® for Preschoolers

Age 3-5 without parent

JJ

Designed to meet the needs of children ages 3 to 5, this course develops a high comfort level in the water and a readiness to swim, and for those children who are developmentally ready, it teaches functional swim skills. This class approaches teaching swimming through creative, fun activities in the water. Students work toward developing the five competencies and progress toward achieving the benchmarks at their own pace in a small-group setting. **CFC/p**

Activity	Day	Date	Time	R/NR
2210102-01	M/W	Mar 30-Apr 22	4:15pm-4:45pm	\$90/\$143
2210102-02	M/W	Mar 30-Apr 22	4:50pm-5:20pm	\$90/\$143
2210102-03	M/W	Mar 30-Apr 22	5:30pm-6:00pm	\$90/\$143
2210102-04	Tu/Th	Mar 31-Apr 23	4:00pm-4:30pm	\$90/\$143
2210102-05	Tu/Th	Mar 31-Apr 23	4:40pm-5:10pm	\$90/\$143
2210102-06	M/W	Apr 27-May 20	4:15pm-4:45pm	\$90/\$143
2210102-07	M/W	Apr 27-May 20	4:50pm-5:20pm	\$90/\$143
2210102-08	M/W	Apr 27-May 20	5:30pm-6:00pm	\$90/\$143
2210102-09	Tu/Th	Apr 28-May 21	4:00pm-4:30pm	\$90/\$143
2210102-10	Tu/Th	Apr 28-May 21	4:40pm-5:10pm	\$90/\$143
2210102-11	Sa	Apr 11-May 16	9:15am-9:45am	\$68/\$108
2210102-12	Sa	Apr 11-May 16	9:50am-10:20am	\$68/\$108

The Centennial Fitness Center is an Approved Training Center of the Starfish Aquatics Institute, Inc. The Starfish Swimming word mark, Starfish Swim School word mark, and Starlet logo are registered trademarks of the Starfish Aquatics Institute, Inc. The StarBabies, StarTots, Starfish Stroke School, and Starfish Swim Team word marks are trademarks of the Starfish Aquatics Institute, Inc.

Indoor Swim Lessons

Starfish Swim School® for Youth

Ages 5-12

JJ

Students work toward development of the five core swimming competencies using age-appropriate learning activities. Learning is self-paced but challenging. Swimmers who are beginners up to those starting rotary breathing should sign up for Swim School. No class _____. **CFC/p**

Activity	Day	Date	Time	R/NR
2210101-01	M/W	Mar 30-Apr 22	4:50pm-5:25pm	\$94/\$148
2210101-02	Tu/Th	Mar 31-Apr 23	4:00pm-4:35pm	\$94/\$148
2210101-03	Tu/Th	Mar 31-Apr 23	4:40pm-5:15pm	\$94/\$148
2210101-04	M/W	Apr 27-May 20	4:50pm-5:25pm	\$94/\$148
2210101-05	Tu/Th	Apr 28-May 21	4:00pm-4:35pm	\$94/\$148
2210101-06	Tu/Th	Apr 28-May 21	4:40pm-5:15pm	\$94/\$148
2210101-07	Sa	Apr 11-May 16	10:30am-11:05am	\$71/\$112
2210101-08	Sa	Apr 11-May 16	11:15am-11:50am	\$71/\$112

Starfish Stroke School™

Ages 5-14

JJ

This course is for students who have achieved the green Swim School benchmarks. Students refine freestyle and learn stroke technique for backstroke, butterfly, breaststroke, and develop endurance. Swimmers should sign up for Stroke School if they can swim at least half a lap independently with some rotary breathing. No class _____. **CFC/p**

Activity	Day	Date	Time	R/NR
2210105-01	M/W	Mar 30-Apr 22	4:50pm-5:25pm	\$94/\$148
2210105-02	Tu/Th	Mar 31-Apr 23	4:00pm-4:35pm	\$94/\$148
2210105-03	Tu/Th	Mar 31-Apr 23	4:40pm-5:15pm	\$94/\$148
2210105-04	M/W	Apr 27-May 20	4:50pm-5:25pm	\$94/\$148
2210105-05	Tu/Th	Apr 28-May 21	4:00pm-4:35pm	\$94/\$148
2210105-06	Tu/Th	Apr 28-May 21	4:40pm-5:15pm	\$94/\$148
2210105-07	Sa	Apr 11-May 16	10:30am-11:05am	\$71/\$112
2210105-08	Sa	Apr 11-May 16	11:15am-11:50am	\$71/\$112

Private Swim Lessons

Ages 3 & Up

JJ

We offer one-on-one private swim lessons, set to specific times and days of the week. Just pick the one that works for you. No class Apr 19-20, May 10. **CFC/p**

Activity	Day	Date	Time	R/NR
2210107-01	Tu/Th	Mar 31-Apr 23	5:20pm-5:50pm	\$320/\$416
2210107-02	Tu/Th	Mar 31-Apr 23	5:55pm-6:25pm	\$320/\$416
2210107-03	Tu/Th	Mar 31-Apr 23	6:30pm-7:00pm	\$320/\$416
2210107-04	Tu/Th	Apr 28-May 21	5:20pm-5:50pm	\$320/\$416
2210107-05	Tu/Th	Apr 28-May 21	5:55pm-6:25pm	\$320/\$416
2210107-06	Tu/Th	Apr 28-May 21	6:30pm-7:00pm	\$320/\$416
2210107-07	Sa	Apr 11-May 16	9:15am-9:45am	\$240/\$312
2210107-08	Sa	Apr 11-May 16	9:50am-10:20am	\$240/\$312
2210107-09	Su	Apr 12-May 17	9:00am-9:30am	\$200/\$260
2210107-10	Su	Apr 12-May 17	9:35am-10:05am	\$200/\$260
2210107-11	Su	Apr 12-May 17	10:10am-10:40am	\$200/\$260

Riptides Pre-Season

Ages 5-18

JJ



Past and potential Riptides are invited to participate in Riptides Pre-Season. Swimmers are able to meet our coaches before the season starts, refresh and review their skills, and get an idea of what typical practices will be like this summer. As a prerequisite, swimmers must be able to swim at least 25 yards without assistance. Goggles are required, and swim caps are highly encouraged. Swimmers participating in this program are eligible for Riptides pre-registration. **CFC/p**

Activity	Day	Date	Time	R/NR
2210207-01	M/W	Mar 30-May 20	4:00pm-4:45pm	\$182/\$287

Introduction to Water Polo

Ages 3-12

JJ

This program introduces the sport of water polo to children 3-12 years old. Participants must be capable of swimming one length of the pool unassisted and be comfortable in the deep end to participate. Coaches are former Division 1 water polo players who are also parents of young kids. No class May 10. **CFC/p**

Beginners (Kindergarten - Grade 5)

Activity	Day	Date	Time	R/NR
2210407-01	Su	Apr 12-May 17	5:15pm-6:00pm	\$39/\$56

Intermediate (Grades 6-8)

Activity	Day	Date	Time	R/NR
2210407-02	Su	Apr 12-May 17	6:15pm-7:00pm	\$39/\$56

Want to Join our Aquatics Staff?

Start training early as a Junior Lifeguard!

Junior Lifeguard Class Ages 10-14

EW

This program teaches students rescue techniques, pool procedures, CPR, and first aid. The skills learned will stick with students and help them down the line in not just lifeguarding, but real-life scenarios. We strive to develop leadership skills in our junior lifeguards, which is why they receive hands-on experience shadowing a real lifeguard. It is our hope that students transition into lifeguards when they turn 16 years old and practice these skills even more. At the end of the program, junior lifeguards get to participate in the Illinois Park and Recreation Association Lifeguard games. **HP**



Activity	Day	Date	Time	R/NR
2210113-01	M/W/F	Jun 15-Jul 10	9:00am-10:30am	\$110



Music Lessons General Information

We offer a full range of music lessons for all abilities. Our skilled, professional instructors are passionate about staying current with the best teaching practices and passing on the art of music. Learn your instrument in a style that caters to your musical interest and unleashes your creativity! Lessons are open to beginner, intermediate, and advanced students. All books are included. Students must have their own instrument for all classes. Lessons are held Monday through Saturday at varying times. Prior to the start of class, our music instructor will email you to discuss your lesson day and time. All lessons are 30 minutes in length. Make-up classes for all music lessons take place only in the event of Park District cancellations.

Private Piano

Ages 6 & Up

MS

Class consists of instruction to teach basic theory. Each student then has the opportunity to practice their skills. Parents are given a weekly information sheet showing what the student has learned in class and what can be practiced at home. Each student works from a lesson book and a workbook. Necessary materials are included. Lessons are held Monday through Saturday at varying times. Prior to the start of class, an email will be sent to you to discuss lesson day and time. **MPLC**

Activity	Duration	Day	Date	Time	R/NR
2190103-01	30 Min	M-Sa	Apr 6-May 30	3:00pm-9:00pm	\$286/\$432
2190103-10	1 Hour	M-Sa	Apr 6-May 30	3:00pm-9:00pm	\$571/\$863

Private Voice Lessons

Ages 6 & Up

MS

Discover the power of your voice in a focused, encouraging environment tailored to your unique goals and musical style. Our private voice lessons are designed for students of all ages and experience levels who are ready to grow in both technique and confidence. **MPLC**

Activity	Duration	Day	Date	Time	R/NR
2190101-01	30 Min	M-Sa	Apr 6-May 30	3:00pm-9:00pm	\$286/\$432
2190101-10	1 Hour	M-Sa	Apr 6-May 30	3:00pm-9:00pm	\$571/\$863

Private Drums

Ages 6 & Up

MS

Students hear, feel, and play a steady beat while learning the comparatives with fast/slow, high/low, and loud/quiet drumming. Students first learn the basics of timing. Drummers develop coordination and timing through a series of interactive exercises that keep the student involved and actively participating by playing along with the instructor. Necessary materials are included. **MPLC**

Activity	Duration	Day	Date	Time	R/NR
2190104-01	30 Min	W/Sa	Apr 8-May 30	3:00pm-8:30pm	\$286/\$432
2190104-10	1 Hour	W/Sa	Apr 8-May 30	3:00pm-9:00pm	\$571/\$863

Private Ukulele Lessons

Ages 6 & Up

MS

Strum your way into the world of music with fun, engaging, and personalized ukulele lessons! These private sessions are perfect for beginners or intermediate players looking to grow their skills and confidence with this cheerful, versatile instrument. **MPLC**

Activity	Duration	Day	Date	Time	R/NR
2190105-01	30 Min	M-Sa	Apr 6-May 30	3:00pm-9:00pm	\$286/\$432
2190105-10	1 Hour	M-Sa	Apr 6-May 30	3:00pm-9:00pm	\$571/\$863

Parent/Child Lesson

Ages 4-6 with Adult

MS

Learn an instrument along with your child! This class is for parents and children to learn piano, violin/viola, or drums together. No prior knowledge required. Necessary materials are included. **MPLC**

Activity	Duration	Day	Date	Time	R/NR
2190107-01	30 Min	M-Sa	Apr 6-May 30	3:00pm-9:00pm	\$286/\$432
2190107-02	1 Hour	M-Sa	Apr 6-May 30	3:00pm-9:00pm	\$571/\$863

Non-Recital Dance

Adult/Tot Predance

Ages 18m-3 with Adult

MS

Predance is an excellent chance to expose your child to the magic of dance. Through games, songs, exercise, and activities your child learns how to participate in a group environment, as well as strengthening their movement patterns. Instructor: Lindsay S. **MP/ds**

Activity	Day	Date	Time	R/NR
2100111-01	F	Apr 10-May 8	9:30am-10:00am	\$79/\$123

Baby Ballet

Ages 2-3

MS

This beginner ballet class is an introduction into the world of dance. Dancers learn steps and terminology. This class is geared for all boys and girls who love to dance. This class is without adult. Instructor: Carol R. **MP/ds**

Activity	Day	Date	Time	R/NR
2100112-01	Tu	Mar 31-Apr 28	4:00pm-4:30pm	\$79/\$123

Teeny Tiny Tots

Ages 2-4

MS

This beginner ballet class incorporates steps and terminology with fun and exciting music. Participants enjoy using hula hoops, beanbags, and maracas. Participants are welcome to wear dance attire or comfortable clothes. **MP/ds**

Activity	Day	Date	Time	R/NR	Inst.
2100113-01	Tu	Mar 31-May 5	9:30am-10:00am	\$94/\$147	LS
2100113-02	Th	Apr 2-Apr 30	4:00pm-4:30pm	\$79/\$123	CR
2100113-03	F	Apr 3-May 8	10:05am-10:35am	\$79/\$123	LS

Ballet

Ages 4-6

MS

Young dancers are introduced to basic ballet skills, terminology, rhythm, and coordination. Lessons are practiced and developed through creative movement and music in a supportive and playful environment. Instructor: Lindsay S. **MP/ds**

Activity	Day	Date	Time	R/NR
2100115-01	Tu	Mar 31-May 5	10:05am-10:50am	\$141/\$217
2100115-02	F	Apr 3-May 8	10:45am-11:30am	\$117/\$181

Hip Hop/Jazz

Ages 4-6

MS

Bop around in this interactive mini jazz hip-hop class! We listen to upbeat songs and learn basic choreography. Instructor: Hannah R. **MP/ds**

Activity	Day	Date	Time	R/NR
2100121-01	Tu	Mar 31-Apr 28	5:30pm-6:00pm	\$79/\$123

Poms Dance

Ages 7-10

MS

Pom Dance combines the sharp movements of cheerleading with jazz techniques. Students use pom poms to accentuate the rhythm and create colorful visual effects while executing high energy dance routines. This class focuses on coordination, movement, and dancing as a team. It prepares students for dance teams and cheerleading. Instructor: Hannah R. **MP/ds**

Activity	Day	Date	Time	R/NR
2100117-01	Tu	Mar 31-Apr 28	5:00pm-5:30pm	\$79/\$123
2100117-02	Tu	Mar 31-Apr 28	7:30pm-8:00pm	\$79/\$123



Ascension Dance Company

Ages 8-19

MS

We're looking for passionate dancers to join our competitive dance and performance team. Ascension Dance Company is a premier competitive and performance team affiliated with the Park Ridge Park District's Dance Program. Our dancers receive top-tier training in a supportive and inspiring environment.

Why Choose Ascension?

- **Affordable Excellence:** Lower costs compared to private studios. Our programs are offered at cost.
- **Expert Instruction:** Learn from certified, experienced instructors with over 35 years of combined expertise.
- **Pathway to Success:** Our dancers have gone on to Orchestis, Hawkettes, and collegiate dance programs.
- **Professional Facilities:** Train in two state-of-the-art dance studios with top-quality floors, barres, and sound systems.
- **Positive Environment:** We foster a supportive and inclusive dance community.

Take the next step in your dance journey and audition for Ascension Dance Company!

2026-27 Season Auditions:

Saturday, May 16 • 1:00pm-3:00pm
Maine Park Leisure Center, 2701 W. Sibley Street

Register at prparks.org using Activity # 2100220-01

What to Prepare: Dancers must wear movable, active dance wear suitable for auditions. Bring a water bottle to stay refreshed.

Audition Requirements: Dancers must be prepared to learn and perform a short routine in front of a panel of company judges.

Can't make the audition, or want additional information?

Contact Mat at mskorupski@prparks.org to arrange an alternative audition.



Athletics

Spring 2026

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ADULT AND CHILD CLASSES

Note: For all parent and child classes, both participants are included in the registration fee. Parent or caregiver participation is required.

Hot Shots Sports Adult Tot Ninja Warriors

Ages 2-3 with Adult MAM

Parents help their tots develop basic sports movement and motor skills. Leap, hop, skip, run your way through obstacles and put your child's ninja skills to the test. This fun movement based class challenges your ninja to maneuver over and under objects. In addition, we play group games to further challenge their Ninja skills. No class May 23. **SP/gS**

Activity	Day	Date	Time	R/NR
2011852-01	Tu	Mar 31-May 26	6:00pm-6:45pm	\$141/\$214
2011852-02	F	Apr 10-May 29	6:00pm-6:45pm	\$125/\$191
2011852-03	Sa	Apr 11-May 30	9:00am-9:45am	\$110/\$168

Hot Shots Sports Adult-Tot Sports

Ages 2-3 with Adult JD

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports.

Activity	Day	Date	Time	R/NR	Loc
2011800-01	M	Apr 13-May 18	11:15am-Noon	\$76/\$118	OAK/2N
2011800-02	M	Apr 13-May 18	6:00pm-6:45pm	\$76/\$118	MP/g
2011800-03	Tu	Apr 14-May 19	6:00pm-6:45pm	\$76/\$118	OAK/2N
2011800-04	W	Apr 15-May 20	11:15am-Noon	\$76/\$118	OAK/2N
2011800-05	F	Apr 17-May 22	11:15am-Noon	\$76/\$118	OAK/2N
2011800-06	Sa	Apr 11-May 16	9:00am-9:45am	\$76/\$118	OAK/2N
2011800-07	Sa	Apr 11-May 16	Noon-12:45pm	\$76/\$118	OAK/2N

Hot Shots Sports Adult-Tot Tumbling

Ages 2-3 with Adult MAM

Children learn age-appropriate exercises designed for balance and coordination of large muscle groups. Through basic gymnastics and movement, participants experience their world in a whole new way and begin to understand how their bodies work. Wear loose fitting clothing and gym shoes. No class May 23. **SP/gS**

Activity	Day	Date	Time	R/NR
2011840-01	M	Mar 30-May 18	9:15am-10:00am	\$125/\$191
2011840-02	Tu	Mar 31-May 26	9:15am-10:00am	\$141/\$214
2011840-03	W	Apr 1-May 27	9:15am-10:00am	\$141/\$214
2011840-04	W	Apr 1-May 27	6:00pm-6:45pm	\$141/\$214
2011840-05	Th	Apr 2-May 28	9:15am-10:00am	\$141/\$214
2011840-06	Sa	Apr 4-May 30	1:15am-Noon	\$110/\$168

Jr. All Star Adult Tot Sports

Ages 2-3 with Adult MAM

Bond and have fun together learning a various sports! This class is great for improving simple motor skills such as catching, throwing, batting, shooting, passing, and running. Adults assist as we play soccer, basketball, hockey, football, and other sports. **OAK/1S**

Activity	Day	Date	Time	R/NR
2013601-01	Tu	Apr 14-May 26	10:30am-11:00am	\$106/\$162
2013601-02	Th	Apr 16-May 28	10:30am-11:00am	\$106/\$162



Hot Shots Sports Lil Leaguers: Juniors

Ages 2-3 with Adult JD

The Juniors baseball program gives children an opportunity to begin their baseball playing experience in a fun and supportive environment. Activities promote proper balance, equipment, hand eye coordination, following directions and early baseball fundamentals. Players of all skill sets are able to participate and learn the great game of baseball! Players should bring their own gloves; helmets and bats are provided. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011810-01	Tu	Apr 14-May 19	9:00am-9:45am	\$76/\$118
2011810-02	Th	Apr 16-May 21	9:00am-9:45am	\$76/\$118
2011810-03	Th	Apr 16-May 21	6:00pm-6:45pm	\$76/\$118
2011810-04	Sa	Apr 11-May 16	9:45am-10:30am	\$76/\$118

Hot Shots Sports Strikers: Juniors

Ages 2-3 with Adult JD

The Juniors Strikers program introduces players to the fun and excitement of the worlds most popular sport, soccer. This class uses age appropriate games and drills to promote motor skills and familiarity with a soccer ball. Through our fun games and adventure themed activities, players develop skills such as balance, shooting, close ball control, and trapping. The Juniors experience is one that not only instills a love for the game of soccer, but also shows the importance of sports activity to promote a full and healthy life. Shin guards are optional; all equipment is provided.

Activity	Day	Date	Time	R/NR	Loc
2011820-01	F	Apr 17-May 22	9:00am-9:45am	\$76/\$118	OAK/2N
2011820-02	F	Apr 17-May 22	2:45pm-3:30pm	\$76/\$118	MP
2011820-03	Sa	Apr 11-May 16	10:30am-11:15am	\$76/\$118	OAK/2N

Hot Shots Sports Lil Blitzers Football: Juniors

Ages 2-3 with Adult JD

This introductory program gets players excited and engaged with America's most popular sport: football! Players learn basic concepts such as routes, grip, and catching forms. Drills and games encourage proper form and increase motor skills, hand eye coordination, and introduce players to working within a group dynamic. All equipment is provided. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011830-01	M	Apr 13-May 18	9:00am-9:45am	\$76/\$118
2011830-02	W	Apr 15-May 20	9:00am-9:45am	\$76/\$118
2011830-03	W	Apr 15-May 20	6:00pm-6:45pm	\$76/\$118

BASEBALL & SOFTBALL

All Star T-Ball

Ages 3-6

JD

We engage all players no matter their skill level. Our coaching technique provides basic building blocks in a fun, safe environment. Players keep moving and learning, even while in the dugout! Mechanics and hand-eye coordination are the keys to early success. Players become more confident as we work on the proper mechanics of catching, throwing, fielding, base running, and batting. This program prepares players for level II, t-ball, or coach pitch leagues. *No class May 23.* **OAK/1S**

Activity	Age	Day	Date	Time	R/NR
2013608-01	3-4	Sa	Apr 11-May 30	9:45am-10:30am	\$106/\$162
2013608-02	4-6	Sa	Apr 11-May 30	10:30am-11:30am	\$106/\$162

Hot Shots Sports Lil Leaguers-Pros

Ages 3-5

JD

The Pros program builds skills and rules learned in the Rookies class and introduces more fundamental techniques and basic rules. We focus on fielding, hitting, throwing, and catching each week, with more emphasis on body mechanics and control. Players are introduced to simulated game play and use competitive skill games to test their ability to react to game-like situations in a fun and accessible environment. Players of all skill sets will be able to participate and learn the great game of baseball! Players should bring their own gloves; helmets and bats are provided. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011812-01	Tu	Apr 14-May 19	10:30am-11:15am	\$76/\$118
2011812-02	Th	Apr 16-May 21	10:30am-11:15am	\$76/\$118

Hot Shots Lil Leaguers - All-Stars

Ages 4-6

JD

The All Stars program builds on skills and rules learned in the Pros class while introducing more advanced concepts and rules. We focus on fielding, hitting, throwing, and catching each week, with more emphasis on skill mechanics and efficiency. Players are introduced to simulated game play and use competitive skill games to test their ability to react to game-like situations in a fun and accessible environment. Players should have played baseball previously or taken a different section prior to joining the All Star group. Players should bring their own gloves; helmets and bats are provided. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011813-01	Th	Apr 16-May 21	4:00pm-5:00pm	\$94/\$144

Hot Shots Sports Baseball Clinic 101

Ages 7-10

JD

This baseball class gives players an introduction to baseball. Players work on technique and enhancing form in this comprehensive skills clinic. This program teaches throwing mechanics as well as batting stance, bat positioning and speed, using both live pitching and hitting off the tee. Players learn various positions in the field through game play and basic game strategy. Players should bring their own gloves, and be ready for a fun, fast-paced learning environment. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011814-01	Th	Apr 16-May 21	5:00pm-6:00pm	\$94/\$144



FENCING

Fencing

Ages 5-17

MAM

Learn the basics of sword-fighting and participate in an exciting new sport! Group classes include games, footwork exercises, and real fencing matches with all equipment provided. Fencing helps to develop agility, focus, muscle strength, coordination, and sportsmanship. This class is coached by a Master Fencing Instructor who is a former World Cup Champion and National US Fencing Team Coach. *No class Apr 18.*

Location: Fencing Center of Chicago, 111 S. Washington Ave.

Activity	Day	Date	Time	R/NR
2012801-01	F	Apr 3-Jun 5	5:00pm-6:30pm	\$301

LACROSSE

Speed Lacrosse (Sticks Only Lacrosse)

Ages 4-6

JD

Speed Lacrosse is a fast, fun version of 3v3 lacrosse played on a small field. Players do not wear any equipment and do not have positions. The game is intended to be fast and free flowing. The format is 30 min skills/30 min speed game taught by expert coaches from Park Ridge Lacrosse. For community based programs for older players (1st - 8th grade) that play against other communities, visit www.parkridgelacrosse.com. **Players must bring their own lacrosse stick.** **SP**

Activity	Day	Date	Time	R/NR
2012104-01	Sa	Apr 11-May 16	3:00pm-3:45pm	\$81

SOCCER

Hot Shots Sports Strikers: Rookies

Ages 3-4

JD

The Junior Strikers program is the next step in the development for your young soccer player. The focus of classes is FUNdamentals that are crucial for every budding soccer player. Players focus on foot placement while shooting, following through on their shot, manipulating the ball in creative ways, and defensive stance; all while participating in our fun games and adventure themed activities. Shin guards are optional; all equipment is provided. **MP**

Activity	Day	Date	Time	R/NR
2011821-01	F	Apr 17-May 22	3:30pm-4:15pm	\$76/\$118

Hot Shots Sports Strikers: All-Stars

Ages 3-5

JD

The All Star Strikers level is the top level of classes in the Strikers program. Players increase their ability to receive the ball, focusing on touch and advancement. Being geared towards getting your child ready for future soccer experiences, the All Star level class tests players in the most challenging environment working on 1v1, 2v2, 3v3 and other team exercises. By the end of class your child develops: stride and side ball control and shooting, finesse shots vs. placement power shots, and increased field awareness and spacing. Shin guards are encouraged, and all equipment is provided. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011823-01	F	Apr 17-May 22	10:30am-11:15am	\$76/\$118

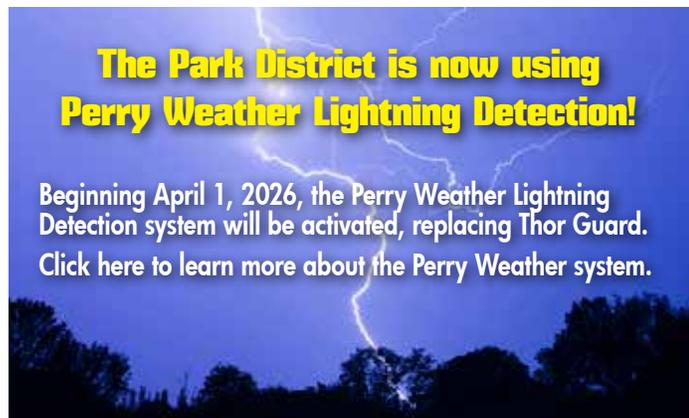
Hot Shots Sports Strikers: Pros

Ages 4-6

JD

The Pro Strikers program is the next step in the development for your young soccer player. The focus of classes is FUNdamentals that are crucial for every budding soccer player. Players focus on foot placement while shooting, following through on their shot, manipulating the ball in creative ways, and defensive stance; all while participating in our fun games and adventure themed activities. Shin guards are optional; all equipment is provided. **OAK/2N**

Activity	Day	Date	Time	R/NR	Loc
2011822-01	F	Apr 17-May 22	9:45am-10:30am	\$76/\$118	OAK/2N
2011822-02	F	Apr 17-May 22	4:15pm-5:00pm	\$76/\$118	MP



The Park District is now using Perry Weather Lightning Detection!

Beginning April 1, 2026, the Perry Weather Lightning Detection system will be activated, replacing Thor Guard. [Click here to learn more about the Perry Weather system.](#)

Hot Shots Strikers Soccer League

Ages 3-8

JD

In this extended version of our striker's soccer class, players spend part of class working on fun drills and games to develop skills, and finish on a scrimmage each week. Each participant also receives a jersey. The first part of class focuses on improving our fundamentals by doing drills and playing fun games. The last part of class includes scrimmaging! Focused solely on player development, players get as many reps as possible both in practice and during games.

Activity	Age	Day	Date	Time	R/NR	Loc
2011827-01	3-4	Su	Apr 12-May 17	8:45am-10:00am	\$112/\$172	OAK/2N
2011827-02	3-4	Su	Apr 12-May 17	10:00am-11:15am	\$112/\$172	OAK/2N
2011827-03	5-6	Su	Apr 12-May 17	10:00am-11:30am	\$130/\$198	OAK/2S
2011827-04	5-6	Su	Apr 12-May 17	11:30am-1:00pm	\$130/\$198	OAK/2S
2011827-05	7-8	Su	Apr 12-May 17	11:30am-1:00pm	\$130/\$198	OAK/2N

All Star Soccer

Ages 3-8

JD

This program keeps everyone active and engaged. Our lesson plan hides drills in fun games and uses association techniques that get down to the player's level. Soccer is an action-packed game, so there is no sitting and waiting! We cover simple foot skills, dribbling, passing, shooting, basic rules, and even work on spreading the field. This class keeps players active and prepares them for the next level of play. **No class May 23. OAK/1S**

Activity	Age	Day	Date	Time	R/NR
2013606-01	3-4	Sa	Apr 11-May 30	11:45am-12:30pm	\$106/\$162
2013606-02	4-6	Th	Apr 16-May 28	5:00pm-6:00pm	\$106/\$162
2013606-03	4-6	Sa	Apr 11-May 30	12:30pm-1:30pm	\$106/\$162
2013606-04	6-8*	Th	Apr 16-May 28	4:00pm-5:00pm	\$106/\$162
2013606-05	6-8	Th	Apr 16-May 28	6:00pm-7:00pm	\$106/\$162

*Girls only class

Hot Shots Sports Soccer Skills Clinic 101

Ages 6-8

JD

Players are introduced to the fundamentals of soccer tactics such as passing the ball, offensive moves, defensive moves, keeping/controlling the ball, and taking the ball away from the opposing team. Players learn to score and prevent goals. Physical endurance and fitness are emphasized while touching the ball. At this age, the focus starts to change from simple games to organized, tactical, competitive games. **MP**

Activity	Day	Date	Time	R/NR
2011824-01	F	Apr 17-May 22	5:00pm-6:00pm	\$94/\$144

Hot Shots Sports Soccer Clinic 201

Ages 9-12

JD

In the next stage of their progression, players increase their stamina and speed in an up-tempo game-like atmosphere. The clinic's specific technique training involves strength and placement shooting, landing on the shooting foot, precision passing, settling the ball with various body parts, and advanced fundamentals and skill maneuvers. Most importantly, players are taught game concepts that improve their decision-making and overall game. **MP**

Activity	Day	Date	Time	R/NR
2011825-01	F	Apr 17-May 22	6:00pm-7:00pm	\$94/\$144

BASKETBALL

All Star Basketball

Ages 3-8

MAM

Our instructional program is designed to teach the game of basketball at a basic level while keeping players active and engaged. We play fun games to teach the importance of each skill learned. Our foundation technique focuses on basic mechanics to build confidence, then adds larger challenges as we progress. Footwork is an extremely important aspect of the game. This means no players are sitting! We work on dribbling with each hand, passing, shooting technique, and understanding basic offense and defense. *No class Apr 18.* **CFC**

Activity	Age	Day	Date	Time	R/NR
2013602-01	3-4	M	Apr 13-May 18	4:00pm-4:45pm	\$91/\$140
2013602-02	3-4	Tu	Apr 14-May 26	4:00pm-4:45pm	\$106/\$162
2013602-03	3-4	F	Apr 10-May 29	4:00pm-4:45pm	\$121/\$185
2013602-04	4-6	M	Apr 13-May 18	4:45pm-5:45pm	\$91/\$140
2013602-05	4-6	Tu	Apr 14-May 26	4:45pm-5:45pm	\$106/\$162
2013602-06	4-6	F	Apr 10-May 29	4:45pm-5:45pm	\$121/\$185
2013602-07	6-8	M	Apr 13-May 18	5:45pm-6:45pm	\$91/\$140
2013602-09	6-8	F	Apr 10-May 29	5:45pm-6:45pm	\$121/\$185

Hot Shots Sports Junior Dribblers

Ages 2-3 w/Adult

MAM

The Junior Dribblers basketball program gives children an opportunity to begin their basketball playing experience in a fun and supportive environment. Activities are introduced to promote proper balance, equipment, hand eye coordination, following directions and early basketball fundamentals. *No class May 23.* **MP/g**

Activity	Day	Date	Time	R/NR
2011860-01	Sa	Apr 11-May 30	9:00am-9:45am	\$89/\$136

Hot Shots Sports Rookie Dribblers

Ages 3-5

MAM

The Junior Dribblers basketball program gives children an opportunity to begin their basketball playing experience in a fun and supportive environment. Activities are introduced to promote proper balance, equipment, hand eye coordination, following directions and early basketball fundamentals. *No class May 23.* **MP/g**

Activity	Day	Date	Time	R/NR
2011861-01	W	Apr 1-May 20	4:15pm-5:00pm	\$101/\$155
2011861-02	Sa	Apr 11-May 30	9:45am-10:30am	\$89/\$136

Hot Shots Sports Pro Dribblers

Ages 4-6

MAM

The Junior Dribblers basketball program gives children an opportunity to begin their basketball playing experience in a fun and supportive environment. Activities are introduced to promote proper balance, equipment, hand eye coordination, following directions, and early basketball fundamentals. *No class May 23.* **MP/g**

Activity	Day	Date	Time	R/NR
2011862-01	Sa	Apr 11-May 30	10:30am-11:15am	\$89/\$136

Hot Shots Sports Basketball 101

Ages 6-8

MAM

Develop early basketball skills such as shooting, dribbling, and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun! *No class May 23.* **MP/g**

Activity	Day	Date	Time	R/NR
2011863-01	W	Apr 1-May 20	5:00pm-6:00pm	\$125/\$191
2011863-02	Sa	Apr 11-May 30	11:15am-12:15pm	\$110/\$168

Hot Shots Sports Basketball Clinic 201

Ages 9-12

MAM

Players begin to develop more advanced skills such as various guard/post techniques, setting screens, moving without the ball, and offensive spacing. Defensive instruction includes man-to-man, denying the ball, helpline, and boxing out. Players spend time developing their shot using proper mechanics to be effective further from the basket. Scrimmages are played every week. *No class May 23.* **MP/g**

Activity	Day	Date	Time	R/NR
2011864-01	Sa	Apr 11-May 30	12:15pm-1:15pm	\$110/\$168

Hot Shots Sports Game Time Basketball

Ages 9-12

MAM

One of the best ways to develop your basketball skills is through game play, and in Game Time you do just that. Each week, basketball players are challenged through various games including 1-on-1, 3-on-3, and 5-on-5. Coaches referee and guide the class to enhance the players' understanding of the game. **MP/g**

Activity	Day	Date	Time	R/NR
2011865-01	W	Apr 1-May 20	6:00pm-7:00pm	\$125/\$191

Hot Shots Sports Game Time Basketball League

Ages 8-12

MAM

One of the best ways to develop your basketball skills is through game play, and in this league you do just that. Each week, basketball players are challenged through various games including 1-on-1, 3-on-3, and 5-on-5. Coaches referee and guide the class to enhance the players' understanding of the game. The first half of the league is focused on drills/skills building, and the last hour focuses on scrimmages. *No class May 24.* **MP/g**

Activity	Day	Date	Time	R/NR
2011866-01	Su	Apr 12-May 31	10:00am-Noon	\$194/\$294

VOLLEYBALL & NET SPORTS

Hot Shots Sports Net Sports

Ages 5-10

MAM

This class features sports played with a net that alternate each week, including tennis, badminton, pickle ball, and volleyball. Participants develop skills associated with each sport and have opportunities to use these skills in game situations. Emphasis is placed on skill development, teamwork and sportsmanship. **CFC**

Activity	Age	Day	Date	Time	R/NR
2011870-01	5-7	W	Apr 1-May 20	4:00pm-5:00pm	\$125/\$191
2011870-02	8-10	W	Apr 1-May 20	5:00pm-6:00pm	\$125/\$191

Youth Volleyball Class

Ages 7-14

MAM

Class concentrates on the fundamentals of passing, setting, and spiking. Players learn to overhand serve and play games. No class Apr 18, May 23. **MP/g**

Activity	Age	Day	Date	Time	R/NR
2011001-01	7-9	Sa	Apr 4-May 2	1:30pm-2:30pm	\$81/\$125
2011001-21	7-9	Sa	May 9-Jun 6	1:30pm-2:30pm	\$81/\$125
2011002-01	10-11	Sa	Apr 4-May 2	2:30pm-3:30pm	\$81/\$125
2011002-21	10-11	Sa	May 9-Jun 6	2:30pm-3:30pm	\$81/\$125
2011003-01	12-14	Sa	Apr 4-May 2	3:30pm-4:30pm	\$81/\$125
2011003-21	12-14	Sa	May 9-Jun 6	3:30pm-4:30pm	\$81/\$125

Junior Volley Series Match Play

Ages 10-14

MAM

Play volleyball with other skilled athletes in a controlled scrimmage setting. Our Volleyball Pro develops a team and brings game-situation lesson plan to the weekly classes to prepare for match-PLAY. The coaches' lesson plan guides the team in weekly training for 90 minutes. At weekly practice, the teams learn team defense and offense positions while they improve on their fundamentals of passing, setting, spiking, and overhand serving. Participants have the opportunity to compete in one tournament on a weekend day during the session. This may require travel to other park districts. Each athlete receives EVP Volley Series t-shirt. **CFC**

Activity	Day	Date	Time	R/NR
2011010-01	W	Apr 1-Apr 22	6:00pm-7:30pm	\$121/\$185
2011010-21	W	Apr 29-May 20	6:00pm-7:30pm	\$121/\$185

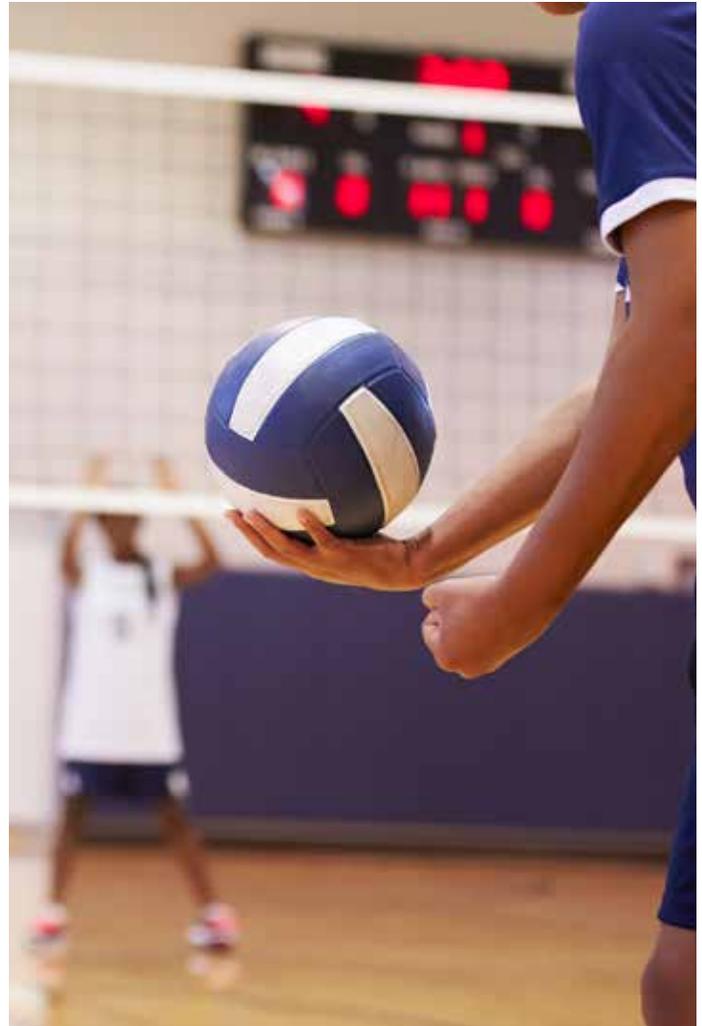
Spiking and Serving 101

Ages 11-14

MAM

Improve your volleyball attack with 90 minutes of drills. Spiking 101 is for intermediate players who wish to learn proper arm swing, footwork, and jumping technique. Class drills keep players focused on reach and power, while plyo-metrics training enhances vertical jump and game performance. The 3-step approach is taught along with transition attacking. **CFC**

Activity	Day	Date	Time	R/NR
2011011-01	W	Apr 1-Apr 22	7:30pm-9:00pm	\$121/\$185
2011011-21	W	Apr 29-May 20	7:30pm-9:00pm	\$121/\$185



Middle School Volleyball League

Ages 10-14

JD

Interested in playing competitive volleyball without the travel or a major commitment? Then, EVP Middle School Volleyball League is perfect for your girl or boy in grades 4th thru 8th. In the first 15 minutes of each day, teams learn defense and offense positions while they improve on their fundamentals of passing, setting, spiking, and overhand serving. Games begin the first day. Match scores are kept, but not individual stats. No tryouts required...just lots of fun! EVP Academy coaches support your development throughout the season. No class Apr 18, May 23. **MP/g**

Ages 10-11

Activity	Day	Date	Time	R/NR
2011013-01	Sa	Apr 4-May 2	4:30pm-6:00pm	\$121/\$185
2011013-21	Sa	May 9-Jun 6	4:30pm-6:00pm	\$121/\$185

Ages 12-14

Activity	Day	Date	Time	R/NR
2011014-01	Sa	Apr 4-May 2	6:00pm-7:30pm	\$121/\$185
2011014-21	Sa	May 9-Jun 6	6:00pm-7:30pm	\$121/\$185

FOOTBALL

Hot Shots Sports Lil Blitzers Football: Rookies

Ages 3-4

JD

The Rookie Blitzers program is the next step in our Blitzers concept. Using basic football games and activities, players develop early football skills in this non-contact class while gaining confidence, coordination, and motor skills, with a focus on having fun! The program uses age-appropriate drills and exercises to teach players proper stance, passing, catching, and running. Each class is designed to develop endurance and promote good sportsmanship and teamwork. All equipment is provided. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011831-01	M	Apr 13-May 18	9:45am-10:30am	\$76/\$118
2011831-02	W	Apr 15-May 20	9:45am-10:30am	\$76/\$118

Hot Shots Sports Lil Blitzers Football: Pros

Ages 3-5

JD

The Pro Blitzers program introduces players to more intricate aspects of football and continues on the fundamentals taught in the Rookies program. Players improve athletic ability and increase football knowledge in this fun-filled skills clinic. Teamwork and sportsmanship are stressed while playing various games that teach the fundamentals of throwing, running routes, and defense. All children have a blast, regardless of their prior skill level. All equipment is provided. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011832-01	M	Apr 13-May 18	10:30am-11:15am	\$76/\$118
2011832-02	W	Apr 15-May 20	10:30am-11:15am	\$76/\$118
2011832-03	M	Apr 13-May 18	4:00pm-5:00pm	\$76/\$118

Hot Shots Sports Lil Blitzers Football: All-Stars

Ages 5-6

JD

The All Star Blitzers program is the highest level in the Blitzers academy. Players are introduced to stance, receiving, rushing, blocking, and defense. Each week ends with a scrimmage encouraging teamwork and sportsmanship. Players get to play either receiver or running back each week. Games focus on fundamentals and field concepts, as well as positions and mechanics. Players are introduced to basic play calling, alignments, and game strategy. All equipment is provided. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011833-01	W	Apr 15-May 20	4:00pm-5:00pm	\$94/\$144

Hot Shots Sports Junior Flag Football

Ages 6-8

JD

Develop early football skills such as rushing, receiving and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the football beginner looking to understand the game, learn new skills, and have fun! **OAK/2N**

Activity	Day	Date	Time	R/NR
2011834-01	M	Apr 13-May 18	5:00pm-6:00pm	\$94/\$144
2011834-02	W	Apr 15-May 20	5:00pm-6:00pm	\$94/\$144

Hot Shots Sports Game Time Flag Football

Ages 9-12

JD

Players experience daily scrimmages with active instruction and tips from the coaching staff. Players are encouraged to employ skills used in football such as running pass routes, play calling, defensive positioning, the fundamentals of blocking, and pass coverage. These skills and others are put to use in a "game time" environment while the players scrimmage each week. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011835-01	M	Apr 13-May 18	6:00pm-7:00pm	\$94/\$144



Youth Sports Variety

All Star Super Sports

Ages 3-4

JD

This class is great for improving simple motor skills such as catching, throwing, batting, shooting, passing, and running, and helps develop hand eye coordination. We play soccer, basketball, hockey, t-ball, and football. This is a great intro to the All Star programs! **OAK/1S**

Activity	Day	Date	Time	R/NR
2013607-01	Tu	Apr 14-May 26	11:00am-11:45am	\$106/\$162
2013607-02	Th	Apr 16-May 28	11:00am-11:45am	\$106/\$162

Hot Shot Sports: Sports and More

Ages 3-5

MAM

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball, and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. No class Apr 26, May 24. **MP**

Activity	Day	Date	Time	R/NR
2011802-01	M	Apr 13-May 18	4:15pm-5:00pm	\$76/\$118

Hot Shots Sports Tiny Tots Sports

Ages 3-5

JD

Children are introduced to the fundamentals of sports including football, kickball, soccer, t-ball, and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. **OAK/2N**

Activity	Day	Date	Time	R/NR
2011801-01	Tu	Apr 14-May 19	11:15am-Noon	\$76/\$118
2011801-02	Th	Apr 16-May 21	11:15am-Noon	\$76/\$118
2011801-03	Sa	Apr 11-May 16	11:15am-Noon	\$76/\$118

Hot Shot Sports Sports Battle: Nerf & Dodgeball

Ages 6-12

JD

This class features games from two of our most popular classes: Dodgeball and Nerf Elite Battle! All Nerf guns, ammo, and eye protection are provided. Dodgeball uses super soft balls and safety is stressed during game play.

Activity	Age	Day	Date	Time	R/NR	Loc
2011804-01	6-8	Tu	Apr 14-May 19	4:00pm-5:00pm	\$94/\$144	OAK/1N
2011804-02	9-12	Tu	Apr 14-May 19	5:00pm-6:00pm	\$94/\$144	OAK/1S

Join Us on Your School Days Off!

Hot Shots Sports Total Sports Camp

Ages 5-12

JD

This camp focuses on a variety of sports including flag football, basketball, baseball, soccer, and other group games. Each day camper's focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship. **OAK/Field 1**

Activity	Age	Day	Date	Time	R/NR
2011898-01	5-7	M-F	Mar 23-Mar 27	9:00am-Noon	\$181/\$275
2011898-02	8-12	M-F	Mar 23-Mar 27	9:00am-Noon	\$181/\$275

Hot Shots Sports Day Off School Camp

Ages 5-12

JD

Campers will enjoy a high-energy mix of sports and group games, focusing on skill development, fundamentals, and lots of game play. Our coaches create a fun, upbeat environment that encourages teamwork and good sportsmanship. Campers that sign up for both the morning and afternoon sessions will have a supervised lunch with coaches from Noon-12:30pm. Please bring a nut-free lunch. Also, please remember, only clear drinks are allowed in the indoor athletic field. **OAK**

Activity	Day	Date	Time	R/NR
1011899-05	Tu	Mar 17	9:00am-Noon	\$41/\$65
1011899-06	Tu	Mar 17	12:30pm-3:30pm	\$41/\$65
2011899-01	F	Apr 3	9:00am-Noon	\$41/\$65
2011899-02	F	Apr 3	12:30pm-3:30pm	\$41/\$65
2011899-03	F	Jun 5	9:00am-Noon	\$41/\$65
2011899-04	F	Jun 5	12:30pm-3:30pm	\$41/\$65

Hot Shots Sports Total Sports

Ages 6-9

MAM

This class features a new sport each week, including basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes. **MP**

Activity	Day	Date	Time	R/NR
2011803-01	M	Mar 30-May 18	5:00pm-6:00pm	\$125/\$191

Hot Shots Sports Game Time Floor Hockey League

Ages 6-12

MAM

This league provides participants with the opportunity to learn and play floor hockey in a safe and fun environment. Players learn positions, stick handling and ball control in this fun, fast-paced class. In addition, players develop teamwork and sportsmanship through competitive game play each week. **CFC**

Activity	Age	Day	Date	Time	R/NR
2011880-01	6-8	Th	Apr 2-May 21	4:00pm-5:30pm	\$173/\$263
2011880-02	9-12	Th	Apr 2-May 21	5:30pm-7:00pm	\$173/\$263

NINJA WARRIOR CLASSES

Hot Shots Sports Adult Tot Ninja Warriors

Ages 2-3 with Adult

MAM

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Leap, hop, skip, run your way through obstacles and put your child's Ninja skills to the test. This fun movement based class challenges your Ninja to maneuver over and under objects. In addition, we play group games to further challenge their Ninja skills. No class May 23. **SP/gS**

Activity	Day	Date	Time	R/NR
2011852-01	Tu	Mar 31-May 26	6:00pm-6:45pm	\$141/\$214
2011852-02	F	Apr 10-May 29	6:00pm-6:45pm	\$125/\$191
2011852-03	Sa	Apr 11-May 30	9:00am-9:45am	\$110/\$168

Hot Shots Sports Tiny Ninja Warriors

Ages 3-4

MAM

This course is perfect for young children looking to get involved in sports in a fun, safe way. Players take turns on various obstacles working on balance, gross and fine motor function, body control, hand dexterity and strength, and speed. This program is tremendous for helping players find a love of fitness and sports in an interactive and accessible environment where players can grow and have fun. Begin building confidence and a love for fitness and sports! No class May 23. **SP/gS**

Activity	Day	Date	Time	R/NR
2011853-01	Tu	Mar 31-May 26	4:15pm-5:00pm	\$141/\$214
2011853-02	W	Apr 1-May 27	12:30pm-1:15pm	\$141/\$214
2011853-03	Sa	Apr 11-May 30	9:45am-10:30am	\$110/\$168

Hot Shots Sports Mini Ninja Warriors

Ages 4-5

MAM

Leap, hop, skip, run your way through obstacles and put your child's Ninja skills to the test. This fun movement-based class challenges your Ninja to maneuver over and under objects. In addition, we play group games to further challenge their Ninja skills. No class Apr 18, May 24. **SP/gS**

Activity	Day	Date	Time	R/NR
2011850-01	W	Apr 1-May 27	1:15pm-2:00pm	\$141/\$214
2011850-02	Th	Apr 2-May 28	4:15pm-5:00pm	\$141/\$214
2011850-03	F	Apr 10-May 29	10:30am-11:15am	\$125/\$191
2011850-04	F	Apr 10-May 29	4:15pm-5:00pm	\$125/\$191
2011850-05	Sa	Apr 11-May 30	10:30am-11:15am	\$110/\$168



Hot Shots Sports Junior Ninja Warriors

Ages 6-8

MAM

Take everything you learned from Mini Ninja Warriors and test your Ninja skills with even more difficult obstacles to leap, hop, skip and run your way through. Group games put your Ninja skills to the test in this fun movement-based class. **SP/gS**

Activity	Day	Date	Time	R/NR
2011851-01	Th	Apr 2-May 21	5:00pm-6:00pm	\$177/\$268
2011851-02	Th	Apr 2-May 21	6:00pm-7:00pm	\$177/\$268
2011851-03	F	Apr 10-May 29	5:00pm-6:00pm	\$157/\$239

Hot Shots Sports Amazing Ninja Warriors

Ages 9-11

MAM

The ultimate stage in our Ninja Warriors program, players are exposed to challenging obstacles that require them to use every aspect of their strength and core. We teach simple gymnastics principles in order to conquer these incredible courses, and use gymnastics gear to ensure a difficult but safe environment. Players of all levels of athletic and sports backgrounds are able to participate, compete, and have fun in this program which focuses on personal growth, development, and fitness. Get ready to conquer the course! **SP/gS**

Activity	Day	Date	Time	R/NR
2011854-01	Tu	Mar 31-May 26	5:00pm-6:00pm	\$177/\$268

Athletic Leagues

Men's 16" Softball Leagues

Ages 18 & Up

JD

The softball leagues have a regular season and playoffs. The number of games played depends on the number of teams registered, but should be in the range of 9-11 games. Monetary prizes are awarded for regular season champions and playoff winners. Full payment must accompany your registration. For more details, call Jim DiHu at 847-692-3316.

Registration deadline: Apr 18. HINK

Activity	League	Day	Date	Time	Team
2020105	Early Evening	Tu	May 5-Jul 21	6:00pm-8:20pm	\$850
2020106	Late Evening	Tu	May 5-Jul 21	8:20pm-10:40pm	\$850
2020107	Early Evening	Th	May 7-Jul 23	6:00pm-8:20pm	\$850
2020108	Late Evening	Th	May 7-Jul 23	8:20pm-10:40pm	\$850

Men's 7-on-7 Soccer League

Ages 18 & Up

JD

Teams are allowed to have a roster of up to 15 players. Captains should contact Jim DiHu, Athletic Supervisor, at 847-692-3316 for more information. Team t-shirts are provided; players must purchase their own socks and shin guards. **Registration deadline: Apr 18. No games May 26 and Jul 7. EMS**

Activity	Day	Date	Time	Team
2020125	Su	Apr 26-Jul 12	9:00am-Noon	\$850

Men's Basketball League

Ages 18 & Up

JD

The basketball leagues have a regular season and playoffs. The number of games played depends on the number of teams registered, but should be around 9-11 games. Monetary prizes are awarded for regular season champions and playoff winners. **Registration deadline: May 1. CFC**

Activity	League	Day	Date	Time	Team
2020100	Open	Th	May 7-Jul 30	6:00pm-9:00pm	\$900

Co-Ed Volleyball League

Ages 18 & Up

JD

Register for our co-ed volleyball league. Games are held at the Centennial Fitness Center with one referee per match. Space is limited, so register early. **Registration deadline: Apr 18. CFC**

Activity	Day	Date	Time	Team
2020110	Tu	Apr 28-Jul 7	6:00pm-9:20pm	\$410



Pickleball Drop-In

Ages 13 & Up

JS

With your Fitness Center Membership, you are welcome to join the pickleball meet-up group at Centennial Fitness Center for FREE! Non-members pay \$4 R/\$5 NR per visit.

Pickleball is a great way to move, burn calories, and have fun, and it's one of the fastest growing sports as mentioned in *Time* Magazine. Equipment is provided.

Pickleball is limited to groups of four at a time. Hours are subject to change at any time. For more information on the Park Ridge Pickleball Club, please contact Bob Rhine at 847-269-1012 or rsrhine77@gmail.com.

Hours Available: (Fall/Winter/Spring)

- Sundays, 7:00am-10:00am
- Monday-Friday 10:30am-12:30pm



THESE LEAGUES TAKE PLACE AT THE NEW OAKTON SPORTS COMPLEX INDOOR ATHLETIC FIELD!

ADULT LEAGUES

Adult 7-on-7 Soccer Leagues

Ages 18 & Up

JD

Teams are allowed to have a roster of up to 15 players. The number of games played depends on the number of teams registered but should be in the range of 8-9 games plus a single elimination playoff. Teams must provide own jerseys. Players must purchase their own socks and shin guards. **Registration deadline: April 3. OAK**

Co-Ed League

League	Day	Date	Time	Team Fee
2030121	M	Apr 13-Jun 29	7:00pm-12:00am	\$1,000

Men's League

League	Day	Date	Time	Team Fee
2030122	Tu	Apr 14-Jun 30	7:00pm-12:00am	\$1,000

Women's League

League	Day	Date	Time	Team Fee
2030124	F	Apr 10-Jun 26	7:00pm-12:00am	\$1,000

Adult 7-on7 Touch Football Leagues

Ages 18 & Up

JD

Teams are allowed to have a roster of up to 15 players. The number of games played depends on the number of teams registered but should be in the range of 8-9 games plus a single elimination playoff. **OAK**

Men's League

Activity	Day	Date	Time	Team Fee
2030102	W	Apr 15-Jul 1	7:00pm-12:00am	\$1,500

Women's League

Activity	Day	Date	Time	Team Fee
2030101	Th	Apr 16-Jul 2	7:00pm-12:00am	\$1,500

Adult Coed Whiffleball League

Ages 18 & Up

JD

Players register individually and should indicate the Team Captain they are signing up for at the time of registration. If you do not have a team captain, we will try to form teams from the free agent pool or assign to existing teams that are short players. Teams must have 6-9 players on the roster. Six players play in the field. Rosters need to be finalized and submitted to Jim DiHu at jdiHu@prparks.org. Players will receive an email to inform them of their team assignments and schedules. **Registration deadline: April 3. OAK**

Activity	Day	Date	Time	R/NR
2010350-96	Sa	Apr 11-Jun 27	9:00pm-11:00pm	\$75/\$116

HIGH SCHOOL LEAGUES

High School Boys 7-on-7 Touch Football League

Grades 9-12

JD

This league allows the boys to form their own team. Players register individually. Team captains are allowed to request 10 players and then are assigned additional free agents to round out the team. Email player requests to Jim DiHu at jdiHu@prparks.org by April 3. All high school boys will receive an email to inform them of their team assignments and schedules. **Registration deadline: April 3. OAK**

Activity	Grade	Day	Date	Time	R/NR
2010330-91	9-10	Su	Apr 12-Jun 28	6:00pm-8:00pm	\$196/\$297
2010330-92	11-12	Su	Apr 12-Jun 28	8:00pm-10:00pm	\$196/\$297

YOUTH LEAGUES

Youth Coed Whiffleball Leagues

Grades 3-8

JD

This league allows the coaches to form their own teams. Players register individually and should indicate the coach they are signing up for at the time of registration. If you do not have a coach, we will try to form teams from the free agent pool or assign to existing teams that are short players. Teams must have 6-9 players on the roster. Six players play in the field. Rosters need to be finalized and submitted to Jim DiHu at jdiHu@prparks.org. Players will receive an email to inform them of their team assignments and schedules. **Registration deadline: April 3. OAK**

Activity	Grade	Day	Date	Time	R/NR
2010350-91	3-4	Su	Apr 12-Jun 28	9:00am-10:00am	\$75/\$116
2010350-92	5-6	Su	Apr 12-Jun 28	10:00am-11:00am	\$75/\$116
2010350-93	7-8	Su	Apr 12-Jun 28	11:00am-Noon	\$75/\$116

YOUTH TENNIS CLASSES

Youth Beginner/Advanced Beginner

Ages 5 & Up

MAM

No prior or very limited tennis experience is necessary. Introduction to rules and emphasis on stroke development are the main goals of this class. Please bring your own racket to class. **HINK**

Ages 5-7

Activity	Day	Date	Time	R/NR	Loc
2060801-01	M/W	Apr 20-May 18	4:00pm-4:55pm	\$168	HINK
2060801-02	M/W	Apr 20-May 18	4:00pm-4:55pm	\$168	NEP
2060801-03	M/W	Apr 20-May 18	5:00pm-5:55pm	\$168	HINK
2060801-04	Tu/Th	Apr 21-May 19	4:00pm-4:55pm	\$168	HINK
2060801-05	Tu/Th	Apr 21-May 19	4:00pm-4:55pm	\$168	NEP
2060801-06	Tu/Th	Apr 21-May 19	5:00pm-5:55pm	\$168	HINK

Ages 8-10

Activity	Day	Date	Time	R/NR	Loc
2060802-01	M/W	Apr 20-May 18	5:00pm-5:55pm	\$168	NEP
2060802-02	M/W	Apr 20-May 18	6:00pm-6:55pm	\$168	HINK
2060802-03	Tu/Th	Apr 21-May 19	5:00pm-5:55pm	\$168	NEP
2060802-04	Tu/Th	Apr 21-May 19	6:00pm-6:55pm	\$168	HINK

Ages 11-14

Activity	Day	Date	Time	R/NR	Loc
2060803-01	M/W	Apr 20-May 18	6:00pm-6:55pm	\$168	NEP
2060803-02	M/W	Apr 20-May 18	7:00pm-7:55pm	\$168	HINK
2060803-03	Tu/Th	Apr 21-May 19	6:00pm-6:55pm	\$168	NEP
2060803-04	Tu/Th	Apr 21-May 19	7:00pm-7:55pm	\$168	HINK

ADULT TENNIS CLASSES

Adult Advanced Beginner/Intermediate

Ages 15 & Up

MAM

Participants should be able to maintain a slow-paced rally of several shots. Emphasis is on stroke improvement and basic court strategy. Please bring your own racket to class. **HINK**

Activity	Day	Date	Time	R/NR
2060805-01	M/W	Apr 20-May 18	8:00pm-8:55pm	\$168
2060805-02	Tu/Th	Apr 21-May 19	8:00pm-8:55pm	\$168

Participants must bring their own racket and dress in proper tennis attire.



Private Tennis Lessons

Ages 5 & Up

JD

Take private tennis lessons with an experienced tennis instructor. Private lessons are arranged individually with each student. Lesson day and time are arranged between the instructor and the student. Please bring your own racket to class. **Location TBD**

Activity	Day	Date	Time	# Lessons	R/NR
2060809-01	TBD	May	30 minutes	5	\$130
2060809-02	TBD	May	45 minutes	5	\$180
2060809-03	TBD	May	60 minutes	5	\$230
2060809-21	TBD	June	30 minutes	5	\$130
2060809-22	TBD	June	45 minutes	5	\$180
2060809-23	TBD	June	60 minutes	5	\$230

Semi-Private Tennis Lessons

Ages 5 & Up

JD

Take Semi-Private Tennis Lessons with an experienced tennis instructor. Semi-Private lessons are arranged individually with each group of students. Registrants must form their own groups of 3 to 5 students that want to take lessons together. Lesson days and times are arranged between the instructor and the students. Please bring your own racket to class. **Location TBD**

Activity	Day	Date	Time	# Lessons	R/NR
2060813-04	TBD	May	60 minutes	5	\$135
2060813-24	TBD	June	60 minutes	5	\$135

ADULT PICKLEBALL CLASSES

Indoor Beginner

Ages 18 & Up

MAM

No prior or very limited pickleball experience is necessary. The goals of this class are introduction to rules and emphasis on stroke development. Please bring your own paddle to class. No class May 25. **CFC**

Activity	Day	Date	Time	R/NR
2060898-01	M	Apr 20-Jun 1	12:30pm-1:30pm	\$178
2060898-02	M	Apr 20-Jun 1	7:00pm-8:00pm	\$178
2060898-03	Tu	Apr 21-Jun 2	12:30pm-1:30pm	\$207
2060898-04	W	Apr 22-Jun 3	12:30pm-1:30pm	\$207
2060898-05	Th	Apr 23-Jun 4	12:30pm-1:30pm	\$207
2060898-06	F	Apr 24-Jun 5	12:30pm-1:30pm	\$207

Indoor Advanced Beginner

Age 18 & Up

MAM

Participants should be able to maintain a slow-paced rally of several shots. Emphasis is on stroke improvement and basic court strategy. Please bring your own paddle to class. No class May 25. **CFC**

Activity	Day	Date	Time	R/NR
2060899-01	M	Apr 20-Jun 1	1:30pm-2:30pm	\$178
2060899-02	M	Apr 20-Jun 1	8:00pm-9:00pm	\$178
2060899-03	Tu	Apr 21-Jun 2	1:30pm-2:30pm	\$207
2060899-04	W	Apr 22-Jun 3	1:30pm-2:30pm	\$207
2060899-05	Th	Apr 23-Jun 4	1:30pm-2:30pm	\$207
2060899-06	F	Apr 24-Jun 5	1:30pm-2:30pm	\$207

Outdoor Beginner

Ages 15 & Up

MAM

No prior or very limited pickleball experience is necessary. The main goals of this class are introduction to rules and emphasis on stroke development. Please bring your own paddle to class. **WP**

Activity	Day	Date	Time	R/NR
2060896-01	M/W	Apr 20-May 18	5:30pm-6:30pm	\$207
2060896-02	Tu/Th	Apr 21-May 19	5:30pm-6:30pm	\$207

Outdoor Advanced Beginner

Ages 15 & Up

MAM

Participants should be able to maintain a slow-paced rally of several shots. Emphasis is on stroke improvement and basic court strategy. Please bring your own paddle to class. **WP**

Activity	Day	Date	Time	R/NR
2060897-01	M/W	Apr 20-May 18	6:30pm-7:30pm	\$207
2060897-02	Tu/Th	Apr 21-May 19	6:30pm-7:30pm	\$207

Adult Pickleball Clinic for Beginners

Age 15 & Up

MAM

This clinic introduces new players to the basics of playing the game of pickleball. Please bring your own paddle to class. **CFC**

Activity	Day	Date	Time	R/NR
2060895-01	Tu	Apr 21	7:00pm-8:30pm	\$12
2060895-02	Tu	May 19	7:00pm-8:30pm	\$12



Semi-Private Pickleball Lessons

Age 5 & Up

MAM

Take semi-private pickleball lessons with an experienced pickleball instructor. There are a total of five lessons. Registrants must form their own groups of 3 to 5 students that want to take lessons together. Lesson days and times are arranged between the instructor and the students. Please bring your own paddle to class.

Activity	Day	Date	#Lessons	R/NR
2060893-01	TBD	May	5	\$160
2060893-21	TBD	June	5	\$160

YOUTH PICKLEBALL CLASSES

Outdoor Beginner

Ages 8-14

MAM

No prior or very limited pickleball experience is necessary. The main goals of this class are introduction to rules and emphasis on stroke development. Please bring your own paddle to class. **WP**

Activity	Day	Date	Time	R/NR
2060891-01	M/W	Apr 20-May 18	4:00pm-4:45pm	\$155
2060891-02	Tu/Th	Apr 21-May 19	4:00pm-4:45pm	\$155

Outdoor Advanced Beginner

Ages 8-14

MAM

Participants should be able to maintain a slow-paced rally of several shots. Emphasis is on stroke improvement and basic court strategy. Please bring your own paddle to class. **WP**

Activity	Day	Date	Time	R/NR
2060892-01	M/W	Apr 20-May 18	4:45pm-5:30pm	\$155
2060892-02	Tu/Th	Apr 21-May 19	4:45pm-5:30pm	\$155

Participants must bring their own pickleball paddle to class.

Illinois Shotokan Karate Club

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, and President of the American Shotokan Karate Association.

- Uniforms and belt testing are options available through the ISKC instructor.
- Please note that the Youth and Adult classes train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit www.iskc.com for more information or call us at 847-359-0666.



Pre Karate

Ages 4-6

MAM

In our Pre-Karate classes, young children develop flexibility, strength, and coordination in fun, yet disciplined, activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve. *No class May 23.* **SP/ma**

Activity	Level	Day	Date	Time	R/NR
2042201-01	Beginner/Continuer	W	Apr 1-Jun 3	4:00pm-4:45pm	\$168/\$260
2042201-02	Intermediate/Advanced	W	Apr 1-Jun 3	4:50pm-5:35pm	\$168/\$260
2042201-03	Beginner (No Experience)	Sa	Apr 4-Jun 6	9:10am-9:55am	\$151/\$230
2042201-04	Continuer (1 Prior Session)	Sa	Apr 4-Jun 6	10:00am-10:45am	\$151/\$230

Youth/Adult Karate

Ages 7 & Up

MAM

ISKC's classes offer a good mix of strength training, with cardiovascular and flexibility exercises included. Students increase their coordination, agility, and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules. *No class May 23.* **SP/ma**

Activity	Level	Day	Date	Time	R/NR
2042202-01	Beg/Continuer (White-Red)	W	Apr 1-Jun 3	5:40pm-6:40pm	\$168/\$260
2042202-02	Novice (Orange-Blue)	W	Apr 1-Jun 3	6:45pm-7:45pm	\$168/\$260
2042202-03	Advanced (Brown-Black)	W	Apr 1-Jun 3	7:50pm-9:15pm	\$208/\$320
2042202-04	Intermediate (Green-Purple)	W	Apr 1-Jun 3	7:50pm-8:50pm	\$168/\$260
2042202-05	Beginner (White-Red)	Sa	Apr 4-Jun 6	10:45am-11:45am	\$151/\$230
2042202-06	Continuer (Orange-Yellow)	Sa	Apr 4-Jun 6	11:50am-12:50pm	\$151/\$230
2042202-07	Novice (Blue-Green)	Sa	Apr 4-Jun 6	1:00pm-2:00pm	\$151/\$230
2042202-08	Intermediate (Purple - 3rd Brown Belts)	Sa	Apr 4-Jun 6	2:00pm-3:00pm	\$151/\$230
2042202-09	Advanced (2nd Brown - Black Belts)	Sa	Apr 4-Jun 6	3:00pm-4:00pm	\$151/\$230

Tae Kwon Do Jujitsu

Ages 7 & Up

MAM

This is a comprehensive self-defense program that utilizes techniques and strategies from multiple martial arts such as Tae Kwon Do, Hapkido, and Brazilian Jujitsu Classes. Parent and youth can train and learn together. Instructor: 7th Dan Master Instructor, Mike Norman. *No class May 25.* **SP/ma**

Activity	Day	Date	Time	R/NR
2042301-01	M	Mar 30-Jun 1	6:30pm-7:45pm	\$114/\$174
2042301-02	Th	Apr 2-Jun 4	6:30pm-7:45pm	\$126/\$192

Advanced Tae Kwon Do Jujitsu

Ages 7 & Up

MAM

Students must be blue belt rank or higher. Students must be competent in International Taekwondo Federation (ITF) patterns up to blue belt rank. **SP/ma**

Activity	Day	Date	Time	R/NR
2042311-01	Tu	Mar 31-Jun 2	6:30pm-7:45pm	\$126/\$192

Hot Shots Sports Adult-Tot Tumbling

Ages 2-3 with Adult

MAM

Your child's physical, mental, emotional, and social skills are developed through this fun and challenging class. Children are introduced to age-appropriate exercises specifically designed for balance and coordination of their large muscle groups. Through basic gymnastics and movement, participants experience their world in a whole new way and begin to understand how their bodies work. Wear loose fitting clothing, gym shoes and be prepared to have tons of fun! Parent or caregiver participation is required. No class May 23. **SP/gS**

Activity	Day	Date	Time	R/NR
2011840-01	M	Mar 30-May 18	9:15am-10:00am	\$125/\$191
2011840-02	Tu	Mar 31-May 26	9:15am-10:00am	\$141/\$214
2011840-03	W	Apr 1-May 27	9:15am-10:00am	\$141/\$214
2011840-04	W	Apr 1-May 27	6:00pm-6:45pm	\$141/\$214
2011840-05	Th	Apr 2-May 28	9:15am-10:00am	\$141/\$214
2011840-06	Sa	Apr 4-May 30	11:15am-Noon	\$110/\$168

Hot Shots Sports Tiny Tumblers

Ages 3-4

MAM

This program is perfect for getting your child active and moving in a fun and safe setting. Children are introduced to basic gymnastics and tumbling movements to help them build coordination and body control. Players execute introductory acrobatic movements such as rolls, twists, handsprings, and somersaults, as well as other concepts the instructor deems appropriate after getting to know the class. Fun equipment and apparatus are used to provide participants with fun, challenging, but safe ways to become an amazing tiny tumbler! Wear loose fitting clothing, gym shoes, and be prepared to have tons of fun! No class May 23. **SP/gS**

Activity	Day	Date	Time	R/NR
2011844-01	M	Mar 30-May 18	10:00am-10:45am	\$125/\$191
2011844-02	Tu	Mar 31-May 26	10:00am-10:45am	\$141/\$214
2011844-03	W	Apr 1-May 27	10:00am-10:45am	\$141/\$214
2011844-04	W	Apr 1-May 27	4:15pm-5:00pm	\$141/\$214
2011844-05	Th	Apr 2-May 28	10:00am-10:45am	\$141/\$214
2011844-06	F	Apr 3-May 29	9:45am-10:30am	\$125/\$191
2011844-07	Sa	Apr 4-May 30	12:30pm-1:15pm	\$110/\$168

Hot Shots Sports Mini Tumblers

Ages 4-5

MAM

The next step in our tumbling program, the Mini Tumblers provides access for beginners, but also continues the development of those who have taken our Tiny Tumbler program. Players continue to refine basic movements, while also doing more combination movements and increasing their body control. New games and apparatus are introduced to continue to develop players, while ensuring gear is age-appropriate. Skill competitions are introduced to allow players to compete in a fun and interactive setting. Wear loose fitting clothing, gym shoes, and be prepared to have tons of fun! No class May 23. **SP/gS**

Activity	Day	Date	Time	R/NR
2011843-01	M	Mar 30-May 18	10:45am-11:30am	\$125/\$191
2011843-02	M	Mar 30-May 18	4:15pm-5:00pm	\$125/\$191
2011843-03	Tu	Mar 31-May 26	10:45am-11:30am	\$141/\$214
2011843-04	W	Apr 1-May 27	10:45am-11:30am	\$141/\$214
2011843-05	Th	Apr 2-May 28	10:45am-11:30am	\$141/\$214
2011843-06	Sa	Apr 4-May 30	1:15pm-2:00pm	\$110/\$168

Titan Tumblers

Ages 3-6

MAM

This program blends the technique of our tumbling classes with the fun, upbeat activities of our Ninja Warriors programs. Learn basic stance, rolls, somersaults, and twists for tumbling while also getting to end with exciting and fun obstacle courses to ensure a tremendous workout each class. Join us today to learn the basics of gymnastics while getting the thrill of being a Titan Warrior! No class Apr 18. **SP/gS**

Activity	Age	Day	Date	Time	R/NR
2011845-01	3-5	W	Apr 1-May 27	11:45am-12:30pm	\$141/\$214
2011845-02	3-5	W	Apr 1-May 27	6:45pm-7:30pm	\$141/\$214
2011845-03	4-6	W	Apr 1-May 27	7:30pm-8:15pm	\$141/\$214
2011845-04	4-6	F	Apr 10-May 29	11:15am-Noon	\$125/\$191

Hot Shots Sports Gymnastics 101

Ages 6-8

MAM

This introductory course exposes participants to the basics of gymnastics, working on balance and how to control their core and form. Participants learn how to properly invert themselves and do so in a safe, controlled manner, while also working on basic technique. There is no specific focus on any one aspect of gymnastics, but a broad study of what it takes to be a gymnast. We use skill competitions and individual challenges to provide a fun, safe, and interactive environment to learn and grow. Wear loose fitting clothing, gym shoes, and be prepared to have tons of fun! No class May 23. **SP/gS**

Activity	Day	Date	Time	R/NR
2011841-01	M	Mar 30-May 18	5:00pm-6:00pm	\$157/\$239
2011841-02	M	Mar 30-May 18	6:00pm-7:00pm	\$157/\$239
2011841-03	W	Apr 1-May 27	5:00pm-6:00pm	\$177/\$268
2011841-04	Sa	Apr 11-May 30	2:00pm-3:00pm	\$138/\$210
2011841-05	Sa	Apr 11-May 30	3:00pm-4:00pm	\$138/\$210

Hot Shots Sports Gymnastics 102

Ages 7-9

MAM

In this class, we expand on the skills learned in Gymnastics 101. Here, we are focused on fine tuning the skills we've learned. There is a greater emphasis on form and execution to really hone skills. We work to continue building the kids' strength and flexibility to help them grow as an athlete. Take those skills to the next level! **SP/gS**

Activity	Day	Date	Time	R/NR
2011842-01	W	Apr 1-May 27	3:15pm-4:15pm	\$177/\$268

Hot Shots Sports Gymnastics 201

Ages 9-11

MAM

This intermediate class works great for both beginners and those with a solid foundation of gymnastics form and technique. Participants focus on developing control and balance while learning more advanced concepts on how to control the body during handstands, handsprings, and cartwheels. Kids are exposed to a general knowledge of all the different events involved in gymnastics, and how each event requires a different skill set. No class May 23. **SP/gS**

Activity	Day	Date	Time	R/NR
2011846-01	M	Mar 30-May 18	7:00pm-8:00pm	\$157/\$239
2011846-02	Sa	Apr 11-May 30	4:00pm-5:00pm	\$138/\$210

THANK YOU TO OUR AFFILIATES FOR YOUR SUPPORT

The Park Ridge Park District recognizes that certain organizations exist within the community whose purposes are to serve and enhance recreational opportunities for a specific purpose and group. These organizations are separate and independent from the Park District and provide for their own leadership, organizational and operational structure. Although the stated missions of the organizations may differ, the contractual relationship between the Affiliate and the Park District creates a mutually beneficial environment in which to provide quality recreation for all the individuals served by the parties, as well as the general public. The Park District recognizes that at times it is in the best interest of the community that the Park District work with outside organizations in coordinating, integrating, and consolidating the planning and provision of recreational facilities and programs when basic functions are compatible and a public benefit may be derived. Through working relationships with outside organizations and joint efforts, each party can contribute to greater public service without relinquishing their separate identities or any of their individual responsibilities. The Park Ridge Park District thanks each affiliate organization for their contributions to the District and the community.

Park Ridge Garden Club

The Park Ridge Garden Club has been in existence since 1929 and is still “growing”. General meetings of the club are held at 7:00pm on the second Thursday of the month, September through June at the Centennial Activity Center. Visit us online for more club information at www.parkridgegardenclub.org.

Park Ridge Pickleball Club (PRPC)

PRPC is dedicated to promoting the sport of pickleball in Park Ridge. The club’s goals are to encourage pickleball play, teach its rules, and to grow participation in this active, easy-to-learn, and fun sport. We play indoors at the Centennial Fitness Center year-round and outdoors at Northeast Park, weather permitting. For more information, please contact Bob Rhine at 847-269-1012 or rsrhine77@gmail.com.

Northern Express Hockey Association

Northern Express Hockey Association is a not-for profit, family-oriented organization dedicated to the development of travel hockey in Park Ridge. The Express employs a paid, professional coaching staff that will develop your young hockey player. For more information, visit www.northernexpresshockey.org.

Park Ridge Speed Skating Club

The Park Ridge Speed Skating Club has been skating for fun, fitness, and competition for over 40 years. Our skaters range from 5 to 55 and ability levels range from novice to recreational to national level competitors. Our club staff consists of volunteers and compensated elite coaches. For more information, visit www.parkridgespeedskating.org or contact prspeedskating@gmail.com.

Park Ridge Football & Cheer

Park Ridge Football & Cheer is a non-profit organization that offers 5-14 year old boys and girls an exciting opportunity to compete and perform in an organized House or Travel setting for both football and cheerleading, fostering teamwork and friendships as well as building self-respect and discipline. For program information visit www.parkridgefootballandcheer.com.

Park Ridge Baseball

Park Ridge Baseball/Softball (PRBS) has been providing youth of Park Ridge fun and exciting competition for over 60 years and is open to boys and girls of all abilities, ages 5-17. PRBS’s purpose is to teach the boys and girls the correct way to play baseball/softball; provide role models; teach sportsmanship and other life lessons, which will benefit them in their lives. PRBS is administrated by an all-volunteer group of residents, who serve as Directors. Directors, managers and coaches are not compensated for their service. The Park District provides the fields and maintenance for the program and PRBS contributes a per player head tax for these services. For further information and details, please visit www.prbaseball.com.

Park Ridge Soccer

Park Ridge Soccer offers children a place to play soccer to improve their skills, for excitement, to be with friends, to make new friends and to be part of a team. For more information, visit www.prsoccer.com.

Park Ridge Mixed Doubles Tennis Association

PRMDTA promotes the game of mixed doubles tennis in Park Ridge by providing a friendly and social atmosphere with scheduled matches between teams of similar ability. This permanent partner league includes teams of ALL ability levels—beginner, intermediate, and advanced. Membership also includes various tennis mixers and an end of season platform tennis party. The season runs from April 1 to October 7 at Hinkley Park. For more information, visit www.prmtdta.weebly.com.

Park Ridge Women’s Tennis Association

The Park Ridge Women’s Tennis Association (PRWTA) promotes tennis and provides opportunities for all levels of players through singles and doubles challenge ladders, open play, social events, and tournaments. The outdoor season runs from May 1 to September 30. Visit www.prwta.org for membership information.

Brickton Art Center Scout Badges

Potter Badge

Earn this badge in a fun, 1.5-hour session at Brickton Art Center. Our instructor covers topics required to earn the badge such as the history of ceramics, kiln operations, and hand building techniques. The scouts also have a hands-on experience working with clay by making and glazing their own coil pot. Projects are ready for pickup in 10-14 days.

Fee: \$12/scout (min 5/max 20)

Painting Badge

Learn to paint and color your world in this 1.5-hour session at Brickton Art Center. We help you earn your badge while creating a colorful self-portrait on 11x14 canvas.

Class covers how to:

1. Get inspired
2. Paint the real world
3. Paint a mood
4. Paint without brushes
5. Paint a mural

When you've earned this badge, you'll have new ideas about what to paint—and how to paint it.

Fee: \$12/scout (min 5/max 20)

Days and times can be arranged by emailing the Brickton Art Center Director, Alyssa Harris, bricktondirector@gmail.com.

Centennial Fitness Center Scout Swim Lane Rental

Does your scouting group need their aquatic merit badge? This program is designed for scout groups that need to fulfill their water safety requirements for their merit badge. This program is not designed to meet the requirements of the Boys Scouts of America Aquatics Badge.

- A maximum of 10 scouts can be accommodated and all scouts must be accompanied by a leader.
- All pool rules apply during Scout Swim.
- Fee: \$40 if the group just needs pool space and \$55 if they need a staff member to sign off on any requirements.

Contact Ethan Williams at 847-692-8599 or ewilliams@prparks.org for lane rental availability.

Oakton Ice Arena Scout Fun Badge

Looking for a fun outing for your scout group? Head out on the ice! Your visit includes 1 hour of skating with a Skating Instructor who will teach your group the basics of skating. Come early or stay after to watch our Zamboni resurface the ice! Free skate rental is included with your registration. Bring a bike helmet, gloves and/or mittens, and wear warm, comfortable clothing. Upon completion of class, each scout earns a Fun Badge! Contact the Oakton Sports Complex at 847-692-4121 to book your scout group.

Activity	Day	Date	Time	R/NR
2250408-00	Sa	Apr 12	1:00pm-2:00pm	\$15
2250408-01	Sa	May 17	1:00pm-2:00pm	\$15



Wildwood Scout & Community Programs

Wildwood offers Girl Scout programs for Daisies, Brownies, Juniors, and Cadettes, and Cub Scout programs for Lions, Tigers, Wolves, Bears, and Webelos that fulfill all the necessary requirements to earn a badge. We also offer general programs for scouts and other community groups.

General Programs

- Animals
- Hiking
- Geocaching
- Campfire
- Fishing
- Outdoor Workdays/Clean-Ups
- Eagle Scout Projects/Gold Award Projects

Booking A Program

Programs are usually scheduled on weekdays in the afternoons or evenings. We ask that you book your program by the 15th of the month before your program so we can schedule our staff. Programs booked after that date will have to wait for staff confirmation.

Visit www.prparks.org for more details, or contact Cara Ruffo at cruffo@prparks.org or 847-692-3570.

Maine-Niles Association of Special Recreation



We are dedicated to improving the quality of life and through advocacy and awareness, promoting a successful leisure lifestyle for individuals with disabilities.

Recreation programs and services for all ages and abilities

About Us

Since 1972, M-NASR has provided and facilitated recreation programs and services for children, teens and adults with disabilities. We are an extension of the park districts in Des Plaines, Golf-Maine, Morton Grove, Niles, Park Ridge and Skokie and Lincolnwood's Parks and Recreation department.

M-NASR Programs

M-NASR offers a wide range of recreation programming, both in person and virtual. Programs include athletics, adaptive sports, camps, cultural arts, social opportunities, special events and much more. M-NASR's full time recreation staff have therapeutic recreation backgrounds and all programs are designed with the cognitive, psychological, social and physical needs of participants in mind.

M-NASR programs are offered throughout our member districts. M-NASR participants are welcome to register for all programs regardless of location, and transportation is available to select programs. To view our latest program guide, [click here](#).

M-NASR Inclusion Services

Inclusion provides opportunities for individuals with disabilities to participate alongside their non-disabled peers in park district recreation programs. M-NASR works cooperatively with its member park districts to provide training and education to staff, as well as resources and reasonable accommodations to include individuals with disabilities registered for recreational programs they offer. To view our Inclusion Information Guide, [click here](#).



MAINE-NILES ASSOCIATION OF
SPECIAL RECREATION
6820 W. Dempster Street
Morton Grove, IL 60053
Voice: 847-966-5522
Fax: 847-966-8340
Relay System: 800-526-0844

For more information about M-NASR programs and inclusion services, go to mnasr.org or call 847-966-5522.

Facility Locations

3. At Centennial Park

- **Centennial Fitness Center**
1515 W. Touhy Ave.
847-692-5129
- **Centennial Activity Center**
100 S. Western Ave.
847-692-3597
- **Centennial Aquatic Center**
100 S. Western Ave.
847-692-5044
- **Sled Hill**

6. At Hinkley Park

- **Hinkley Skate Park**
283 Busse Hwy.
- **Hinkley Pool**
25 Busse Hwy.
847-692-6602

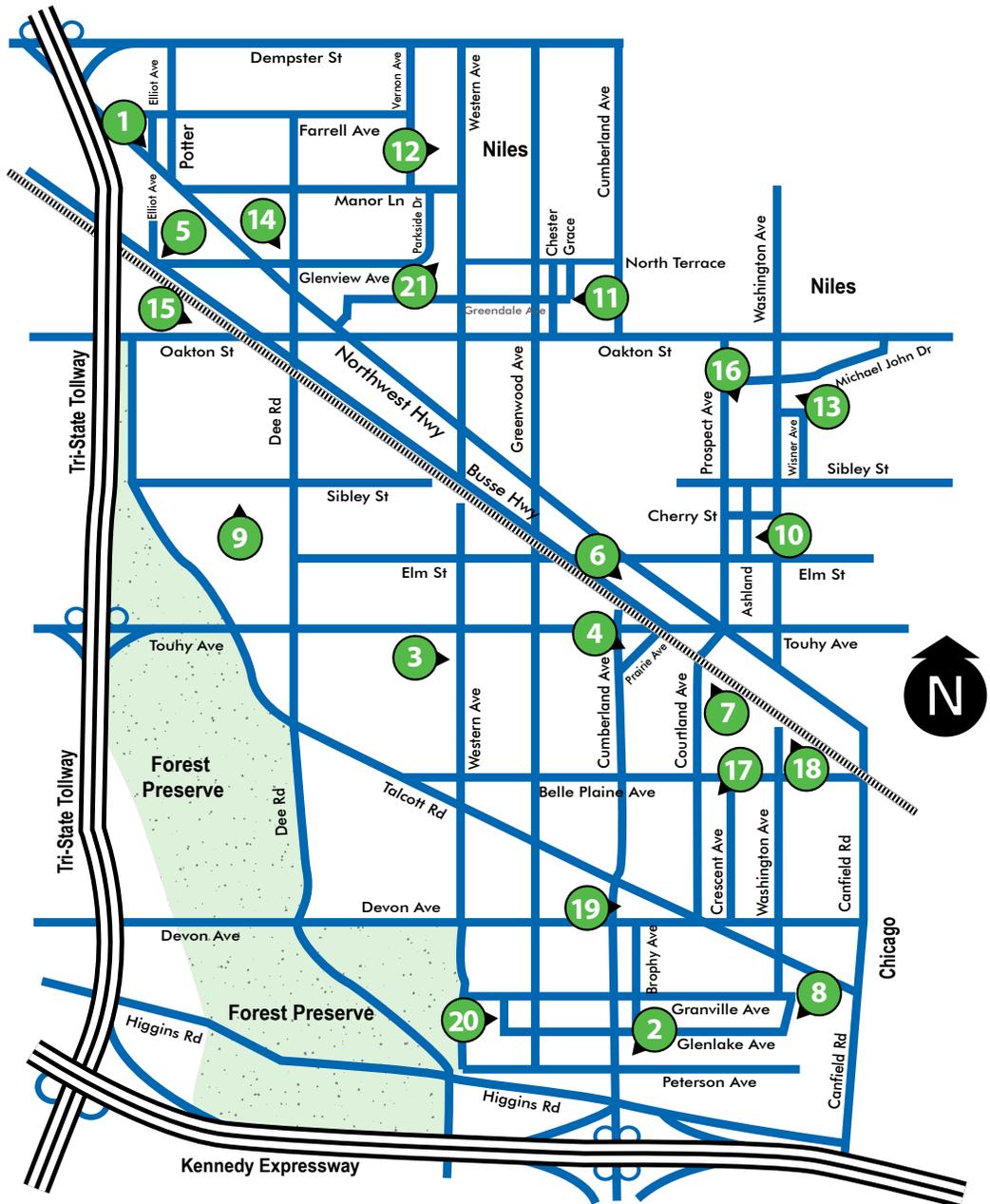
9. At Maine Park

- **Maine Park Leisure Center**
2701 W. Sibley St.
847-692-5127
- **Wildwood Nature Center**
531 Forestview Ave.
847-692-3570
- **Wildwood Program Center**
529 Forestview Ave.
847-692-3570
- **Wildwood Prairie & Pond**

15. At Oakton Park 2800 W. Oakton St.

- **Oakton Sports Complex**
847-692-3359
- **Oakton Driving Range***
- **Paws Park***

*Currently closed for construction.
Visit prparks.org for updates.



16. At Prospect Park 733 N. Prospect Ave.

- **Park District Administrative Offices**
- **Prospect Park Splash Pad**
847-232-8737
- **Paula Hassell O'Connor Community Building**

19. At South Park 833 W. Talcott Rd.

- **South Park Wading Pool**
847-692-3489
- **South Park Rec Center**
847-692-3556

Park Locations

1. **Mary Q. Alberding Park**, 1502 N. Northwest Highway
2. **Brickton Park**, 801 W. Glenlake
3. **Centennial Park**, 100 S. Western Avenue
4. **Cumberland Park**, 101 S. Cumberland
5. **Francis Park**, 1140 Good Avenue
6. **Hinkley Park**, 25 Busse Highway
7. **Hodges Park**, 101 S. Courtland Avenue
8. **Jaycee Park**, 1515 S. Washington Street
9. **Maine Park**, 2701 W. Sibley Street
10. **Morgan Park**, 302 N. Ashland
11. **Ni-Ridge Park**, 1101 N. Chester
12. **North Park**, 1400 N. Western Avenue
13. **Northeast Park**, 801 N. Washington
14. **Northwest Park**, 1200 N. Dee Road
15. **Oakton Park**, 2800 W. Oakton Street
16. **Prospect Park**, 733 N. Prospect Avenue
17. **Ridge Park**, 501 W. Belle Plaine
18. **Rotary Park**, 400 S. Washington Street
19. **South Park**, 833 W. Talcott Road
20. **Southwest Park**, 1600 S. Lincoln
21. **Woodland Park**, 1200 N. Western Avenue

PARK AMENITIES	Acres	Athletic Field	Ball Diamonds	Community Gardens	Dog Park	Football Fields	Golf Range	Gymnasium	Indoor Athletic Field	Indoor Skating	Nature Center	Outdoor Basketball	Outdoor Skating	Outdoor Walking Path	Performing Arts Area	Pickleball Court	Picnic Areas/Pavilion	Playground	Ponds	Port-a-Pottys	Recreation Center	Restrooms	Sand Volleyball	Skate Park	Sledding	Soccer Fields	Swimming	Tennis Courts	Wading or Splash Pad
1. Mary Q. Alberding Park	.25																												
2. Brickton Park	5		●															●		●						●			
3. Centennial Park	15.5		●					●						●			●	●			●	●			●	●	●		●
4. Cumberland Park	2.2																												
5. Francis Park	.25																												
6. Hinkley Park	12.5		●	●		●						●					●	●			●	●	●	●		●	●		
7. Hodges Park	.75																												
8. Jaycee Park	5.2		●									●						●		●						●	●		●
9. Maine Park	10.1		●					●			●			●			●	●	●		●	●			●	●			
10. Morgan Park	2.5																												
11. Ni-Ridge Park	4											●						●								●			
12. North Park	4.3																	●		●						●			
13. Northeast Park	9.1											●				●	●	●		●						●		●	
14. Northwest Park	13		●			●											●	●		●									
15. Oakton Park	16.5				●		●		●	●			●	●							●								
16. Prospect Park	11.3	●												●	●		●	●			●	●							●
17. Ridge Park	.25																												
18. Rotary Park	.5											●						●											
19. South Park	5.8		●										●			●	●	●		●	●							●	●
20. Southwest Park	6.9		●			●						●						●		●						●			
21. Woodland Park	12															●	●	●		●						●			

Inclusion Services

The Park Ridge Park District welcomes participation in all programs and activities by individuals with disabilities and special needs. The Park Ridge Park District is committed to inclusion and providing public recreation services in the most integrated setting, in which interaction between people with and without disabilities is provided to the maximum extent feasible. The Park Ridge Park District works cooperatively with the Maine-Niles Association of Special Recreation (M-NASR) to facilitate successful participation for participants who register for inclusive programming. Participants will be required to function and participate within set ratios, behave in a way that results in appropriate, kind, and positive interactions with others, and independently manage personal care including toileting, feeding, and personal hygiene.

If you have a special need or request for reasonable accommodation, please contact the Park District in advance - call 847-692-5127 or email drrossi@prparks.org. Our Recreation team and M-NASR will evaluate each request on a case by case situation to abide by the Americans with Disabilities Act. Once reviewed, the Park District will contact you.

Medical Care

The Park District does not employ any nurses, doctors or other staff who are licensed, certified, or trained to provide medical diagnoses or care to patrons. Whenever possible, medications should be dispensed or administered by parents or guardians before or after programs and camps. The Park District reviews requests for assistance with administration of medicine on a case-by-case basis. In some circumstances, the administration of medication cannot be performed by Park District staff because of specific and/or complex physician or manufacturer instructions, because a request requires medical diagnosis or judgment from our lay staff, and/or because the medication requires invasive procedures.

Illness

For the well-being of all participants, any person who has a contagious disease or is running a fever, experiencing diarrhea, cold symptoms, or vomiting should refrain from attending programs or visiting facilities. Any contagious disease (i.e. chicken pox, measles, roseola, mumps, strep, or rubella) should be reported to a Park District staff member; as well as any cases of head lice, impetigo, or other skin disorders. Participants should be free of all symptoms for 24 hours before returning. Parents/Guardians will be called to come and pick-up their child if the child becomes ill during a class.

Safety

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity.

All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision or instruction, and other risks inherent to the particular activity. In this regard, it is impossible for the Park District to guarantee absolute safety.

Code of Conduct – Park & Facility Users

All patrons are welcome to participate in programs, leisure activities, and recreational opportunities at the Park District. We trust our patrons to act in a civil manner and use safe practices while on Park District property.

We immediately address and take appropriate measures regarding unacceptable behavior, verbal disrespect, or abuse in order to insure the safety of all patrons and staff.

Code of Conduct - Participants

Safety is our utmost concern and we want all our participants to remember that good manners and behavior is essential to ensuring everyone's safety and making your experience with us a pleasant one. We ask that you report any conduct that is not acceptable to the supervisor on duty.

Photos & Videos

The Park Ridge Park District occasionally takes photographs or video of participants, staff and volunteers for promoting/advertising our programs, services, events, activities and facilities in our brochures, website or agency social media, and other promotional avenues. By registering for, participating in, working as an employee and/or volunteer, or attending Park Ridge Park District programs, events or other activities, the participant (or parent/guardian or a minor), employee or volunteer irrevocably agrees to the use and distribution by the Park Ridge Park District of his or her image (or of his minor child/ward) in photographs, video recordings, and any other electronic reproductions of such programs, events and activities for any purpose without inspection or approval and without compensation, rights to royalties or any other consideration now and in the future.

We Try Our Best

to make sure there are no mistakes in our brochure. Due to the large amount of information that makes up the brochure, errors prior to or after publication can occur. These may include fees, schedules, program codes, instructors, etc. We apologize for any inconvenience this may cause.

Online Registration

In order to use our online registration, a family account must be established with the Park District. Please complete a family information form and submit it along with proof of residency to the Park District prior to your first registration. This form can be found on page 98.

Upcoming Brochures

Please note, all Park District program brochures are available online to provide maximum flexibility and cost savings. The next brochure will be released as follows:

Summer 2026 Brochure:

Programs start June 8, 2026

- Released Monday, April 27
- Resident registration begins Monday, May 4
- Non-Resident registration begins Friday, May 8

Financial Assistance

Funds are available to assist low income families participating in Park District programs. Assistance is available to eligible Park Ridge Park District residents only. Approved applications will be applied to your account and awarded amount will be refunded to you. The financial assistance application can be found [here](#).

Waiver

Park Ridge Park District is a member of Park District Risk Management Agency (PDRMA). PDRMA is a self-insured pool that provides liability, workman's compensation, and property insurance to its agencies. PDRMA does not provide medical accident insurance.

As part of its loss control program, PDRMA requires each agency to have its participants sign a "Release and Hold Harmless Agreement" for all activities. You will agree to the waiver as part of your online registration process.

Family Definition:

A family is parent(s) or civil union partners along with unmarried children age 25 and under living at home. Children age 26 and older living at home and any other relative or individual may not be included on the family account. This includes nannies, grandparents, aunts, uncles, etc. They are considered individual residents and must be entered as an individual family account.

Residency

Resident rates apply to addresses within the Park District boundaries. Please check your itemized property tax bill to verify that you are a Park Ridge Park District resident.

Residency Verification:

Proof of residency and the Family Information Form is required with your first registration in order to receive resident rates. An acceptable form of residency verification includes a current driver's license or utility bill. **Your residency verification is valid for two years.** To check if you have a valid Residency Verification pass, log in to your online account, and select "My Membership Card" from the menu. If your membership is current, it will be listed beneath the barcode along with the date range your pass is valid. If you do not see a pass listed with the description of "Residency Verification", your residency needs to be renewed. To renew your proof of residency or to verify a change in address, email photos of your documentation to recreation@prparks.org. The head of the household must provide a current driver's license or utility bill.

If you do not have an online username and password, please contact recreation@prparks.org for assistance.



Non-Resident Buy-In Option

Some residences are within the boundaries of the City of Park Ridge but not wholly or partially within the Park District. Those residents are eligible to purchase an annual buy-in. The buy-in provides your household with resident rates on Park District programs and facilities for one-year from the date of purchase. (Please be aware, you must still wait until non-resident registration begins to register for programs.) The cost of the buy-in option is based on the assessed value of your property multiplied by the last known tax rate of the Park Ridge Park District. Please call 847-692-5127 for more details.

Family Situations

Staff understand and respect the differences in all families and will aim to do our best to work with each individual circumstance. Regarding divorce and separated situations, Park District staff will not act as an intermediary between parents and will call the police as necessary. Parents must communicate with each other first, and then contact the Park District. Staff will not coordinate items such as payments, registration, communication between parents, or child pickup. We understand these situations can be difficult and emotional, but we ask to please refrain from taking out frustrations on staff. We can help by setting up separate

accounts and, if requested, we can email both parents/guardians program information. To set up separate family accounts or to request an additional email for communication please contact Debbie Majchszak at dmajchszak@prparks.org or 847-692-5127.

In cases where the child is the subject of a court order (e.g., Custody Order, Restraining Order, or Protection from Abuse Order) a Certified Copy of the most recent order and all amendments thereto must be uploaded into ePact in the Shared Files section or shared with the supervisor. The orders of the court will be strictly followed unless the parent or parents with legal custody requests a more liberal variation of the order in writing. In the case where both parents have joint legal custody by order of the court, both parents must sign the request for more liberal interpretation of the order.

In the absence of a court order on file, both parents will have equal access to their child as stipulated by law. Without a court order, the Park Ridge Park District cannot limit the access of one parent by request of the other parent, regardless of the reason. Staff will contact the police should a conflict arise.

Program Withdrawals

You may request a withdrawal either by calling 847-692-5127 or by submitting a completed "Program Withdrawal Request" form (available at prparks.org) and emailing to recreation@prparks.org. If you withdraw from a program prior to the start, a full program fee **minus a \$5 administrative fee** will be applied as a credit to your Park District account. Prorated refunds will be issued for classes canceled by the District that are unable to be rescheduled or for a patron moving out of District. If for any reason, you would like to be reimbursed instead of credited, please allow two to three weeks for refund processing. After the start, a prorated program fee, **minus the \$5 administrative fee**, will be issued as a credit based on the date of the request. The district may prorate the expenses already incurred in advance for any program or event. No refunds will be issued after the third class. Class credits or refunds will not be granted for participant schedule conflicts. This refund policy does not apply to summer camps.

The above policy does not apply if you are unsatisfied with a program; the Park Ridge Park District promises to provide quality recreational services. Visit www.prparks.org for our Satisfaction Guarantee.

Family Information Form



Are you new to the Park Ridge Park District? In order to register, a current Family Information Form must be completed to establish your family account.

Please complete ALL OF THE INFORMATION below. Return this form to any Park District facility for processing or email completed form along with proof of residency to recreation@prparks.org.

When establishing a new resident household account, proof of residency is required. Acceptable forms of proof of residency are as follows:

1. Valid driver's license or state ID
2. Current utility bill (within the last 30 days)

Resident rates apply to addresses within the geographical boundaries of the Park Ridge Park District. Please check your itemized property tax bill to verify that you pay taxes to the Park Ridge Park District. Your residency verification is valid for two years from the date of submission.

Family Definition: A family is parent(s), civil union partners, or legal guardians with unmarried children age 25 and under living at home. Children age 26 and older living at home and any other relative or individual may not be included on the family account. This includes nannies, grandparents, aunts, uncles, etc. They are considered individual residents and must be entered as an individual family account.

Primary Contact for Family: (please print)

Family Last Name _____

Address _____

Apt # _____

City _____

State _____

Zip _____

Primary Phone _____

Primary E-mail _____

(The Park District will keep your e-mail address confidential. This information may be used for updates & marketing promotions from the District.)

Family Members at Above Address: (Please list if any Americans with Disabilities accommodations are needed.)

Last Name	First Name	Birth Date	Phone Number	Gender
1 _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
2 _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
3 _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
4 _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
5 _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
6 _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F

Emergency Contact Information: (alternate to primary)

Full Name _____ Relationship _____

Home _____ Work _____ Cell _____

Staff Use: _____ Date Entered: _____ Proof of Residency: D U



Registration Form

Return this form for processing:

1. Fax completed form to 847-692-6949 or email to recreation@prparks.org.
2. A confirmation email will be sent once registration is complete.

Call Maine Park at 847-692-5127 with questions regarding your registration.

Family Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Primary Phone: _____ Alternate Phone: _____

A.D.A. Statement: Park Ridge Park District intends to comply with the intent and spirit of the Americans With Disabilities Act. If you need special accommodations, please call 847-692-5127 so that we may make the necessary arrangements for you.

Yes, I have special disability needs. Name of Participant _____



PARTICIPANT'S FIRST NAME	ACTIVITY #	PROGRAM TITLE	2nd CHOICE (ACTIVITY #)	M/F	DATE OF BIRTH	FEE

NOTE: Program withdrawals are subject to a \$5 administrative fee.	Subtotal	
	Wildwood Nature Center Donation	
	Account Credit	
	Total Enclosed	

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the programs, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in or being transported during any and all activities connected with and associated with this registration. I recognize and acknowledge that there are certain risks of physical injury as a participant in this program(s), and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in any programs or activities against the Park District and/or the Park Ridge Friends of the Parks, including their respective officers, agents, volunteers and employees. I have read and fully understand the above important information, warning of risk, assumption of risk, waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature. I have read and fully understand this waiver and understand my signature, or my guardian's signature if I'm under 18, is required to take part in Park District programs.

Signature _____ Date _____

By signing, I attest I am the legal parent/guardian for any participants under the age of 18 included on this registration form.

FOR OFFICE USE ONLY:

Total Paid \$ _____

Accepted by: _____

Date: _____

Method of Payment		Card # _____	Exp Date _____
<input type="radio"/> Cash <input type="radio"/> Check		Name _____	
<input type="radio"/> Credit Card		(as it appears on card)	
<input type="radio"/> Gift Card		Signature _____	

MAKE DIFFERENCE

PARTNER WITH THE PARK RIDGE PARK DISTRICT

For over 110 years, the Park Ridge Park District has provided recreational, leisure, and life-enhancing experiences to the community. Our unique and multi-faceted program allows sponsors to align your business to Park Ridge and surrounding communities. By partnering with local businesses, organizations, and individuals, we can build strong community relationships resulting in more opportunities to serve our participants and enhance experiences that last a lifetime. We strive to fulfill and exceed our obligations to our partners. Please consider partnering with us for one of the following opportunities:

- **Sponsorship of upcoming seasonal events such as the Summer Concerts in Hodges Park, Movie in the Parks, Country Farm Fair, and more**
- **Banner advertisements in the Centennial Fitness Center gym and the Oakton Sports Complex indoor athletic field**

To learn more about our sponsorship opportunities, please contact Margaret Holler, Marketing & Public Relations Director at mholler@prparks.org.

Why Partner with Us?

Promote Your Business

- Over 3,800 programs attract thousands of families each year from Park Ridge and the surrounding areas

Publicize Your Business

- Quarterly program brochure is distributed electronically to over 16,200 individuals in Park Ridge and surrounding areas
- Our website, prparks.org, attracts over 15,000 users each month
- Park District emails are sent to over 16,200 individuals
- Reach a larger audience with promotion on the Park District's social media pages, 6,900+ Facebook followers and 3,800+ Instagram followers

Increase Image & Visibility

- Showcase your goods or services
- Build goodwill among your client base

Create a legacy

- Unite with a stable, respected organization with a prominent presence within the community for over 110 years

Thank you to our Partners!

Allstate - Tunnell Insurance Agency	MPowered Smiles
Amada Senior Care	Orthodontics
Ancel Glink	North Branch Dermatology
Beer on the Wall	Northern Express Hockey Association
Chestnut Square at the Glen	Oak Street Health
Chris Varco - OriginPoint	Olson's Ace Hardware
Chiro One	Olympian Plumbing
College H.U.N.K.S. Hauling	Park Ridge Baseball & Softball
Junk & Moving	Park Ridge Community Fund
Concrete Doctors	Park Ridge Football
DiFranco Orthodontics	Park Ridge Friends of the Parks
Divine Vending	Park Ridge Lacrosse
Edward Jones - Moussa El Metennani	Park Ridge Soccer Club
Elements Massage	Park Ridge Wilderness Scouts
Harp and Fiddle	Patina Wine Bar
HomeSmart Realty - Anna Purymska	Raising Cane's Chicken Fingers
Humana	STROLL Park Ridge Magazine
IAPD - Powerplay!	Summit of Uptown Park Ridge
Illinois Bone & Joint Institute	Team Fallico Real Estate
Judge Law, LLC	The Danish Home of Chicago
Le Village Cowork	The McGovern Group - RE/MAX Properties Northwest
Legacy Crossings 55+ Apartment Living	The Radcliff
Lifeway	The Real Park Ridge Magazine
Maine Eagles Wrestling Club	Tommy Pollina Landscape Company, Inc.
MD Ventures Med Spa	Wight & Company
Men's Gameday Health	
Montclair Assisted Living & Memory Care	
Moloney Custom Homes	

