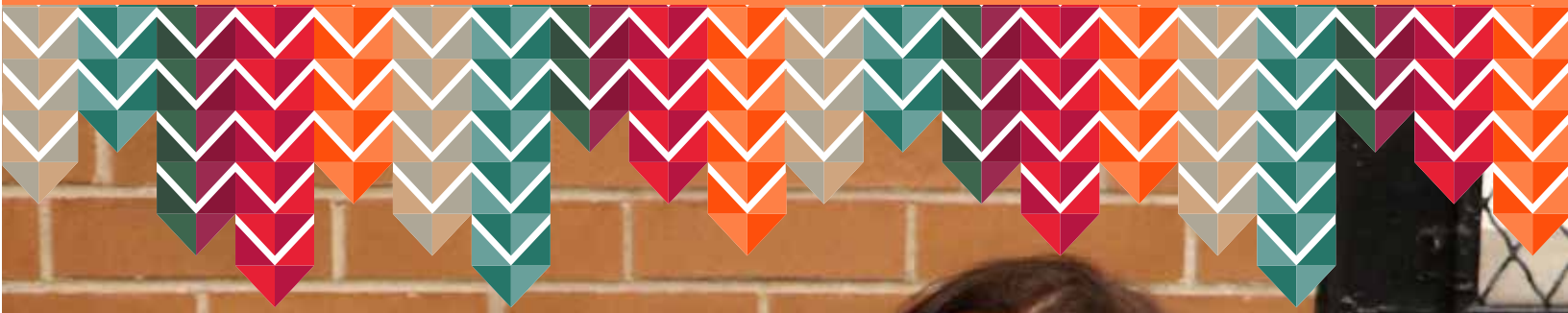


PARK RIDGE PARK DISTRICT

# Programs & Events

Spring 2024



**RESIDENT REGISTRATION:**

Monday, March 4 | 7:30am online | 8:30am in person

**NON-RESIDENT REGISTRATION:**

Friday, March 8 | 8:30am online & in person



**PRPARKS.ORG**

847-692-5127

[comment@prparks.org](mailto:comment@prparks.org)



THOUSANDS OF HAPPY CLIENTS =

# A HAPPIER PARK RIDGE COMMUNITY

We Help. We Care. It's that simple! If you're considering a move in 2024, your #1 Park Ridge residential real estate team is here to help.



Craig and Nick Fallico, happy Park Ridge community members and Realtors



847.226.0834 | [TeamFallico.com](http://TeamFallico.com)  
[TeamFallico@dreamtown.com](mailto:TeamFallico@dreamtown.com)

# Important Information

## Registration

Online registration is encouraged. It is simple to register in real-time with just a click!

### If you are unable to register online and need in-person assistance:

Call (847) 692-5127 or email [recreation@prparks.org](mailto:recreation@prparks.org). Walk-in registration is available at Maine Park Leisure Center, Centennial Fitness Center, and Centennial Activity Center.

In order to register online, visit [prparks.org](http://prparks.org) and click on the REGISTER button on the top right to enter the online registration site. Enter your username and password to log in. If you have registered for programs with the Park District in the past, you most likely already have an account. If needed, click the FORGOT PASSWORD button to reset your password. If the system cannot find your account, one needs to be created.

To create a new account, complete the [Family Information Form](#) and email it to [recreation@prparks.org](mailto:recreation@prparks.org). Residents must also email photos of proof of residency materials for each member of your household. We ask that you secure your account or license numbers by redacting/crossing out completely prior to emailing.

### Acceptable forms of proof of residency include:

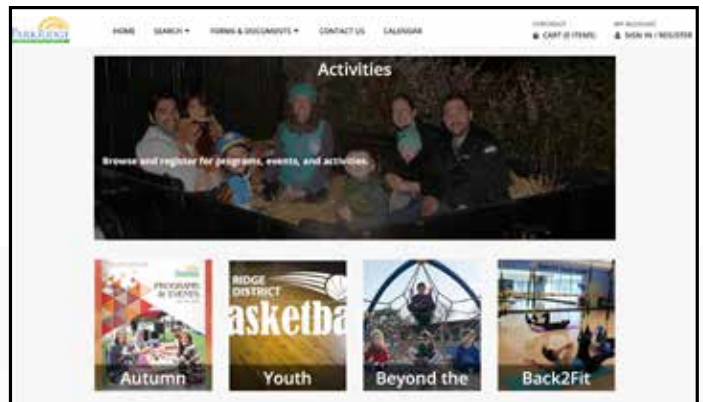
- Current driver's license
- Current utility bill (within the past 30 days)

After customer service creates your account, you will receive an email from [parkridge@rectrac.com](mailto:parkridge@rectrac.com) that contains a link which will direct you to our registration site to create a password for access to online registration. Please be aware that this link expires 24 hours after the email is sent.

### Click to watch short tutorials:

Creating a Household Account

How to Register Online



## Your Residency Verification is Valid for Two Years!

To check if you have a valid Residency Verification pass, log in to your online account, and select "My Membership Card" from the menu. If your membership is current, it will be listed beneath the barcode along with the date range your pass is valid. If you do not see a pass listed with the description of "Residency Verification", your residency needs to be renewed.



To renew your residency verification pass or to verify a change in address, a current driver's license or a utility bill is required.

Options for renewing your residency verification pass:

1. Visit one of our registration offices during open hours (this is the preferred method to renew).
2. Email a photo of a current driver's license or utility bill to [recreation@prparks.org](mailto:recreation@prparks.org). If you choose to email, we ask that you secure your account or license numbers by redacting/crossing out completely prior to emailing.

**A current and valid residency verification pass will ensure the ability to register starting at resident registration dates and to continue receiving resident rates.**

If you do not have an online username and password, please contact [recreation@prparks.org](mailto:recreation@prparks.org) for assistance.

Resident Registration Begins  
Monday, March 4

7:30am online & 8:30am in person

Non-Resident Registration Begins  
Friday, March 8

8:30am online & in person

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**Resident Registration Begins**  
**Monday, March 4**  
7:30 am online at [prparks.org](http://prparks.org)  
8:30am in person

**Non-Resident Registration Begins**  
**Friday, March 8**  
8:30am online & in person

# Facilities & Program Locations

## Program Locations

- BAC** – Brickton Art Center
- CAC** – Centennial Activity Center
- CAQ** – Centennial Aquatic Center
- CFC** – Centennial Fitness Center
- CFC/p** – Centennial Fitness Center Pool
- CFC/fs** – Centennial Fitness Center Fitness Studio
- CFC/g** – Centennial Fitness Center Gym
- HP** – Hinkley Pool
- MPLC** – Maine Park Leisure Center
- MP/ds** – Maine Park Dance Studio
- MP/g** – Maine Park Leisure Center Gym
- PROS** – Prospect Park
- PROS/cb** – Paula Hassell O'Connor Community Building
- SP** – South Park
- SP/ml** – South Park Main Level
- SP/ma** – South Park Martial Arts Studio
- SP/gs** – South Park Gymnastics Studio
- WNC** – Wildwood Nature Center
- WPC** – Wildwood Program Center

## Park Locations

- CP** – Centennial Park
- HINK** – Hinkley Park
- HODG** – Hodges Park
- MP** – Maine Park
- NIRP** – Ni-Ridge Park
- NWP** – Northwest Park
- NEP** – Northeast Park
- SWP** – Southwest Park
- WP** – Woodland Park

## Centennial Activity Center (CAC)

100 S. Western Avenue, Park Ridge 847-692-3597

The Centennial Activity Center is home to the S.T.A.R. Membership, where active adults 55+ can partake in classes, games, luncheons, events, and trips. The Center also features spacious multi-purpose rooms, a kitchen, and stage available to rent. **See pages 24-32.**



## Centennial Fitness Center (CFC)

1515 W. Touhy Avenue, Park Ridge 847-692-5129

The Centennial Fitness Center features fitness machines, a full gymnasium and elevated indoor walking track, a lap and leisure pool, racquetball courts, and more. Become a member and enjoy the many amenities. **See pages 19-23.**



## Maine Park Leisure Center (MPLC)

2701 W. Sibley Street, Park Ridge 847-692-5127

Maine Park Leisure Center is the hub of the Park Ridge Park District. The classrooms of this renovated school building are alive with children, teen, and adult programs ranging from dance to cooking, sports to our preschool programs. It is also home to the Park District's registration offices.



## Prospect Park (PROS)

733 N. Prospect Avenue, Park Ridge 847-692-5127

Prospect Park is the Park District's newest park and facility location. It is home to the Park District's administrative offices, Prospect Park Splash Pad, playground, performing arts area, athletic field, jogging track, and the Paula Hassell O'Connor Community Building, which is available for private rental. **See page 42.**



## Oakton Sports Complex (OSC)

2800 W. Oakton Street, Park Ridge 847-692-3359

This Spring, the District breaks ground for construction of the new Oakton Sports Complex. Visit [prparks.org](http://prparks.org) for project updates.



## South Park Recreation Center (SP)

833 W. Talcott Road, Park Ridge 847-692-3556

With ample outdoor space, conveniently located South Park Recreation Center is the perfect place to host any type of event—personal or corporate. The main level features a large meeting room with a full kitchen. The lower floor is home to gymnastics and martial arts studios.



## Wildwood (WNC/WPC)

529/531 Forestview Avenue, Park Ridge 847-692-3570

Wildwood Nature Center (WNC), located at 531 Forestview, houses our nature staff, live animals, and Nature Nook environmental playroom. This facility offers drop-in hours for nature discovery! Across the pathway is the Wildwood Program Center (WPC), located at 529 Forestview, which hosts our scheduled nature classes, birthday parties, scout programs, school groups, and camps. Outside these unique facilities, spend some time enjoying the Maine Park Ponds, Prairie, and Woodland. **See page 36-37.**



# Staff Directory

## Administrative Staff

Executive Director	Gayle Mountcastle	<a href="mailto:gmountcastle@prparks.org">gmountcastle@prparks.org</a>	847-692-3442
Superintendent of Business & Finance	Karen Larson	<a href="mailto:klarson@prparks.org">klarson@prparks.org</a>	847-692-3406
Superintendent of Buildings & Grounds	Terry Wolf, CPSI, CPO	<a href="mailto:twolf@prparks.org">twolf@prparks.org</a>	847-692-3516
Superintendent of Recreation	April Armer, CPRP	<a href="mailto:aarmer@prparks.org">aarmer@prparks.org</a>	847-692-3319
Marketing & Public Relations Director	Margaret Holler, CPRP	<a href="mailto:mholler@prparks.org">mholler@prparks.org</a>	847-692-3346
Human Resources Director	Diane DiGangi, SPHR	<a href="mailto:ddigangi@prparks.org">ddigangi@prparks.org</a>	847-692-3405
Executive Administrative Assistant	Mary Beth Golden	<a href="mailto:mgolden@prparks.org">mgolden@prparks.org</a>	847-692-3482

## Support Staff

Accounting Manager	Lucy Loizzo	<a href="mailto:lloizzo@prparks.org">lloizzo@prparks.org</a>	847-692-6916
Information Technology Director	Eileen O'Leary	<a href="mailto:eoleary@prparks.org">eoleary@prparks.org</a>	847-692-2464
Project Manager	Jennifer Meunier, PLA, CPSI	<a href="mailto:jmeunier@prparks.org">jmeunier@prparks.org</a>	847-292-1258
Risk & Safety Manager	Jennifer Meyers, CPRP, SPHR	<a href="mailto:jmeyers@prparks.org">jmeyers@prparks.org</a>	847-292-8902

## Park District Board of Commissioners

The public is invited to attend Park Ridge Park District Board Meetings, which are held on the first and third Thursday of each month at 7:00pm at Prospect Park, Wohlers Hall, 733 N. Prospect Ave.

Members of the Board of Commissioners are elected by the public and responsible for setting policy for Park Ridge Park District. Current board members include:



Joan Bende

[jbende@prparks.org](mailto:jbende@prparks.org)



Rob Bowe

[rbowe@prparks.org](mailto:rbowe@prparks.org)



Cindy Grau

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Melissa Hulting

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Brian Matza

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John Tunnell

[jtunnell@prparks.org](mailto:jtunnell@prparks.org)

# OUR MISSION

Park Ridge Park District's mission is to enhance Park Ridge's quality of life by providing park and recreation opportunities for all residents while being environmentally and fiscally responsible.

# Staff Directory

Throughout the brochure we have listed initials at the top of each description that refer to the staff member supervising that program. Feel free to contact us with any questions or concerns you may have.



**Aquatics Manager**  
Ethan Williams (EW),  
CPRP, CPO  
847-692-8599  
[ewilliams@prparks.org](mailto:ewilliams@prparks.org)



**Recreation Program Manager**  
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847-692-6911  
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**Wildwood Supervisor**  
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**Aquatics Supervisor**  
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**Preschool & Early Childhood**  
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**Nature Program Coordinator II**  
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**Centennial Fitness Center Manager**  
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**Athletics**  
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**Nature Program Coordinator II - Nature Preschool**  
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[mkowalski@prparks.org](mailto:mkowalski@prparks.org)



**Membership Services Supervisor**  
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**Special Events, Parties & Youth**  
Meghan O'Neill (MO)  
847-292-8906  
[moneill@prparks.org](mailto:moneill@prparks.org)



**Nature Program Coordinator I - Nature Preschool**  
Maggie Martin (MM)  
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[mmartin@prparks.org](mailto:mmartin@prparks.org)



**Fitness Supervisor**  
Regina Mundt (RM)  
847-692-5149  
[rmundt@prparks.org](mailto:rmundt@prparks.org)



**Youth Programs**  
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**Oakton Facilities Manager**  
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847-692-8595  
[bdolan@prparks.org](mailto:bdolan@prparks.org)



**Centennial Activity Center Manager**  
Sarah Chuipek (SC)  
847-692-3035  
[schuipek@prparks.org](mailto:schuipek@prparks.org)



**Teens & Cultural Arts**  
Liz Gilroy (LG), CPRP  
847-692-3367  
[egilroy@prparks.org](mailto:egilroy@prparks.org)



**Oakton Facility Supervisor**  
Jordan Mann (JEM),  
CAM, CAO, CAP, CSD  
224-585-4860  
[jmann@prparks.org](mailto:jmann@prparks.org)



**Seniors & Adults**  
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847-692-3007  
[egalan@prparks.org](mailto:egalan@prparks.org)



**Customer Service Manager**  
Debbie Majchszak  
847-692-3247  
[dmajchszak@prparks.org](mailto:dmajchszak@prparks.org)



**Skating Director**  
Chris Knierim (CK)  
847-292-8911  
[cknierim@prparks.org](mailto:cknierim@prparks.org)

# PARK RIDGE PARK DISTRICT



## *Current Job Opportunities include:*

- **Before & After School Program**  
Counselors, Assistant Site Coordinator,  
Site Coordinator
- **Lifeguards and Swim Instructors (Ages 15 & up)**
- **Preschool & Early Childhood Positions**
- **Summer Camp Counselor Positions**
- **Maintenance Building Attendant**
- **Centennial Fitness Center**  
Fitness Instructors & Personal Trainers
- **Recreation Programming**  
Classes, Sports Leagues, Nature Center

**Working for the Park District gives you  
more opportunities to play!**

*Enjoy Employee Benefits valued up to \$6,000!*  
Fitness Center Membership  
Indoor & Outdoor Pool Use  
Classes & more!

**Now Hiring for Summer!**

**Click this ad to View ALL of our  
Job Openings and APPLY TODAY!**



# Special Events

## Summer Craft & Vendor Fair

**Saturday, June 8**  
**9:00am-3:00pm at Centennial Park**

Do you sell fashion items, accessories, jewelry, skin care, cosmetics, home goods, art, or sweet treats? Sign up as a vendor for our Summer Craft & Vendor Fair!

This is an outdoor event rain or shine. Vendor spaces include an 8ft table and two chairs. For specific guidelines and an application, please email [schuipek@prparks.org](mailto:schuipek@prparks.org).

**Vendor Fee: \$75**  
**Register with Activity #2230904-01**  
**Registration deadline: May 20**



### Science Night

Families CR

Turn your family into scientists and explore fun science concepts with us! Make cool discoveries through experiments, projects, and play. April's theme is Earth Inspired. Please register only one member of your family. **WPC**

Activity	Day	Date	Time	Fee
2160503-01	F	Apr 12	4:00pm-5:00pm	\$20 per family
2160503-02	F	Apr 12	6:00pm-7:00pm	\$20 per family

### Royal Tea & Fashion Show

Ages 3 & Up with Adult MO

It's a Royal Tea Party and all the princesses and princes are invited! Dress in your best for our royal fashion show. A special guest will be on hand to walk down the fashion runway with you to strike that special pose! Enjoy finger sandwiches, fruit salad, tea, and a royal dessert. Bring an adult for a fun afternoon! Pre-registration is required. Sign up early, as this event fills quickly. **SP**

Activity	Day	Date	Time	R/NR
2151111-01	Sa	May 4	11:00am-1:00pm	\$24/\$41 per person

### Zombie Tag

Families CR

Ready for Wildwood's twist on the classic tag? A popular Nature Camp and Discovery Crew game, Zombie Tag is a prairie-wide invasion to escape and evade getting tagged by the group of Zombie players. Zombies are marked with an X, and getting tagged by a zombie player results in one stripe across your own shirt. A second stripe makes you a full fledged "Zombie" and you join the rest of the mob. **WPC**

Activity	Day	Date	Time	R/NR
2160509-04	Tu	May 14	5:45pm-7:00pm	\$5

### Pond Dippers

Families CR

Have fun as a family discovering what lurks beneath the surface of the pond! Dip and scoop with nets to catch lots of critters and maybe a few tadpoles! Learn all about life in the pond, and dress for a mess. Fee is per family; please only register one member of your family. **WPC**

Activity	Day	Date	Time	Fee
2160505-01	W	May 22	6:00pm-7:00pm	\$20 per family

### S'more Stories and Songs

Families CR

Enjoy a night of s'mores, stories, and songs around a campfire with your family. Sit around Wildwood's campfire circle to sing songs, listen to stories, cook yummy s'mores, and head out around the pond for a nighttime stroll. Fee is per family, please register only one member of your family. **WPC**

Activity	Day	Date	Time	Fee
2160502-01	F	May 24	7:00pm-8:30pm	\$20 per family

### Backyard Campout

All Ages JC

Camp out with your family outside at Wildwood. Enjoy a campfire dinner and s'mores on Friday night and breakfast on Saturday morning. Before and after dinner, say hello to the Wildwood critters, borrow a fishing pole or net and visit the pond, and then enjoy a family friendly movie before turning in for the night. Participants are required to bring their own tents and bedding. Fee is per person. Please let us know if you have any dietary concerns/allergies. **WPC**

Activity	Ages	Da	Date	Time	R/NR
2160504-01	2-10	F/Sa	Jun 7-Jun 8	5:00pm-10:00am	\$19/\$23
2160504-02	11 & Up	F/Sa	Jun 7-Jun 8	5:00pm-10:00am	\$24/\$28

# Special Events



## Bloom & Grow!

### Community Gardens at Hinkley Park Reserve your space! SC

Whether you are an avid gardener or just beginning to explore your interest in gardening, garden plots are available to you this spring. Each garden plot is 4x16'. The community gardens are available daily from dawn-dusk, May 1-October 31. The cost of the plots is \$40 per season.

Due to the limited availability of spaces and interest in plots, registration is a lottery system open only to Park Ridge residents, age 18 & older. Payment is not required until lottery entries are selected. Lottery takes place on Monday, April 1.

**Lottery Register:** Standard Plot #2270001-01  
ADA Accessible Garden Plot #2270001-02

### Garden Gatherings Speaker Series

Ages 18 & Up SC

A Master Gardener from the University of Illinois Extension Program is coming to Park Ridge to educate gardeners on a variety of topics in a series of workshops throughout the summer.

**Look for the Garden Gathering Speaker Series dates in the Summer Brochure!**

## Help Clean Up Your Community!

### Earth Day Work Day

All Ages

JC

Join us for Earth Day Work Day, the perfect opportunity for service hours or simply giving back to the community in the spirit of Earth Day. We are cleaning up the Maine Park woodland, pond, and prairie. Children must be accompanied by an adult. Due to group size limitations, each person attending the work day must register. Feel free to bring work gloves from home. **WNC**



Activity	Day	Date	Time	Fee
2150010-01	M	Apr 22	5:00pm-6:00pm	Free

### Des Plaines River Clean Up

All Ages

JC

Scout troops, community groups, school groups, church groups, and individuals - help clean up our environment! We will meet at the front of the Maine Park Leisure Center at the flagpole at 4:30pm and walk together down Sibley to the Des Plaines River, where we'll pick up the unwanted litter. Garbage bags and rubber gloves are provided. Due to group size limitations, everyone attending must register. Children must be accompanied by an adult. **MPLC**

Activity	Day	Date	Time	Fee
2150011-01	Tu	May 21	4:30pm-6:00pm	Free

## AN ENCHANTED TAYLOR SWIFT-INSPIRED EVENING

Ages 7-14

MO

Dress in your finest Taylor Swift-inspired Style and join us for an evening filled with singing and dancing to a mix of your favorite Taylor Swift tunes. I Can See You making Bejeweled bracelets and capturing lasting memories in our photo area. Become a Superstar with a Gorgeous makeover. Hairstyling, makeup, and nail services provided by Glitzy Girls. Indulge in Swifty-themed snacks and beverages. The grand finale is set to amaze you with a live performance by "Are You Ready For It," a tribute artist celebrating the music of Taylor Swift. Get set for a night that Hits Different! **PROS/cb**

Activity	Day	Date	Time	R/NR
2151112-01	F	Apr 26	6:00pm-8:00pm	\$46/\$73





Sponsored by:



11<sup>th</sup> Annual

## Pedals for the Parks Bike & Trike Exchange

### Sale: Saturday, April 27

Donor Early Sale 9:00am-10:00am  
Public Sale 10:00am-12:30pm  
Centennial Aquatic Center  
100 S. Western Ave.

Credit Card Payment Strongly Preferred.  
No checks will be accepted.

In case of severe weather, the event will be rescheduled to  
Sunday, April 28. Check our website for updates.

**Helmet Fitting & Sale**  
by Advocate Lutheran  
General Hospital



\$11 per helmet  
(cash or check)

**Register Your Bike**  
with the



Park Ridge  
Police Department

### Donation Drop-Off:

Saturday, April 13  
9:00am - Noon  
Centennial Aquatic Center  
100 S. Western Ave.

Drop-Off is held rain or shine.

Your donation benefits programs  
of the Park Ridge Friends of the Parks  
and promotes reuse and bicycling  
in our community!

- 20% off the purchase of another bike at our sale
- A tax deductible donation
- Early shopping privileges the day of the sale

Please contact [prfriendsoftheparks@gmail.com](mailto:prfriendsoftheparks@gmail.com) with any questions.

# APRIL 20 EARTH DAY

*Outdoors at Maine Park*



Saturday, April 20  
11:00am-3:00pm  
2701 W. Sibley St.

Enjoy fun earth-inspired activities, create recycled crafts, discover live birds of prey and creatures big and small in the animal meet and greet, shop from eco-friendly vendors, learn from “green” organizations, give Smokey Bear and the Lorax a high five, and rope climb up a tree.

**In case of inclement weather, the event will be indoors at Maine Park Leisure Center.**

## Schedule of Events

### 11:00am-3:00pm

Games, Recycled Crafts, Raffles and Prizes, Eco-Friendly Products/Services, Smokey Bear, Tree Rope Climb, Food and Drinks for sale

### 11:00am-1:00pm

Illinois Bird of Prey from the Northern Illinois Raptor Center

### 11:30am-Noon

Ascension Dance Company performance

### 1:00pm-2:30pm

Scales and Tales Animal Meet and Greet

### 2:30pm

Reading of Dr. Suess' *The Lorax* and special appearance by The Lorax

## Bring gently used items to recycle!

- Us Again collection bin: clothes and shoes
- Old towels, sheets, blankets, and pillow cases (for wildlife rehabs)
- Park Ridge Public Library: gently used books
- Goodwill: dishware, pots, and pans
- Digs with Dignity: gently used home décor (knick knacks, decorative pillows, throw blankets, drapery, lamps), Kitchenware (pots & pans, toasters, crockpots, hand mixers, utensils, dishes), Modern Art, Gently used games or puzzle, Gently used books (all ages)
- Lost Woods Animal Sanctuary: gently used fleece blankets, newspaper, shredded paper, "tunnel" boxes (soda, 6-pack boxes), bunny boxes (sturdy boxes that aren't held together by tape, like the grocery store bulk boxes)
- The Harbour: gently used holiday decorations, birthday items, and business casual clothing for female youth ages 12-24
- Share our Spare: gently used baby and children's items, 0-5 years old

# *Living History* **WWII Tour**

*A Salute to the 80th Anniversary of D-Day, June 6, 1944,  
commemorating the Allied landing on the beaches of Normandy, France*



**Saturday, May 18 (*Armed Forces Day*)**

**10:00am – 4:00pm**

**Held at Prospect Park,  
721 N. Prospect Ave., Park Ridge, IL**

- Military encampment featuring uniformed Allied and Axis “troops” representing the European Theater of World War II
- Guided tours will depart regularly.
- Visit the Park Ridge History Center to view special WWII exhibits featuring the 10th Mountain Division and Park Ridge WWII veterans. The History Center building is ADA accessible.

Patrons should be prepared to participate and fully enjoy the family-friendly experience.

**Suggested donation: \$10 per adult/\$20 per family**

*In case of inclement weather, the event will be held indoors at the Paula Hassell O’Connor Community Building located at Prospect Park.*

*Keep the Story Alive...*



# Park District Facilities

Spring 2024



**Outdoor Aquatic Facilities**

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# Outdoor Aquatic Facilities



Centennial Aquatic Center, South Park Wading Pool & Prospect Park Splash Pad open on **Saturday, May 25.**

Hinkley Pool opens on **Saturday, June 1.**

Centennial Aquatic Center • Hinkley Pool • Prospect Park Splash Pad • South Park Wading Pool

## 2024 Pool Passes Go On Sale April 1!

	Resident Early Bird April 1-May 31	Resident June 1	Non-Resident April 1
Individual	\$103	\$120	\$182
Family of 2	\$155	\$181	\$270
Family of 3	\$208	\$242	\$361
Family of 4	\$233	\$270	\$407
Family of 5	\$255	\$292	\$442
Family of 6	\$274	\$311	\$470
Family of 7	\$295	\$336	\$501
Family of 8	\$315	\$355	\$531
Family of 9	\$336	\$377	\$559
Nanny Pass	\$103	\$120	\$182
Senior Pass (65+)	\$93	\$102	\$153
Senior Couple	\$139	\$155	\$232

Purchase your pool pass in April and receive two complimentary guest passes for daily admission to our outdoor aquatic facilities!

One set of passes per household; will be added to the household account.

- Early Bird are available until May 31. Regular pricing begins June 1.
- Anyone entering the facility must have a Pool Pass or pay daily admission, starting at 12 months of age. Children turning 1 by May 24 must purchase a pass.
- Daily fee age breakdown: 11m & under=Free | Child=Ages 1-17 Adult=Ages 18 & up | Senior=Age 65 & up
- All pass holders must have a valid picture in our system. If you do not have a picture, please visit Maine Park, Centennial Fitness Center, or Centennial Activity Center to have your picture taken.
- Full refunds will be granted for season pool passes issued before May 31. Starting June 1, prorated refunds will only be issued for medical reasons.
- Nanny Pass: Must be employed by a family holding a 2024 Pool Pass. Apply with the family employer and provide documentation of employment. Nannies may not be counted as an additional family member. One Nanny Pass per family.
- Persons younger than 9 years of age must be accompanied by a responsible person 16 years of age or older.

## 2024 Daily Fees

### Centennial Aquatic Center

Open Swim.....	\$10 R / \$15 NR
Senior, Age 65 & Older.....	\$8 R / \$11 NR
Twilight Swim (6:00pm-close) .....	\$6 R / \$11 NR
Lap Swim .....	\$6 R / \$11 NR

### Hinkley Pool

Open Swim.....	\$8 R / \$11 NR
Senior, Age 65 & Older.....	\$5 R / \$8 NR

Prospect Park Splash Pad.....\$5 R / \$8 NR

South Park Wading Pool.....\$5 R / \$8 NR



## Use your Phone to Pull Up Your Pool Pass!

If you are unable to find your physical pool pass ID card, you can log into your online registration household account on your phone to pull up your membership barcode for the admission desk to scan.

[CLICK HERE FOR DIRECTIONS](#)

## Contact the Staff: We're Here to Help!

**Aquatics Manager**  
Ethan Willimas (EW)  
847-692-8599  
[ewilliams@prparks.org](mailto:ewilliams@prparks.org)

**Aquatics Supervisor**  
Jenna Jezek (JJ)  
847-292-8921  
[jjezek@prparks.org](mailto:jjezek@prparks.org)

# Aquatic Facilities

Start training early as a Junior Lifeguard!

## Junior Lifeguard Class

Ages 10-14

EW

This program teaches students rescue techniques, pool procedures, CPR, and first aid. The skills learned will stick with students and help them down the line in not just lifeguarding, but real-life scenarios. We strive to develop leadership skills in our junior lifeguards, which is why they receive hands-on experience shadowing a real lifeguard. It is our hope that students transition into lifeguards when they turn 15 years old and practice these skills even more. At the end of the program, junior lifeguards get to participate in the Illinois Park and Recreation Association Lifeguard games. **HP**

Activity	Day	Date	Time	R/NR
2210113-01	M/W/F	Jun 17-Jul 12	9:00am-10:30am	\$100



### Want to Join Our Aquatics Staff?

Click here to apply for a lifeguard position today!



Registration includes two custom latex swim caps!

## Riptides Swim Team is Offering Pre-Registration for the 2024 Season!

Pre-Registration is for all 2023-2024 Non-Competitive Swim Team Participants & Previous Riptides Members

**Residents:** May 6 | **Non-Residents:** May 10

Pre-registration ends Sunday, May 12.

If non-residents miss the pre-registration, they must wait until general non-resident registration begins on Friday, May 17.

### Riptides Swim Team

Ages 6-18

JJ

The Riptides Swim Team is a competitive team that is part of the Northern Illinois Swim Conference. We practice on weekday mornings and compete against other local park districts on Wednesday nights (July 3 meet will be held Tuesday, July 2). Our goal is to provide a competitive team experience at a recreational level. Emphasis is on learning competitive skills, enjoyment of the sport, and a lifelong participation in swimming. Practices for 8:00am-9:00am swimmers alternate between Hinkley and Centennial pools.

All Riptides participants must be able to complete a length of the pool unassisted. Swimmers signing up for 2-hour 8:00am-10:00am practice must have knowledge of all four competition strokes and a strong level of physical fitness. Unsure which option is right for you? Please call 847-292-8921 for more information.

Activity	Day	Date*	Time	R/NR
4210207-03	M-F	Jun 10-Jul 24	8:00am-9:00am	\$195/\$275
4210207-01	M-F	Jun 10-Jul 24	8:00am-10:00am	\$335/\$467
4210207-02	M-F	Jun 10-Jul 24	9:00am-10:00am	\$195/\$275

\*No practice July 4. In case of inclement weather, practice will be cancelled.

Not sure if Riptides is right for you, or just looking to get a head start on the season? [See page 62](#) for information on our Riptides Pre-Season!





# Aquatic Facilities

## Private Pool Rentals

Registration opens for residents on April 1 and for non-residents on April 5, online at [prparks.org](http://prparks.org) ONLY.

Please contact Jenna Jezek at [jjezek@prparks.org](mailto:jjezek@prparks.org) or 847-292-8921 with any questions.

Click here for Pool Party FAQs

### Centennial Aquatic Center

Available beginning May 28

Private rentals of the Leisure Pool are available 7 days a week from 8:00pm-10:00pm. The Wading Pool is available to add on to evening rentals. Private Leisure Pool or Wading Pool Rentals are also available on weekend mornings.

#### Evening Rentals:

Daily, 8:00pm-10:00pm

Leisure Pool: \$470 R / \$606 NR

Add Wading Pool: \$100 R / \$125 NR

#### Morning Rentals:

Sat & Sun, 9:00am-10:30am

Leisure Pool: \$355 R / \$441 NR

Wading Pool: \$240 R / \$330 NR



### CENTENNIAL AQUATIC CENTER BIRTHDAY PARTIES

Available beginning June 8

Parties are available 7 days a week; reserved between 12:30pm-7:00pm. The party package includes food choice and patio area for 1 1/2 hours.

15 guests, includes birthday child: \$305 R / \$379 NR

Additional 5 guests: \$60 R / \$85 NR

Please complete a [Rental Application](#) to reserve your party.



### Hinkley Pool

Available beginning June 1

Private rentals at Hinkley Pool are available 6 days a week from 7:30pm-9:30pm (Wednesdays are not available).

\$400 R / \$580 NR

### South Park Wading Pool & Prospect Park Splash Pad

Available May 28-July 28

Private rentals are available 7 days a week from 5:30pm-7:00pm.

#### South Park Wading Pool

\$120 R / \$130 NR

#### Prospect Park Splash Pad

\$240 R / \$330 NR



Private Splash Pad rentals may add on a private room rental at the Paula Hassell O'Connor Community Building, or you may also rent the Prospect Park Pavilion. Please call Maine Park for room and pavilion rental details or fill out the [Facility Rental Application](#).

PARK RIDGE PARK DISTRICT  
**OAKTON**  
 SPORTS COMPLEX

2800 W. OAKTON STREET • 847-692-3359

## What's Next for the Oakton Renovation?



### Estimated Project Timeline:

- Permitting through March 2024
- Facility shuts down to prepare for construction March 2024
- Construction begins April 2024
- Project completed August 2025

For project updates, visit [prparks.org](http://prparks.org).



## TRAVEL PROGRAM

Since 1985

Join us for Learn to Play Hockey Classes!

For information on spring and summer programming, please contact Andy Pape at [andypape7@gmail.com](mailto:andypape7@gmail.com)

Northern Express Hockey Club has been a respected and successful travel hockey program in Park Ridge, Illinois.

Express Hockey prides itself on offering top level coaching and maximum ice time for reasonable rates. In addition to hockey skills, the Express places a high emphasis on respect and appreciation for the game of hockey.

For more information, contact:

**Brent Dolan** | [prexpresshd@yahoo.com](mailto:prexpresshd@yahoo.com)  
[northernexpresshockey.org](http://northernexpresshockey.org)





**CENTENNIAL  
FITNESS CENTER**  
PARK RIDGE PARK DISTRICT

1515 W. TOUHY AVENUE • 847-692-5129

*Community. Fitness. Fun.*



**Membership Options to Fit Your Needs • No Initiation Fees • Flexible Payment Options**

**BECOME A MEMBER TODAY!**

Our membership options are the right fit for the entire family. Choose an annual membership and stay committed to your well-being. Short-term memberships are available for those looking for flexibility. There is no initiation fee!

**Centennial Fitness Center Membership Includes:**

- Top-of-the-Line Cardio & Strength Equipment
- Indoor Walking/Running Track
- Double Gymnasium
- Indoor Lap & Leisure Pools
- Hot Tub & Sauna
- Member pricing on Personal Training and Group Fitness Classes
- Stretching Area
- Racquetball Court
- Pickleball & Badminton scheduled open play times
- Mini Lockers to store your keys, wallet, phone
- Locker Rooms and Showers available



**HOURS**

Monday-Thursday . . . . . 5:30am-9:00pm  
 Friday . . . . . 5:30am-8:00pm  
 Saturdays & Sundays . . . . . 7:00am-5:00pm

**HOLIDAY HOURS**

March 22-April 5 . . . . . Indoor Pool Closed  
 More details to come  
 March 31 . . . . . Closed  
 May 27 . . . . . Closed

**NON-MEMBER DAILY DROP-IN**

Youth & Adult . . . . . \$10 R / \$15 NR

*The daily fee provides individuals ages 13 & older with unlimited daily use of the Fitness Center, track, racquetball courts, open gym, and the indoor pool. Individuals 12 & under have unlimited access to open gym and the indoor pool. Teens ages 13-15 require a parent waiver on file prior to accessing the fitness center. Youth ages 11-12 are permitted to use the fitness center and track if they are within arm's length of parent. Each guest must pay the daily fee to be allowed in any area of the facility except the lobby. Parents/legal guardians observing participants in pre-registered programs are not required to pay the daily fee.*

**NOTE: Drop-ins under the age of 18 need a waiver signed by their parents on file.**

[Download the Youth Drop-In Waiver](#)

**TEEN FITNESS ORIENTATION**

All teens ages 13-15 need to take our Teen Fitness Orientation in order to be allowed upstairs on the fitness floor. This orientation goes over safety and etiquette on the fitness floor.

[Register for Teen Fitness Orientation](#)

**Contact the Staff: We're Here to Help!**

Centennial Fitness Center Manager  
 Justin Schuring (JS)  
 847-692-5136  
[jschuring@prparks.org](mailto:jschuring@prparks.org)

Member Services Supervisor  
 Brian Johnson (BJ)  
 847-692-5139  
[bjohnson@prparks.org](mailto:bjohnson@prparks.org)

Fitness Supervisor  
 Regina Mundt (RM)  
 847-692-5149  
[rmundt@prparks.org](mailto:rmundt@prparks.org)

Aquatics Manager  
 Ethan Willimas (EW)  
 847-692-8599  
[ewilliams@prparks.org](mailto:ewilliams@prparks.org)

Aquatics Supervisor  
 Jenna Jezek (JJ)  
 847-292-8921  
[jjezek@prparks.org](mailto:jjezek@prparks.org)

# Centennial Fitness Center

## MEMBERSHIP OPTIONS

ANNUAL MEMBERSHIPS	Monthly Fee
All Access (CFC Membership + Unlimited Group Fitness)	\$86
Individual/Corporate (Age 13-64)	\$45
Daylight Savings (M-F, 9am-3pm)	\$27
Senior (Ages 65 & over)	\$36
Youth - Pool & Gym (Ages 9-12)	\$29
Add-On: Age 12 & under*	\$21
Add-On: Age 13 & over*	\$28
Private Locker*	\$15

\*Must have a Base Membership (Individual/Daylight/Senior/Youth) to Add-On.

Family Definition: Parent(s), civil union partners, and unmarried children age 25 and under residing at the same address. Patrons age 11-12 are welcome to use the second floor within an arm's length of a parent/legal guardian.

Fees are per month paid for an annual term through EFT. Additional information can be found at prparks.org. **Please bring a voided check to set up your monthly EFT.** If you prefer to deduct your membership dues from a credit card, each member on your membership plan will incur an additional \$1 per month fee per member.

SHORT TERM MEMBERSHIPS	Fee
Individual 6-Month	\$315
Individual 3-Month	\$175 (\$150 Student)
Individual 1-Month	\$78 (\$63 Student)
Individual 1-Week	\$44

Short Term Memberships must be paid in full and are consecutive.

## ADDITIONAL FITNESS OPTIONS

### Unlimited Group Fitness Pass

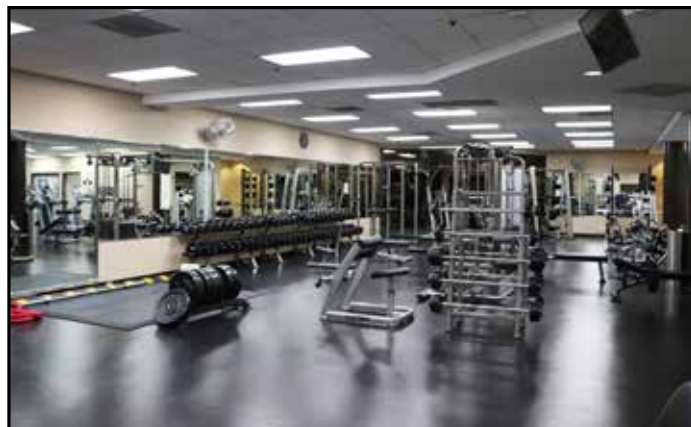
**Fee: \$75 per month**

The more classes you attend, the more you save! Plus, you'll never have to worry about how many classes you have left on your Fitness Class Pass. This is also a great way to try a new class. You'll never get bored with your fitness routine! Please see the front desk staff to assist you with your purchase. Centennial Fitness Center Membership is not required.

### Private Locker Rental

**Fee: \$15 per month (\$180 per year)**

Store your items in our Adult Only Locker Room instead of having to tote your gym items daily. Enjoy luxurious amenities in a quiet and comfortable environment that is equipped with cable T.V. You must be a current fitness center member to purchase a private locker rental.



### Centennial Fitness Center Meet-Up Groups

With your fitness center membership, you are welcome to join these meet-up groups. Non-members, purchase a day pass for \$4 R/\$5 NR and join the group!

For details, call Justin Schuring at 847-692-5136.

<b>Badminton</b>	Tuesday, Thursday, Friday	9:00am-10:30am
<b>Pickleball</b>	Sunday	7:00am-10:00am
(Fall-Spring)	Monday-Friday	10:30am-12:30pm





Upgrade to All Access or Unlimited Group Fitness Membership and get access to **CFC ON DEMAND!**

[Click this ad to check out the On Demand site now!](#)

# Personal Training

## Our Personal Trainers are here to develop a workout just for you!

Looking for some professional and experienced guidance to help you with your personal health and fitness goals?

Contact Regina Mundt at [rmundt@prparks.org](mailto:rmundt@prparks.org) today to set up your first appointment with a trainer. We offer 30, 45, and 60-minute sessions, as well as partner training, to work with your goal, schedule, and budget.

### Meet Our Personal Trainers



**Tom Bard:** Tom is an ISSA (International Sports Sciences Association) certified personal trainer, ISSA certified youth coach, and an ISSA certified nutritionist. Tom has been training for five years, and can use many variations of workouts and mediums to fit specific needs of clients. Tom is a very resourceful trainer and likes to utilize all fitness center resources available for clients, including the indoor pool and outdoors. Whatever goal you set for yourself, Tom can help you achieve it. **Available: upon request.**



**Hector Moreno:** Hector is a certified personal trainer through NASM (National Academy of Sports Medicine) with CES (corrective exercise specialist) certification. He is an ONNIT certified instructor and has experience in barbell, kettlebell, maces, sandbags, TRX, free-weights, calisthenics, medicine ball, and myofascial release. Hector has 20+ years of sports experience, 14+ years playing Ultimate Frisbee, and he has a background coaching young athletes. No cookie cutter programs - every program revolves around the individual's needs and goals. He is dedicated to helping people move more efficiently and keeping them in the gym injury free. **Available: upon request.**



**Sue Gleeson:** Susan is a NASM Certified Personal Trainer. She is certified as an Integrative Movement Specialist—a program designed to help her meet the client's specific needs. She has been a trainer for 20 years and has worked with children on swim teams as well as seniors. Her passion is trying to figure out how her interaction with a client can improve their well-being—whether it is weight loss, improving sports performance, or working through imbalance issues. **Available: upon request**



**Roberta Smaha:** Liberal Arts Degree. 20+ Years Personal Training experience. NASM, ACE Certified Personal Trainer. Specializes in Senior Strength Training, Weight Loss, Pre/Post Natal, Senior Fitness.



**Janet Glowen:** Bachelor's Degree in Nutrition. NASM Certified Personal Trainer. Former competitive body builder. Specializes in Weight Loss, Strength Training, Body Building, TRX, Circuits, Boxing. **Available: Monday-Friday mornings, afternoons, evenings; weekends upon request**



**Cheryl Targos:** A.C.E. Certified Personal Trainer, Group Exercise Instructor & Senior Fitness Specialist, YogaFit 500 Hour RYT. Cheryl has 30+ years of experience in fitness and wellness coaching. She will help guide you to establish a realistic goal(s) and work with you to develop a safe, fun, customized program to help you experience success. Specializes in Senior Fitness, Functional Fitness, Fall Prevention, Weight Management, and Trauma Sensitive Yoga. **Available: upon request**



**Teri Habetler:** BS in Athletic Training, Sports Medicine and Psychology. Certified Personal Trainer, Kids in Active Movement, and several group fitness formats. Specializes in youth programming. **Available: upon request.**



**Djordje (George) Trifunovic:** Djordje is an ACE certified Personal Trainer. He has a background in Athletic Training/Sports Medicine, working with active people of all ages. He got into weight lifting in high school and never looked back. Health & Fitness went from a hobby to a passion and then a career where he can help people achieve their goals. **Available: late afternoon, evening, weekend**

### POD WORKOUTS

Exercise in a group workout format that allows you, your family, friends and/or neighbors to have the fitness studio and one of our group fitness and/or personal trainers to yourself! We have rowers, spin bikes, weights, TRX straps, Bosu balls, kettlebells, ropes, and the space to set up the perfect workout for your group. We work with you to coordinate the day, time, format, equipment, and coach. Contact Regina Mundt for more information at 847-692-5149.

**Group Minimum:** 4 per group

**Fee:** \$120 per person for 6 weeks  
(1 session per week)

\$200 per person for 6 weeks  
(2 sessions per week)



Please visit [prparks.org](http://prparks.org) for our current class schedule. Schedule is subject to change based on participation.

## GROUP FITNESS

To participate in group fitness classes, you will need to do two things:

### 1. PURCHASE A CLASS PASS

Class passes are available for a single class, or you can purchase a pass with 10 classes included. The Unlimited Group Fitness Pass is a great value if you'd like to attend several classes a month! When you check-in onsite at the class, your pass will be deducted for your participation in class.

Fees for Class Passes are as follows (effective January 1, 2024):

CLASS PASS FEES	Single Class	10-Pass	20-Pass
Individual (Age 13-64)	\$13	\$110	\$200
Individual, Member Discount	\$11	\$80	\$152
Senior (Age 65 & over)	\$12	\$95	\$178
Senior, Member Discount	\$9	\$75	\$140

### UNLIMITED GROUP FITNESS PASS

**\$75/month**

With the Unlimited Group Fitness Pass, you'll never have to worry about how many classes you have left on your Fitness Class Pass. Centennial Fitness Center Membership is not required. CFC On Demand video library is included with Unlimited Group Fitness membership.

You can purchase a class pass at the front desk of the Centennial Fitness Center before your class, or you can purchase it ahead of time with our online registration system.

[CLICK HERE TO PURCHASE ONLINE](#)

### 2. RESERVE YOUR SPOT IN GROUP EX PRO

An advance reservation is required for each single class you would like to attend. You can reserve your spot using the Group Ex Pro schedule below. Scroll down to the class you would like to take, and click on the Sign Up link (or you can click on the square with the pencil icon next to the class title). The first time you use this system, you will need to create a login with your name, email, and a password. Then it will walk you through reserving your spot. [Click here to learn more about using Group Ex Pro.](#) You may see a message requiring you to enable cookies. [Click here to learn how to enable cookies.](#)

[VIEW THE SCHEDULE & RESERVE YOUR SPOT IN CLASS](#)

**Fitness Class Cancellation Policy:** We require 2 hours notice to cancel your participation in a fitness class. If you do not provide 2 hours, one class will be deducted from your class pass package.



### What should you bring to class?

- Bring your own sweat towel
- A water bottle to be sure you stay hydrated
- A mat or towel if you have one.

### We Kindly Request:

**Don't workout if you're sick.** If you are experiencing cold or flu symptoms, have a fever, or have been exposed to someone with COVID-19: Stay home and protect other participants and staff.

**Help us keep our equipment safe for others.** Please wipe down your equipment after use.



No time to get to the Fitness Center?  
Take classes with your favorite instructors  
**ON DEMAND!**  
[Click here to learn more!](#)

# Specialty Group Fitness

» SPECIALTY CLASSES ARE NOT INCLUDED ON THE FITNESS CLASS PASS «

## Yoga for Bone Health, Strength, and Balance

Ages 18 & Up RM

This empowering yoga series provides professional guidance, gentle adaptations, and instruction of essential yoga poses to improve your bone health, strength, and balance. Each session concludes with breathing and relaxation techniques to embrace overall wellbeing, so that you are able to enjoy an active life with confidence. Instructor: Cindy Dienhart, RYT 500, Certified Yoga Teacher for Osteoporosis. **CFC**

Activity	Day	Date	Time	M/NM
2225118-01	M	Apr 15-May 20	1:00pm-2:00pm	\$73/\$85

## Yoga for Golfers

Ages 18 & Up RM

This class is designed develop lower body stability and improve flexibility and mobility in the hips and shoulders. In addition, yoga builds body awareness and mental focus to help improve your coordination for optimal swings! All of this means you are less susceptible to injury as you focus on enjoying your golf game. You don't need to be flexible or have any previous yoga experience. **CFC**

Activity	Day	Date	Time	M/NM
2225119-01	Th	May 2-May 23	6:00pm-7:00pm	\$49/\$57

## Yoga for Pickleball Players NEW!

Ages 18 & Up RM

Pickleball experts praise the benefits of yoga for injury prevention, post-match recovery, and improving strength and power during play. Pickleball is full of repetitive movements and asymmetrical loading of key muscles and joints. Yoga techniques improve agility, balance, and spatial awareness for all that fancy footwork, as well as mental clarity to stay focused. Yoga practice helps manage the sport's impact on the body to keep players in the game for many years to come. This class focuses on yoga poses that strengthen the upper and lower body and improve overall mobility and flexibility. **CFC**

Activity	Day	Date	Time	M/NM
2225104-01	F	Apr 12-May 17	Noon-1:00pm	\$73/\$85



## Tai Chi for Health

Ages 18 & Up RM

The gentle flowing movements of Tai Chi safely strengthen the body and provide mental relaxation. It is a low impact approach to fitness that can help ease the pain and stiffness of arthritis, and improve diabetes and other chronic conditions. Increase flexibility, muscle strength, heart and lung activity, posture, and improve balance to prevent falls. Practice at your own pace and have fun! **CFC**

Activity	Day	Date	Time	M/NM
2225102-01	Th	Apr 11-May 16	12:45pm-1:30pm	\$73/\$85
2225102-02	Th	May 23-Jun 27	12:45pm-1:30pm	\$73/\$85

## LaBlast Line Dancing

Ages 18 & Up RM

Easy-to-learn dances including disco, foxtrot, samba, paso doble, and more get you moving to all four walls in no time at all. All dances are partner-free and can be done anywhere, making LaBlast® Line Dance the next social dance revolution. Put a smile on your face and join the fun! **SP**

Activity	Day	Date	Time	M/NM
2225103-01	Tu	Apr 2-May 7	7:00pm-8:00pm	\$73/\$85

## Family Yoga

Ages 5 & Up RM

Bring the family to practice in our Family Yoga class led by Greg Brzozowski, certified YogaFit Kids and Yoga instructor. It is a wonderful opportunity to introduce the benefits of yoga to adults and children. Improve strength, flexibility, coordination, and posture. Learn to relax and open up to a peaceful state of mind and body. Register each person individually; fee is per person. **SP**

Activity	Day	Date	Time	R/NR
2225111-01	M	Apr 8-May 13	6:30pm-7:15pm	\$49/\$57



# CENTENNIAL ACTIVITY CENTER

100 S. WESTERN AVENUE • 847-692-3597



Home of the S.T.A.R. Membership - Join us Today!



Enjoy the activities and amenities at the Centennial Activity Center by becoming a member! S.T.A.R. membership begins at age 55. Enjoy the center's programs and amenities including:

- Priority Registration
- Special Discount on paid programs, classes, and events
- Access to free and drop-in programs for many interests and hobbies
- Free use of library computer for members only
- Free Lending Library & Medical Lending Closet
- Full service kitchen, meeting rooms, stage, and sound system for rentals/program use.

**S.T.A.R. Members can begin registering for all Active Adult programming on March 4.**  
**Non-Member registration begins on March 8.**

## OFFICE HOURS

Monday-Thursday . . . . . 8:30am-5:00pm  
Friday . . . . . 8:30am-4:30pm

## HOLIDAY HOURS

May 27 . . . . . Closed

## S.T.A.R. MEMBERSHIP FEES

**Join any time! Membership runs one year from date of purchase.**

	Resident	Non-Resident
Single	\$50	\$70
Couple	\$76	\$104
Over 90 Single	\$25	\$35
Over 90 Couple	\$37	\$52

Couple memberships must be two people living at the same address.

Non-members may join us and pay a \$3 drop-in fee to participate in free member programs. One great experience, and you'll want to be a member, too!

## Contact the Staff: We're Here to Help!

Centennial Activity Center Manager  
Sarah Chuipek (SC)  
847-692-3035  
[schuipek@prparks.org](mailto:schuipek@prparks.org)

Recreation Supervisor, Seniors & Adults  
Eilleen Gabriel-Galán  
847-692-3007  
[egalan@prparks.org](mailto:egalan@prparks.org)





**Weekly Drop-In Fun!**  
Open to members. Non-members pay \$3 daily admission.

Day	Time	Class	Fee
M	9:00am-Noon	Mah Jongg	Free
	1:00pm-4:00pm	Table Tennis	Free
	2:30pm-3:30pm	Uketones	Free
	Anytime	Cards & Games	Free
Tu	10:00am-11:00am	Science for the Inquisitive Mind (3rd Tues of the month)	Free
	12:30pm-4:15pm	Bunco (1st & 3rd Tues of the month)	\$1
	1:00pm-4:00pm	Table Tennis	Free
	1:00pm-4:00pm	Social Worker (1st & 3rd Tues of the month)	Free
	Anytime	Cards & Games	Free
W	9:00am-Noon	Mah Jongg	Free
	1:00pm-4:00pm	Table Tennis	Free
	1:00pm-4:15pm	Gamers	Free
	Anytime	Cards & Games	Free
Th	1:00pm-3:00pm	Book Worms (1st Thurs of the month)	Free
	1:00pm-4:00pm	Table Tennis	Free
	1:00pm-4:00pm	Sit & Stitch	Free
	Anytime	Cards & Games	Free
F	9:00am-Noon	Duplicate Bridge	Free
	12:30pm-4:15pm	Gamers	Free
	1:00pm-4:00pm	Table Tennis	Free

## S.T.A.R. CLUBS

### UKETONES

**Every Monday, 2:30pm**

Join the group with your ukulele and practice songs. Led by S.T.A.R member, Peggy Mistak.

### STREET SMART SENIORS Park Ridge Police Department 3rd Tuesday of the month, 9:00am

The Police are back bringing you monthly topics to keep you aware of things going on in our community and the greater Chicago area. Coffee and pastries are provided. Registration is required.

Activity	Day	Date	Time	Fee
2230811-01	Tu	Apr 16	9:00am-10:00am	FREE
2230811-02	Tu	May 21	9:00am-10:00am	FREE

### SCIENCE FOR THE INQUISITIVE MIND

**3rd Tuesday of the month, 10:00am-11:00am**

Explore Science topics specifically for the non-scientist. No math, no homework, no quizzes! Just intriguing, accessible insights. No science background required - in fact, that just might be preferred. Led by S.T.A.R. member, Dr. Robert Dwyer.

### BOOKWORMS

**1st Thursday of the month, 1:00pm-3:00pm**

Love to read? Join us once per month for a discussion pertaining to a variety of books. Led by S.T.A.R. member, Mary Loise.

### SIT & STITCH

**Thursdays, 1:00pm-4:00pm**

Gwen Jaeger leads this group of quilters, cross stitchers, hand stitchers, embroiders, and sewers of all kind – even applique quilting! Bring your project or other stitching along for an afternoon of inspiration and camaraderie. Gwen is on hand to help with any questions you might have.

### TABLE TENNIS

**Monday-Friday, 1:00pm-4:00pm**

Friendly competition - all levels welcome!



## Healthy, Well-thy & Wise Active Adult Expo

Ages 55 & Up

SC

Get Healthy, Well-thy, and Wise this year at the Park District's Active Adult Expo. Enjoy demonstrations, raffles, screenings, educational discussions, service exhibits, and much more. Admission is free with a donation of a canned good benefiting the Maine Township Food Pantry. **CAC**

**Thursday, April 11**  
**9:00am-Noon**

**All are Welcome!**



## National Senior Health & Fitness Day

**Wednesday, May 29**  
**9:00am-3:00pm**

Celebrate National Senior Health and Fitness Day at the Centennial Activity Center and Centennial Fitness Center! This free event is an opportunity to make, renew, and revitalize your commitment to live a healthier life through better health and fitness. Check out the S.T.A.R. Newsletter for full schedule of events.

## A Night with the "STARS"

Enjoy great food, talent, and fun! Join us for a delicious dinner followed by our very own S.T.A.R. Tappers, Reader's Theater, Uketones, and the Rod Stewart Experience featuring Cliff Tartaglia. Check out the S.T.A.R. Newsletter for the menu.  
**Registration deadline: May 1. CAC**

Activity	Day	Date	Time	M/NM
2230102-01	Th	May 16	5:00pm-8:00pm	\$45/\$48
<b>Show Only:</b>				
2230102-02	Th	May 16	5:45pm-8:00pm	\$15/\$18

## SUMMER KICK-OFF PARTY

**at the Centennial Aquatic Center**

Bring your swimsuit and your appetite! Join us for lunch, great entertainment, and a dip in the pool. Please note, you must be a S.T.A.R. member in order to attend. Check out the S.T.A.R. Newsletter for the menu. **Registration deadline: May 22. CAQ**

Activity	Day	Date	Time	Fee
4230102-01	Th	Jun 6	11:30am-1:30pm	\$15

## Luncheons

### Just Lunch

Looking to enjoy good company and a delicious meal? Look no further! Lunch is provided by a local restaurant. After Just Lunch stay for a new movie. Check with the front desk for lunch and movie selection. **CAC**

Activity	Day	Date	Time	M/NM
2230304-01	M	Apr 1	Noon-1:00pm	\$15/\$16
2230304-02	M	May 6	Noon-1:00pm	\$15/\$16
2230304-03	M	Jun 3	Noon-1:00pm	\$15/\$16

### Bingo and Pizza

B-I-N-G-O! is a fun game of chance that anyone can play. Visit with all your friends as you play a few rounds of bingo. Dessert and pizza will be served. **CAC**

Activity	Day	Date	Time	M/NM
2230305-01	W	Apr 10	12:30pm-2:30pm	\$13/\$15
2230305-02	W	May 15	12:30pm-2:30pm	\$13/\$15

### History of Belly Dancing with Aleca Breneman

Learn about this ancient form of dance, including its roots in India. Listen to music and learn various hip, arm, head, and hand movements, and try them standing or seated. Join Aleca and experience yourself back in time in another land. **Registration deadline: Apr 10. CAC**

Activity	Day	Date	Time	M/NM
2230103-01	F	Apr 19	1:00pm-2:00pm	\$8/\$10

### Swing Into Spring

#### with the Saddle Shoe Sisters

Join us for a delicious lunch and The Saddle Shoe Sisters who bring the best of the 40s, 50s and 60s in an all-woman retro band. Get your toe-tapping shoes ready because they're sure to bring you back to the past. Lunch on one of each of our mini sandwiches: Angus sliders, Vienna hot dogs, and chicken salad on brioche, along with potato chips and root beer floats.

Activity	Day	Date	Time	M/NM
2230104-01	W	Apr 24	12:30pm-2:15pm	\$28/\$30
2230104-02	W	Apr 24	1:15pm-2:15pm	\$12/\$14 (show only)

### Wingin' It!

Calling all chicken wing lovers! Join us for this fun wing experience and let your taste buds tell us which ones are your favorites. A variety of chicken wings will be served along with a side and sauces. Guess where the chicken wings are from and add your vote to select the "People's Choice" winner. **Registration deadline: Apr 19. CAC**

Activity	Day	Date	Time	M/NM
2230105-01	F	May 3	Noon-1:00pm	\$18/\$20

## Educational Seminars

### Boost Your Brain Health with Mary Bielski, RN, MSN, EdD

Discover how to keep your mind sharp, healthy, and fit. This series provides you with exercises to enhance brain health, address management of other factors such as sleep, nutrition, supplements. **CAC**

Activity	Day	Date	Time	M/NM
2230308-01	M	Apr 1-Apr 22	1:00pm-3:15pm	\$40/\$56

### ID Theft with Oakstreet Health

Learn to identify potential scams/fraud, protect yourself against identity theft, and to address some concerns about being a victim of identify theft. Understand the importance of securing your personal information. This presentation is given by the Illinois Office of Comptroller.

Activity	Day	Date	Time	Fee
2230307-01	Tu	Apr 23	10:00am-11:00am	FREE

### Women's Vision & Eye Health with Elyse Fineman, MPH, MHA

Calling all ladies! Did you know that April is Women's Vision and Eye Health Month? This presentation from the Illinois Society for the Prevention of Blindness focuses on aspects more specific to women, and what you can do to protect your eyes. A fun time with games and prizes included in this interactive, engaging program. **CAC**

Activity	Day	Date	Time	Fee
2230309-01	Tu	Apr 30	1:00pm-2:00pm	FREE

### Wills & Trusts with Coogan Gallagher: Personal Injury Lawyers

Educate yourself on power of attorney, wills versus trusts, and if you are prepared for what the future holds. Coogan Gallagher will have the tough conversations with you so you don't have to at the end. **FREE** program but registration required. **CAC**

Activity	Day	Date	Time	Fee
2230303-01	Tu	Apr 16	1:00pm-2:00pm	FREE

### Moving: Don't Let It Overwhelm You

Let College Hunks Moving & Hauling prepare you for your next move - declutter, staging, house organization, or donation opportunities. Their experienced advisors walk you through all you need to know for your current objective or future. **FREE** program but registration required. **CAC**

Activity	Day	Date	Time	Fee
2230306-01	Tu	May 7	1:00pm-2:00pm	FREE

### Sip & Security with Eileen O'Leary

Those 65 and older at the most at risk and highest targeted individuals for phishing scams. With her 16 years of experience in tech, Eileen O'Leary, the Information Technology Director at the District, leads you through step-by-step instructions on how to protect and stay ahead of cyber-attacks. Class covers: security safety, common scams, computer updates, cyber-attacks. Pasta, salad, bread, and 1 glass of wine is served. **CAC**

Activity	Day	Date	Time	Fee
2230531-01	Tu	May 14	5:00pm-6:30pm	\$22



The Six County Senior Games is coming up in July 2024 and will be celebrating its 42nd year with 25 different sporting events for adults 50 years and better! Events include individual sports such as track and field, pickleball, swimming, golf, bowling, tennis, table tennis, bocce, basketball free throw, archery, and more. Team sports include volleyball and softball. These events are held throughout the Chicago area.

**Entry forms will be available after May 1.** Visit the Senior Games Facebook page at IPRA Six County Senior Games or the Illinois Park & Recreation Association's website at [www.ilipra.org](http://www.ilipra.org).

## Classic & New Movies

### New Movies

Enjoy a movie and fresh popcorn! Check with the front desk for movie selection. **CAC**

Activity	Day	Date	Time	M/NM
2230401-01	M	Apr 1	1:00pm-3:00pm	\$3/\$4
2230401-02	M	May 6	1:00pm-3:00pm	\$3/\$4
2230401-03	M	Jun 3	1:00pm-3:00pm	\$3/\$4

## S.T.A.R. Games

### Centennial Game Show

There is no better way to spend a Wednesday afternoon than competing against your friends in a friendly game showdown! Test your knowledge of classic game shows such as *Who Wants to Be a Millionaire*, *Wheel of Fortune*, and *Family Feud*, to name a few. Enjoy a delicious seasonal treat as you win prizes and hone in on your skills! **CAC**

Activity	Day	Date	Time	M/NM
2230533-01	W	Apr 3	2:00pm-3:00pm	\$4/\$6
2230533-02	W	May 1	2:00pm-3:00pm	\$4/\$6
2230533-03	W	Jun 5	2:00pm-3:00pm	\$4/\$6

### Poker Tournament

Play poker and win some prizes! Snacks are provided. **CAC**

Activity	Day	Date	Time	M/NM
2230514-01	Th	Apr 18	1:00pm-4:00pm	\$8/\$10
2230514-02	Th	May 16	1:00pm-4:00pm	\$8/\$10

## Special Interest Classes

### S.T.A.R. Art Workshop

Calling out your inner Picasso! Our talented instructor can bring out the best in you artistically! All ability levels are welcome. Instruction is in acrylics. Instructor: Rae Penzin. No class May 27. **CAC**

Activity	Day	Date	Time	M/NM
2230501-01	M	Apr 1-Apr 29	10:00am-Noon	\$50/\$60
2230501-02	M	May 6-Jun 3	10:00am-Noon	\$40/\$48

### Adult Art Studio Workshop

Studio workshop is for more independent artists. Continue to work on your current "masterpiece" or try something new. Set up a still life, work from a model, try a different technique or medium, and participate in group critiques. Instructor: Linda Khan. **CAC**

Activity	Day	Date	Time	Fee
2120114-01	W	Apr 3-May 1	12:30pm-3:30pm	\$60
2120114-02	W	May 8-Jun 5	12:30pm-3:30pm	\$60

## Adult Art

Our instructor guides students in all media, including sketching, pastels, watercolor, oils, and acrylics. New students should bring a pencil and sketch pad to the first class. Instructor: Linda Khan. **CAC**

Activity	Day	Date	Time	Fee
2120113-01	Th	Apr 4-May 2	9:00am-Noon	\$60
2120113-02	Th	May 9-Jun 6	9:00am-Noon	\$60

### Macrame Plant Hanger Making **NEW!**

Make your own unique macrame plant hanger! Learn basic macrame knots with the assistance of an experienced macrame instructor. You will complete a beautiful hanger to showcase a plant in your home. Fee includes instruction and supplies. Instructor: Robin Moss. **CAC**

Activity	Day	Date	Time	M/NM
2230529-01	Tu	Apr 9	1:00pm-3:00pm	\$15/\$18
2230529-02	Tu	May 7	6:30pm-8:30pm	\$15/\$18

## Jewelry Making:

### Memory Wire Bracelet Class **NEW!**

Discover the art of creating a stunning memory wire wrapped bracelet. Memory wire is a hardened wire that keeps its shape, making it perfect for quick and easy bracelets that look great! No clasps or claws to make it difficult to put on. Local artist, Robin Moss, provides everything you need and guides you through the process of creating a beautiful piece of jewelry. When you are finished, your one of a kind bracelet will be ready to wear! Fee includes instruction and supplies.

Activity	Day	Date	Time	M/NM
2230530-01	W	May 8	1:00pm-3:00pm	\$25/\$28

## Beginning Mah Jongg

Are you interested in learning all about the hype around Mah Jongg, an ancient Chinese tile game? Would you like to keep your mind active and keep dementia at a distance? Then this game is for you! Game play taught is based on the American Standard Way. All supplies are included for game play. This is a contracted class. Instructor: Joyce DeWinter. **CAC**

Activity	Day	Date	Time	M/NM
2230522-01	Th	Apr 4-May 23	1:00pm-3:00pm	\$72/\$88

## Intermediate Mah Jongg

Enhance your skills and learn more gameplay with this follow-up class to our beginner session. Game play taught is based on the American Standard Way. All supplies are included for game play. This is a contracted class. Instructor: Joyce DeWinter. **CAC**

Activity	Day	Date	Time	M/NM
2230524-01	W	Apr 3-May 22	1:00pm-3:00pm	\$72/\$88

## Ukulele Ensemble Class

Learn more interesting ways of playing through different strums, fingerpicking, and melody playing. Reform your skills with the guided help of an instructor. This class is for intermediate ukulele players. Instructor: Peggy Mistak. **CAC**

Activity	Day	Date	Time	M/NM
2230503-01	M	Apr 1-May 20	1:30pm-2:30pm	\$80/\$96

## Reader's Theatre

It's a casting call! This group brings storytelling and radio theatre to life! It is a theatre of imagination where you do not have to memorize scripts, but, rather, get into the full meaning of different plays, and even put on a short play. Your instructor is a degreed working director/actor/and educator in theatre. Broadway, here we come! Instructor: Allison Sword **CAC**

Activity	Day	Date	Time	M/NM
2230507-01	Th	Apr 4-Jun 6	11:30am-12:30pm	\$120/\$140

## S.T.A.R. Beginner Tap

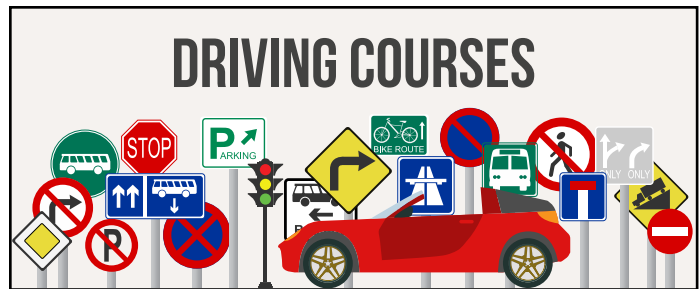
Learn fundamental tap movements, vocabulary, and basic rhythms and steps. We progress towards combinations and fun dances. Instructor: Jeannine Pilolla. **CAC**

Activity	Day	Date	Time	M/NM
2230609-01	Tu	Apr 2-Apr 30	11:15am-12:15pm	\$30/\$40
2230609-02	Tu	May 7-Jun 4	11:15am-12:15pm	\$30/\$40

## S.T.A.R. Tap Classes

Shuffle, hop, toe, flap, and ball-change! Learn how to be the next Gregory Hines or Ann Miller. Brush up on what you already know and add on to your repertoire. Instructor: Jeannine Pilolla. **CAC**

Activity	Day	Date	Time	M/NM
2230605-01	Tu	Apr 2-Apr 30	12:30pm-1:30pm	\$30/\$40
2230605-02	Tu	Apr 2-Apr 30	1:45pm-2:45pm	\$30/\$40
2230605-03	Tu	May 7-Jun 4	12:30pm-1:30pm	\$30/\$40
2230605-04	Tu	May 7-Jun 4	1:45pm-2:45pm	\$30/\$40



## DRIVING COURSES

### AARP Drivers Safety

This course is for motorists age 55 and older. It focuses on the physical changes that accompany aging and on ways older adult drivers can compensate for these changes to improve their driving skills. After taking this course you are eligible for a multi-year discount on your car insurance! Make checks payable to AARP. Credit cards are not accepted. Registration required.

Activity	Day	Date	Time
2230202-01	Th-F	Apr 4-5	8:30am-12:30pm

Fee: \$20 AARP Member, \$25 AARP Non-Member

### Rules of the Road

The Secretary of State's office reviews driving safety techniques and Illinois laws designed to give drivers the knowledge and confidence needed to renew or obtain a Driver's License. Class instruction provides an explanation of the driving exam with an upgraded practice exam. The information provided helps you measure your knowledge of driving skills and Illinois traffic laws. The course is free, but registration is required.

Activity	Day	Date	Time	Fee
2230203-01	Tu	May 7	9:00am-11:00am	Free

## Intermediate Sewing

Gwen Jaeger takes you a step further with our sewing skills and hones in on specific projects. Please note, this is a post class to Beginner Sewing or for already experienced sewers. A sewing machine is required for the class. No class May 27. **CAC**

Activity	Day	Date	Time	Fee
2230527-01	M	Apr 1-Apr 22	6:30pm-8:00pm	\$40
2230527-02	M	Apr 29-Jun 3	6:30pm-8:00pm	\$50

## Chair Yoga + Flower Arranging

Let this flower arranging class boost your mood, stimulate your intellect, and engage your senses while improving your motor function and dexterity. To get your creative juices flowing we begin class with chair yoga, followed by guided instruction to help you create your own beautiful floral arrangements for the holidays! Cost includes instruction and all supplies. Instructor: Jodi Fedoruk. **CAC**

Activity	Day	Date	Time	Fee	Theme
2230528-01	Th	Apr 18	10:30am-11:30am	\$24	Spring
2230528-02	Th	May 23	10:30am-11:30am	\$24	Easter

## Fitness Classes

New to S.T.A.R. Fitness programs or want to try something new? Try the first class for FREE! Contact the registration office to check availability.

## Yoga for Aging Well

This mat yoga class focuses on building strength, agility, balance, and flexibility. This is a more active class for seniors that includes floor, seated, and standing postures. Participants must be able to get up and down from the floor on their own. Instructor: Jodi Fedoruk. No class May 27. **CAC**

Activity	Day	Date	Time	M/NM
2230601-01	M	Apr 1-Apr 22	10:15am-11:00am	\$32/\$40
2230601-02	M	Apr 29-Jun 3	10:15am-11:00am	\$40/\$50

## Mindful Chair Yoga

We combine mindfulness practices with yoga movements that help you find strength. Flexibility and balance while seated and standing. All experience levels are welcome. Class size is limited, so sign up today. Instructors: Jodi Fedoruk (Tues), Joan McGee (Thurs). No class Apr 11. **CAC**

Activity	Day	Date	Time	M/NM
2230602-01	Tu	Apr 2-April 30	10:15am-11:00am	\$40/\$50
2230602-02	Th	Apr 4-May 2	10:15am-11:00am	\$32/\$40
2230602-03	Tu	May 7-Jun 4	10:15am-11:00am	\$40/\$50
2230602-04	Th	May 9-Jun 6	10:15am-11:00am	\$40/\$50

## FUNctional Fitness

Join us Wednesday and Friday mornings for a combo of cardio and resistance training. The perfect way to start the day! Instructors: Beth Zoeller (Wed), Meghan Cashman (Fri). **CAC**

Activity	Day	Date	Time	M/NM
2230610-01	W	Apr 3-May 1	9:00am-10:00am	\$30/\$40
2230610-02	F	Apr 5-May 3	9:00am-10:00am	\$30/\$40
2230610-03	W	May 8-Jun 5	9:00am-10:00am	\$24/\$32
2230610-04	F	May 10-Jun 7	9:00am-10:00am	\$30/\$40

## Tai Chi for Arthritis and Chronic Conditions

Tai chi helps improve flexibility, muscle strength, heart and lung activity, posture, and balance to prevent falls. Enjoy the class at your own pace standing or seated. Instructor: Bobbie Adams. No class May 24. **CAC**

Activity	Day	Date	Time	M/NM
2230603-01	F	Apr 5-May 3	11:30am-12:15pm	\$40/\$50
2230603-02	F	May 10-Jun 7	11:30am-12:15pm	\$32/\$40

## Meditation

Meditation can help you reduce anxiety and help you cope with stress. It can eliminate pain and help you sleep well and so much more. With meditation learn to achieve inner peace and tranquility in your life. Instructor: Joany Binder. **CAC**

Activity	Day	Date	Time	M/NM
2230615-01	Tu	Apr 9 & 23	11:00am-Noon	\$16/\$20
2230615-02	Tu	May 14 & 28	11:00am-Noon	\$16/\$20

## Seated Pelvic Core Fusion - Cardio

This exercise class utilizes the Pelvicore Pro, weights, and bands to improve total body function. Core training and balance reaction is emphasized! This class is mainly chair based, but also includes exercises standing and with chair support, depending on modifications needed for participants. Instructor: Tina Christie. **CAC**

Activity	Day	Date	Time	M/NM
2230611-01	Tu	Apr 2-Apr 30	9:10am-10:00am	\$30/\$40
2230611-02	Tu	May 7-Jun 4	9:10am-10:00am	\$30/\$40

## Seated Pelvic Core Fusion – Flexibility

This functional movement class strengthens and lengthens your muscles to improve total body function, utilizing the Pelvicore Pro and therapy bands for mobility, stability, and flexibility. Class is chair based, but may include standing with chair support, depending on modifications needed for participants. Instructor: Michele Crump. **CAC**

Activity	Day	Date	Time	M/NM
2230611-03	W	Apr 3-May 1	10:30am-11:30am	\$30/\$40
2230611-04	W	May 8-Jun 5	10:30am-11:30am	\$30/\$40

## Movers and Shakers Low Impact Dance Fitness

Learn easy-to-follow choreography that focuses on balance, range of motion, and coordination. Not only will you enjoy dance cardio, but light strength training as well. Come ready to sweat, and prepare to leave empowered and feeling strong. The moves are low impact and the perfect way to get you up moving and shaking! Instructor: Duvia Correa. No class May 27. **CAC**

Activity	Day	Date	Time	M/NM
2230608-01	M	Apr 1-Apr 29	9:00am-10:00am	\$40/\$50
2230608-02	M	May 6-Jun 3	9:00am-10:00am	\$32/\$40

## Gentle Exercise with a Therapy Dog

Bobbie and her therapy dog, Bella, team up to improve your body and mind with gentle movements. This class is appropriate for those with arthritis and chronic conditions and offers gentle cardio, strength training, flexibility, balance and meditation which can be done seated or standing. Instructor: Bobbie Adams. **CAC**

Activity	Day	Date	Time	M/NM
2230521-01	Tu	Apr 2-Apr 30	12:30pm-1:15pm	\$40/\$50
2230521-02	Tu	May 7-Jun 4	12:30pm-1:15pm	\$40/\$50

## Balance Burst **NEW!**

This class is a combination of balance and flexibility training with a "burst" of resistance and cardio training to enhance better balance and movement. It is designed for those that prefer a workout without the added impact to joints. A portion includes basic aerobic movements performed while either sitting or standing. Instructor: Michele Crump. **CAC**

Activity	Day	Date	Time	M/NM
2230616-01	F	Apr 5-May 3	10:30am-11:30am	\$30/\$40
2230616-02	F	May 10-Jun 7	10:30am-11:30am	\$30/\$40



## LET'S EAT! DINING OUT TRIPS

### Ages 55 & Up

Try out restaurants near and far, and leave the driving to us! Each month we visit a different restaurant, and you get to choose what you order. Your cost simply includes the price of transportation, meal cost is on your own. If you wish to meet at the restaurant, please let the front desk know. **Registration deadline: one week prior.**

### April: Nuova Italia Ristorante

#### Addison, IL

Eclectic Italian cuisine featuring dishes of northern and southern Italy, specializing in handmade pasta and fresh fish.

Activity	Day	Date	Time	M/NM
2230902-01	Th	Apr 4	11:00am-3:00pm	\$7/\$8

### May: Momcorn

#### Gurnee, IL

Momcorn offers a fresh, made from scratch, modern take on a Mexican Taqueria and specializes in producing Mexican food made with quality ingredients. A destination for street eats, including gluten-free and vegetarian offerings.

Activity	Day	Date	Time	M/NM
2230902-02	Th	May 2	11:00am-3:00pm	\$7/\$8

### June: The Foxtail on the Lake

#### Des Plaines, IL

Come see this renovated former church building located at the north end of Lake Park. This sit-down style restaurant overlooks Lake Opeka and offers something for everyone where you can enjoy dining indoors or on their large outdoor patio.

Activity	Day	Date	Time	M/NM
2230902-03	Th	Jun 13	4:00pm-8:00pm	\$7/\$8



## Day Trips All trips depart from CAC

### Fire & Rain: Anthems of the 70s

#### Jacob Henry Mansion, Joliet, IL

Enjoy the music of Swearingen & Kelli as they recreate the magic of the 70s classic folk anthems. The show is a journey back in time to the memories of a great music era including songs by Jim Croce, James Taylor, Carol King, Gordon Lightfoot, Joni Mitchell, Cat Stevens, and many more. Lunch includes traditional rich and creamy beef stroganoff, fresh tossed salad, warm rolls with whipped butter, dessert, coffee or tea. **Registration deadline: Apr 1.**

Activity	Day	Date	Time	M/NM
2230901-01	W	Apr 17	9:30am-4:00pm	\$89/\$99

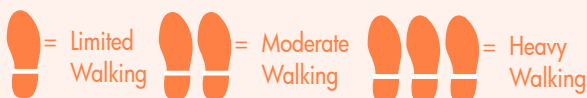
### Guys & Dolls

#### Drury Lane Theatre, Oakbrook Terrace, IL

Step into the dazzling lights of 1950s New York City with Guys and Dolls. This enduring tale of romance, risk, and unforgettable rhythm, follows the improbable love story of high-rolling gambler Sky Masterson and mission doll Sarah Brown, along with the comedic relationship of the ever-patient Miss Adelaide and craps game organizer Nathan Detroit. Guys and Dolls takes you into the golden age of Broadway with wit, charm, and plenty of heart with vibrant characters and unforgettable songs like "Luck Be a Lady" and "Sit Down, You're Rockin' the Boat". Enjoy a boxed lunch at the Centennial Activity Center before departing for the show. Lunch includes a turkey club sandwich with side of potato salad, chips, and cookie. Fee includes lunch, ticket and transportation. **Registration deadline: Apr 1.**

Activity	Day	Date	Time	M/NM
2230901-02	Th	Apr 25	11:00am-5:30pm	\$79/\$89

### Day Trip Walking Guide:



## Beautiful: The Carole King Musical 🎭

**Fireside Theatre, Fort Atkins, WI**

Before she was a hit-maker, Carole King – she was Carole Klein, a spunky, young songwriter from Brooklyn with a unique voice. From the chart-topping hits she wrote for the biggest acts in music to her own life-changing, trailblazing success with Tapestry, BEAUTIFUL: The Carole King Musical takes you back to where it all began. Featuring such unforgettable classics as “You’ve Got a Friend,” “One Fine Day,” “Take Good Care of My Baby,” “You’ve Lost That Lovin’ Feeling,” and “Natural Woman,” this Tony® and Grammy® Award-winning musical phenomenon is filled with the songs you remember and a story you’ll never forget. Select one entrée from a choice of rainbow trout, grilled hanger steak or supreme cut chicken breast. **Registration deadline: Apr 5.**

Activity	Day	Date	Time	M/NM
2230901-03	F	May 10	8:15am-6:30pm	\$140/\$150

## Mules, Marigolds & Mimosas Tour 🎭

**LaSalle, IL and Streator, IL**

Step aboard the I&M Canal Boat and enjoy the scenery and relaxation of a mule-pulled ride on the historic Illinois & Michigan Canal. Your journey includes a “Mule Tending 101” class in which you’ll meet Moe the Mule, interact with crew of period dressed guides, hear tales of the canal’s heyday, and enjoy a 60-90 minute boat ride. Afterwards kick back with mimosas at the Boat Captain’s Lunch in the I&M Canal Visitor Center’s Vintage Room. Enjoy a catered lunch menu of baked Tuscan chicken, spring pasta salad, mashed potatoes and gravy, and signature peach cake. Then head to Weber House & Gardens, which sits on 2 acres in Streator, Illinois and immerses visitors in storybook/Tudor architecture and English-style gardens, and provides an intimate look at American history through the eyes of Ted Weber — a Chicago-area radio and TV personality for over 50 years. **Registration deadline: Apr 30.**

Activity	Day	Date	Time	M/NM
2230901-04	Th	May 23	9:00am-6:30pm	\$115/\$130

## Chicago Cubs vs. Milwaukee Brewers 🎭

**Milwaukee, WI**

The Brewers-Cubs rivalry has been ranked among the best and most competitive in baseball. Take a ride out to the Brewers stadium to see who can take home the title of division’s best. The indoor stadium is the perfect place to enjoy a close game! Price includes ticket, \$20 food or beverage voucher, and transportation. **Registration deadline: Apr 22.**

Activity	Day	Date	Time	M/NM
2230901-05	Th	May 30	9:30am-5:30pm	\$120/\$140

## Extended Travel Opportunities with Collette Tours

Please contact Sarah Chuipek at [schuipek@prparks.org](mailto:schuipek@prparks.org) or 847-692-3035 for more information on extended travel.

### 2024 International Tour: Shades of Ireland

September 7-16, 2024 (10 Days)

Tour highlights include: Dublin, Irish Evening, Choice on Tour: Dublin City Bus or Walking Tour, Kilkenny, Waterford, Choice on Tour: Waterford Crystal Factory or Waterford Medieval Museum and Wine Vault, Blarney Castle, Killarney, Jaunting Car Ride, Ring of Kerry, Limerick, Cliffs of Moher, Sheepdog Demonstration, Galway, Castle Stay. Add on trips to London and Edinburgh. <https://gateway.gocollette.com/link/1186950>



### 2024 International Tour: Greece Island Hopper

April 24-May 4, 2025 (11 Days)

You’re on your way to Greece – where Mediterranean sunshine and bright blue waters meet eons of creative ingenuity and an everlasting legacy. Feel the energy of the past and allow the ocean breeze to ruffle your hair – this is the picture-perfect getaway you’ve always dreamt of. Tour highlights includes Athens, Taverna Dinner Show, Acropolis, The Parthenon, Mykonos Old Town, Santorini Island, Oia Village, Ancient Akrotiri, Wine Tasting, and more!







100 S. WESTERN AVENUE • 847-692-3597



**BRICKTON CLASSES ARE HELD AT THE CENTENNIAL ACTIVITY CENTER**

**Youth Programs**

**The Kids & I**

Ages 2-5 with adult

SC

Adults and pint-sized artists come together to create masterpieces! We use a variety of art mediums and techniques such as clay, watercolors, collage, and pastels, with the focus on the colorful process of art. It's a great way for caregivers to bond with children creatively! In order to provide the best quality time with your child, we ask that you refrain from bringing other children to class. **CAC**

Activity	Day	Date	Time	R/NR
2090111-01	M	Apr 1-May 20	9:00am-9:50am	\$156/\$160
2090111-02	Th	Apr 4-May 23	9:00am-9:50am	\$156/\$160
2090111-03	Sa	Apr 6-May 25	9:30am-10:20am	\$156/\$160

**Creative Kids**

Ages 3-5

SC

Join a Brickton classic! Tots come to have some fun learning the basics of creating art. We paint, draw, glue, cut paper, and form clay. These small artists are learning and progressing while having a colorfully good time! **CAC**

Activity	Day	Date	Time	R/NR
2090113-01	M	Apr 1-May 20	10:00am-10:50am	\$156/\$160
2090113-02	Th	Apr 4-May 23	10:00am-10:50am	\$156/\$160

**Sculpture**

Ages 5-7

SC

Explore art in the 3rd dimension using a lot of unusual materials not often offered in other classes. When it comes to 3D art, the sky's the limit! Using a verity of sculptural mediums, the kids create their very own sculptures. This class focuses on the foundations of 3D art, so if you enjoy working with your hands, this is the class for you! **CAC**

Activity	Day	Date	Time	R/NR
2090118-01	M	Apr 1-May 20	4:00pm-4:50pm	\$156/\$160

**See & Draw**

Ages 5-7

SC

Finally, a class to introduce the fundamentals of drawing to younger children and help them grow in their understanding, ability, and confidence. We use visuals to strengthen our artistic hand-eye coordination as we explore the fundamentals of drawing. Each week we pick an object, animal, or scene and learn how to draw it. **CAC**

Activity	Day	Date	Time	R/NR
2090117-01	W	Apr 3-May 22	4:00pm-4:50pm	\$156/\$160

**Contact the Staff:  
We're Here to Help!**

Brickton Art Center Director  
Alyssa Harris  
847-823-6611  
bricktondirector@gmail.com

# Brickton Art Center

## Adventures In Art

Ages 5-8

SC

This class is a staple in our curriculum for a reason! Here is a wonderful opportunity for this age group to get their hands in a little bit of everything. Learn a bit about every art medium, such as drawing, clay, watercolor, and sculpture. We use ink, graphite, pastel, paints, and clay as we really get our creativity pumping! Projects change every session. **CAC**

Activity	Day	Date	Time	R/NR
2090119-01	Tu	Apr 3-May 21	4:00pm-4:50pm	\$156/\$160
2090119-02	Sa	Apr 6-May 25	10:30am-11:20am	\$156/\$160

## Kids' Clay

Ages 5-8

SC

Calling all clay-crazy kids! We use hand building techniques as we create pinch pots, animals, tiles, masks, unusual objects, and vessels in this fun class! Safe glazes are used to add color to your work. Each week offers a new project. There is no such thing as too much clay! **CAC**

Activity	Day	Date	Time	R/NR
2090120-01	Th	Apr 4-May 23	4:00pm-4:50pm	\$156/\$160

## Drawing For Older Children

Ages 8-10

SC

The instructor uses exercises and projects to encourage practice of the fundamentals of drawing to older children and help them grow in their understanding, ability, and confidence. We use visuals to strengthen our artistic hand-eye coordination as we explore still life and portrait drawing. **CAC**

Activity	Day	Date	Time	R/NR
2090122-01	W	Apr 3-May 22	5:00pm-6:00pm	\$156/\$160

## Clay & Sculpture

Ages 8-12

SC

In this class students explore various types of clay and use materials to make all sorts of sculptures. If you love to build and think 3D, then this class is for you! **CAC**

Activity	Day	Date	Time	R/NR
2090130-01	M	Apr 1-May 20	5:00pm-6:00pm	\$156/\$160

## Cool Clay

Ages 8-12

SC

This fun class is designed to be challenging and fun for older children. We do a variety of projects which use the basic techniques of ceramics and grow from there. Students are led in a series of projects and work with glazes as well. **CAC**

Activity	Day	Date	Time	R/NR
2090123-01	Th	Apr 4-May 23	5:00pm-6:00pm	\$156/\$160



## Mixed Media

Ages 8-12

SC

"Mixed Media" simply means using many different material on one art piece. This is a project-based class using a wide variety of media: paints, oil pastels, chalk pastels, mod podge, watercolors and more. Students are exposed to a variety of subjects using these materials. **CAC**

Activity	Day	Date	Time	R/NR
2090121-01	Tu	Apr 2-May 21	5:00pm-6:00pm	\$156/\$160

## Drawing Academy

Ages 9-12

SC

This class is ideal for students who would like to learn or build upon their fundamentals of drawing skills but are in need of the right environment to motivate themselves. During this 8-week studio session, students are guided as they build their partnership between mind and materials. They become acquainted with line, value, proportion, and composition to create successful drawings. Black and white drawing materials such as pencil, charcoal, and paint are primarily used. Students are introduced to color drawing materials in our upcoming drawing sessions. Weekly exercises include still-life set up and portraiture using photos to explore art. Basic drawing materials are provided for the first couple classes; additional materials may need to be purchased by the student. A material list may be provided on the first day of class. **CAC**

Activity	Day	Date	Time	R/NR
2090124-01	W	Apr 3-May 22	6:30pm-8:00pm	\$226/\$230

## Painting Techniques

Ages 9-12

SC

This class is ideal for those students who would like to learn or build upon their fundamentals of painting skills, but are in need of the right environment to motivate themselves. During this studio session, students are guided as they build their partnership between mind and materials. Students become acquainted with line, value, proportion, and composition to create successful paintings. Basic drawing materials are provided for the first couple classes, additional materials may need to be purchased by the student. A material list may be provided on the first day of class. **CAC**

Activity	Day	Date	Time	R/NR
2090125-01	Tu	Apr 2-May 21	6:30pm-8:00pm	\$226/\$230

# Brickton Art Center

## Tween Wheel Throwing

Ages 9 & Up

SC

This class introduces students to throwing on the potter's wheel. Students get plenty of practice time on the wheel and even have time to hand build. Pieces are fired and glazed. **CAC**

Activity	Day	Date	Time	R/NR
2090126-01	Th	Apr 4-May 23	6:30pm-8:00pm	\$226/\$230

## Beginning Animation Workshop

Ages 10-14

SC

This course provides an introduction to the basics of animation. Learners use traditional animation practices to create artwork and apply the elements and principles of art and design, as well as the principles of animation. Students experiment, take inspiration with watching examples, and create artworks demonstrating the elements of art: Animation Basics, Principles of Animation, Character Design, Backgrounds, Movement, Script, and Storyboards. Last session of class is a showcase of projects for friends and family. **CAC**

Activity	Day	Date	Time	R/NR
2090139-01	Th	Apr 4-May 23	6:30pm-8:00pm	\$161/165

## Adult Fine Art Classes

### Creative Ceramics

Ages 15 & Up

SC

Whether you are an old pro or have never touched clay, there is a place for you in this wonderful class! Learn and refine clay hand building skills using coil and slab, pinch, and drape construction techniques to create relief and three-dimensional ceramic forms. Learn the basics of forming pottery on the wheel. Color glazes are used for embellishment. Use your own creative ideas to design functional and decorative art works! **CAC**

Activity	Day	Date	Time	R/NR
2090127-01	M	Apr 1-May 20	7:00pm-9:00pm	\$236/\$240

### Intro to Plaster Art and Sculpture **NEW!**

Ages 16 & Up

SC

Explore sculptural techniques with plaster gauze and pour methods. Projects include a variety of figural sculpture, plaster bowls, planters, and more! **CAC**

Activity	Day	Date	Time	R/NR
2090132-01	M	Apr 1-May 20	7:00pm-9:00pm	\$236/\$240



## Brickton Birthday Parties

We put the ART in pARTy! Let Brickton Art Center do all the work of providing ARTSY entertainment for your birthday party or private event! Staff will help you settle in, instruct the children while they paint and create, and even assist with clean-up when finished. Recommended for children ages 5 and up. We recommend booking parties 4 to 6 weeks in advance to ensure your preferred time is available.

### Party Options:

- 2 Hour Party - includes 75 minutes of instruction by an experienced artist and 45 minutes for refreshments \$250 for up to 16 kids; Additional guests: \$12/guest
- 1.5 Hour Party - includes 60 minutes of instruction by an experienced artist and 30 minutes for refreshments \$225 for up to 16 kids; Additional guests: \$12/guest

### Party Availability:

- Saturday: 1:00pm-3:00pm or 4:00pm-6:00pm
- Sunday: 10:30am-12:30pm, 1:00pm-3:00pm or 4:00pm-6:00pm

\*We can schedule your event on weekdays, based on availability.

Email Alyssa at [bricktondirector@gmail.com](mailto:bricktondirector@gmail.com) for more information.

## Private Lessons

Brickton offers private lessons in a variety of media such as ceramics, drawing, painting, and mixed media for artists of all ages who want individual guidance. Lessons can be customized to fit your interests and schedule.

Email Alyssa at [bricktondirector@gmail.com](mailto:bricktondirector@gmail.com) details.



# WILDWOOD

PARK RIDGE PARK DISTRICT

529 FORESTVIEW (Wildwood Program Center)  
 531 FORESTVIEW (Wildwood Nature Center)  
 847-692-3570



Wildwood is the Park Ridge Park District's Hidden Gem - Explore it Today!

## Enjoy the Beauty of Nature!

### Inside at the Wildwood Nature Center (531 Forestview Ave.)

Stop in at the Wildwood Nature Center during our open hours to visit our animals, including turtles, frogs, snakes, salamanders, and well as rabbits, guinea pigs, and bearded dragons. Learn and play in our Nature Nook, our educational area complete with books, puzzles, puppets, and activities. Each month we explore a different nature topic. Also inside is a restroom, drinking fountain, and first aid. Feel free to ask questions of our talented naturalist staff about any plants or animals that you see.



From March to October, take part in our **Access to Fishing and Pond Dipping** program. Check out fishing poles and pond dipping nets in the nature center to explore the Wildwood ponds. Fishers need to bring their own bait and have a valid fishing license if over 16, and everything in the pond is catch and release. Help keep the pond safe for people, plants, and wildlife, and be sure to clean up any garbage and fishing line.

### Inside the Wildwood Program Center (529 Forestview Ave.)

Our program center is home to three classroom spaces for our nature programming, family classes, scout programs, school group field trips, nature camps, and birthday parties.



### Outside and Around Wildwood

From dawn to dusk, venture around Wildwood on paved paths that encircle the pond, a crushed gravel path that wanders through the prairie, and a woodchipped walk traversing the woodland. Wildwood is nestled on 5 acres where you can discover the diversity of native trees, flowers, and plants. Catch a glimpse of animals including variety of reptiles, amphibians, insects, and numerous songbirds and waterfowl. Learn about the plants and animals through the interpretive signage and living field guide garden. Enjoy the other amenities and overlook the prairie on the Sam Biardo Observation deck, unwind on the labyrinth, and tell time with your shadow at the human sun dial.

## Admission to the Wildwood Nature Center is FREE.

The hiking trails, prairie, and ponds are open daily from dawn until dusk. Please note, public restrooms are not available when the Nature Center is closed. Restrooms are available across the street at the Maine Park Leisure Center.

### NATURE CENTER VISITING HOURS

Tuesday-Thursday . . . . . 10:00am-6:00pm  
 Saturday . . . . . 10:00am-4:00pm



Explore the Wildwood grounds to walk the trails, identify animals from the observation deck, or fish the ponds!

## Contact the Staff: We're Here to Help!

Wildwood Supervisor  
 Jenny Clauson (JC)  
 847-692-3570  
[jclauson@prparks.org](mailto:jclauson@prparks.org)

Nature Program Coordinator II  
 Cara Ruffo (CR)  
 847-232-8746  
[cruffo@prparks.org](mailto:cruffo@prparks.org)

Nature Program Coordinator II - Nature Preschool  
 Molly Kowalski (MK)  
 224-585-4861  
[mkowalski@prparks.org](mailto:mkowalski@prparks.org)

Nature Program Coordinator I - Nature Preschool  
 Maggie Martin (MM)  
 224-585-4862  
[mmartin@prparks.org](mailto:mmartin@prparks.org)

# Wildwood Nature Center

## Early Childhood (with Adult)

	DESCRIPTION	DAY	DATE	TIME	ACTIVITY	R/NR
<b>Wild Ones (Ages 1-2 w/Adult)</b>	See page 45	M	Apr 8-May 13	9:00am-10:00am	2160101-01	\$61/\$95
		M	Apr 8-May 13	10:30am-11:30am	2160101-02	\$61/\$95
		M	Apr 8-May 13	4:00pm-5:00pm	2160101-03	\$61/\$95
		Tu	Apr 9-May 14	9:30am-10:30am	2160101-05	\$61/\$95
<b>Swamp Snoopers (Ages 2-3 w/Adult)</b>	See page 46	Th	Apr 4-May 9	4:00pm-5:00pm	2160103-01	\$61/\$95
		F	Apr 5-May 10	9:00am-10:00am	2160103-02	\$61/\$95
		F	Apr 5-May 10	10:30am-11:30am	2160103-03	\$61/\$95

## Early Childhood (without Adult)

	DESCRIPTION	DAY	DATE	TIME	ACTIVITY	R/NR
<b>Nature's Two-Riffic (Ages 2-3)</b>	See page 47	W	Apr 3-May 15	9:30am-11:00am	2160212-01	\$124/\$169
<b>Nature Friends (Ages 3-6)</b>		Th	Apr 4-May 16	9:00am-11:30am	2160201-03	\$158/\$193
		Th	Apr 4-May 16	12:30pm-3:00pm	2160201-04	\$158/\$193
<b>Science Kids (Ages 3-6)</b>		M	Apr 8-May 13	12:30pm-3:00pm	2160202-01	\$136/\$166

## Youth Programs

	DESCRIPTION	DAY	DATE	TIME	ACTIVITY	R/NR
<b>Insectigations (Ages 6-12)</b>	See page 56	Th	Apr 18-May 16	4:00pm-5:30pm	2160405-01	\$69/\$95
<b>Adventure Club (Ages 6-12)</b>		W	Apr 3-May 15	3:30pm-5:00pm	2160418-05	\$96
<b>Rangers in Training (Ages 10-14)</b>		M	Apr 8-May 20	4:00pm-5:00pm	2160407-01	\$67/\$99
		F	Apr 5-May 17	4:00pm-5:00pm	2160407-02	\$67/\$99

## Family Events

	DESCRIPTION	DAY	DATE	TIME	ACTIVITY	R/NR
<b>Science Night: Earth Inspired</b>	See page 9	F	Apr 12	4:00pm-5:00pm	2160503-01	\$20/family
<b>Science Night: Earth Inspired</b>		F	Apr 12	6:00pm-7:00pm	2160503-02	\$20/family
<b>Earth Day Work Day</b>	See page 10	M	Apr 22	5:00pm-6:00pm	2150010-01	Free
<b>Zombie Tag</b>	See page 9	Tu	May 14	5:45pm-7:00pm	2160509-04	\$5/person
<b>Des Plaines River Clean Up</b>	See page 10	Tu	May 21	4:30pm-6:00pm	2150011-01	Free
<b>Pond Dippers</b>	See page 9	W	May 22	6:00pm-7:00pm	2160505-01	\$20/family
<b>S'more Stories, Songs, and Strolls</b>		F	May 24	7:00pm-8:30pm	2160502-01	\$20/family
<b>Backyard Campout (Ages 2-10)</b>		F/Sa	Jun 7-Jun 8	5:00pm-10:00am	2160504-01	\$19/\$23
<b>Backyard Campout (Ages 11 &amp; Up)</b>		F/Sa	Jun 7-Jun 8	5:00pm-10:00am	2160504-02	\$24/\$28



See pages 51-53 for the Nature Playschool & Preschool Fall 2024 School Year information!



Don't miss our 2024 Earth Day Celebration!  
See page 12

# Wildwood Birthday Parties

## Host a Birthday Party at Wildwood!

Our fun nature and animal-inspired parties are a unique way to celebrate your next event. Choose from any of the "Wild" themes below!

**Party Fee: \$200 Resident / \$235 Non-Resident for 2-hour party**

## Tiny Tots Animal Adventure Party Ages 3-4

Free play with animal themed activities, create a craft, enjoy an animal story, and go on an outdoor hike. Our adventure continues as we visit the animal room to pet and feed our animal friends. Dress for an adventure.

**Max: 15 children / 30 total people**

## Diggin' Dino Party Ages 4-9

Dig into our Dinosaur Party as you excavate bones and explode volcanoes. The party also features an outdoor nature hike and a trip to the animal room to see distant dinosaur cousins and more.

**Max: 15 children / 30 total people**

## Animal Party Ages 5-10

Have wild fun at the Animal Party as you and your guests meet two of our animals during an indoor animal show. The party also features time to eat any food, cake or drinks (non-alcoholic) you bring, an outdoor nature hike, and a trip to the animal room to visit all the rest of our animal friends. Dress for an adventure.

**Max: 20 children / 30 total people**

## Weird, Wacky Science Party Ages 5-12

Create, concoct, and explode! Children enjoy three weird, wacky science experiments such as making sidewalk paint, magic goop, slime, soda explosions, and more. The party also features an outdoor nature hike and a visit to the animal room. Please dress for a mess.

**Max: 15 children / 25 total people**

## Incredible Insect Party Ages 5-12

Meet Wildwood's cool and creepy crawlers at the Incredible Insects Party. We'll arm you and your guests with magnifying glasses and bug catchers as you search the pond and prairie for insects. Enjoy a visit from Wildwood's insects and learn all about our 6 legged friends as you play a fun game. The party also features an outdoor nature hike and a visit to the animal room. Dress for an adventure.

**Max: 20 children / 30 total people**

## Outdoor Gamer Party Ages 5-12

Children enjoy playing field games like Zombie Tag, a game of Clue, or Scavenger Hunts for our younger friends, and hiking around the prairie, pond, and woodland. End your celebration around the Campfire Circle (or Pavilion fireplace) roasting food such as hot dogs and s'mores. Party includes program leaders, firewood, and cooking sticks. Patrons are responsible to provide food to roast around the campfire.

**Max: 20 children / 30 total people**

**Availability: March through November**

## About Your Wildwood Party Package

- Parties are typically held Saturdays and Sundays from 11:00am-1:00pm or 2:00pm-4:00pm, and during available times Monday-Friday. If these times do not match your schedule, please contact us and special arrangements can be made.
- You are responsible for refreshments, decorations, and paper products. (No alcoholic beverages are allowed in any Park Ridge Park District open spaces, parking lots, or parks at any time.)
- Parties should be scheduled at least one month in advance. Full payment is required at time of reservation.
- Parties are held in the Maple Room inside at Wildwood with trips to the animal room and an outdoor hike.
- Parties are geared toward engaging and educating the children attending, large amounts of adults in attendance can detract from the intended experience. If you are interested in a large family party, consider a Park District Room Rental with the Traveling Party Option.
- Wildwood Pavilion (if available) can be added on to your Wildwood Birthday Party package for an additional fee (\$57/\$114 for 2 hours) . Pavilion capacity 50 (however this outdoor space is not lightning safe).

To find out more information or to book a party, contact our Wildwood party expert, Jenny Clauson, at [jclauson@prparks.org](mailto:jclauson@prparks.org).

## Campfire Birthday Party Ages 7-12

Children enjoy playing games, hiking around the prairie, pond and woodland, and roasting food around the campfire such as hotdogs and s'mores. Party includes program leaders, firewood, and cooking sticks. Patrons are responsible for providing food to roast around the campfire.

**Max: 20 children / 30 total people**

## Fishing Birthday Party Ages 7-12

Have a "reel" good time at your Fishing Birthday Party. You and your guests will learn the parts of a pole, practice casting a line, and try your hand at catching the big one. Fisher-friends cast, reel, and catch fish for approximately one hour. Fishing poles, equipment, bait, and party leaders to remove the fish from the hook are all included. The party also features an outdoor nature hike and small group trips to the animal room.

**Max: 10 children / 20 total people**

**Availability: April through October**

## TRAVELING PARTY OPTION:

### Traveling Animal Show

Love the animals? They can come to your Park District party! Wildwood's animals can travel to your Park Ridge Park District indoor room rental for a 1-hour animal show that includes an animal presentation, animal interaction, and learning from animal artifacts. Animal friends vary based on feeding schedule and other factors.

**\$130 Resident / \$155 Non-Resident**

# Birthday Parties

## BIRTHDAY PARTIES AT MAINE PARK

All parties are 1½ hours (except The Stage School parties, which are 2 hours) and include:

- Private room
- Tables and chairs
- 30-minute set-up time prior to your party
- Party attendant

Parties are available:

- Saturdays between 11:00am-5:00pm
- Sundays between 1:00pm-5:00pm

Please note that certain dates and times may not be available for parties. *No party dates Apr 20, May 12, 24-27.*

For more information and to book a party, please complete a [Facility/Park Rental Application](#) or contact Meghan O'Neill at [moneill@prparks.org](mailto:moneill@prparks.org).

### BIRTHDAY PARTY THEMES:

#### Jigglejam Party

Sign and dance along with an interactive 45-minute concert by Jodi Koplin of Jigglejam.

**Children Guest Maximum: 25 / Guest Total Maximum: 40**

**Party Fee: \$400 Resident / \$475 Non-Resident**

#### Magic Party

Amaze and wow all your friends with a very interactive 45-minute performance with comedy, mystery, and magic.

**Children Guest Maximum: 20 / Guest Total Maximum: 30**

**Party Fee: \$450 Resident / \$525 Non-Resident**

#### Character Visit

Imagine a visit from your favorite princess, prince, or superhero! Visit lasts one hour and is filled with meet and greets, games, storytelling, singing, and more.

**Children Guest Maximum: 15 / Guest Total Maximum: 30**

**Party Fee: \$375 Resident / \$450 Non-Resident**

#### Dance Party

Your guests have their own professional dance instructor for 45 minutes to lead them in dance games and, of course, special party dances that are age appropriate! (i.e. Limbo, Freeze Dance, Chicken Dance, Macarena, and more).

**Children Guest Maximum: 15 / Guest Total Maximum: 20**

**Party Fee: \$375 Resident / \$450 Non-Resident**

#### Chefs in The Kitchen

Our cooking party is as tasty as it is fun. You and your guests can whip up some yummy snacks and treats to enjoy in this fun culinary-themed party. Menu can be customized to accommodate allergies.

**Children Guest Maximum: 15 / Guest Total Maximum: 20**

**Party Fee: \$375 Resident / \$450 Non-Resident**

#### Playground Party (Available June to October)

Enjoy your very own fenced-in outdoor playground! The playground is closed to the public during the duration of your party and is accessible from our playground party room.

**Children Guest Maximum: 30 / Guest Total Maximum: 50**

**Party Fee: \$300 Resident / \$375 Non-Resident**

#### The Stage School Parties

Give your child a birthday they will never forget! Each of our 2-hour themed parties comes with original magical stories, unforgettable characters, and delightful music! All lead by a Stage School Party Host in full costume ready to entertain and engage your child's guests! Our Party Host teaches all party goers a short story and song (complete with costumes and props!) which will be performed for parents at the end of the party!

##### Ages 4-7 Themes:

- Super Heroes Unite! Knights and Princesses
- Pirate Adventure
- Jungle Safari

**Children Guest Maximum: 15**

**Party Fee: \$375 Resident / \$450 Non-Resident**

##### Ages 7-12 Themes:

- Disco Diva
- Journey to Hogwarts
- Spy Escape
- Masters of the Galaxy

**Children Guest Maximum: 20**

**Party Fee: \$375 Resident / \$450 Non-Resident**

#### Glitzy Parties by Glitzy Girlz

Choose one of our many parties and glam out! Co-ed options available for all parties. Email [moneill@prparks.org](mailto:moneill@prparks.org) for more details.

- Rock Diva Dance Party
- Glitzy Glam
- Pretty Princess/Prince
- Unicorn Fantasy Glam
- Super Sassy Spa Retreat
- Princess and Pirates Hidden Treasure

# Birthday Parties

## BIRTHDAY PARTIES AT CENTENNIAL FITNESS CENTER

### Athletic Party Ages 5-13

Your 1 ½ hour private party includes 1 hour activity and 30 minutes in our party room, set up, take down, and clean up, and coaches for athletic themes. Themes for Athletic Parties: Basketball, Dodgeball, Kickball, Soccer, Flag Football, Floor Hockey, Nerf Battle. Additional options include: Capture the Flag, Whiffle Ball, Relay Races. Within the hour activity time, up to three sports can be played.

**\$335 R/\$428 NR**

**Capacity 14 guests, call or email for pricing over 14 guests**

### Indoor Pool Rentals All Ages

Rent the Centennial Fitness Center pool for a private pool party, available on Saturdays and Sundays after 5:00pm only. Private pool rentals include the entire pool deck: the lap pool, leisure pool, baby pool and slide, hot tub (Ages 16+), and the outdoor patio. It also includes staff, lifeguards, and a manager.

**\$160 R/\$240 NR per hour**

**Capacity 162**

**Add on our party room! \$60 R/\$90 NR per hour**

For more information or to book a party, please call 847-692-5167 or email [jjezek@prparks.org](mailto:jjezek@prparks.org).



## BIRTHDAY PARTIES AT BRICKTON ART CENTER

We put the ART in pARTY! Let Brickton Art Center do all the work of providing ARTSY entertainment for your birthday party or private event! Staff will help you settle in, instruct the children while they paint and create, and even assist with clean-up when finished. Recommended for children ages 5 and up. We recommend booking parties 4 to 6 weeks in advance to ensure your preferred time is available.

### Party Options:

- 2 Hour Party - includes 75 minutes of instruction by an experienced artist and 45 minutes for refreshments  
\$250 for up to 16 kids; Additional guests: \$12/guest
- 1.5 Hour Party - includes 60 minutes of instruction by an experienced artist and 30 minutes for refreshments  
\$225 for up to 16 kids; Additional guests: \$12/guest

### Party Availability:

- Saturday: 1:00pm-3:00pm or 4:00pm-6:00pm
- Sunday: 10:30am-12:30pm, 1:00pm-3:00pm or 4:00pm-6:00pm

\*Please inquire if additional weekend or weekday times are available.

**Email Alyssa at [bricktondirector@gmail.com](mailto:bricktondirector@gmail.com) for more information.**





# Picnic & Pavilion Rentals

## PICNIC & PAVILION RENTALS

A variety of picnic areas and pavilions are available for rent throughout the Park District. Some rentals may require a permit. Fees are based on location and residency. Call the Maine Park front desk at 847-692-5127 for details.

### About Your Outdoor Rental

- Pavilion Rental time options: 11:00am-3:00pm or 4:00pm-8:00pm
- Picnic Rental time options: 9:00am-2:00pm or 3:00pm-8:00pm
- Gas grills are allowed at Woodland Park, Wildwood, and Prospect Park Pavilions. Stationary charcoal grills are provided at Centennial Park, Northwest Park, and Prospect Park picnic areas.

To find out more information or to reserve a pavilion or picnic area call 847-692-5127.

### Picnic & Pavilion Rental Rates

#### PICNIC LOCATION

	Resident (25+ group)	Non-Resident (any size group)
Prospect Park (50 guest max)	\$19/5 hr.	\$120/5 hr.
Northwest Park (200 guest max)	\$19/5 hr.	\$120/5 hr.

Stationary charcoal grills are available.

#### PAVILION LOCATION

	Resident	Non-Resident (any size group)
Centennial Park Pavilion (50 guest max)	\$60/4 hr.	\$120/4 hr.
Prospect Park Pavilion (30 guest max)	\$60/4 hr.	\$120/4 hr.
Wildwood Nature Center Pavilion* (65 guest max)	\$114/4 hr.	\$228/4 hr.
Centennial Park Pavilion (50 guest max)	\$60/4 hr.	\$120/4 hr.
Woodland Park Pavilion (50 guest max)	\$60/4 hr.	\$120/4 hr.

**\*The Wildwood Pavilion has a wood-burning fireplace!**

There is an additional fee of \$28 for firewood.



Prospect Park Pavilion



Wildwood Pavilion



Centennial Park Pavilion



Woodland Park Pavilion

### PROSPECT PARK PERFORMING ARTS AREA

Did you know there is a performing arts area at Prospect Park? Complete a Special Event Application to rent this outdoor space.

**\$100 R/\$200 NR (for a 4 hr time block)**

Contact Debbie Majchszak at 847-692-3247 for more information or submit a [Special Event Permit Application](#).



### Professional Photos

Permits are required to take professional photos on Park District property. The cost of this permit is \$100 per year.

To begin the permit process, call 847-692-5127 or fill out a [Facility/Park Rental Application](#).



# Facility Rentals

## Park Ridge Park District Facility Rentals

The Park District offers rental rooms suitable for a meeting, birthday party, family reunion, baby or bridal showers, a company basketball game, or any group function. Please note that additional liquor permit, event insurance, and fee is required for providing or serving alcohol.

Our facility staff is here to assist you with personalized service in order to find what will work best for you. Fees vary based on the facility, room size, and individual group needs. Please visit [www.prparks.org](http://www.prparks.org) to fill out a [Facility/Park Rental Application](#).

**Centennial Activity Center**  
100 S. Western Ave. | Rentals: (847) 692-3597



**Centennial Fitness Center**  
1515 W. Touhy Ave. | Rentals: (847) 692-5167



**Maine Park Leisure Center**  
2701 W. Sibley St. | Rentals: (847) 692-5127



**For outdoor aquatic facilities rental and party information, see page 17.**

**Call one of our friendly party specialists to book your private event today!**

## Facility Rental Rates

All rates are per hour.

<b>SMALL FACILITIES (Classroom size)</b>	<b>Capacity</b>	<b>R/NR</b>
Centennial Activity Center (Activity Rooms 2 & 4)	15	\$30/\$45
Centennial Fitness Center (Multi-Purpose Room)	50	\$60/\$90
Maine Park	40	\$30/\$45
Prospect Park (Paula Hassell O'Connor Community Building – Rooms A,B)	40	\$48/\$72

<b>LARGE FACILITIES</b>	<b>Capacity</b>	<b>R/NR</b>
Centennial Indoor Pool	162	\$160/\$240

<b>BANQUET FACILITIES</b>	<b>Capacity</b>	<b>R/NR</b>
Prospect Park (Paula Hassell O'Connor Community Building – Full Room)	120	\$87/\$131
South Park (Main Room)	130	\$87/\$131
Centennial Activity Center (Multipurpose Room)	140	\$87/\$131

<b>GYMNASIUM</b>	<b>Capacity</b>	<b>R/NR</b>
Centennial Fitness Center (Full Gym, 2 full courts)	300	\$155/\$233
Centennial Fitness Center (1/2 Gym, 1 full court)	150	\$78/\$117
Maine Park	75	\$49/\$74

**South Park Recreation Center**  
833 Talcott Rd. | Rentals: (847) 692-5127



**Paula Hassell O'Connor Community Building**  
733 N. Prospect Ave. | Rentals: (847) 692-5127  
**Rental Availability:**  
Morning until 3:00pm and Afternoons starting at 5:00pm





# RIDE A SWAN AROUND LAKE OPEKA!

Boating on the lake is not just fun, it's great exercise, too. Our Paddle Boats, Swan Boats and Kayaks are perfect for taking a relaxing cruise with a friend or the whole family. Close to home, boating makes a unique addition to a lovely afternoon at Lake Park. See the crew in the Clubhouse. They'll set you on the right course.

Lake Park Golf Course is a sporty 18-hole, par-3 with beautiful greens and strategically placed bunkers, set around the lake that doubles as a hazard. It's fun and playable for beginners of all ages, with an excellent course design that will challenge even experienced golfers as they sharpen their chip shots and fine-tune their putting. Appreciation Days provide special \$12 rounds, and you can save even more with an affordable Lake Park Golf Annual Membership. Enjoy lunch and your favorite beverage on the patio overlooking Lake Opeka.

Foot Golf continues to be extremely popular with all ages. You can play a full 18-holes at Lake Park any time, any day. Bring your own soccer balls or rent ours and enjoy an exciting game that's fun for the whole family!

**FREE  
HALF HOUR  
BOATING**

Monday-Friday  
With purchase of a  
half-hour rental.  
Not valid with any other  
offer or specials.  
Valid in 2024.

SHOW IT ON YOUR PHONE.



**Golf • Paddle Boats • Kayaks • Fishing • Sailing**

1015 Howard Avenue • Des Plaines • 847-391-5730 • DPParks.org

**SAVE \$3  
ON A ROUND  
GOLF OR FOOT GOLF**

Any day, any time,  
with this coupon.  
Not valid with any  
other offer or specials.  
Valid in 2024.

SHOW IT ON YOUR PHONE.

*Through a reciprocal agreement with the Des Plaines Park District, all Park Ridge Park District residents qualify for resident rates at the Lake Park Golf Course and Marina. Just show your ID.*

# General Recreation

Spring 2024



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## Baby Yogies

Ages 0-2 with Adult

BP

This class provides stretching, breathing, and bonding with your baby. Build new connections with your little bundle of joy while providing a warm touch through yoga flow and open body poses. Did you know that yoga can help improve sleep? Join our certified Momma Baby Yoga instructor for a peaceful morning. Bring a yoga mat to class. **MPLC**

Activity	Day	Date	Time	R/NR
2130126-01	Th	Apr 4-May 16	10:15am-11:00am	\$113/\$173

## Jigglejam Music

Ages 6-42 months with Adult



BP

Get ready to wiggle, JIGGLE, and giggle! Join the Jigglejam dance party and sing along to Jodi's imaginative tunes and classic favorites. Shakers, puppets, bubbles, and more surprises add to the JiggleFUN. As a children's educator and entertainer, Koplin has Jigglejammed with families all over Chicagoland and beyond for 30+ years. Through the magic of music your kids develop rhythm, language, fine and gross motor skills in a nurturing safe environment. Every child present must be registered. Want to bring siblings? Register them both for the older class. No class April 9-11. **MPLC**

Ages 6-16 months

Activity	Day	Date	Time	R/NR
2130101-01	Tu	Apr 2-May 14	11:15am-Noon	\$111/\$169
2130101-02	W	Apr 3-May 15	9:15am-10:00am	\$111/\$169
2130101-03	Th	Apr 4-May 16	11:15am-Noon	\$111/\$169

Ages 12-24 months

Activity	Day	Date	Time	R/NR
2130101-04	Tu	Apr 2-May 14	10:15am-11:00am	\$111/\$169
2130101-05	W	Apr 3-May 15	10:15am-11:00am	\$111/\$169
2130101-06	Th	Apr 4-May 16	9:15am-10:00am	\$111/\$169

Ages 24-42 months

Activity	Day	Date	Time	R/NR
2130101-07	Tu	Apr 2-May 14	9:15am-10:00am	\$111/\$169
2130101-08	W	Apr 3-May 15	11:15am-Noon	\$111/\$169
2130101-09	Th	Apr 4-May 16	10:15am-11:00am	\$111/\$169

## Toddler Time

Ages 12-24 months with Adult

BP

Music, friends, and fun! Have a blast while climbing through tunnels, playing with bean bags, balls, parachutes, and so much more! Meet new friends and join us for this chill morning playgroup with your toddler. Class ends with a short circle time full of songs and stories. No class on Apr 1. **MPLC**

Activity	Day	Date	Time	R/NR
2130107-01	M	Apr 8-May 13	9:30am-10:30am	\$64/\$99
2130107-05	F	Apr 5-May 17	9:30am-10:30am	\$73/\$110

## Wild Ones

Ages 1-2 years with Adult

JC

Spark the natural curiosity in your "Wild One" as we take in the beauty of the natural world. Discover water, frogs, worms, and other spring surprises with a visit to the animal room, stories, songs, themed activities, and nature walks. Dress for a mess. **WPC**

Activity	Day	Date	Time	R/NR
2160101-01	M	Apr 8-May 13	9:00am-10:00am	\$61/\$95
2160101-02	M	Apr 8-May 13	10:30am-11:30am	\$61/\$95
2160101-03	M	Apr 8-May 13	4:00pm-5:00pm	\$61/\$95
2160101-05	Tu	Apr 9-May 14	9:30am-10:30am	\$61/\$95

## Mini Gym

Ages 16-28 months with Adult

BP

Jump in the bouncy house and burn off some energy on our riding toys. This morning class also includes a short circle time, a craft, rhythm instruments, and bubbles! All children attending must be registered. **MPLC**

Activity	Day	Date	Time	R/NR
2130109-02	W	Apr 3-May 15	9:30am-10:30am	\$91/\$140

## Jr. Gym

Ages 28-36 months with Adult

BP

Jump in the bouncy house and burn off some energy on our riding toys. This morning class also includes a short circle time, a craft, rhythm instruments, and bubbles! All children attending must be registered. **MPLC**

Activity	Day	Date	Time	R/NR
2130123-01	Th	Apr 4-May 16	9:30am-10:30am	\$91/\$140



## Drop-In

Ages 16-26 months with Adult

BP

Play in the gym! This pay-as-you-go class has a bounce house, ride on toys, push toys, and balls. Parents are responsible for their children. **MPLC**

Day	Date	Time	R/NR
F	Apr 5-May 17	9:15am-10:45am	\$5/\$8

**Drop-In Punch Card:** Save time and money on your Daily Drop-In! Purchase a punch card and receive 6 classes for the price of 7!

Activity	Fee
2130100-01	\$30

## Swamp Snoopers

Ages 2-3 with Adult

JC

Snoop around Wildwood in search of swampy, water dwelling creatures. Visit our animal friends, learn about the creature of the day, make a craft, read a story featuring our water critter, enjoy hands on activities, and explore on a nature walk each week. **WPC**

Activity	Day	Date	Time	R/NR
2160103-01	Th	Apr 4-May 9	4:00pm-5:00pm	\$61/\$95
2160103-02	F	Apr 5-May 10	9:00am-10:00am	\$61/\$95
2160103-03	F	Apr 5-May 10	10:30am-11:30am	\$61/\$95

## Growing Up!

Ages 2-3 with Adult

BP

Growing up can be hard to do. Watch your child flourish into a pro-preschooler while you join them for this transitional class that helps both grown-ups and toddlers ease the anxieties of independence. Our teachers provide a nurturing environment filled with play-based learning and social development. Be part of the next step and watch your child grow and develop some independent skills. Children learn how to follow teacher instruction and a class structure by playing with friends, doing crafts, and participating in a circle time, all with their grown up right alongside them. By the end of the session, your child will be participating with their friends independently and be on their way to preschool! **MPLC**

Activity	Day	Date	Time	R/NR
2130112-01	Tu	Apr 2-May 14	9:30am-10:30am	\$87/\$134

## Wee Chefs

Ages 2-3 with Adult

BP

Slice, dice and chop in this fun interactive class! We provide easy, age-appropriate instruction in basic cooking combined with skill development in measuring, mixing, pouring, nutrition, safety, and following directions. Enjoy a new a delicious creation each week. All children attending class must be registered. Please, only one adult in attendance per child. **MPLC**

Activity	Day	Date	Time	R/NR
2130114-04	Th	Apr 4-May 16	9:45am-10:45am	\$142/\$211

## Kiddie Kreations with Brickton Art Studio

Ages 2-3 with Adult

BP

Draw it, paint it, stick it, and sculpt it. Brickton Art Center provides excellent projects and directions to teach children to discover colors, textures, and other skills in this hands-on art class. Children work on sharing and listening skills as they create beautiful art projects with their special adult, while making friends and trying new things. Fee includes all art supplies used during the class. **MPLC**

Activity	Day	Date	Time	R/NR
2130113-01	W	Apr 3-May 15	10:00am-10:45am	\$178/\$270

## Tot Rock & Kid Rock

This interactive music, movement, and imagination class has everyone on their feet! All class procedures are designed to keep staff and students safe. Activities include songs and rhymes, rhythm and coordination, fine and gross motor, imagination, and sensory, listening, and following directions skills. With a focus on STEAM learning, this program is a unique combination of music and learning. Don't miss out! Join us for musical fun that really can't be "beat"! [www.rockitkids.com](http://www.rockitkids.com). **MPLC**

## Tot Rock

Ages 12-30 months with Adult

BP

Activity	Day	Date	Time	R/NR
2130102-01	F	Apr 12-May 24	9:15am-9:55am	\$83/\$128

## Kid Rock I

Ages 2-3 with Adult

BP

Activity	Day	Date	Time	R/NR
2130103-01	F	Apr 12-May 24	10:00am-10:40am	\$83/\$128

## Baby Sign Language & Early Language

Early communication is so important for you and your little one! Learn what to expect and how to elicit baby's first gestures, signs, and words and start communicating with your little one today. This class is taught by Olivia Hallagan, a pediatric speech-language pathologist who specializes in early language development. Join us in this fun and engaging new class while learning the strategies for language development through play, music, books, and movement. Visit our website at [parkridgespeechtherapy.com](http://parkridgespeechtherapy.com) to find out more about speech and language. **MPLC**

## Simple Signs

Ages 6-12 months with Adult

BP

Learn how to engage with your baby and promote language development including babbling, gestures, and baby sign language.

Activity	Day	Date	Time	R/NR
2130128-02	Tu	Apr 2-May 14	10:30am-11:15am	\$129/\$197

## Toddler Talk

Ages 12-24 months with Adult

BP

Learn how to help your little one move from gestures and sounds to spoken words and phrases. Engage in language-rich play, music and literacy activities, and practice language enhancing strategies.

Activity	Day	Date	Time	R/NR
2130127-01	Tu	Apr 2-May 14	9:30am-10:15am	\$129/\$197

## Twos on the Move

Ages 2-3 without Adult

BP

Each week we explore a new fun-filled theme while developing socialization. We also work on our large and fine motor skills with lots of support from our teachers. This program involves both individual play and group interaction and helps your child overcome separation anxiety, learn to play with friends, and start on their road to preschool! No class Apr 1. **MPLC**

Activity	Day	Date	Time	R/NR
2130201-01	M	Apr 8-May 13	9:30am-11:00am	\$102/\$156
2130201-02	Tu	Apr 2-May 14	9:30am-11:00am	\$119/\$181
2130201-03	W	Apr 3-May 15	9:30am-11:00am	\$119/\$181
2130201-04	Th	Apr 4-May 16	9:30am-11:00am	\$119/\$181
2130201-05	F	Apr 5-May 17	9:30am-11:00am	\$119/\$181

## Toddler Tree School - Fall 2024

Ages 2-3 without Adult (as of Sep 1, 2024)

CR

Does your toddler miss the cutoff for Nature Preschool or Nature Play School? Toddler Tree School is an introductory class for two and three year olds. Tots explore nature, learn, and grow through themed hikes, outdoor exploration, sensory activities, dramatic play, songs, stories, art, and visits to the animal room. Much of this program takes place in our outside classroom space and hiking throughout Wildwood's grounds, with additional exploration inside our classroom in the Wildwood Program Center. Children do not need to be potty trained; staff will reach out if they need to be changed. No class Nov 26, 28. **WPC**

Activity	Day	Date	Time	R/NR
5160215-01	Tu/Th	Sep 3-Dec 19	9:15am-11:15am	\$694/\$850

## Nature's Two-riffic

Ages 2-3 without Adult

CR

Find out just how terrific nature is as you prepare for preschool! Discover animals, nature, and seasonal topics through songs, art, activities and games, stories, and short walks at Wildwood. Enjoy the weekly theme with different activities each day. Programming takes place both outside at the Wildwood Nature Center grounds in the outdoor gathering space and hiking, and our indoor classroom. **WPC**

Activity	Day	Date	Time	R/NR
2160212-01	W	Apr 3-May 15	9:30am-11:00am	\$124/\$169

## Stepping Stones

Ages 3-4 without Adult

BP

Did your child miss the cut off for preschool? Then sign up for Stepping Stones! This program provides hands-on activities through art, music, manipulative techniques, and dramatic play to enhance your child's independence through learning in a preschool setting. **MPLC**

Activity	Day	Date	Time	R/NR
2130202-01	M	Apr 8-May 13	9:30am-11:00am	\$91/\$140



## Learn and Play

Ages 3-4 without Adult

BP

Learn your letters, count with numbers. Enhance your child's preschool experience while exploring our community and natural surroundings. Exciting weekly themes prompt children to discover fun through stories, unique crafts, and projects. Don't miss out on play time fun while developing important life skills! **MPLC**

Activity	Day	Date	Time	R/NR
2130203-04	F	Apr 5-May 10	9:30am-11:00am	\$106/\$162

## Letter Learners

Ages 3-4 without Adult

BP

In a small group setting, your preschooler works on the fundamentals of beginning to read. Word sounds, letters, and word recognition are taught through games and activities. Have your child discover the joy of reading! Children must be age appropriate by September 1, 2024. **MPLC**

Activity	Day	Date	Time	R/NR
2130221-01	W	Apr 3-May 15	9:30am-10:30am	\$79/\$121

## Nature Friends

Ages 3-6 without Adult

CR

Experience the wonders of animals, plants, and the outdoors with fun games, crafts, experiments, and activities. We're all about hands-on learning and discovery, and we venture outside every day. Different topics are covered each season. **WPC**

Activity	Day	Date	Time	R/NR
2160201-03	Th	Apr 4-May 16	9:00am-11:30am	\$158/\$193
2160201-04	Th	Apr 4-May 16	12:30pm-3:00pm	\$158/\$193

## Science Kids

Ages 3-6 without Adult

CR

Experience the wonders of animals, plants, and the outdoors with fun games, crafts, experiments, and activities. We're all about hands-on learning and discovery, and we venture outside every day. Different topics each season. **WPC**

Activity	Day	Date	Time	R/NR
2160202-01	M	Apr 8-May 13	12:30pm-3:00pm	\$136/\$166

## Kindergarten Korner

Join us for some of our creative classes that are designed to keep your kindergartener, or even 4 year-old preschooler, busy in the afternoon.

### Little Chefs

Ages 4-6 without Adult

BP

From tacos to cupcakes we are stirring up a recipe for fun! Each week your child helps create a new and original recipe. Here is a chance for your little chef to use their cooking skills and self-expression to explore the use of foods. Fee includes food supplies needed for recipes, an apron, a cookbook, and tastings! **MPLC**

Activity	Day	Date	Time	R/NR
2130213-01	W	Apr 3-May 15	1:00pm-2:30pm	\$235/\$351

### Baking Buddies

Ages 4-6 without Adult

BP

Every week is a bake-off in Baking Buddies! Cookies, cupcakes, pretzels, and muffins...these are just a few of the things we are stirring up in the kitchen! Kids learn that baking is a science. Precise measurements, mixing, and frosting are all part of the fun. Experiment with colors, flavors, and decorating while creating delicious baked goods. Fee includes food supplies, an apron, a cookbook, and tastings! **MPLC**

Activity	Day	Date	Time	R/NR
2130214-01	F	Apr 5-May 17	1:00pm-2:30pm	\$235/\$351

### Kindergarten Bookworms

Ages 5-6 without Adult

BP

In a small group setting your kindergartener works on the fundamentals of beginning to read. Letter sounds and word recognition are taught through games, rhyming, and picture clues. Have your child discover the joy of reading! Children must be age appropriate by September 1, 2023. **MPLC**

Activity	Day	Date	Time	R/NR
2130222-01	W	Apr 3-May 15	4:00pm-5:00pm	\$79/\$121







2701 W. SIBLEY STREET • 847-685-4400

Start your child on the road to a lifelong love of learning.

SUPERVISOR: Brooke Plofsky



## Registration Info

### Fall 2024 Online Registration Dates

#### Resident Registration

Friday, March 1, 2024 • 10:00am

#### Non-Resident Registration

Friday, March 15, 2024 • 10:00am

### General Information

- Some classes may be full due to advanced registration for children currently enrolled in our Preschool Program.
- Birth certificates, current medical report, DCFS paperwork, and up to date immunization records are required for all students before the first day of school.
- Children must be age appropriate by September 1, 2024.
- All children must be completely toilet trained to participate.
- A \$100 non-refundable deposit is required at the time of registration.
- Payment plans are available.
- School starts Tuesday, September 3, 2024.

Interested families may email the Preschool Director, Brooke Plofsky, at [bplofsky@prparks.org](mailto:bplofsky@prparks.org) or call 847-685-4400 to receive registration information for Preschool.



### Our Preschool offers structured, play-based programming for 2, 3, & 4-year-olds.

Our play-based Preschool Program emphasizes socialization and self-expression through an array of creative and fun preschool appropriate activities. Students have fun learning vital social and emotional skills through art, music, manipulatives, and many other hands on activities. Socialization is the main focus for our 2 & 3-year-old program. Our 4-year-old program prepares your little one for kindergarten by introducing academic concepts along with socialization.

Our current maximum staff to student ratio is 1:9 (max 16 for 2-year-old classrooms; max 18 students for 3 & 4-year-old classrooms).

## Take a Tour

Parents interested in registering your child for our preschool can call Brooke for a tour at 847-685-4400.

We'd be happy to show you around!

Our Preschool Program is certified by the Illinois Department of Children and Family Services (DCFS) and all our staff meet the qualifications set forth by this agency.

# 2024-2025 School Year Preschool Programs

Fees are subject to change.

## 2-Year-Old Program

Step right in without Mom or Dad. Develop social skills and grow as an individual in this playful setting. There is something for everyone in this preschool class. Cook in the pretend kitchen, roll the cars and trains, build a tower, and make new friends. Nurturing teachers help your child with craft projects, outdoor adventures on the tot playground, and circle time fun. Little ones practice following simple directions and separation from parents/caregivers. All children must be completely toilet trained.

Activity	Days	Date	Time	R/NR
5140101-01	M/W/F AM	Sep 4-May 7	9:00am-11:30am	\$2,185/\$3,124
5140101-02	Tu/Th AM	Sep 3-May 8	9:00am-11:30am	\$1,530/\$2,188

## 3-Year-Old Program

There's so much to do in so little time! Get an introduction to numbers, letters, shapes, and color recognition. Teachers facilitate everything through fun and games in this play-based classroom. Emphasis is placed on a wide range of child development stages including emotional, social, language, and cognitive, as well as fine and gross motor skills. All children must be completely toilet trained.

Activity	Days	Date	Time	R/NR
5140102-03	M/W/F AM	Sep 4-May 7	9:00am-11:30am	\$2,185/\$3,124
5140104-03	M/W/F PM	Sep 4-May 7	12:30pm-3:00pm	\$2,185/\$3,124
5140102-04	Tu/Th AM	Sep 3-May 8	9:00am-11:30am	\$1,530/\$2,188
5140104-04	Tu/Th PM	Sep 3-May 8	12:30pm-3:00pm	\$1,530/\$2,188
5140102-01	M-F AM	Sep 3-May 8	9:00am-11:30am	\$3,713/\$5,307

## 4-Year-Old Program

Practice your ABC's and 123's! This class is all about kindergarten readiness, problem solving, and making new friends. Our warm-hearted teachers provide a colorful and stimulating learning environment ready for creative imaginations and discovery. Throughout the year, we continue to work on many important skills including: self-help, social, emotional, gross and fine motor, along with academic skills expected for kindergarten. A Preschool Graduation Ceremony takes place in the spring.

Activity	Days	Date	Time	R/NR
5140103-01	M/W/F AM	Sep 4-May 7	9:00am-11:30am	\$2,185/\$3,124
5140105-01	M/W/F PM	Sep 4-May 7	12:30pm-3:00pm	\$2,185/\$3,124
5140103-06	Tu/Th AM	Sep 3-May 8	9:00am-11:30am	\$1,530/\$2,188
5140105-06	Tu/Th PM	Sep 3-May 8	12:30pm-3:00pm	\$1,530/\$2,188
5140103-09	M-F AM	Sep 3-May 8	9:00am-11:30am	\$3,713/\$5,307
5140105-10	M-F PM	Sep 3-May 8	12:30pm-3:00pm	\$3,713/\$5,307

**Looking for Full Day Preschool Options?  
See Page 53 for more information!**

## Extend Your Child's Preschool Day!

Enhance your child's learning with our optional enrichment classes. Our programs are for children in 3 and 4-year-old classrooms. They are designed to stimulate and provide additional learning opportunities through hands-on experiences. Enrichment extends the preschool day 1 ¼ hours.

**Class options will go out to registered preschool families over the summer. Stay tuned!**

## Playtime Pals - All-Day Option!

Students start their day in our morning play group filled with friends and fun! Class includes time for a snack and outdoor play. They then transition to their enrichment class, where they eat their own nut-free lunch and enjoy specialty activities before attending afternoon preschool. Our enrichment classes introduce pre-k skills, foster social growth, and offer gross motor time. Our teachers walk the children to each class throughout the morning until they arrive at afternoon preschool.

The schedule is as follows:

<b>9:00am-11:15am</b>	<b>Playtime Pals</b>
<b>11:15am-12:30pm</b>	<b>Enrichment Class and Lunch</b>
<b>12:30pm-3:00pm</b>	<b>Afternoon Preschool</b>

Activity	Days	Date	Time	Fee
5140501-01	M/W/F	Sep 4-May 7	9:00am-11:15am	\$1,638
5140501-02	Tu/Th	Sep 3-May 8	9:00am-11:15am	\$1,162

\*Fees subject to change

For more information, contact Brooke at [bplofsky@prparks.org](mailto:bplofsky@prparks.org).

## Lunch and Play **NEW!**

Munch and crunch your lunch in the Ridge Room with us. After you finish eating, relax and play in our room until it's time to go to your next class. Teachers escort children to their afternoon program. This class is for children in our 3 and 4-year-old preschool classrooms. No class Nov 25-29, Dec 23-Jan 3.

Activity	Day	Date	Time	R/NR
5140343-12	Tu	Sep 3-Dec 17	11:30am-12:30pm	\$128/\$173
5140343-14	Th	Sep 5-Dec 19	11:30am-12:30pm	\$128/\$173

# NATURE

PARK RIDGE PARK DISTRICT

## Playschool & Preschool

2701 W. SIBLEY STREET • 224-585-4861

SUPERVISOR: MOLLY KOWALSKI • EMAIL: [mkowalski@prparks.org](mailto:mkowalski@prparks.org)  
 ASSISTANT SUPERVISOR: MAGGIE MARTIN • EMAIL: [mmartin@prparks.org](mailto:mmartin@prparks.org)

### NATURE PRESCHOOL 2024

Ages 3-4 as of September 1, 2024

MK

Wildwood's nature focused program for 3-4 year-olds infuses traditional readiness learning and preschool activities with an emphasis on the natural world and daily outdoor discovery. The curriculum incorporates the Illinois Early Learning and Development Standards. In addition to their ABC's and 123's, children hike the trails around the pond, prairie, and woodland, draw in their journals, turn over logs to look for insects and worms, and get to know the animals at Wildwood all while developing lifelong learning skills. All children must be completely toilet trained to participate. **MPLC**

### Nature Preschool: 2024-2025 School Year

Activity	Day	Date	Time	R/NR
5160320-01	M/W/F AM	Sep 4-May 7	9:00am-11:30am	\$2,209/\$2,654
5160320-02	M/W/F PM	Sep 4-May 7	12:30pm-3:00pm	\$2,209/\$2,654
5160330-01	Tu/Th AM	Sep 3-May 8	9:00am-11:30am	\$1,554/\$1,868
5160330-02	Tu/Th PM	Sep 3-May 8	12:30pm-3:00pm	\$1,554/\$1,868
5160352-01	M-F AM	Sep 3-May 8	9:00am-11:30am	\$3,761/\$4,517

\*Monthly payments are based on the program fee, less the \$100 deposit, with monthly billing cycle of 8 payments (Aug 15-April 15). A non-refundable \$100 deposit is required for registration.

### NATURE PLAYSCHOOL FALL 2024

Ages 3-4 as of September 1, 2024

MK

Hike the trails around the pond, prairie, and woodland, draw in their journals, turn over logs to look for insects and worms, and get to know the animals at Wildwood all while developing lifelong learning skills. Nature Playschool is the sister program to Nature Preschool with one day options. This program follows the same themes, daily schedule, and also rotates curriculum. All children must be completely toilet trained to participate.

### Nature Playschool: Fall 2024 (16 weeks)

Activity	Day	Date	Time	R/NR
5160310-01	Tu AM	Sep 3-Dec 17	9:00am-11:30am	\$365/\$442
5160310-02	Th AM	Sep 5-Dec 19	9:00am-11:30am	\$365/\$442
5160310-05	F AM	Sep 6-Dec 20	9:00am-11:30am	\$365/\$442

\*Playschool is charged by semester billed in 4 payments from August to November.



### Fall 2024 Online Registration:

Registration Begins:  
Friday, March 1, 2024 • 10:00am



#### General Information

- Some classes may be full due to advance registration for children currently enrolled in our Nature Preschool Program.
- A \$100 non-refundable deposit is required at the time of registration. Balance is due by August 16, 2024.
- Children must be age appropriate by September 1, 2024.
- All children must be completely toilet trained to participate.
- Start date is Tuesday, September 3, 2024.



## Full Day Preschool Options at the Park Ridge Park District

Did you know that the Park Ridge Park District offers TWO amazing preschool programs for your child? Looking to have your child attend school from 9:00am- 3:00pm? We have wonderful options to help build your child's day.

Both programs are housed within the Maine Park campus. Our staff will take your child from class to class ensuring smooth transitions throughout the day.

Full day options are only for students enrolled in 3 and 4-year-old classes in Preschool and all Nature Preschool and Playschool students. Registration for all classes, except for enrichment classes, begins on Friday March 1, 2024 at 10:00am.

### All Traditional Play-Based Preschool

**9:00am-11:15am**

Playtime Pals

**11:15am-12:30pm**

Enrichment Classes & Lunch

**12:30pm-3:00pm**

PM Traditional Preschool

**Looking to extend  
your preschooler's day  
until 4:30pm?**

**Sign up for Afternoon  
Adventure Club!**

**See page 53**

### All Nature Play-Based Preschool:

**9:00am-11:30am**

Choose from the options below:

AM Nature Preschool

AM Nature Playschool  
(Tu, Th, or F)

Nature Friends (M)

Science Kids (W)

**11:30am-12:30pm**

Lunch Bunch or Lunch & Play

**12:30pm-3:00pm**

Choose from the options below:

PM Nature Preschool

Nature Friends (M)

Science Kids (W)

Wild Child (F)

### Combination of Traditional and Nature Play-Based Preschool

**Timeline #1**

**9:00am-11:30am**

Choose from the options below:

AM Maine Park Preschool

AM Nature Preschool

AM Nature Playschool  
(Tu, Th, or F)

Nature Friends (M)

Science Kids (W)

**11:30am-12:30pm**

Lunch Bunch or Lunch & Play

**12:30pm-3:00pm**

Choose from the options below:

PM Nature Preschool

PM Maine Park Preschool

Nature Friends (M)

Science Kids (W)

Wild Child (F)

### Combination of Traditional and Nature Play-Based Preschool

**Timeline #2**

**9:00am-11:15am**

Playtime Pals

**11:15am-12:30pm**

Enrichment Classes & Lunch

**12:30pm-3:00pm**

Choose from the options below:

PM Nature Preschool

Nature Friends (M)

Science Kids (W)

Wild Child (F)



# Preschool Extended Day Options - Fall 2024

The following options are available to extend your child's preschool day in Fall 2024. These programs are available to both Nature Preschool and Traditional Preschool students.

## Nature Friends

Ages 3-6 CR

Experience the wonders of animals, plants, and the outdoors with fun games, crafts, experiments, and activities. We are all about hands-on learning and discovery and venture outside for nature hikes. *No class Oct 14, Nov 25.* **WPC**

Activity	Day	Date	Time	R/NR
5160201-01	M	Sep 9-Dec 16	9:00am-11:30am	\$316/\$379
5160201-11	M	Sep 9-Dec 16	12:30pm-3:00pm	\$316/\$379

## Science Kids

Ages 3-6 CR

See the world through science goggles! Each session features a different scientific topic, and each week dives deeper into that topic through fun experiments, observations, games, crafts, and outdoor hikes. Please send your child with a peanut/tree nut free snack and reusable water bottle. *No class Nov 27.* **WPC**

Activity	Day	Date	Time	R/NR
5160202-01	W	Sep 4-Dec 18	9:00am-11:30am	\$364/\$434
5160202-02	W	Sep 4-Dec 18	12:30pm-3:00pm	\$364/\$434

## Wild Child

Ages 3-6 CR

Preschool explorers get ready for outdoor adventure! Wild Child's kid crew creates their own adventures around Wildwood's pond, prairie, and woodland paths, and extends the exploration inside the classroom. *No class Nov 29.* **WPC**

Activity	Day	Date	Time	R/NR
5160206-01	F	Sep 6-Dec 20	12:30pm-3:00pm	\$364/\$434

## Afternoon Adventure Club NEW!

Ages 3-6 MK

Afternoon Adventure Club extends your preschooler's day by an additional 1.5 hours. Classes are held at the Wildwood Program Center (529 Forestview Ave). We look forward to a WILDLY fun time! **WPC**

Activity	Day	Date	Time	R/NR
5160354-01	M	Sep 9-Dec 16	3:00pm-4:30pm	\$157/\$200
5160354-02	Tu	Sep 3-Dec 17	3:00pm-4:30pm	\$181/\$230
5160354-03	W	Sep 4-Dec 18	3:00pm-4:30pm	\$181/\$230
5160354-04	Th	Sep 5-Dec 19	3:00pm-4:30pm	\$181/\$230
5160354-05	F	Sep 6-Dec 20	3:00pm-4:30pm	\$181/\$230



## Lunch Bunch

Ages 3-4 as of September 1, 2024 MK

Extend your Preschool or Playschool day at Lunch Bunch. Eat your lunch then enjoy free play indoors and outdoors after your meal. Children are escorted to and from lunch and the Nature Preschool and Nature Playschool program. *No class Nov 25-29, Dec 23-Jan 3.* **MPLC**

Activity	Day	Date	Time	R/NR
5160340-02	M	Sep 9-Dec 16	11:30am-12:30pm	\$112/\$155
5160340-12	Tu	Sep 3-Dec 17	11:30am-12:30pm	\$129/\$178
5160340-13	W	Sep 4-Dec 18	11:30am-12:30pm	\$129/\$178
5160340-14	Th	Sep 5-Dec 19	11:30am-12:30pm	\$129/\$178
5160340-01	F	Sep 6-Dec 20	11:30am-12:30pm	\$129/\$178

## Lunch and Play NEW!

Ages 3-4 as of September 1, 2024 BP

Munch and crunch your lunch in the Ridge Room with us. After you finish eating, relax and play in our room until it's time to go to your next class. Teachers escort children to their afternoon program. This class is for children in our 3 and 4-year-old preschool classrooms. *No class Nov 25-29, Dec 23-Jan 3.* **MPLC**

Activity	Day	Date	Time	R/NR
5140343-12	Tu	Sep 3-Dec 17	11:30am-12:30pm	\$128/\$173
5140343-14	Th	Sep 5-Dec 19	11:30am-12:30pm	\$128/\$173

**Does your preschooler love to be active and play sports?**

**Watch the Fall Brochure for our athletic enrichment classes that extend the preschool day!**



# Youth Programs

## Theater Classes



### Creative Drama

Ages 5-8

LG

Give your child's imagination a boost! Students learn the fundamentals of acting through engaging games, imaginative play, and storytelling. Your child develops core skills such as speaking clearly in front of an audience, vocal projection, using their imagination on stage, concentration, and teamwork. Students perform a showcase of their work on the last day of class. **CAC**

Activity	Day	Date	Time	Fee
2180101-01	M	Apr 1-May 20	4:00pm-5:00pm	\$128

### Musical Theatre Dance

Ages 5-8

LG

Students work on a variety of dance styles used in musical theatre, including modern, jazz, hip hop, ballet, and folk! We learn choreography from a variety of classic and contemporary Broadway musicals and present a showcase of our work on the last day of the session. **CAC**

Activity	Day	Date	Time	R/NR
2180101-24	W	Apr 3-May 22	4:00pm-5:00pm	\$128

### Musical Theatre Singing

Ages 5-14

LG

Students work with a professional voice instructor to fine tune their singing skills. We work on a variety of musical theatre vocal styles, from classic to contemporary. Students improve their pitch, rhythm, and vocal range through group singing exercises. There is a showcase of their work on the last day of the session. **CAC**

Activity	Age	Day	Date	Time	Fee
2180101-22	5-8	Tu	Apr 2-May 21	4:15pm-5:15pm	\$128
2180101-23	9-14	Tu	Apr 2-May 21	5:30pm-6:30pm	\$128

### Sketch Comedy and Improvisation

Ages 9-14

LG

Learn the art of Sketch Comedy and Improv! Your child works with a professional teaching artist to develop and rehearse a combination of classic and original sketch comedy pieces. Students also dive into the art of improv through engaging games, scene work, and improvisational exercises. Fun and hilarity certainly ensue! Students perform a showcase of their work on the last day of the session. **CAC**

Activity	Day	Date	Time	Fee
2180101-02	M	Apr 1-May 20	5:15pm-6:15pm	\$128

### Audition Technique **NEW!**

Ages 9-14

LG

Looking to prep for that next audition? Students learn the tools and preparation needed to go into auditions with confidence. We cover a variety of different types of auditions including cold readings, monologues, on camera, and musical theater! Whether you are auditioning for the school play, professional theater, or a feature film, this class leaves you prepared to nail that next audition! **CAC**

Activity	Day	Date	Time	Fee
2180101-26	W	April 3-May 22	5:15pm-6:15pm	\$128

## Youth Enrichment Classes

### Magic! Magic! Magic!

Ages 5-12

MO

Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the "Magic Team of Gary Kantor!" Amaze family and friends with tricks that involve cards, ropes, coins, and mind-reading. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again since brand new tricks are always taught at each session! Instructor: Magic Team of Gary Kantor. **MPLC**

Activity	Day	Date	Time	R/NR
2110926-01	M	Apr 15	5:00pm-5:55pm	\$22

### Fashion Sewing 1 (Beginner)

Ages 8-12

MO

Students learn the basics of hand sewing and machine sewing during this class, strengthening their sewing skills and focusing on hand-eye coordination. New and advanced sewers are welcome. New projects each session. Returning students can advance their skills and continue to work on new and challenging projects. Instructor: Ciao Bella Sewing. **MPLC**

Activity	Day	Date	Time	R/NR
2110811-01	Tu	Apr 2-Jun 4	5:00pm-6:00pm	\$276/\$417

### Peace, Love, and Glam Dance Party

Ages 4-11

MO

Spread love and happiness with Glitzy Girlz (glitzygirls.com)! Each participant gets a pampering of glam with a hairdo, make-up sparkle, and nail polish application. Decorate a unique craft with peace, hearts, and rainbow accents along with paints and personalization. Design a cool beaded bracelet with a peace-love charm. Our night ends with a retro lights dance party to popular songs! A "peace offering" goes home with each guest. Sign up with friends! **MPLC**

Activity	Day	Date	Time	R/NR
2110801-01	Th	Apr 11	6:00pm-7:15pm	\$35/\$50

### Mother's Day: Making Memories for Mom Night

Ages 3-11 with Adult

MO

Join Glitzy Girlz (www.glitzygirlz.com) on a date for some special memories for Mom. Whether its an adult coming with a child to make gifts for Mothers Day or a Mom spending an evening with that special child/ren in the month of May, its a mom's celebration! Each couple makes three surprises: ceramic, wooden, and a beaded item with mom accents and charms. A special gift wrapping/bags station will conceal any surprises to take home and save for Mother's Day. This class is always a cherished time every May! **MPLC**

Activity	Day	Date	Time	R/NR
2110803-01	Th	May 16	6:00pm-7:00pm	\$35/\$49 couple
2110803-02	Th	May 16	6:00pm-7:00pm	\$31/\$44 additional child

# Youth Programs

## Technology Classes

### Minecraft - Basic Training for Beginners

Ages 6-8 MO

Are all of your friends into Minecraft, but you haven't quite figured it out? This class is for YOU! You and your partner collaborate to learn essential crafting skills while searching for clues to unlock doors, complete scavenger hunts, and more! You get an introduction to the basics of computer networking, multidimensional objects, and video game graphics. After completing this boot camp, you'll have the basic tools to participate in more advanced Minecraft adventures! **MPLC**

Activity	Day	Date	Time	R/NR
2110406-01	Th	Apr 4-Apr 25	6:00pm-7:15pm	\$141/\$216

### Minecraft Madness

Ages 7-12 MO

Minecraft, one of the most popular video games in history, offers an amazing world of endless possibilities. Let your imagination transform your Minecraft experience into a unique world YOU create! Students discover how to expand their worlds' possibilities using popular game-enhancing mods. Build traps, arrow launchers, and faster rail systems, and participate in building challenges! Learn fundamentals of computer networking through this unique Minecraft experience that also allows you and your friends to work in multiplayer mode as you mine, craft, and build together to survive. **MPLC**

Activity	Day	Date	Time	R/NR
2110407-01	Th	May 2-May 23	6:00pm-7:15pm	\$141/\$216

### Jr Scratch

Ages 5-7 MO

Learning to Code is a critical skill for children to learn! Much like learning another language, it's best to have kids learn about programming concepts early and often! In our Scratch Jr class, kids learn coding concepts including computer automation and linear sequencing. They make short stories, apply elements of animation, and create their own sprites and objects – all using technology and coding fundamentals! **MPLC**

Activity	Day	Date	Time	R/NR
2110402-01	Tu	Apr 2-May 28	4:00pm-5:00pm	\$361/545

### Minecraft Star Wars

Ages 8-11 MO

May the Force be with you! Using the Minecraft platform, students learn coding fundamentals while exploring fantastical worlds - constructing and coding everything around them including vehicles and planets! In this educational and fun-filled class, students overcome challenges while learning coding concepts including coordinates, functions, methods, loops, variables, and more! Whether your child is a big Star Wars fan or has an interest in space, this class takes them on an exciting "out of this world" adventure! **MPLC**

Activity	Day	Date	Time	R/NR
2110402-02	Tu	Apr 2-May 28	5:15pm-6:15pm	\$361/545

## Cooking Classes

### Sticky Fingers

Ages 5-10 MO

Your kids can have a blast every week discovering how easy and fun it is to cook and gobble up tasty, healthy, American classics and globally-inspired Sticky Fingers Cooking recipes! Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes and master culinary skills that kids can put to use in their family kitchens while nourishing their bodies and minds. We provide all of the tools, ingredients, and instruction needed to cook up a fun, delicious, and incredibly healthy after-school snack each week. This program can accommodate food allergies. **MPLC**

Activity	Day	Date	Time	R/NR
2110830-01	W	Apr 10-May 29	4:00pm-5:00pm	\$252/\$381

## Nature Classes

### Adventure Club

Ages 6-11 CR

Calling together the Adventure Club - join Wildwood's naturalists for weekly outdoor excursions. Explore the prairie looking for creatures big and small, grab a net to find bugs in the long grass or in the water, hike the Des Plaines River trail, and discover nature through experiments, projects, and exploration. Class takes place mainly outdoors, and ventures inside due to inclement weather. Please pack a water bottle and dress to be comfortable outdoors. **WPC**

Activity	Day	Date	Time	Fee
2160418-05	W	Apr 3-May 15	3:30pm-5:00pm	\$96

### Insectigations: Predators

Ages 6-11 CR

It's an insect investigation of biting "bugs"! How do praying mantids catch their prey? What makes dragonflies one of the Earth's most efficient hunters? Weave webs like an arachnid, do a pond dip for dragonfly nymphs, and discover more about the hunters of the insect world. **WPC**

Activity	Day	Date	Time	R/NR
2160405-01	Th	Apr 18-May 16	4:00pm-5:30pm	\$69/\$95

### Rangers in Training

Ages 10-14 JC

Interested in being a ranger at Wildwood? Get a hands-on taste of what it's like to be a Wildwood ranger. Learn how to clean, feed, and care for the animals during this fun training session. *No class Apr 15.* **WNC**

Activity	Day	Date	Time	R/NR
2160407-01	M	Apr 8-May 20	4:00pm-5:00pm	\$67/\$99
2160407-02	F	Apr 5-May 17	4:00pm-5:00pm	\$67/\$99



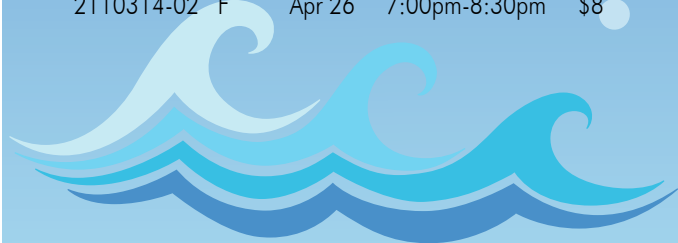
# Teen Programs

## School Nights at the Pool

Grab your swimsuit, towel, and friends and head over to the Centennial Fitness Center for a private pool party! Pre-registration is required; no at-the-door registration is accepted.

GRADES 4-5 MO  
**Activity** **Day** **Date** **Time** **R/NR**  
 2110720-01 F Apr 19 7:00pm-8:30pm \$8

GRADES 6-8 LG  
**Activity** **Day** **Date** **Time** **R/NR**  
 2110314-02 F Apr 26 7:00pm-8:30pm \$8



## K-1 SPEED

### Teen Trip



Ages 11-15 LG

Go kart racing will never be the same after racing at K-1 Speed! This indoor track is designed for a beginner as well as an experienced go karter. Race wheel-to-wheel with your friends at speeds approaching 45 mph! Transportation and adult supervision is provided. Must be 4'10" or taller. Additional details will be provided closer to the trip date.

**Registration deadline: March 20. Departs from MPLC**

**Location:** K-1 Speed  
 2381 West Army Trail Road, Addison, IL 60101

**Activity** **Day** **Date** **Time** **R/NR**  
 2110214-01 W Mar 27 1:00pm-4:00pm \$85

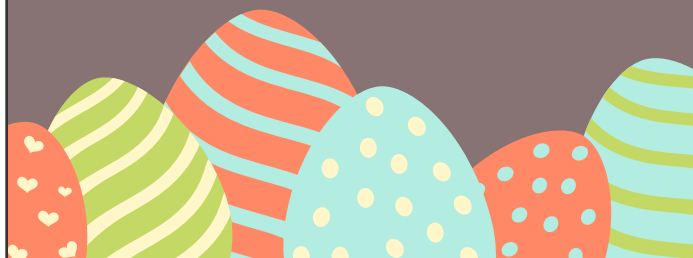
## Teen Egg Hunt

Ages 12-16 LG

Grab your flashlight and set out on a hunt for eggs hidden throughout the Wildwood Prairie. If you are lucky, your eggs will be filled with candy or maybe even a gift card! There is also time for some egg-cellent games. Don't forget your flashlight and a bag to collect all your eggs. **Registration**

**deadline: Mar 15. WNC**

**Activity** **Day** **Date** **Time** **R/NR**  
 2110311-20 F Mar 22 7:15pm-8:00pm \$15



# Teen Programs

## Intro To Safe Babysitting (Girl Scout Class)

Ages 10-15

LG

Sponsored by Safe Sitter®, this 60 minute introductory class is designed for Girl Scouts and other groups of students who are interested in learning how to safely care for children. Students learn tips to manage behavior, the ages and stages of child development, as well as practicing diapering. This class meets some of the requirements of a Babysitter Badge. Program includes the cost of a certified Safe Sitter instructor and a booklet. Optional: participants can bring their own baby-sized doll. **MPLC**

Activity	Day	Date	Time	Fee
2110115-02	W	Apr 24	4:15pm-5:15pm	\$57

## Babysitting Class

Ages 10-15

LG

Sponsored by Safe Sitter®, this comprehensive class gets your teen on the right track to become a babysitter. Participants learn how to care for a choking infant or child, basic first aid, personal safety, injury prevention, child care, how to prevent problem behavior, behavior management, ethics, and babysitting as a business. Program includes the cost of a certified Safe Sitter instructor, a manual, and completion card. Participants should bring a nut-free lunch and drink. Optional: participants can bring their own baby-sized doll. **MPLC**

Activity	Day	Date	Time	Fee
2110115-01	Sa	May 11	9:00am-2:30pm	\$197

## Safe@Home Training

Ages 10-12

LG

Our 90-minute Safe@Home class, sponsored by Safe Sitter®, is sure to get your teen on the right track to be prepared for the responsibility of staying home alone. Through games and activities this program provides information and skills practice related to important safety training including how to practice safe habits, navigate common household emergencies, and how to prevent and address illness and injury. Program includes a manual.

Activity	Day	Date	Time	Fee
2110118-01	W	May 22	4:15pm-5:45pm	\$67



## Skateboard Lessons

Ages 5-13

LG

If you are a beginner or intermediate skateboarder, Team Skateboard is for you! The Team Skateboard instructors have designed lessons to teach kids how to skateboard and improve on skills. Levels of instruction range from kids who have never stepped foot on a skateboard, to those who want to learn more advanced tricks on ramps and rails. The lessons are overseen by Frank Pope, founder and owner of Team Skateboard. Frank brings with him a talented staff of local skateboarders. All participants are required to bring and wear a helmet, knee pads, and a skateboard. **HP/sp**

Activity	Age	Day	Date	Time	R/NR
2110400-01	5-7	W	Apr 10-May 1	4:30pm-5:30pm	\$160/\$240
2110400-02	5-7	W	May 8-May 29	4:30pm-5:30pm	\$160/\$240
2110400-03	8-13	W	Apr 10-May 1	5:30pm-7:00pm	\$305/\$458
2110400-04	8-13	W	May 8-May 29	5:30pm-7:00pm	\$305/\$458



Don't miss our wide variety of youth athletic programs!  
See pages 67-71

# Adult Programs

## Adult Art

### Adult Art Studio Workshop

Ages 18 & Up EG

Studio Workshop is for the more independent artist. Continue to work on your current "masterpiece" or try something new. Set up a still life, work from a model, try a different technique or medium, and participate in group critiques. Instructor: Linda Khan. **CAC**

Activity	Day	Date	Time	R/NR
2120114-01	W	Apr 3-May 1	12:30pm-3:30pm	\$60
2120114-02	W	May 8-Jun 5	12:30pm-3:30pm	\$60

### Adult Art

Ages 18 & Up EG

Our instructor guides beginner through advanced students in all media, including sketching, pastels, watercolor, oils, and acrylics. New students should bring a pencil and sketch pad to first class. Instructor: Linda Khan. **CAC**

Activity	Day	Date	Time	R/NR
2120113-01	Th	Apr 4-May 2	9:00am-Noon	\$60
2120113-02	Th	May 9-Jun 6	9:00am-Noon	\$60

### Intermediate Sewing

Ages 18 & Up EG

Gwen Jaeger takes you a step further with our sewing skills and hones in on specific projects. Please note, this is a post class to Beginner Sewing or for already experienced sewers. A sewing machine is required for the class. **CAC**

Activity	Day	Date	Time	Fee
2230527-01	M	Apr 1-Apr 22	6:30pm-8:00pm	\$40
2230527-02	M	Apr 29-Jun 3	6:30pm-8:00pm	\$50

### Macrame Plant Hanger Making NEW!

Ages 18 & Up EG

Make your own unique macrame plant hanger! Learn basic macrame knots with the assistance of an experienced macrame instructor. You will complete a beautiful hanger to showcase a plant in your home. Fee includes instruction and supplies. Instructor: Robin Moss. **CAC**

Activity	Day	Date	Time	R/NR
2230529-01	Tu	Apr 9	1:00pm-3:00pm	\$15/\$18
2230529-02	Tu	May 7	6:30pm-8:30pm	\$15/\$18



## Adult Special Interest

### Grandparents: Getting Started

Ages 18 & Up LG

Sponsored by Safe Sitter®, is a program designed to prepare mature members of the community to become caregivers for their grandchildren. Participants learn the new recommendations for child care based on research from doctors, how to manage the behavior of children of all ages, life-saving skills such as choking rescue, first aid, and injury management. Program includes the cost of a certified Safe Sitter instructor, a workbook, and peace-of-mind to the whole family.

Activity	Day	Date	Time	Fee
2110117-01	Sa	May 18	9:00am-2:30pm	\$107

### Sip & Security

Ages 18 & Up EG

Those 65 and older at the most at risk and highest targeted individuals for phishing scams. With her 16 years of experience in tech, Eileen O'Leary, the Information Technology Director at the District, leads you through step-by-step instructions on how to protect and stay ahead of cyber-attacks. Class covers: security safety, common scams, computer updates, cyber-attacks. Pasta, salad, bread, and 1 glass of wine is served. **CAC**

Activity	Day	Date	Time	Fee
2230531-01	Tu	May 14	5:00pm-6:30pm	\$22

**There's lots more for Active Adults!**

**See pages 24-32**

# Canine Programs



## Puppy Kindergarten

Ages 12 & Up SC

Teach your puppy how to socialize with others as well as adjust to a puppy collar, lead, and walk. Puppies learn words and positions of sit, down, stand, and come when called. Basic house control and commands are stressed.

**First class is held Wednesday, April 5 at South Park Recreation Center at 7:30pm.**

Please do not bring puppies to first meeting. Shot history and proof of negative fecal test within 6 months are required at the first meeting.

**Note:** Puppies are dogs 8 weeks to 5½ months. Instructor: Gloria Urquhart. **CAC**

Activity	Day	Date	Time	R/NR
2240101-01	W	Apr 3-May 29	7:00pm-7:55pm	\$81/\$120

## Dog Obedience

Ages 12 & Up SC

Learn to enjoy your pet through correct discipline and handling. Dogs learn basic commands and positions of sit, down, stand, come, and heel on a leash. Bad tempered dogs are not accepted.

**First meeting of all classes is held on Wednesday, April 5 at South Park Recreation Center at 7:30pm.**

Please do not bring dogs to the first meeting. Rabies, shot history, and proof of negative fecal exam within 6 months are required at first meeting. Beginners are dogs that have not had class instruction. Novice dogs are those that have had at least one beginner class at the Park Ridge Park District. **Note:** Dogs must be at least 6 months old.

**Instructor:** Gloria Urquhart  
**Location:** Centennial Activity Center, 100 S. Western Ave.

Activity	Level	Day	Date	Time	R/NR
2240102-01	Beg	W	Apr 3-Jun 5	8:00pm-8:55pm	\$105/\$135

**Instructor:** Sheryl Phelps  
**Location:** South Park, 833 Talcott Rd.

Activity	Level	Day	Date	Time	R/NR
2240102-03	Beg	W	Apr 3-Jun 5	7:00pm-7:55pm	\$105/\$135
2240103-01	Nov 1	W	Apr 3-Jun 5	8:00pm-8:55pm	\$105/\$135
2240103-02	Nov 2	W	Apr 3-Jun 5	9:00pm-9:55pm	\$105/\$135



**PLEASE NOTE:** The dog obedience classes are a series of classes designed to learn commands and obedience training. Dogs must attend and pass at least one of our Beginner Obedience class before proceeding to Novice. We do not specialize in aggression rehabilitation. If you have an aggressive dog, please contact Sarah Chuipek, 847-692-3035 prior to registration.



# Indoor Swim Lessons



## Park Ridge Park District is an independent authorized provider of Starfish Swimming!

The Starfish Swimming curriculum is designed for students ages 6-months to adult. Benchmarks are established at each stage in the program that combine both swimming and safety skills. Students participate in experiential learning activities that allow them to explore the water in a creative and comfortable environment. Correct swimming techniques are taught from the very beginning, providing an easy transition to swim team.



### General Lesson Information

- Please read the new class descriptions and sign your child up for the level that most closely matches their ability.
- New students will be tested on the first day to ensure they are in a class that best suits their ability level.
- During swim lessons, a pool manager is present to answer any questions. Any other questions regarding swim lessons should be directed to Jenna Jezek at 847-292-8921 or [jjezek@prparks.org](mailto:jjezek@prparks.org).
- Due to high enrollment and limited pool space, make-up lessons are not provided.
- We request that participants bring their own towel and goggles.

[Click here to view the Starfish Swim Program Parent Guide](#)

The Centennial Fitness Center is an Approved Training Center of the Starfish Aquatics Institute, Inc. The Starfish Swimming word mark, Starfish Swim School word mark, and Starlet logo are registered trademarks of the Starfish Aquatics Institute, Inc. The StarBabies, StarTots, Starfish Stroke School, and Starfish Swim Team word marks are trademarks of the Starfish Aquatics Institute, Inc.

## StarBabies™ & StarTots™

Ages 6 months-3 with Adult

JJ

The purpose of this course is to develop in very young children a high comfort level in the water while at the same time training the adults who accompany them in water safety and drowning prevention. This course does not teach children to become accomplished swimmers or to survive in the water; it does provide a confidence-building, fun, and loving experience. One adult must be in the water with each child. Swim diapers are required. No class May 12. **CFC/p**

Activity	Day	Date	Time	R/NR
2210103-01	Tu/Th	Apr 9-May 2	5:55pm-6:25pm	\$83/\$131
2210103-02	Tu/Th	May 7-May 23	5:55pm-6:25pm	\$62/\$99
2210103-03	Sa	Apr 6-May 18	10:30am-11:00am	\$72/\$115
2210103-04	Sa	Apr 6-May 18	11:05am-11:35am	\$72/\$115
2210103-05	Su	Apr 7-May 19	10:50am-11:20am	\$62/\$99

## Starfish Swim School® for Preschoolers

Age 3-5 without parent

JJ

Designed to meet the needs of children ages 3 to 5, this course develops a high comfort level in the water and a readiness to swim, and for those children who are developmentally ready, it teaches functional swim skills. This class approaches teaching swimming through creative, fun activities in the water. Students work toward developing the five competencies and progress toward achieving the benchmarks at their own pace in a small-group setting. **CFC/p**

Activity	Day	Date	Time	R/NR
2210102-01	M/W	Apr 8-May 1	4:15pm-4:45pm	\$83/\$131
2210102-02	M/W	Apr 8-May 1	4:50pm-5:20pm	\$83/\$131
2210102-03	M/W	Apr 8-May 1	5:30pm-6:00pm	\$83/\$131
2210102-04	Tu/Th	Apr 9-May 2	4:00pm-4:30pm	\$83/\$131
2210102-05	Tu/Th	Apr 9-May 2	4:40pm-5:10pm	\$83/\$131
2210102-06	M/W	May 6-May 22	4:15pm-4:45pm	\$62/\$99
2210102-07	M/W	May 6-May 22	4:50pm-5:20pm	\$62/\$99
2210102-08	M/W	May 6-May 22	5:30pm-6:00pm	\$62/\$99
2210102-09	Tu/Th	May 7-May 23	4:00pm-4:30pm	\$62/\$99
2210102-10	Tu/Th	May 7-May 23	4:40pm-5:10pm	\$62/\$99
2210102-11	Sa	Apr 6-May 18	9:15am-9:45am	\$72/\$115
2210102-12	Sa	Apr 6-May 18	9:50am-10:20am	\$72/\$115

**PLEASE NOTE: Spring lesson availability is limited due to an extended pool closure to replace the pool heaters.**

# Indoor Swim Lessons

## Starfish Swim School® for Youth

Ages 5-12

JJ

Students work toward development of the five core swimming competencies using age-appropriate learning activities. Learning is self-paced but challenging. Swimmers who are beginners up to those starting rotary breathing should sign up for Swim School. **CFC/p**

Activity	Day	Date	Time	R/NR
2210101-01	M/W	Apr 8-May 1	4:50pm-5:25pm	\$87/\$137
2210101-02	Tu/Th	Apr 9-May 2	4:00pm-4:35pm	\$87/\$137
2210101-03	Tu/Th	Apr 9-May 2	4:40pm-5:15pm	\$87/\$137
2210101-04	M/W	May 6-May 22	4:50pm-5:25pm	\$65/\$104
2210101-05	Tu/Th	May 7-May 23	4:00pm-4:35pm	\$65/\$104
2210101-06	Tu/Th	May 7-May 23	4:40pm-5:15pm	\$65/\$104
2210101-07	Sa	Apr 6-May 18	10:30am-11:05am	\$76/\$120
2210101-08	Sa	Apr 6-May 18	11:15am-11:50am	\$76/\$120

## Starfish Stroke School™

Ages 5-14

JJ

This course is for students who have achieved the green Swim School benchmarks. Students refine freestyle and learn stroke technique for backstroke, butterfly, breaststroke, and develop endurance. Swimmers should sign up for Stroke School if they can swim at least half a lap independently with some rotary breathing. **CFC/p**

Activity	Day	Date	Time	R/NR
2210105-01	M/W	Apr 8-May 1	4:50pm-5:25pm	\$87/\$137
2210105-02	Tu/Th	Apr 9-May 2	4:00pm-4:35pm	\$87/\$137
2210105-03	Tu/Th	Apr 9-May 2	4:40pm-5:15pm	\$87/\$137
2210105-04	M/W	May 6-May 22	4:50pm-5:25pm	\$65/\$104
2210105-05	Tu/Th	May 7-May 23	4:00pm-4:35pm	\$65/\$104
2210105-06	Tu/Th	May 7-May 23	4:40pm-5:15pm	\$65/\$104
2210105-07	Sa	Apr 6-May 18	10:30am-11:05am	\$76/\$120
2210105-08	Sa	Apr 6-May 18	11:15am-11:50am	\$76/\$120

## Private Swim Lessons

Ages 3 & Up

JJ

We offer one-on-one private swim lessons, set to specific times and days of the week. Just pick the one that works for you. *No class May 12.* **CFC/p**

Activity	Day	Date	Time	R/NR
2210107-01	Tu/Th	Apr 9-May 2	5:20pm-5:50pm	\$221/\$305
2210107-02	Tu/Th	Apr 9-May 2	5:55pm-6:25pm	\$221/\$305
2210107-03	Tu/Th	Apr 9-May 2	6:30pm-7:00pm	\$221/\$305
2210107-04	Tu/Th	May 7-May 23	5:20pm-5:50pm	\$166/\$230
2210107-05	Tu/Th	May 7-May 23	5:55pm-6:25pm	\$166/\$230
2210107-06	Tu/Th	May 7-May 23	6:30pm-7:00pm	\$166/\$230
2210107-07	Sa	Apr 6-May 18	9:15am-9:45am	\$193/\$267
2210107-08	Sa	Apr 6-May 18	9:50am-10:20am	\$193/\$267
2210107-09	Su	Apr 7-May 19	9:00am-9:30am	\$166/\$230
2210107-10	Su	Apr 7-May 19	9:35am-10:05am	\$166/\$230
2210107-11	Su	Apr 7-May 19	10:10am-10:40am	\$166/\$230

## Riptides Pre-Season

Ages 5-18

JJ



Past and potential Riptides are invited to participate in Riptides Pre-Season. Swimmers are able to meet our coaches before the season starts, refresh and review their skills, and get an idea of what typical practices will be like this summer. As a prerequisite, swimmers must be able to swim at least 25 yards without assistance. Goggles are required, and swim caps are highly encouraged. Swimmers participating in this program are eligible for Riptides pre-registration. **CFC/p**

Activity	Day	Date	Time	R/NR
2210207-01	M/W	Apr 8-May 22	4:00pm-4:45pm	\$148/\$248

## Want to Join our Aquatics Staff?

Start training early as a Junior Lifeguard!

### Junior Lifeguard Class Ages 10-14 EW

This program teaches students rescue techniques, pool procedures, CPR, and first aid. The skills learned will stick with students and help them down the line in not just lifeguarding, but real-life scenarios. We strive to develop leadership skills in our junior lifeguards, which is why they receive hands-on experience shadowing a real lifeguard. It is our hope that students transition into lifeguards when they turn 15 years old and practice these skills even more. At the end of the program, junior lifeguards get to participate in the Illinois Park and Recreation Association Lifeguard games. **HP**

Activity	Day	Date	Time	R/NR
2210113-01	M/W/F	Jun 17-Jul 12	9:00am-10:30am	\$100



# Music Lessons

## Music Lessons: 8-Week Session

We offer a full range of music lessons for all abilities. Our skilled, professional instructors are passionate about staying current with the best teaching practices and passing on the art of music. Learn your instrument in a style that caters to your musical interest and unleashes your creativity! Lessons are open to beginner, intermediate, and advanced students. All books are included. Students must have their own instrument for all classes. Lessons are held Monday through Saturday at varying times. Prior to the start of class, our music instructor will email you to discuss your lesson day and time. All lessons are 30 minutes in length. Make-up classes for all music lessons take place only in the event of Park District cancellations.

### Private Piano

Ages 6 & Up

LG

Class consists of instruction to teach basic theory. Each student then has the opportunity to practice their skills. Parents are given a weekly information sheet showing what the student has learned in class and what can be practiced at home. Each student works from a lesson book and a workbook. Necessary materials are included.

### Private Drums

Ages 6 & Up

LG

Students hear, feel, and play a steady beat while learning the comparatives with fast/slow, high/low, and loud/quiet drumming. Students first learn the basics of timing. Drummers develop coordination and timing through a series of interactive exercises that keep the student involved and actively participating by playing along with the instructor. Necessary materials are included.

### Private Violin/Viola

Ages 8 & Up

LG

Students play melody and chords with their instructor. Necessary materials are included.

## PRIVATE LESSONS

Date: April 1-May 25

R/NR: \$255/\$383

Private Piano (Ages 6 & Up)	2190103-01
Private Drum (Ages 6 & Up)	2190104-01
Private Violin/Viola (Ages 8 & Up)	2190105-01
Parent/Child Lesson (Ages 5-10 with adult)	2190107-01

### Parent/Child Lesson

Ages 5-10 with Adult

LG

Learn an instrument along with your child! This class is for parents and children to learn piano, guitar, violin, or drums together. No prior knowledge necessary. Necessary materials are included.



# Non-Recital Dance

## Adult/Tot Predance

Ages 18m-3 with Adult LG

Predance is an excellent chance to expose your child to the magic of dance. Through games, songs, exercise, and activities your child learns how to participate in a group environment, as well as strengthening their movement patterns. A fabulous time for adult and tot! Instructor: Lindsay S. **MP/ds**

Activity	Day	Date	Time	R/NR
2100111-01	F	Apr 5-May 10	9:30am-10:00am	\$166/\$253

## Teeny Tiny Tots

Ages 2-4 LG

This beginner ballet class incorporates steps and terminology with fun and exciting music. Participants enjoy using hula hoops, beanbags, and maracas. Participants are welcome to wear dance attire or comfortable clothes. **MP/ds**

Activity	Day	Date	Time	R/NR	Inst.
2100113-01	Tu	Apr 2-May 7	9:30am-10:00am	\$166/\$253	LS
2100113-02	Th	Apr 4-May 9	4:00pm-4:30pm	\$166/\$253	CR
2100113-03	F	Apr 5-May 10	10:05am-10:35am	\$166/\$253	LS

## Baby Ballet

Ages 2-3 LG

This beginner ballet class is an introduction into the world of dance. Dancers learn steps and terminology. This class is geared for all boys and girls who love to dance. This class is without adult. Instructor: Carol R. **MP/ds**

Activity	Day	Date	Time	R/NR
2100115-01	Tu	Apr 2-May 7	4:00pm-4:30pm	\$166/\$253

## Ballet

Ages 3-6 LG

Young dancers are introduced to basic ballet skills, terminology, rhythm, and coordination. Lessons are practiced and developed through creative movement and music in a supportive and playful environment. **MP/ds**

Activity	Day	Date	Time	R/NR	Inst.
2100122-15	Tu	Apr 2-May 7	10:05am-10:50am	\$180/\$275	LS
2100122-16	F	Apr 5-May 10	10:45am-11:30am	\$180/\$275	LS
2100122-08	F	Apr 5-May 10	4:15pm-5:00pm	\$180/\$275	VK



## Jazz

Ages 4-6 LG

Have fun dancing to the latest music in an upbeat and exciting class! We focus on physical alignment, rhythm, and simple dance technique. Dancers are encouraged to wear comfortable clothes (no jeans) and jazz shoes. Instructor: Veronika K. **MP/ds**

Activity	Day	Date	Time	R/NR
2100155-12	F	Apr 5-May 10	5:15pm-6:00pm	\$180/\$275

## Tot Hip Hop/Jazz

Ages 4-6 LG

Bop around in this interactive mini jazz hip-hop class! We listen to upbeat songs and learn basic choreography. **MP/ds**

Activity	Day	Date	Time	R/NR	Inst.
2100121-01	Tu	Apr 2-May 7	6:30pm-7:00pm	\$166/\$253	HR
2100121-02	F	Apr 5-May 10	11:35am-12:05pm	\$166/\$253	LS

## Jazz/Lyrical

Ages 8-12 LG

The combination classes (i.e. Ballet/Tap, Jazz/Tap) teach skills from the various disciplines to develop a well-rounded dancer. Technique and terminology are taught. Please bring dance shoes for each type of dance to all classes. Instructor: Carol R. **MP/ds**

Activity	Day	Date	Time	R/NR
2100155-02	M	Apr 1-May 6	6:45pm-7:30pm	\$180/\$275



# Athletics

Spring 2024



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# Youth Athletics

## Adult and Child Classes

Note: For all parent and child classes, both participants are included in the registration fee.

### Hot Shots Sports Adult-Tot T-Ball

Ages 2-3 with Adult JD

Parents are an integral part of helping their tots develop basic sports movement and motor skills through the great sport of baseball. Motor skill activities focus on hand/eye and running coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required, and participants should bring their own gloves if desired. No class Apr 20, May 25. **MP**

Activity	Day	Date	Time	R/NR
2011811-01	Sa	Apr 6-Jun 8	9:45am-10:30am	\$97/\$149

### Hot Shots Sports Adult-Tot Sports

Ages 2-3 with Adult JD

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required. No class Apr 20, May 25, 27. **MP**

Activity	Day	Date	Time	R/NR
2011801-01	M	Apr 8-Jun 3	3:30pm-4:15pm	\$97/\$149
2011801-02	Sa	Apr 6-Jun 8	9:00am-9:45am	\$97/\$149

### Hot Shots Sports Adult Tot Ninja Warriors

Ages 2-3 with Adult JD

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Leap, hop, skip, run your way through obstacles and put your child's ninja skills to the test. This fun movement based class challenges your ninja to maneuver over and under objects. In addition, we play group games to further challenge their Ninja skills. No class May 25. **SP/gS**

Activity	Day	Date	Time	R/NR
2011862-01	Tu	Apr 2-Jun 4	6:00pm-6:45pm	\$121/\$185
2011862-02	Sa	Apr 6-Jun 8	9:00am-9:45am	\$109/\$167



## Football

### Hot Shots Sports Pee Wee Flag Football NEW!

Ages 4-6 JD

Develop early football skills such as rushing, receiving and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the football beginner looking to understand the game, learn new skills, and have fun! No class May 27. **MP**

Activity	Day	Date	Time	R/NR
2011831-01	M	Apr 8-Jun 3	4:15pm-5:00pm	\$97/\$149

### Hot Shots Sports Junior Flag Football

Ages 6-8 JD

Join the fun and start playing the nation's most loved game! Players are introduced to stance, receiving, rushing, blocking, and defense. Each week ends with a scrimmage encouraging teamwork and sportsmanship. Players always get to play either receiver or running back each week. Games focus on fundamentals and field concepts, as well as positions and mechanics. No equipment necessary! No class May 27. **MP**

Activity	Day	Date	Time	R/NR
2011832-01	M	Apr 8-Jun 3	5:00pm-6:00pm	\$151/\$230

**There's lots more for Early Childhood!**  
**See pages 45-48**

# Youth Athletics

## Basketball

### All Star Basketball

Ages 3-12

JD

Our instructional program is designed to teach the game of basketball at a basic level while keeping players active and engaged. We play fun games to teach the importance of each skill learned. Our foundation technique focuses on basic mechanics to build confidence, then adds larger challenges as we progress. Footwork is an extremely important aspect of the game. This means no players are sitting! We work on dribbling with each hand, passing, shooting technique, and understanding basic offense and defense. **CFC**

Activity	Age	Day	Date	Time	R/NR
2013602-01	3-4	M	Apr 8-May 20	4:00pm-4:45pm	\$106/\$162
2013602-02	3-4	W	Apr 10-May 22	3:00pm-3:45pm	\$106/\$162
2013602-03	4-6	M	Apr 8-May 20	4:45pm-5:45pm	\$106/\$162
2013602-04	4-6	W	Apr 10-May 22	3:45pm-4:45pm	\$106/\$162
2013602-05	4-6	F	Apr 5-May 17	4:00pm-5:00pm	\$106/\$162
2013602-06	6-8	M	Apr 8-May 20	5:45pm-6:45pm	\$106/\$162
2013602-07	6-8	W	Apr 10-May 22	4:45pm-5:45pm	\$106/\$162
2013602-08	6-8	F	Apr 5-May 17	5:00pm-6:00pm	\$106/\$162
2013602-09	9-12	F	Apr 5-May 17	6:00pm-7:00pm	\$106/\$162

#### Girls Only:

2013602-10	4-6	Tu	Apr 9-May 21	4:00pm-5:00pm	\$106/\$162
2013602-11	6-8	Tu	Apr 9-May 21	5:00pm-6:00pm	\$106/\$162

### Hot Shots Sports Lil' Dribblers **NEW!**

Ages 3-5

JD

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun, and exciting environment. Our curriculum uses age-appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills, and the ability to follow directions. The Lil' Dribblers program includes exclusively design equipment tailored to enhance the basketball experience for each participant. The program challenges children to develop new cognitive, physical, and social skills. In addition, each child experiences social interaction with children and adults in a fun environment. **MP/g**

Activity	Day	Date	Time	R/NR
2011824-01	W	Apr 3-May 29	3:15pm-4:00pm	\$109/\$167

### Hot Shots Sports Basketball 101 **NEW!**

Ages 6-8

JD

Develop early basketball skills such as shooting, dribbling, and passing, along with the basic rules of the game. All instruction is game/drill oriented with mini games and scrimmages played every week. This class is for the basketball beginner looking to understand the game, learn new skills, and have fun! **MP/g**

Activity	Day	Date	Time	R/NR
2011825-01	W	Apr 3-May 29	4:00pm-5:00pm	\$136/\$207



### Hot Shots Sports Game Time Basketball **NEW!**

Ages 8-12

JD

One of the best ways to develop your basketball skills is through game play, and in Game Time you do just that. Each week, basketball players are challenged through various games including 1-on-1, 3-on-3, and 5-on-5. Coaches referee and guide the class to enhance the players' understanding of the game. **MP/g**

Activity	Day	Date	Time	R/NR
2011826-01	W	Apr 3-May 29	5:00pm-6:00pm	\$136/\$207

### Hot Shots Sports Basketball League **NEW!**

Ages 8-12

JD

One of the best ways to develop your basketball skills is through game play, and in this league you do just that. Each week, basketball players are challenged through various games including 1-on-1, 3-on-3, and 5-on-5. Coaches referee and guide the class to enhance the players' understanding of the game. The first half of the league is focused on drills/skills building, and the last hour focuses on scrimmages. No class May 26. **MP/g**

Activity	Day	Date	Time	R/NR
2011827-01	Su	Apr 7-Jun 9	9:00am-11:00am	\$272/\$411

# Youth Athletics

## J Dreams Basketballing 101

Ages 8-10

JD

This program introduces children to the game of basketball if they are beginners or if they need the know how to get to the next level. Basic skills of dribbling, passing, shooting, and defense are taught. New individual challenges are presented to develop the importance of reaching goals. Modified basketballs help reach the next level. Lesson plan also incorporates pivoting, closeouts, and jump-stops. *No class Apr 20, May 25.* **MP/g**

Activity	Day	Date	Time	R/NR
2011013-01	Sa	Apr 6-May 4	12:30pm-2:00pm	\$121/\$185
2011013-21	Sa	May 11-Jun 8	12:30pm-2:00pm	\$121/\$185

## J Dreams Basketballing 102

Ages 11-14

JD

This program advances your children into "game situation" drills and continues to build basketball fundamentals on an individual basis. Advanced skills and drills of dribbling, passing, finishing, shooting, and defense are taught. Pairing games are played to show the importance of counter-moves! Lesson plan also incorporates reverse pivoting, closeouts, and jump-stops. *No class Apr 20, May 25.* **MP/g**

Activity	Day	Date	Time	R/NR
2011014-01	Sa	Apr 6-May 4	2:00pm-3:30pm	\$121/\$185
2011014-21	Sa	May 11-Jun 8	2:00pm-3:30pm	\$121/\$185

## J Dreams Form Shooting and Finishing

Ages 12-16

JD

This class focuses on building shooting skills through "Form Shooting" and building confidence in finishing under defensive pressure. The goal of this class is to develop the player in every facet of shooting the basketball, in addition to training concepts to improve the strength, agility, and quickness of each player. Topics covered are form shooting, range finding, balance and footwork, shot selection, jumping, and first step explosion training. *No class Apr 20, May 25.* **MP/g**

Activity	Day	Date	Time	R/NR
2011015-01	Sa	Apr 6-May 4	3:30pm-5:00pm	\$121/\$185
2011015-21	Sa	May 11-Jun 8	3:30pm-5:00pm	\$121/\$185

## Pickleball

### Hot Shot Sports Pickleball

Ages 6-12

JD

This class is designed to teach players the fundamentals of pickleball and get players playing this exciting game. Players learn the rules, parts of the court, grips, strokes, and strategy. Each class is designed to promote good sportsmanship and teamwork. Paddles are provided. Register today to experience America's fastest growing sport! **MP/g**

Activity	Day	Date	Time	R/NR
2011803-01	Th	Apr 4-Jun 6	5:00pm-6:00pm	\$151/\$230

## Baseball & Softball

### All Star T-Ball

Ages 3-6

JD

We engage all players no matter their skill level. Our coaching technique provides basic building blocks in a fun, safe environment. Players keep moving and learning, even while in the dugout! Mechanics and hand-eye coordination are the keys to early success. Players become more confident as we work on the proper mechanics of catching, throwing, fielding, base running, and batting. This program prepares players for level II, t-ball, or coach pitch leagues. **CFC**

Activity	Age	Day	Date	Time	R/NR
2013608-01	3-4	Sa	Apr 6-May 18	9:45am-10:30am	\$106/\$162
2013608-02	4-6	Sa	Apr 6-May 18	10:30am-11:30am	\$106/\$162

### Hot Shots Sports

#### Minor League Baseball: Triple A

Ages 4-6

JD

The Triple A program builds on skills and rules learned in the Double A class and also introduces more fundamental techniques and basic rules. **MP**

Activity	Day	Date	Time	R/NR
2011813-01	Tu	Apr 2-Jun 4	4:30pm-5:15pm	\$121/\$185

### Hot Shots Sports Baseball Clinic 101

Ages 7-10

JD

This baseball class gives players an introduction to baseball. Players work on technique and enhancing form in this comprehensive skills clinic. This program teaches throwing mechanics as well as batting stance, bat positioning and speed, using both live pitching and hitting off the tee. Players learn various positions in the field through game play and basic game strategy. Players should bring their own gloves, and be ready for a fun, fast paced learning environment. **MP**

Activity	Day	Date	Time	R/NR
2011814-01	Tu	Apr 2-Jun 4	5:15pm-6:15pm	\$151/\$230



# Youth Athletics

## Soccer

### Hot Shots Sports Sweeper Soccer

Ages 3-4

JD

Sweepers is the beginning step in the development for your young soccer player. The focus of the Sweepers classes is FUNdamentals that are crucial for every budding soccer player. Players focus on foot placement while shooting, following through on their shot, manipulating the ball in creative ways, defensive stance, and much more; all while participating in our fun games and adventure themed activities. **MP**

Activity	Day	Date	Time	R/NR
2011852-01	F	Apr 5-Jun 7	3:30pm-4:15pm	\$121/\$185

### Hot Shots Sports Strikers Soccer

Ages 4-6

JD

Players develop a close familiarity with the ball and learn the importance of always having it under control. Geared towards getting your child ready for future soccer experiences, the Strikers level class tests players in a more challenging environment working on 1v1 and team exercises. By the end of class your child develops: landing on their shooting foot, precision shots vs. power shots, trapping the ball in the air, and field awareness. **MP**

Activity	Day	Date	Time	R/NR
2011853-01	F	Apr 5-Jun 7	4:15pm-5:00pm	\$121/\$185

### Hot Shots Sports Pee Wee Soccer League **NEW!**

Ages 3-6

JD

In this extended version of our striker's soccer class, players spend part of class working on fun drills and games to develop skills, and finish on a scrimmage each week. Each participant also receives a jersey. The first part of class focuses on improving our fundamentals by doing drills and playing fun games. The last part of class focuses on scrimmaging! Focused solely on player development, players get as many reps as possible both in practice and during games. *No class May 26.* **MP**

Activity	Age	Day	Date	Time	R/NR
2011856-01	3-4	Su	Apr 7-Jun 9	11:15am-12:30pm	\$177/\$269
2011856-02	5-6	Su	Apr 7-Jun 9	11:15am-12:30pm	\$177/\$269

## All Star Soccer

Ages 3-9

JD

This program keeps everyone active and engaged. Our lesson plan hides drills in fun games and uses association techniques that get down to the player's level. Soccer is an action-packed game, so there is no sitting and waiting! We cover simple foot skills, dribbling, passing, shooting, basic rules, and even work on spreading the field. This class keeps players active and prepares them for the next level of play.

Activity	Age	Day	Date	Time	R/NR
2013606-01	3-4	Sa	Apr 6-May 18	11:45am-12:30pm	\$106/\$162
2013606-02	4-6	Th	Apr 4-May 16	5:00pm-6:00pm	\$106/\$162
2013606-03	4-6	Sa	Apr 6-May 18	12:30pm-1:30pm	\$106/\$162
2013606-04	6-8	Th	Apr 4-May 16	6:00pm-7:00pm	\$106/\$162
2013606-05	6-8	Sa	Apr 6-May 18	1:30pm-2:30pm	\$106/\$162

### Girls Only Class:

2013606-06	4-6	Th	Apr 4-May 16	4:00pm-5:00pm	\$106/\$162
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### Hot Shots Sports Soccer 101 **NEW!**

Ages 6-8

JD

Players are introduced to the fundamentals of soccer tactics such as passing the ball, offensive moves, defensive moves, keeping/controlling the ball, and taking the ball away from the opposing team. Players learn to score and prevent goals. Physical endurance and fitness are emphasized while touching the ball. At this age, the focus starts to change from simple games to organized, tactical, competitive games. **MP**

Activity	Day	Date	Time	R/NR
2011854-01	F	Apr 5-Jun 7	5:00pm-6:00pm	\$151/\$230

### Hot Shots Sports Junior Soccer League **NEW!**

Ages 7-10

JD

In this extended version of our soccer skills 101 class, players spend part of class working on fun drills and games to develop skills, and finish on a scrimmage each week. Each participant also receives a jersey. The first part of class focuses on improving our fundamentals by doing drills and playing fun games. The last part of class focuses on scrimmaging! Focused solely on player development, players get as many reps as possible both in practice and during games. *No class May 26.* **MP**

Activity	Age	Day	Date	Time	R/NR
2011857-01	7-8	Su	Apr 7-Jun 9	12:45pm-2:15pm	\$218/\$330
2011857-02	9-10	Su	Apr 7-Jun 9	12:45pm-2:15pm	\$218/\$330



# Youth Athletics

## Youth Sports Variety

### Hot Shot Sports: Sports and More

Ages 3-5

JD

Children are introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer, t-ball, and other sports and group games. The program provides an opportunity for each child to develop motor skills and nurture his/her growth socially and emotionally through teamwork and good sportsmanship. No class Apr 20, May 25. **MP**

Activity	Day	Date	Time	R/NR
2011802-01	Tu	Apr 2-Jun 4	3:45pm-4:30pm	\$121/\$185
2011802-02	Sa	Apr 6-Jun 8	10:30am-11:15am	\$97/\$149

### Hot Shot Sports

### Sports Battle: Nerf and Dodgeball

Ages 6-12

JD

This class features games from two of our most popular classes: Dodgeball and Nerf Elite Battle! All Nerf guns, ammo, and eye protection are provided. Dodgeball uses super soft balls and safety is stressed during game play. **MP**

Activity	Age	Day	Date	Time	R/NR
2011804-01	6-8	Tu	Apr 2-Jun 4	5:00pm-6:00pm	\$151/\$230
2011804-02	8-12	Th	Apr 4-Jun 6	4:00pm-5:00pm	\$151/\$230

### Hot Shots Sports Game Time Floor Hockey

Ages 8-12

JD

This class provides participants the opportunity to learn and play floor hockey in a safe and fun environment. Players learn positions, stick handling, and ball control in this fun, fast-paced class. In addition, players develop teamwork and sportsmanship while having fun competitive gameplay each week. Safety and having fun are a MUST when you step on the floor. Come ready to play! **MP/g**

Activity	Day	Date	Time	R/NR
2011805-01	Tu	Apr 2-Jun 4	4:00pm-5:00pm	\$151/\$230

### Hot Shots Sports Double Play: Floor Hockey and Sports Battle

**NEW!**

Ages 8-12

JD

Double up on the activities and enroll in our Game Time Floor Hockey and Sports Battle at a discounted price! Players begin the night getting a great workout in a fun a competitive environment playing one of Chicago's favorite sports, then test their abilities in our innovative and engaging Sports Battle program in the second hour. **MP/g**

Activity	Day	Date	Time	R/NR
2011806-01	Tu	Apr 2-Jun 4	4:00pm-6:00pm	\$302/\$456

## Don't Miss This Spring Break Camp!

### Hot Shots Sports Total Sports Camp

Ages 5-12

JD

This camp focuses on a variety of sports including flag football, basketball, baseball, soccer, and other group games. Each day camper's focus on skill development and fundamentals for each respective sport, followed by game play. Coaches ensure a fun and energetic atmosphere while promoting teamwork and good sportsmanship. **MP**

Activity	Age	Day	Date	Time	R/NR
2011800-01	5-7	M-F	Mar 25-Mar 29	9:00am-Noon	\$181/\$275
2011800-02	8-12	M-F	Mar 25-Mar 29	9:00am-Noon	\$181/\$275



## Volleyball



### Youth Volleyball Class

Ages 8-15

JD

Class concentrates on the fundamentals of passing, setting, and spiking. Players learn to overhand serve and play games. No class Apr 20, May 25.

Activity	Age	Day	Date	Time	R/NR	Loc
2011002-01	8-10	Th	Apr 4-Apr 25	6:00pm-7:30pm	\$121/\$185	CFC
2011002-21	8-10	Th	May 2-May 23	6:00pm-7:30pm	\$121/\$185	CFC
2011002-02	8-10	Sa	Apr 6-May 4	9:00am-10:30am	\$121/\$185	MP/g
2011002-22	8-10	Sa	May 11-Jun 8	9:00am-10:30am	\$121/\$185	MP/g
2011003-01	11-15	Sa	Apr 6-May 4	10:30am-Noon	\$121/\$185	MP/g
2011003-21	11-15	Sa	May 11-Jun 8	10:30am-Noon	\$121/\$185	MP/g

### EVP Volleyball Skills & Drills

Ages 11-15

JD

Improve your volleyball skills with 90 minutes of drills in setting, passing, overhand serving, and spiking. The lesson plan directs the use of individual training, pairing drills, and game situation development that help each student reach a new level. Instructors organize short games at the end of each class. The lesson plan also incorporates leadership and educational components. **CFC**

Activity	Day	Date	Time	R/NR
2011012-02	Th	Apr 4-Apr 25	7:30pm-9:00pm	\$121/\$185
2011012-22	Th	May 2-May 23	7:30pm-9:00pm	\$121/\$185

## Ninja Warrior Classes

### Hot Shots Sports Adult Tot Ninja Warriors

Ages 2-3 with Adult JD

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Leap, hop, skip, run your way through obstacles and put your child's Ninja skills to the test. This fun movement based class challenges your Ninja to maneuver over and under objects. In addition, we play group games to further challenge their Ninja skills. No class May 25. **SP/gS**

Activity	Day	Date	Time	R/NR
2011862-01	Tu	Apr 2-Jun 4	6:00pm-6:45pm	\$121/\$185
2011862-02	Sa	Apr 6-Jun 8	9:00am-9:45am	\$109/\$167

### Hot Shots Sports Tiny Ninja Warriors

Ages 3-4 JD

This course is perfect for young children looking to get involved in sports in a fun, safe way. Players take turns on various obstacles working on balance, gross and fine motor function, body control, hand dexterity and strength, and speed. This program is tremendous for helping players find a love of fitness and sports in an interactive and accessible environment where players can grow and have fun. Begin building confidence and a love for fitness and sports! No class May 25. **SP/gS**

Activity	Day	Date	Time	R/NR
2011863-01	Tu	Apr 2-Jun 4	4:15pm-5:00pm	\$121/\$185
2011863-02	W	Apr 3-Jun 5	12:30pm-1:15pm	\$121/\$185
2011863-03	Sa	Apr 6-Jun 8	9:45am-10:30am	\$109/\$167

### Hot Shots Sports Mini Ninja Warriors

Ages 4-5 JD

Leap, hop, skip, run your way through obstacles and put your child's Ninja skills to the test. This fun movement-based class challenges your Ninja to maneuver over and under objects. In addition, we play group games to further challenge their Ninja skills. No class May 25. **SP/gS**

Activity	Day	Date	Time	R/NR
2011860-01	W	Apr 3-Jun 5	1:15pm-2:00pm	\$121/\$185
2011860-02	Th	Apr 4-Jun 6	4:15pm-5:00pm	\$121/\$185
2011860-03	F	Apr 5-Jun 7	10:30am-11:15am	\$121/\$185
2011860-04	Sa	Apr 6-Jun 8	10:30am-11:15am	\$109/\$167

### Hot Shots Sports Junior Ninja Warriors

Ages 6-9 JD

Take everything you learned from Mini Ninja Warriors and test your Ninja skills with even more difficult obstacles to leap, hop, skip and run your way through. Group games put your Ninja skills to the test in this fun movement-based class. **SP/gS**

Activity	Day	Date	Time	R/NR
2011861-01	Th	Apr 4-Jun 6	5:00pm-6:00pm	\$151/\$230
2011861-02	Th	Apr 4-Jun 6	6:00pm-7:00pm	\$151/\$230

## Hot Shots Sports Amazing Ninja Warriors

Ages 9-11 JD

The ultimate stage in our Ninja Warriors program, players are exposed to challenging obstacles that require them to use every aspect of their strength and core. We teach simple gymnastics principles in order to conquer these incredible courses, and use gymnastics gear to ensure a difficult but safe environment. Players of all levels of athletic and sports backgrounds are able to participate, compete, and have fun in this program which focuses on personal growth, development, and fitness. Get ready to conquer the course! **SP/gS**

Activity	Day	Date	Time	R/NR
2011864-01	Tu	Apr 2-Jun 4	5:00pm-6:00pm	\$151/\$230

## Lacrosse

### Speed Lacrosse (Sticks Only Lacrosse)

Ages 4-6 JD

Speed Lacrosse is a fast, fun version of 3v3 lacrosse played on a small field. Players do not wear any equipment and do not have positions. The game is intended to be fast and free flowing. The format is 30 min skills/30 min speed game taught by expert coaches from Park Ridge Lacrosse. For community based programs for older players (1st - 8th grade) that play against other communities, visit [www.parkridgelacrosse.com](http://www.parkridgelacrosse.com). **NIRP**

Activity	Day	Date	Time	R/NR
2012104-01	Sa	Apr 13-May 18	3:00pm-3:45pm	\$81

## Fencing

### Fencing

Ages 5-17 JD

Learn the basics of sword-fighting and participate in an exciting new sport! Group classes include games, footwork exercises, and real fencing matches with all equipment provided. Fencing helps to develop agility, focus, muscle strength, coordination, and sportsmanship. This class is coached by a Master Fencing Instructor who is a former World Cup Champion and National US Fencing Team Coach.

**Location:** Fencing Center of Chicago, 111 S. Washington Ave.

Activity	Day	Date	Time	R/NR
2012801-01	F	Apr 5-Jun 7	5:00pm-6:30pm	\$301

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# Adult Athletics

## Men's 16" Softball Leagues

Ages 18 & Up JD

The softball leagues have a regular season and playoffs. The number of games played depends on the number of teams registered, but should be in the range of 9-11 games. Monetary prizes are awarded for regular season champions and playoff winners. Full payment must accompany your registration. For more details, call Jim DiHu at 847-692-3316.

**Registration deadline: Apr 19. HINK**

Activity	League	Day	Date	Time	Team
2020105	Open-A	M	May 6-Jul 22	6:00pm-11:00pm	\$800
2020106	Open-B	Tu	May 7-Jul 23	6:00pm-11:00pm	\$800
2020107	Open-B	Th	May 8-Jul 24	6:00pm-11:00pm	\$800

## Men's 7-on-7 Soccer League

Ages 18 & Up JD

Teams are allowed to have a roster of up to 15 players. Captains should contact Jim DiHu, Athletic Supervisor, at 847-692-3316 for more information. Team t-shirts are provided; players must purchase their own socks and shin guards. **Registration deadline: Apr 8. No games May 26 and Jul 7. EMS**

Activity	Day	Date	Time	Team
2020125	Su	Apr 14-Jul 14	9:00am-Noon	\$800

## Men's Basketball League

Ages 18 & Up JD

The basketball leagues have a regular season and playoffs. The number of games played depends on the number of teams registered, but should be around 9-11 games. Monetary prizes are awarded for regular season champions and playoff winners. **Registration deadline: May 10. CFC**

Activity	League	Day	Date	Time	Team
2020100	Open	W	May 22-Jul 31	7:00pm-9:00pm	\$875



## Co-Ed Volleyball League

Ages 18 & Up JD

Register for our co-ed volleyball league. Games are held at the Centennial Fitness Center with one referee per match. Space is limited, so register early. **Registration deadline: Apr 19. CFC**

Activity	Day	Date	Time	Team
2020110	Tu	Apr 30-Jul 2	7:00pm-9:15pm	\$380

## Pickleball Drop-In

Ages 13 & Up JS

With your Fitness Center Membership, you are welcome to join the pickleball meet-up group at Centennial Fitness Center for FREE! Non-members pay \$4 R/\$5 NR per visit.

Pickleball is a great way to move, burn calories, and have fun, and it's one of the fastest growing sports as mentioned in *Time* Magazine. Equipment is provided.

Pickleball is limited to groups of four at a time. Hours are subject to change at any time. For more information on the Park Ridge Pickleball Club, please contact Bob Rhine at 847-269-1012 or rsrhine77@gmail.com.

**Hours Available:** (Fall/Winter/Spring)

- Sundays, 7:00am-10:00am
- Monday-Friday 10:30am-12:30pm



# Tennis

## Beginner

Ages 5 & Up

JD

No prior or very limited tennis experience is necessary. Introduction to rules and emphasis on stroke development are the main goals of this class. **LINK**

Activity	Age	Day	Date	Time	R/NR
2060801-01	5-7	M/W	Apr 22-May 20	5:15pm-6:10pm	\$156
2060801-03	5-7	M/W	Apr 22-May 20	6:30pm-7:25pm	\$156
2060801-02	5-7	Tu/Th	Apr 23-May 21	4:00pm-4:55pm	\$156
2060801-04	5-7	Tu/Th	Apr 23-May 21	5:00pm-5:55pm	\$156
2060801-05	5-7	Tu/Th	Apr 23-May 21	6:15pm-7:10pm	\$156
2060802-01	8-10	M/W	Apr 22-May 20	4:00pm-5:10pm	\$195
2060802-03	8-10	Tu/Th	Apr 23-May 21	5:00pm-6:10pm	\$195
2060802-02	11-14	M/W	Apr 22-May 20	6:15pm-7:25pm	\$195
2060805-01	15 & Up	Tu/Th	Apr 23-May 21	3:30pm-4:55pm	\$233

## Advanced Beginner

Ages 8 & Up

JD

Participants should be able to maintain a slow-paced rally of several shots. Emphasis is on stroke improvement and basic court strategy. **LINK**

Activity	Age	Day	Date	Time	R/NR
2060803-02	8-10	M/W	Apr 22-May 20	5:15pm-6:25pm	\$195
2060803-03	11-14	Tu/Th	Apr 23-May 21	6:00pm-7:10pm	\$195
2060806-01	15 & Up	Tu/Th	Apr 23-May 21	3:30pm-4:55pm	\$233

## Intermediate

Ages 15 & Up

JD

Participants should be able to maintain a medium-paced rally of at least 5 to 10 shots with ability to vary pace and direction. Emphasis is on competitive drills and advanced strategies. **LINK**

Activity	Day	Date	Time	R/NR
2060807-01	Tu/Th	Apr 23-May 21	7:15pm-8:40pm	\$233

## Advanced Intermediate

Ages 15 & Up

JD

Students who have achieved stroke dependability and direction on all shots, but still lack depth and variety, will benefit from this class. **LINK**

Activity	Day	Date	Time	R/NR
2060808-01	M/W	Apr 22-May 20	7:30pm-8:55pm	\$233



## Private Tennis Lessons

All Ages

JD

Take Private Tennis Lessons with an experienced (Base) or Premium Tennis Instructor. Private Lessons are arranged individually with each student. There are a total of five lessons. Lesson day and time are arranged between the instructor and student. **Location TBD**

Activity	Month	# of Lessons	Time	R/NR
2060809-01	May	5	30 minutes	\$125
2060809-02	May	5	45 minutes	\$170
2060809-03	May	5	60 minutes	\$200
2060809-21	June	5	30 minutes	\$125
2060809-22	June	5	45 minutes	\$170
2060809-23	June	5	60 minutes	\$200

## Semi-Private Tennis Lessons

Ages 5 & Up

JD

Take Semi-Private Tennis Lessons with an Experienced Tennis Instructor. Semi-Private Lessons are arranged individually with each student. There are a total of five lessons. Registrants must form their own groups of 3 to 5 students that want to take lessons together. Lesson days and times are arranged between the instructor and the students. **Location TBD**

Activity	Month	# of Lessons	Time	R/NR
2060813-04	May	5	60 minutes	\$125
2060813-24	June	5	60 minutes	\$125

**Participants must bring their own racket and dress in proper tennis attire.**

# Pickleball

## Adult Pickleball Classes

### Indoor Beginner

Ages 18 & Up JD

No prior or very limited pickleball experience is necessary. The goals of this class are introduction to rules and emphasis on stroke development. Please bring your own paddle to class. No class May 27. **CFC**

Activity	Day	Date	Time	R/NR
2060898-01	M	Apr 1-Jun 3	12:30pm-1:30pm	\$201
2060898-02	Tu	Apr 2-May 28	12:30pm-1:30pm	\$201
2060898-03	W	Apr 3-May 29	12:30pm-1:30pm	\$201
2060898-04	Th	Apr 4-May 30	12:30pm-1:30pm	\$201
2060898-05	F	Apr 5-May 31	12:30pm-1:30pm	\$201

### Indoor Advanced Beginner

Age 18 & Up JD

Participants should be able to maintain a slow-paced rally of several shots. Emphasis is on stroke improvement and basic court strategy. Please bring your own paddle to class. No class May 27. **CFC**

Activity	Day	Date	Time	R/NR
2060899-01	M	Apr 1-Jun 3	1:30pm-2:30pm	\$201
2060899-02	Tu	Apr 2-May 28	1:30pm-2:30pm	\$201
2060899-03	W	Apr 3-May 29	1:30pm-2:30pm	\$201
2060899-04	Th	Apr 4-May 30	1:30pm-2:30pm	\$201
2060899-05	F	Apr 5-May 31	1:30pm-2:30pm	\$201

### Outdoor Beginner

Ages 15 & Up JD

No prior or very limited pickleball experience is necessary. The main goals of this class are introduction to rules and emphasis on stroke development. **WP**

Activity	Day	Date	Time	R/NR
2060896-01	M/W	Apr 22-May 20	5:30pm-6:30pm	\$200
2060896-02	Tu/Th	Apr 23-May 21	5:30pm-6:30pm	\$200

### Outdoor Advanced Beginner

Ages 15 & Up JD

Participants should be able to maintain a slow-paced rally of several shots. Emphasis is on stroke improvement and basic court strategy. **WP**

Activity	Day	Date	Time	R/NR
2060897-01	M/W	Apr 22-May 20	6:30pm-7:30pm	\$200
2060897-02	Tu/Th	Apr 23-May 21	6:30pm-7:30pm	\$200



### Adult Pickleball Clinic for Beginners

Age 15 & Up JD

This clinic introduces new players to the basics of playing the game of pickleball. **CFC**

Activity	Day	Date	Time	R/NR
2060895-01	Tu	Apr 16	7:00pm-8:30pm	\$12
2060895-02	Tu	May 21	7:00pm-8:30pm	\$12

## Youth Pickleball Classes

### Outdoor Beginner

Ages 8-14 JD

No prior or very limited pickleball experience is necessary. The main goals of this class are introduction to rules and emphasis on stroke development. **WP**

Activity	Day	Date	Time	R/NR
2060891-01	M/W	Apr 22-May 20	4:00pm-4:45pm	\$150
2060891-02	Tu/Th	Apr 23-May 21	4:00pm-4:45pm	\$150

### Outdoor Advanced Beginner

Ages 8-14 JD

Participants should be able to maintain a slow-paced rally of several shots. Emphasis is on stroke improvement and basic court strategy. **WP**

Activity	Day	Date	Time	R/NR
2060892-01	M/W	Apr 22-May 20	4:45pm-5:30pm	\$150
2060892-02	Tu/Th	Apr 23-May 21	4:45pm-5:30pm	\$150

# Martial Arts

## Illinois Shotokan Karate Club

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, and President of the American Shotokan Karate Association.

- Uniforms and belt testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [www.iskc.com](http://www.iskc.com) for more information or call us at 847-359-0666.



## Pre Karate

Ages 4-6

JD

In our Pre-Karate classes, young children develop flexibility, strength, and coordination in fun, yet disciplined, activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve. *No class May 25.* **SP/ma**

Activity	Level	Day	Date	Time	R/NR
2042201-01	Beginner/Continuer	W	Apr 3-Jun 5	4:00pm-4:45pm	\$146/\$222
2042201-02	Intermediate/Advanced	W	Apr 3-Jun 5	4:50pm-5:35pm	\$146/\$222
2042201-03	Beginner (No Experience)	Sa	Apr 6-Jun 8	9:10am-9:55am	\$132/\$201
2042201-04	Continuer (1 Prior Session)	Sa	Apr 6-Jun 8	10:00am-10:45am	\$132/\$201



## Youth/Adult Karate

Ages 7 & Up

JD

**Youth Karate:** ISKC's Youth karate classes put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises included. Children increase their coordination, agility, and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

**Adult Karate (15 Years & Older):** Our Adult classes release tension, develop total body fitness, and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Fee is per person. *No class May 25.* **SP/ma**

Activity	Level	Day	Date	Time	R/NR
2042202-01	Beg/Continuer (White-Red)	W	Apr 3-Jun 5	5:40pm-6:40pm	\$146/\$222
2042202-02	Novice (Orange-Blue)	W	Apr 3-Jun 5	6:45pm-7:45pm	\$146/\$222
2042202-03	Advanced (Brown-Black)	W	Apr 3-Jun 5	7:50pm-9:15pm	\$186/\$282
2042202-04	Intermediate (Green-Purple)	W	Apr 3-Jun 5	7:50pm-8:50pm	\$146/\$222
2042202-05	Beginner (White-Red)	Sa	Apr 6-Jun 8	10:45am-11:45am	\$132/\$201
2042202-06	Continuer (Orange-Yellow)	Sa	Apr 6-Jun 8	11:50am-12:50pm	\$132/\$201
2042202-07	Novice (Blue-Green)	Sa	Apr 6-Jun 8	1:00pm-2:00pm	\$132/\$201
2042202-08	Intermediate (Purple - 3rd Brown Belts)	Sa	Apr 6-Jun 8	2:00pm-3:00pm	\$132/\$201
2042202-09	Advanced (2nd Brown - Black Belts)	Sa	Apr 6-Jun 8	3:00pm-4:00pm	\$132/\$201

## Tae Kwon Do Jujitsu

Ages 7 & Up

JD

This is a comprehensive martial arts class that covers all strategies of self-defense including close range striking with hands and feet, stand up grappling and throws, in addition to ground self-defense based on Gracie Brazilian style. Students learn traditional martial art values. Jujitsu is a great exercise for children and their parents who desire to learn together. *No class May 27.* **SP/ma**

Activity	Day	Date	Time	R/NR
2042301-01	M	Apr 1-Jun 3	6:30pm-7:45pm	\$109/\$167
2042301-02	Th	Apr 4-Jun 6	6:30pm-7:45pm	\$121/\$185

## Advanced Tae Kwon Do Jujitsu

Ages 7 & Up

JD

Students must be blue belt rank or higher. Students must be competent in International Taekwondo Federation (ITF) patterns up to blue belt rank. **SP/ma**

Activity	Day	Date	Time	R/NR
2042311-01	Tu	Apr 2-Jun 4	6:30pm-7:45pm	\$121/\$185



All gymnastics classes are taught by qualified staff and are designed to help children raise their self-confidence by improving their physical, mental, and emotional abilities. Your child is taught in a progressive, safe, and positive environment by professional coaches. Our staff follows the USA Gymnastics Safety Guidelines and is trained in proper skill progression. The instructors reserve the right to place students in appropriate levels.

**Participants should wear loose, comfortable clothing which allows movement and flexibility.**

**Location:** South Park Gymnastics Studio, Lower Level

**Attire:** *Preschool:* Instructors suggest shorts and t-shirts without snaps, buttons, or zippers, bare feet, no jewelry, and long hair tied back with soft ties.

*Gymnastics:* Shorts and t-shirts for boys, leotards for girls, bare feet, no jewelry, and long hair tied back with soft ties.

**Note:** There are no make-up classes.

## Gymnastics Adult and Star

Ages 18 Months - 2 Years

JD

This class allows your little star to explore many different avenues of physical movement through basic tumbling and activities on a variety of equipment. This is an adult-assisted program; active wear is advised. Enjoy the interaction created for you and your child. *No class May 27.* **SP/gS**

Activity	Day	Date	Time	R/NR
2011501-01	M	May 6-Jun 24	9:15am-9:45am	\$106
2011501-02	Tu	May 7-Jun 25	9:15am-9:45am	\$121
2011501-03	W	May 8-Jun 26	9:15am-9:45am	\$121

## Gymnastics Rising Stars

Ages 3-4

JD

Your star learns basic tumbling, bars, beam, vaulting skills, and movements associated with gymnastics at an appropriate level for their age. This class develops coordination, self-confidence, listening, strength, balance, and body awareness. Please note that children need to participate without parent assistance. *No class May 27.* **SP/gS**

Activity	Day	Date	Time	R/NR
2011502-01	M	May 6-Jun 24	9:55am-10:25am	\$111
2011502-02	Tu	May 7-Jun 25	9:55am-10:25am	\$126
2011502-03	W	May 8-Jun 26	9:55am-10:25am	\$126

## Gymnastics Shooting Stars

Ages 4-5

JD

Shooting Stars introduces the first-time star to the sport and challenges returning stars to improve their skills. Fun and interesting challenges await your child in this class! *No class May 27.* **SP/gS**

Activity	Day	Date	Time	R/NR
2011503-01	M	May 6-Jun 24	10:35am-11:15am	\$120
2011503-02	Tu	May 7-Jun 25	10:35am-11:15am	\$137
2011503-03	W	May 8-Jun 26	10:35am-11:15am	\$137

**NOTE:** Children must be enrolled in class to be in the gymnastics studio.

# Gymnastics

## Hot Shots Sports Adult-Tot Tumbling

Ages 2-3 with Adult

JD

Your child's physical, mental, emotional, and social skills are developed through this fun and challenging class. Children are introduced to age-appropriate exercises specifically designed for balance and coordination of their large muscle groups. Through basic gymnastics and movement, participants experience their world in a whole new way and begin to understand how their bodies work. Wear loose fitting clothing, gym shoes and be prepared to have tons of fun! Parent or caregiver participation is required. No class May 25. **SP/gS**

Activity	Day	Date	Time	R/NR
2011840-01	W	Apr 3-Jun 5	6:00pm-6:45pm	\$151/\$230
2011840-02	Th	Apr 4-Jun 6	9:15am-10:00am	\$151/\$230
2011840-03	Sa	Apr 6-Jun 8	11:15am-Noon	\$136/\$207

## Hot Shots Sports Tiny Tumblers

Ages 3-4

JD

This program is perfect for getting your child active and moving in a fun and safe setting. Children are introduced to basic gymnastics and tumbling movements to help them build coordination and body control. Players execute introductory acrobatic movements such as rolls, twists, handsprings, and somersaults, as well as other concepts the instructor deems appropriate after getting to know the class. Fun equipment and apparatus are used to provide participants with fun, challenging, but safe ways to become an amazing tiny tumbler! Wear loose fitting clothing, gym shoes, and be prepared to have tons of fun! No class May 25. **SP/gS**

Activity	Day	Date	Time	R/NR
2011844-01	W	Apr 3-Jun 5	4:15pm-5:00pm	\$151/\$230
2011844-02	Th	Apr 4-Jun 6	10:00am-10:45am	\$151/\$230
2011844-03	F	Apr 5-Jun 7	9:45am-10:30am	\$151/\$230
2011844-04	Sa	Apr 6-Jun 8	12:30pm-1:15pm	\$136/\$207

## Hot Shots Sports Mini Tumblers

Ages 4-5

JD

The next step in our tumbling program, the Mini Tumblers provides access for beginners, but also continues the development of those who have taken our Tiny Tumbler program. Players continue to refine basic movements, while also doing more combination movements and increasing their body control. New games and apparatus are introduced to continue to develop players, while ensuring gear is age-appropriate. Skill competitions are introduced to allow players to compete in a fun and interactive setting. Wear loose fitting clothing, gym shoes, and be prepared to have tons of fun! No class May 25, 27. **SP/gS**

Activity	Day	Date	Time	R/NR
2011843-01	M	Apr 8-Jun 3	4:15pm-5:00pm	\$121/\$185
2011843-02	Th	Apr 4-Jun 6	10:45am-11:30am	\$151/\$230
2011843-03	Sa	Apr 6-Jun 8	1:15pm-2:00pm	\$136/\$207

## Titan Tumblers

Ages 3-8

JD

This program blends the technique of our tumbling classes with the fun, upbeat activities of our Ninja Warriors programs. Learn basic stance, rolls, somersaults, and twists for tumbling while also getting to end with exciting and fun obstacle courses to ensure a tremendous workout each class. Join us today to learn the basics of gymnastics while getting the thrill of being a Titan Warrior! No class May 27. **SP/gS**

Activity	Age	Day	Date	Time	R/NR
2011845-01	3-5	W	Apr 3-Jun 5	11:45am-12:30pm	\$151/\$230
2011845-02	3-5	F	Apr 5-Jun 7	11:15am-Noon	\$151/\$230
2011845-03	4-6	W	Apr 3-Jun 5	6:45pm-7:30pm	\$151/\$230
2011845-04	6-8	M	Apr 8-Jun 3	7:00pm-7:45pm	\$121/\$185

## Hot Shots Sports Gymnastics 101

Ages 6-8

JD

This introductory course exposes participants to the basics of gymnastics, working on balance and how to control their core and form. Participants learn how to properly invert themselves and do so in a safe, controlled manner, while also working on basic technique. There is no specific focus on any one aspect of gymnastics, but a broad study of what it takes to be a gymnast. We use skill competitions and individual challenges to provide a fun, safe, and interactive environment to learn and grow. Wear loose fitting clothing, gym shoes, and be prepared to have tons of fun! No class May 25, 27. **SP/gS**

Activity	Day	Date	Time	R/NR
2011841-01	M	Apr 8-Jun 3	5:00pm-6:00pm	\$145/\$221
2011841-02	M	Apr 8-Jun 3	6:00pm-7:00pm	\$145/\$221
2011841-03	Sa	Apr 6-Jun 8	2:00pm-3:00pm	\$163/\$248
2011841-04	Sa	Apr 6-Jun 8	3:00pm-4:00pm	\$163/\$248

## Hot Shots Sports Gymnastics 201

Ages 9-11

JD

This intermediate class works great for both beginners and those with a solid foundation of gymnastics form and technique. Participants focus on developing control and balance while learning more advanced concepts on how to control the body during handstands, handsprings, and cartwheels. Kids are exposed to a general knowledge of all the different events involved in gymnastics, and how each event requires a different skill set. No class May 25. **SP/gS**

Activity	Day	Date	Time	R/NR
2011842-01	W	Apr 3-Jun 5	5:00pm-6:00pm	\$181/\$275
2011842-02	Sa	Apr 6-Jun 8	4:00pm-5:00pm	\$163/\$248

**Don't miss our Ninja Warrior classes!**

**See page 71**

# Park District Affiliates

## THANK YOU TO OUR AFFILIATES FOR YOUR SUPPORT

The Park Ridge Park District recognizes that certain organizations exist within the community whose purposes are to serve and enhance recreational opportunities for a specific purpose and group. These organizations are separate and independent from the Park District and provide for their own leadership, organizational and operational structure. Although the stated missions of the organizations may differ, the contractual relationship between the Affiliate and the Park District creates a mutually beneficial environment in which to provide quality recreation for all the individuals served by the parties, as well as the general public. The Park District recognizes that at times it is in the best interest of the community that the Park District work with outside organizations in coordinating, integrating, and consolidating the planning and provision of recreational facilities and programs when basic functions are compatible and a public benefit may be derived. Through working relationships with outside organizations and joint efforts, each party can contribute to greater public service without relinquishing their separate identities or any of their individual responsibilities. The Park Ridge Park District thanks each affiliate organization for their contributions to the District and the community.

### Park Ridge Garden Club

The Park Ridge Garden Club has been in existence since 1929 and is still "growing". General meetings of the club are held at 7:00pm on the second Thursday of the month, September through June at the Centennial Activity Center. Visit us online for more club information at [www.parkridgegardenclub.org](http://www.parkridgegardenclub.org).

### Park Ridge Pickleball Club (PRPC)

PRPC is dedicated to promoting the sport of pickleball in Park Ridge. The club's goals are to encourage pickleball play, teach its rules, and to grow participation in this active, easy-to-learn, and fun sport. We play indoors at the Centennial Fitness Center year-round and outdoors at Northeast Park, weather permitting. For more information, please contact Bob Rhine at 847-269-1012 or [rsrhine77@gmail.com](mailto:rsrhine77@gmail.com).

### Northern Express Hockey Association

Northern Express Hockey Association is a not-for profit, family-oriented organization dedicated to the development of travel hockey in Park Ridge. The Express employs a paid, professional coaching staff that will develop your young hockey player. For more information, visit [www.northernexpresshockey.org](http://www.northernexpresshockey.org).

### Park Ridge Speed Skating Club

The Park Ridge Speed Skating Club has been skating for fun, fitness, and competition for over 40 years. Our skaters range from 5 to 55 and ability levels range from novice to recreational to national level competitors. Our club staff consists of volunteers and compensated elite coaches. For more information, visit [www.parkridgespeedskating.org](http://www.parkridgespeedskating.org) or contact [prspeedskating@gmail.com](mailto:prspeedskating@gmail.com).

### Park Ridge Football & Cheer

Park Ridge Football & Cheer is a non-profit organization that offers 5-14 year old boys and girls an exciting opportunity to compete and perform in an organized House or Travel setting for both football and cheerleading, fostering teamwork and friendships as well as building self-respect and discipline. For program information visit [www.parkridgefootballandcheer.com](http://www.parkridgefootballandcheer.com).

### Park Ridge Baseball

Park Ridge Baseball/Softball (PRBS) has been providing youth of Park Ridge fun and exciting competition for over 60 years and is open to boys and girls of all abilities, ages 5-17. PRBS's purpose is to teach the boys and girls the correct way to play baseball/softball; provide role models; teach sportsmanship and other life lessons, which will benefit them in their lives. PRBS is administrated by an all-volunteer group of residents, who serve as Directors. Directors, managers and coaches are not compensated for their service. The Park District provides the fields and maintenance for the program and PRBS contributes a per player head tax for these services. For further information and details, please visit [www.prbaseball.com](http://www.prbaseball.com).

### Park Ridge Soccer

Park Ridge Soccer offers children a place to play soccer to improve their skills, for excitement, to be with friends, to make new friends and to be part of a team. For more information, visit [www.prsoccer.com](http://www.prsoccer.com).

### Park Ridge Mixed Doubles Tennis Association

PRMDTA promotes the game of mixed doubles tennis in Park Ridge by providing a friendly and social atmosphere with scheduled matches between teams of similar ability. This permanent partner league includes teams of ALL ability levels—beginner, intermediate, and advanced. Membership also includes various tennis mixers and an end of season platform tennis party. The season runs from April 1 to October 7 at Hinkley Park. For more information, visit [www.prmtdta.weebly.com](http://www.prmtdta.weebly.com).

### Park Ridge Women's Tennis Association

The Park Ridge Women's Tennis Association (PRWTA) promotes tennis and provides opportunities for all levels of players through singles and doubles challenge ladders, open play, social events, and tournaments. The outdoor season runs from May 1 to September 30. Visit [www.prwta.org](http://www.prwta.org) for membership information.

# Scout Programs

## Brickton Art Center Scout Badges

### Potter Badge

Earn this badge in a fun, 1.5-hour session at Brickton Art Center. Our instructor covers topics required to earn the badge such as the history of ceramics, kiln operations, and hand building techniques. The scouts also have a hands-on experience working with clay by making and glazing their own coil pot. Projects are ready for pickup in 10-14 days.

**Fee: \$12/scout (min 5/max 20)**

### Painting Badge

Learn to paint and color your world in this 1.5-hour session at Brickton Art Center. We help you earn your badge while creating a colorful self-portrait on 11x14 canvas.

Class covers how to:

1. Get inspired
2. Paint the real world
3. Paint a mood
4. Paint without brushes
5. Paint a mural

When you've earned this badge, you'll have new ideas about what to paint—and how to paint it.

**Fee: \$12/scout (min 5/max 20)**

Days and times can be arranged by emailing the Brickton Art Center Director, Alyssa Harris, [bricktondirector@gmail.com](mailto:bricktondirector@gmail.com).

**Looking for an interesting Scout Outing?  
Check out the Park Ridge Historical Society's  
Living History WWII Tour! See page 13**



## Wildwood Nature Center Scout & Community Programs

Wildwood offers programs for Daisy, Brownie, Junior, and Cadette, as well as Cub Scout programs for Lions, Tigers, Wolves, Bears, and Webelos that fulfill all the necessary requirement to earn a badge. We also offer general campfire and fishing programs.

### General Programs

- Animals
- Fishing
- Hiking
- Outdoor Workdays/Clean-Ups
- Geocaching
- Eagle Scout Projects/Gold Award Projects
- Campfire

### Booking A Program

Programs are usually scheduled on weekdays in the afternoons or evenings. We ask that you book your program by the 15th of the month before your program so we can schedule our staff. Programs booked after that date will have to wait for staff confirmation. Visit [www.prparks.org](http://www.prparks.org) for more details, or contact Cara Ruffo at [cruffo@prparks.org](mailto:cruffo@prparks.org) or 847-232-8746.

## Centennial Fitness Center Scout Swim Lane Rental

Does your scouting group need their aquatic merit badge? This program is designed for scout groups that need to fulfill their water safety requirements for their merit badge. This program is not designed to meet the requirements of the Boys Scouts of America Aquatics Badge.

- A maximum of 10 scouts can be accommodated and all scouts must be accompanied by a leader.
- All pool rules apply during Scout Swim.
- Fee: \$40 if the group just needs pool space and \$55 if they need a staff member to sign off on any requirements.

**Contact Ethan Williams at 847-692-8599 or [ewilliams@prparks.org](mailto:ewilliams@prparks.org) for lane rental availability.**

## Babysitting Course

### Intro To Safe Babysitting for Girl Scouts

Ages 10-15

LG

Sponsored by Safe Sitter®, this 60 minute introductory class is designed for Girl Scouts and other groups of students who are interested in learning how to safely care for children. Students learn tips to manage behavior, the ages and stages of child development, as well as practicing diapering. This class meets some of the requirements of a Babysitter Badge. Program includes the cost of a Certified Safe Sitter Instructor and a booklet. Optional: participants can bring their own baby-sized doll.

Activity	Day	Date	Time	Fee
2110115-02	W	Apr 24	4:15pm-5:15pm	\$57



# Special Recreation

## Maine-Niles Association of Special Recreation

We are dedicated to improving the quality of life and through advocacy and awareness, promoting a successful leisure lifestyle for individuals with disabilities.



*Recreation programs and services for all ages and abilities*

### About Us

Since 1972, M-NASR has provided and facilitated recreation programs and services for children, teens and adults with disabilities. We are an extension of the park districts in Des Plaines, Golf-Maine, Morton Grove, Niles, Park Ridge and Skokie and Lincolnwood's Parks and Recreation department.

### M-NASR Programs

M-NASR offers a wide range of recreation programming, both in person and virtual. Programs include athletics, adaptive sports, camps, cultural arts, social opportunities, special events and much more. M-NASR's full time recreation staff have therapeutic recreation backgrounds and all programs are designed with the cognitive, psychological, social and physical needs of participants in mind.

M-NASR programs are offered throughout our member districts. M-NASR participants are welcome to register for all programs regardless of location, and transportation is available to select programs. To view our latest program guide, [click here](#).

### M-NASR Inclusion Services

Inclusion provides opportunities for individuals with disabilities to participate alongside their non-disabled peers in park district recreation programs. M-NASR works cooperatively with its member park districts to provide training and education to staff, as well as resources and reasonable accommodations to include individuals with disabilities registered for recreational programs they offer. To view our Inclusion Information Guide, [click here](#).



MAINE-NILES ASSOCIATION OF  
SPECIAL RECREATION

6820 W. Dempster Street  
Morton Grove, IL 60053

Voice: 847-966-5522

Fax: 847-966-8340

Relay System: 800-526-0844

For more information about M-NASR programs and inclusion services, go to [mnasr.org](http://mnasr.org) or call 847-966-5522.

# Parks & Facilities

## Facility Locations

### 3. At Centennial Park

- **Centennial Fitness Center**  
1515 W. Touhy Ave.  
847-692-5129
- **Centennial Activity Center**  
100 S. Western Ave.  
847-692-3597
- **Centennial Aquatic Center**  
100 S. Western Ave.  
847-692-5044
- **Sled Hill**

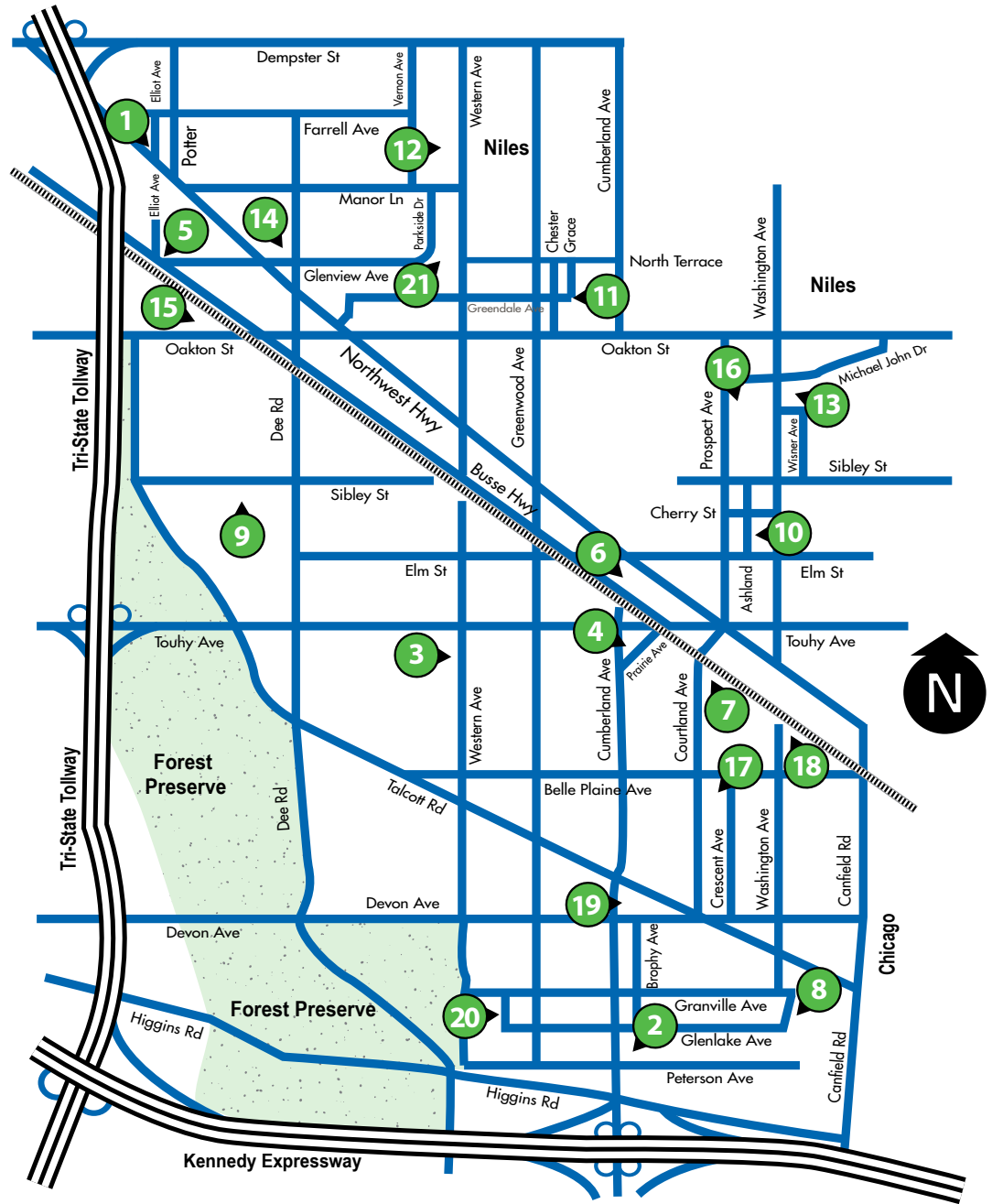
### 6. At Hinkley Park

- **Hinkley Skate Park**  
283 Busse Hwy.
- **Hinkley Pool**  
25 Busse Hwy.  
847-692-6602

### 9. At Maine Park

- **Maine Park Leisure Center**  
2701 W. Sibley St.  
847-692-5127
- **Wildwood Nature Center**  
529 Forestview Ave.  
847-692-3570
- **Wildwood Prairie & Pond**

### 15. At Oakton Park 2800 W. Oakton St. Under Construction



### 16. At Prospect Park 733 N. Prospect Ave.

- **Park District Administrative Offices**
- **Prospect Park Splash Pad**  
847-232-8737
- **Paula Hassell O'Connor Community Building**

### 19. At South Park 833 W. Talcott Rd.

- **South Park Wading Pool**  
847-692-3489
- **South Park Rec Center**  
847-692-3556

# Parks & Facilities

## Park Locations

1. **Mary Q. Alberding Park**, 1502 N. Northwest Highway
2. **Brickton Park**, 801 W. Glenlake
3. **Centennial Park**, 100 S. Western Avenue
4. **Cumberland Park**, 101 S. Cumberland
5. **Francis Park**, 1140 Good Avenue
6. **Hinkley Park**, 25 Busse Highway
7. **Hodges Park**, 101 S. Courtland Avenue
8. **Jaycee Park**, 1515 S. Washington Street
9. **Maine Park**, 2701 W. Sibley Street
10. **Morgan Park**, 302 N. Ashland
11. **Ni-Ridge Park**, 1101 N. Chester
12. **North Park**, 1400 N. Western Avenue
13. **Northeast Park**, 801 N. Washington
14. **Northwest Park**, 1200 N. Dee Road
15. **Oakton Park**, 2800 W. Oakton Street
16. **Prospect Park**, 733 N. Prospect Avenue
17. **Ridge Park**, 501 W. Belle Plaine
18. **Rotary Park**, 400 S. Washington Street
19. **South Park**, 833 W. Talcott Road
20. **Southwest Park**, 1600 S. Lincoln
21. **Woodland Park**, 1200 N. Western Avenue

PARK AMENITIES	Acres	Athletic Field	Ball Diamonds	Community Gardens	Football Fields	Gymnasium	Indoor Skating	Jogging Trails	Nature Center	Outdoor Basketball	Outdoor Skating	Performing Arts Area	Pickleball Court	Picnic Areas	Playground	Ponds	Port-a-Pottys	Recreation Center	Restrooms	Sand Volleyball	Skate Park	Sledding	Soccer Fields	Swimming	Tennis Courts	Wading or Splash Pad
		1. Mary Q. Alberding Park	.25																							
2. Brickton Park	5		●												●		●						●			
3. Centennial Park	15.5		●			●		●						●	●			●	●			●	●	●		●
4. Cumberland Park	2.2																									
5. Francis Park	.25																									
6. Hinkley Park	12.5		●	●	●					●				●	●				●	●	●			●	●	
7. Hodges Park	.75																									
8. Jaycee Park	5.2		●							●					●		●						●			
9. Maine Park	10.1		●			●			●					●	●	●		●	●			●	●			
10. Morgan Park	2.5																									
11. Ni-Ridge Park	4									●					●								●			
12. North Park	4.3														●		●						●			
13. Northeast Park	9.1									●			●	●	●		●						●		●	
14. Northwest Park	13		●		●									●	●		●									
15. Oakton Park	16.5																									
16. Prospect Park	11.3	●						●				●		●	●			●	●							●
17. Ridge Park	.25																									
18. Rotary Park	.5									●					●											
19. South Park	5.8		●								●			●	●			●	●						●	●
20. Southwest Park	6.9		●		●					●					●		●						●			
21. Woodland Park	12												●		●		●						●			

# General Information

## Inclusion Services

The Park Ridge Park District welcomes participation in all programs and activities by individuals with disabilities and special needs. The Park Ridge Park District is committed to inclusion and providing public recreation services in the most integrated setting, in which interaction between people with and without disabilities is provided to the maximum extent feasible. The Park Ridge Park District works cooperatively with the Maine-Niles Association of Special Recreation (M-NASR) to facilitate successful participation for participants who register for inclusive programming. Participants will be required to function and participate within set ratios, behave in a way that results in appropriate, kind, and positive interactions with others, and independently manage personal care including toileting, feeding, and personal hygiene.

If you have a special need or request for reasonable accommodation, please contact the Park District in advance - call 847-692-5127 or email [drossi@prparks.org](mailto:drossi@prparks.org). Our Recreation team and M-NASR will evaluate each request on a case by case situation to abide by the Americans with Disabilities Act. Once reviewed, the Park District will contact you.

## Medical Care

The Park District does not employ any nurses, doctors or other staff who are licensed, certified, or trained to provide medical diagnoses or care to patrons. Whenever possible, medications should be dispensed or administered by parents or guardians before or after programs and camps. The Park District reviews requests for assistance with administration of medicine on a case-by-case basis. In some circumstances, the administration of medication cannot be performed by Park District staff because of specific and /or complex physician or manufacturer instructions, because a request requires medical diagnosis or judgment from our lay staff, and/or because the medication requires invasive procedures.

## Illness

For the well-being of all participants, any person who has a contagious disease or is running a fever, experiencing diarrhea, cold symptoms, or vomiting should refrain from attending programs or visiting facilities. Any contagious disease (i.e. chicken pox, measles, roseola, mumps, strep, or rubella) should be reported to a Park District staff member; as well as any cases of head lice, impetigo, or other skin disorders. Participants should be free of all symptoms for 24 hours before returning. Parents/Guardians will be called to come and pick-up their child if the child becomes ill during a class.

## Safety

Recreational activities are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity.

All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers, and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision or instruction, and other risks inherent to the particular activity. In this regard, it is impossible for the Park District to guarantee absolute safety.

## Code of Conduct – Park & Facility Users

All patrons are welcome to participate in programs, leisure activities, and recreational opportunities at the Park District. We trust our patrons to act in a civil manner and use safe practices while on Park District property.

We immediately address and take appropriate measures regarding unacceptable behavior, verbal disrespect, or abuse in order to insure the safety of all patrons and staff.

## Code of Conduct - Participants

Safety is our utmost concern and we want all our participants to remember that good manners and behavior is essential to ensuring everyone's safety and making your experience with us a pleasant one. We ask that you report any conduct that is not acceptable to the supervisor on duty.

## Photos & Videos

The Park Ridge Park District occasionally takes photographs or video of participants, staff and volunteers for promoting/advertising our programs, services, events, activities and facilities in our brochures, website or agency social media, and other promotional avenues. By registering for, participating in, working as an employee and/or volunteer, or attending Park Ridge Park District programs, events or other activities, the participant (or parent/guardian or a minor), employee or volunteer irrevocably agrees to the use and distribution by the Park Ridge Park District of his or her image (or of his minor child/ward) in photographs, video recordings, and any other electronic reproductions of such programs, events and activities for any purpose without inspection or approval and without compensation, rights to royalties or any other consideration now and in the future.

## We Try Our Best

to make sure there are no mistakes in our brochure. Due to the large amount of information that makes up the brochure, errors prior to or after publication can occur. These may include fees, schedules, program codes, instructors, etc. We apologize for any inconvenience this may cause.

# Registration Information

## Online Registration

In order to use our online registration, a family account must be established with the Park District. Please complete a family information form and submit it along with proof of residency to the Park District prior to your first registration. This form can be found on page 86.

## Upcoming Brochures

Please note, all Park District program brochures are available online to provide maximum flexibility and cost savings. The next brochure will be released as follows:

### Summer 2024 Brochure:

Programs start June 10, 2024

- Released Monday, May 6
- Resident registration begins Monday, May 13
- Non-Resident registration begins Friday, May 17

## Scholarship Funds Are Available

Scholarship funds are available to assist low income families participating in Park District programs. Assistance is available to eligible Park Ridge Park District residents only. Due to limited space, you will need to register and pay in full. Approved scholarships will be applied to your account and awarded amount will be refunded to you. Scholarship application can be found online at [www.prparks.org](http://www.prparks.org) under Notices and Documents —>Forms and Publications. Complete the form and email it to [igreve@prparks.org](mailto:igreve@prparks.org).

## Waiver

Park Ridge Park District is a member of Park District Risk Management Agency (PDRMA). PDRMA is a self-insured pool that provides liability, workman's compensation, and property insurance to its agencies. PDRMA does not provide medical accident insurance. As part of its loss control program, PDRMA requires each agency to have its participants sign a "Release and Hold Harmless Agreement" for all activities. You will agree to the waiver as part of your online registration process.

## Family Definition:

A family is parent(s) or civil union partners along with unmarried children age 25 and under living at home. Children age 26 and older living at home and any other relative or individual may not be included on the family account. This includes nannies, grandparents, aunts, uncles, etc. They are considered individual residents and must be entered as an individual family account.

## Residency

Resident rates apply to addresses within the Park District boundaries. Please check your itemized property tax bill to verify that you are a Park Ridge Park District resident.

### Residency Verification:

Proof of residency and the Family Information Form is required with your first registration in order to receive resident rates. An acceptable form of residency verification includes a current driver's license or utility bill. **Your residency verification is valid for two years.** To check if you have a valid Residency Verification pass, log in to your online account, and select "My Membership Card" from the menu. If your membership is current, it will be listed beneath the barcode along with the date range your pass is valid. If you do not see a pass listed with the description of "Residency Verification", your residency needs to be renewed. To renew your proof of residency or to verify a change in address, email photos of your documentation to [recreation@prparks.org](mailto:recreation@prparks.org). The head of the household must provide a current driver's license or utility bill.

If you do not have an online username and password, please contact [recreation@prparks.org](mailto:recreation@prparks.org) for assistance.

## Non-Resident Buy-In Option

Some residences are within the boundaries of the City of Park Ridge but not wholly or partially within the Park District. Those residents are eligible to purchase an annual buy-in. The buy-in provides your household with resident rates on Park District programs and facilities for one-year from the date of purchase. (Please be aware, you must still wait until non-resident registration begins to register for programs.) The cost of the buy-in option is based on the assessed value of your property multiplied by the last known tax rate of the Park Ridge Park District. Please call 847-692-5127 for more details.

## Family Situations

Staff understand and respect the differences in all families and will aim to do our best to work with each individual circumstance. Regarding divorce and separated situations, Park District staff will not act as an intermediary between parents and will call the police as necessary. Parents must communicate with each other first, and then contact the Park District. Staff will not coordinate items such as payments, communication between parents, or child pickup. We understand these situations can be difficult and emotional, but we ask to please refrain from taking out frustrations on staff.



We can help by setting up separate accounts and, if requested, we can email both parents/guardians program information. To set up separate family accounts or to request an additional email for communication please contact Debbie Majchszak at [dmajchszak@prparks.org](mailto:dmajchszak@prparks.org) or 847-692-5127.

In cases where the child is the subject of a court order (e.g., Custody Order, Restraining Order, or Protection from Abuse Order) a Certified Copy of the most recent order and all amendments thereto must be uploaded into ePact in the Shared Files section or shared with the supervisor. The orders of the court will be strictly followed unless the parent or parents with legal custody requests a more liberal variation of the order in writing. In the case where both parents have joint legal custody by order of the court, both parents must sign the request for more liberal interpretation of the order.

In the absence of a court order on file, both parents will have equal access to their child as stipulated by law. Without a court order, the Park Ridge Park District cannot limit the access of one parent by request of the other parent, regardless of the reason. Staff will contact the police should a conflict arise.

## Program Withdrawals

You may request a withdrawal either by calling 847-692-5127 or by submitting a completed "Program Withdrawal Request" form (available at [prparks.org](http://prparks.org)) and emailing to [recreation@prparks.org](mailto:recreation@prparks.org). If you withdraw from a program prior to the start, a full program fee **minus a \$3 administrative fee** will be applied as a credit to your Park District account. Prorated refunds will be issued for classes canceled by the District that are unable to be rescheduled or for a patron moving out of District. If for any reason, you would like to be reimbursed instead of credited, please allow two to three weeks for refund processing. After the start, a prorated program fee, **minus the \$3 administrative fee**, will be issued as a credit based on the date of the request. The district may prorate the expenses already incurred in advance for any program or event. No refunds will be issued after the third class. Class credits or refunds will not be granted for participant schedule conflicts. This refund policy does not apply to summer camps.

*The above policy does not apply if you are unsatisfied with a program; the Park Ridge Park District promises to provide quality recreational services. Visit [www.prparks.org](http://www.prparks.org) for our Satisfaction Guarantee.*

# Family Information Form



Are you new to the Park Ridge Park District? In order to register, a current Family Information Form must be completed to establish your family account.

Please complete ALL OF THE INFORMATION below. Return this form to any Park District facility for processing or email completed form along with proof of residency to recreation@prparks.org.

When establishing a new resident household account, proof of residency is required. Acceptable forms of proof of residency are as follows:

1. Valid driver's license or state ID
2. Current utility bill (within the last 30 days)

Resident rates apply to addresses within the geographical boundaries of the Park Ridge Park District. Please check your itemized property tax bill to verify that you pay taxes to the Park Ridge Park District. Your residency verification is valid for two years from the date of submission.

**Family Definition:** A family is parent(s), civil union partners, or legal guardians with unmarried children age 25 and under living at home. Children age 26 and older living at home and any other relative or individual may not be included on the family account. This includes nannies, grandparents, aunts, uncles, etc. They are considered individual residents and must be entered as an individual family account.

**Primary Contact for Family:** (please print)

Family Last Name \_\_\_\_\_

Address \_\_\_\_\_

Apt # \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Primary Phone \_\_\_\_\_

Primary E-mail \_\_\_\_\_

(The Park District will keep your e-mail address confidential. This information may be used for updates & marketing promotions from the District.)

**Family Members at Above Address:** (Please list if any Americans with Disabilities accommodations are needed.)

Last Name	First Name	Birth Date	Phone Number	Gender
<b>1</b> _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
<b>2</b> _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
<b>3</b> _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
<b>4</b> _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
<b>5</b> _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F
<b>6</b> _____ ADA Accommodations: Y / N	Relationship: _____	_____	Primary: _____ Alternate: _____	M / F

**Emergency Contact Information:** (alternate to primary)

Full Name \_\_\_\_\_ Relationship \_\_\_\_\_

Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Staff Use: \_\_\_\_\_ Date Entered: \_\_\_\_\_ Proof of Residency: D U



# Registration Form

Return this form for processing:

1. Fax completed form to 847-692-6949 or email to recreation@prparks.org.
2. A confirmation email will be sent once registration is complete.

Call Maine Park at 847-692-5127 with questions regarding your registration.

Family Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Primary Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

A.D.A. Statement: Park Ridge Park District intends to comply with the intent and spirit of the Americans With Disabilities Act. If you need special accommodations, please call 847-692-5127 so that we may make the necessary arrangements for you.

Yes, I have special disability needs. Name of Participant \_\_\_\_\_



PARTICIPANT'S FIRST NAME	ACTIVITY #	PROGRAM TITLE	2nd CHOICE (ACTIVITY #)	M/F	DATE OF BIRTH	FEE

NOTE: Program withdrawals are subject to a \$3 administrative fee.

### WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in the programs, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in or being transported during any and all activities connected with and associated with this registration. I recognize and acknowledge that there are certain risks of physical injury as a participant in this program(s), and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in any programs or activities against the Park District and/or the Park Ridge Friends of the Parks, including their respective officers, agents, volunteers and employees. I have read and fully understand the above important information, warning of risk, assumption of risk, waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature. I have read and fully understand this waiver and understand my signature, or my guardian's signature if I'm under 18, is required to take part in Park District programs.

Signature \_\_\_\_\_ Date \_\_\_\_\_

By signing, I attest I am the legal parent/guardian for any participants under the age of 18 included on this registration form.

<b>Subtotal</b>	
<b>Wildwood Nature Center Donation</b>	
<b>Account Credit</b>	
<b>Total Enclosed</b>	

**FOR OFFICE USE ONLY:**

Total Paid \$ \_\_\_\_\_

Accepted by: \_\_\_\_\_

Date: \_\_\_\_\_

Method of Payment		Card # _____	Exp Date _____
<input type="radio"/> Cash <input type="radio"/> Check		Name _____	
<input type="radio"/> Credit Card		(as it appears on card)	
<input type="radio"/> Gift Card		Signature _____	

# MAKE DIFFERENCE

## PARTNER WITH THE PARK RIDGE PARK DISTRICT

For over 100 years, the Park Ridge Park District has provided recreational, leisure, and life-enhancing experiences to the community. Our unique and multi-faceted program allows sponsors to align your business to Park Ridge and surrounding communities. By partnering with local businesses, organizations, and individuals, we can build strong community relationships resulting in more opportunities to serve our participants and enhance experiences that last a lifetime. We strive to fulfill and exceed our obligations to our partners. Please consider partnering with us for one of the following opportunities:

- **Sponsorship of upcoming seasonal events such as Summer Concerts and 3rd of July Fireworks**
- **Naming rights at the Oakton Sports Complex**
- **Advertising opportunities**

We also work directly with a partner to develop a sponsorship package to meet your individual needs. To learn more about our sponsorship opportunities, please contact Margaret Holler, Marketing & Public Relations Director at [mholler@prparks.org](mailto:mholler@prparks.org).

### Why Partner with Us?

Promote Your Business

- Over 3,800 programs attract thousands of families each year from Park Ridge and the surrounding areas

Publicize Your Business

- Quarterly program brochure is distributed electronically to over 12,000 individuals in Park Ridge and surrounding areas
- Our website, [prparks.org](http://prparks.org), attracts over 23,000 users each month
- Park District emails are sent to over 12,000 individuals
- Reach a larger audience with promotion on the Park District's social media pages, 5,300+ Facebook followers and 2,400+ Instagram followers

Increase Image & Visibility

- Showcase your goods or services
- Build goodwill among your client base

Create a Legacy

- Unite with a stable, respected organization with a prominent presence within the community for over 100 years



Summer Concert at Hodges Park

### Thank you to our Partners!

Allstate - Tunnell Insurance Agency	MPowered Smiles Orthodontics
Alteas Health	Oak Street Health
Amada Senior Care	Options Medical Weight Loss
Beer on the Wall	Park Ridge Community Fund
Chestnut Square at the Glen	Park Ridge Friends of the Parks
College H.U.N.K.S. Hauling and Moving	Park Ridge Wilderness Scouts
Coogan Gallagher	Patina Wine Bar
Dreamtown - Team Fallico Real Estate	Senior Helpers of Greater Chicago
Harp and Fiddle	STROLL Park Ridge Magazine
Home Instead Senior Care	Summit of Uptown Park Ridge
HomeSmart Realty - Anna Purymska	Sunrise Senior Living
Humana	The Fresh Plan
IAPD - Powerplay!	Touching Hearts at Home
Lakeside Bank	
Lincolnwood Place	

